

# Care for your garden, care for yourself

Click on activities that you have accomplished to water your flowers

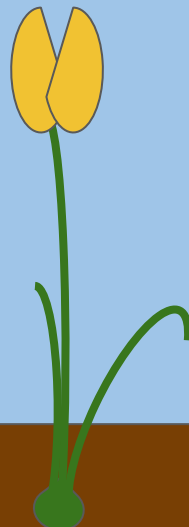
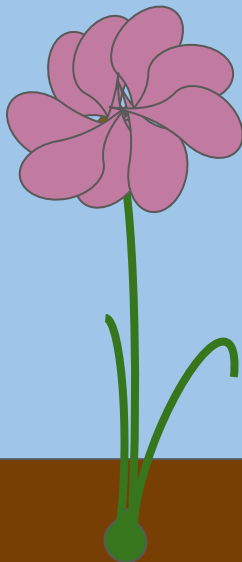
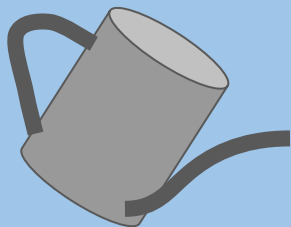
I talked to a friend!

I slept!

I exercised!

I ate a full meal!

Custom >



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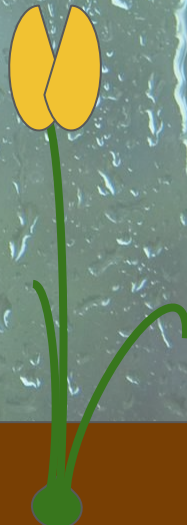
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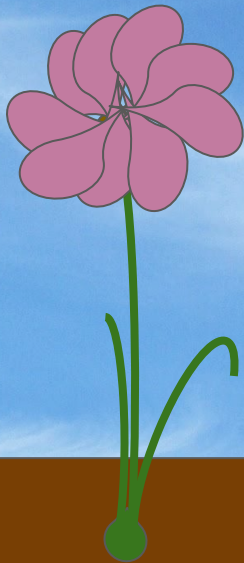
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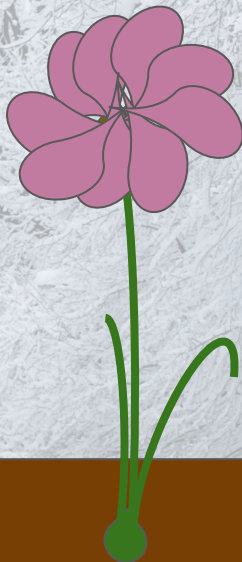
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# How is your ecosystem?

Josie is doing great!



Elif needs some love, send her a message!



Hannah is doing great!



Cathy hasn't checked in today.

