

**REPORT DATE:** 08/06/2013 07:18 PM **SUBMISSION DATE:** 06/27/2013 10:39 PM PROCESSED DATE: 08/05/2013 03:40 PM

Applicant's Legal Name: James Benjamin Young **AAMC ID:** 13230409 Page: 1

IDENTIFYING INFORMATION

ID Type: Number(s):

Name (Salutation First Middle Last, Suffix) Name Type:

James Benjamin Young Legal: Preferred: James Benjamin Young

Birthplace: Lubbock, Lubbock (U), TX, United States of America Citizenship: United States of America **DOB**: 03/14/1989

Legal Residence: Harris (U), TX Visa Status:

**CONTACT INFORMATION** 

Preferred:

Address: 4750 Lincoln Blvd., #1-189

City, State Zip, Country: Marina Del Rey, CA 90292, United States of America

County: Los Angeles (U)

Eve: Fax:

Permanent:

Legal USA Resident: Yes

Legal Residence: Harris (U), TX

Address: 5515 Willowbend Blvd.

City, State Zip, Country: Houston, TX 77096, United States of America

County: Harris (U) Email:

Email:

Day:

Day:

713-201-0512

young.benjamin@gmail.com

713-201-0512

Eve:

Fax:

BIOGRAPHIC INFORMATION

Birth Date: 03/14/1989 Sex: Male **Dependents:** 0

Birthplace: Lubbock, Lubbock (U), TX, United

States of America

Visa Status: Ethnic Self-Identification: Not Hispanic, Latino or of Spanish

origin

Racial Self-Identification: White Military Service: No **Citizenship:** United States of America

**Anticipated Status at time of enrollement:** 

**Language Information** 

Language(s) Proficiency **Use in Childhood Home** Italian Basic Rarely Basic Never Latin English Native/functionally native Always



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#### OTHER VISA TYPE DESCRIPTION

#### CHILDHOOD INFORMATION

Primary Childhood Residence Underserved (Self-Reported): Yes

**City:** Houston **Family Income Level:** \$75,000 - 99,999

County:Harris (U)Number in Household:6State:TXFamily Assistance Program:No

Country:United States of AmericaPaid Employment before 18:YesDescription:UrbanContribution to Family:NoPell Grant received as undergraduate:No

Paid for Post-Secondary Education:

Academic Scholarship 85%

Financial Need-Based Scholarship 0%

Student Loan 5% Other Loan 0%

Family Contribution 10% Applicant Contribution 0%

Other 0%

### **DISADVANTAGED INFORMATION**

Disadvantaged?: No

**Explanation:** 

### **PARENTS AND GUARDIANS**

Parent/Guardian Name	Sex	Living?	Legal Residence: (County/State/Country)	<b>Education Level</b>	School Name	Occupation
Brett Regan Young	Male	Yes	Harris (U), Texas, United States of America	Some college, but no degree	Texas Tech University- Lubbock	Computer Specialist, Mathematical Science
Phillis Ellen Young	Female	Yes	Harris (U), Texas, United States of America	High School Graduate (high school diploma or equivalent)	Homewood-flossmoor Cmty High S	Homemaker

### **SES DISADVANTAGED**

SES Disadvantaged: Yes, EO1



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**SIBLINGS** 

AgeSex20Female28Female31Male35Female

### **ADDITIONAL APPLICATION INFORMATION**

Previous Matriculation: No

Explanation of Reapplication:

Institutional Action: No

**Explanation of** 

Institutional Action:

Felony: No

Explanation of Felony:

Misdemeanor: No

Explanation of Misdemeanor Conviction:

US Military Discharge: No

Honorable Discharge:

Explanation of

Discharge Other than

Honorable:

### **ACADEMIC RECORD**

School Name	Status	Year	Term	Course Class	Course No.	Course Name	Course Type	-		OT Grade		AMCAS Use
St. Edward's University	FR	2007 - 2008	S1	BIOL	BIOL 1307	Cells, Genetics & Organ Systems		3.00	3.00	А	А	/
St. Edward's University	FR	2007 - 2008	S1	BIOL	BIOL 1107	Cells, Genetics & Organ Systems Lab		1.00	1.00	В	В	
St. Edward's University	FR	2007 - 2008	S1	ENGL	ENGW 1302	Rhetoric & Composition II		3.00	3.00	А	А	



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St. Edward's University	FR	2007 - 2008	S1	OTHR	FSTY 1310	Intro to Liberal Arts - Swords, Silk and Silicon		3.00	3.00	В	В	/
St. Edward's University	FR	2007 - 2008	S1	MATH	MATH 2312	Precalculus		3.00	3.00	Α	А	/
St. Edward's University	FR	2007 - 2008	S2	BIOL	BIOL 1308	Organisms and Populations		3.00	3.00	А	А	/
St. Edward's University	FR	2007 - 2008	S2	BIOL	BIOL 1108	Organisms and Populations Lab		1.00	1.00	Α	А	/
St. Edward's University	FR	2007 - 2008	S2	СОММ	COMM 1317	Presentational Speaking		3.00	3.00	А	А	/
St. Edward's University	FR	2007 - 2008	S2	HIST	CULF 1320	The American Experience		3.00	3.00	А	А	/
St. Edward's University	FR	2007 - 2008	S2	MATH	MATH 2313	Calculus I		3.00	3.00	Α	А	/
St. Edward's University	FR	2007 - 2008	S2	PHIL	RELS 1315	Basic Christian Questions		3.00	3.00	Α	А	/
Pepperdine University	SO	2008 - 2009	S1	BIOL	BIOL 311	Introduction to Ecology		4.00	4.00	В	В	/
Pepperdine University	SO	2008 - 2009	S1	СНЕМ	CHEM 120	General Chemistry I		3.00	3.00	B-	B-	/
Pepperdine University	so	2008 - 2009	S1	СНЕМ	CHEM 120L	General Chemistry I Lab		1.00	1.00	B+	B+	/
Pepperdine University	SO	2008 - 2009	S1	MATH	MATH 316	Biostatistics		3.00	3.00	B-	B-	/
Pepperdine University	so	2008 - 2009	S1	MATH	MATH 317	Statistics & Research Methods		1.00	1.00	B+	B+	/
Pepperdine University	so	2008 - 2009	S1	PHIL	REL 101	History and Religion of Israel		3.00	3.00	А	А	/
Pepperdine University	SO	2008 - 2009	S1	OTHR	SVR 200	Convocation Series		0.50	0.50	Α	А	/
Pepperdine University	SO	2008 - 2009	S1	ARTS	MUS 103	Private Instruction		2.00	2.00	А	Α	/
Pepperdine University	SO	2008 - 2009	S1	ARTS	MUS 189	Pep Band	Pass/Fail (PF)	1.00		CR	Р	/
Pepperdine University	so	2008 - 2009	S2	BIOL	BIOL 213	Biology of Plants		4.00	4.00	В	В	/
Pepperdine University	so	2008 - 2009	S2	СНЕМ	CHEM 121	General Chemistry II		3.00	3.00	C+	C+	/



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Pepperdine University	so	2008 - 2009	S2	CHEM	CHEM 121L	General Chemistry II Lab		1.00	1.00	B-	B-	/
Pepperdine University	SO	2008 - 2009	S2	PHYS	PHYS 102	Basic Physics I		4.00	4.00	В	В	/
Pepperdine University	so	2008 - 2009	S2	GOVT	POSC 104	American People and Politics		4.00	4.00	A-	A-	/
Pepperdine University	so	2008 - 2009	S2	OTHR	SVR 200	Convocation Series		0.50	0.50	A-	A-	/
Pepperdine University	JR	2009 - 2010	S1	BIOL	BIOL 390	Plant Physiological Ecology		4.00	4.00	B+	B+	/
Pepperdine University	JR	2009 - 2010	S1	CHEM	CHEM 310	Organic Chemistry I	Repeat (R)	3.00	3.00	C-	C-	X
Pepperdine University	JR	2009 - 2010	S1	CHEM	CHEM 310L	Organic Chemistry I Lab		1.00	1.00	A-	A-	/
Pepperdine University	JR	2009 - 2010	S1	HIST	HUM 111	Western Culture I		3.00	3.00	С	С	/
Pepperdine University	JR	2009 - 2010	S1	ENGL	JWP 301P	Junior Writing Portfolio	Pass/Fail (PF)	0.00		CR	Р	/
Pepperdine University	JR	2009 - 2010	S1	PHIL	REL 102	History and Religion of Early Christianity		3.00	3.00	Α	А	/
Pepperdine University	JR	2009 - 2010	S1	OTHR	SVR 200	Convocation Series		0.50	0.50	Α	А	/
Pepperdine University	JR	2009 - 2010	S2	BIOL	BIOL 490	Comparative Animal Physiology		4.00	4.00	С	С	/
Pepperdine University	JR	2009 - 2010	S2	СНЕМ	CHEM 311	Organic Chemistry II	Repeat (R)	3.00	3.00	D	D	X
Pepperdine University	JR	2009 - 2010	S2	СНЕМ	CHEM 311L	Organic Chemistry II Lab		1.00	1.00	В	В	/
Pepperdine University	JR	2009 - 2010	S2	ENGL	ENG 380	Topics in Literature: Place and Identity		4.00	4.00	А	А	/
Pepperdine University	JR	2009 - 2010	S2	BIOL	SPME 350	Human Prosection		1.00	1.00	Α	А	/
Pepperdine University	JR	2009 - 2010	S2	OTHR	SVR 200	Convocation Series		0.50	0.50	А	А	/
Pepperdine University	JR	2009 - 2010	S2	BIOL	BIOL 590	Research in Biology		4.00		А		0
Pepperdine University	SR	2010 - 2011	SS	BESS	ECON 200	Economic Principles		4.00	4.00	А	А	/
Pepperdine University	SR	2010 - 2011	SS	HIST	HUM 212	Western Culture II		3.00	3.00	А	А	/



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Pepperdine University	SR	2010 - 2011	S1	ARTS	ASIA 365	Japanese and Asian Film		4.00	4.00	A-	A-	/
Pepperdine University	SR	2010 - 2011	S1	CHEM	CHEM 310	Organic Chemistry I	Repeat (R)	3.00	3.00	B+	B+	/
Pepperdine University	SR	2010 - 2011	S1	CHEM	CHEM 330	Cellular Biochemistry		4.00	4.00	B+	B+	/
Pepperdine University	SR	2010 - 2011	S1	HIST	HIST 304	History of the American People		4.00	4.00	B+	B+	/
Pepperdine University	SR	2010 - 2011	S1	OTHR	SVR 200	Convocation Series		0.50	0.50	A-	A-	/
Pepperdine University	SR	2010 - 2011	S2	CHEM	CHEM 311	Organic Chemistry II	Repeat (R)	3.00	3.00	B+	B+	/
Pepperdine University	SR	2010 - 2011	S2	ENGL	ENG 215	English Studies		4.00	4.00	A-	A-	/
Pepperdine University	SR	2010 - 2011	S2	HIST	HUM 313	Western Culture III		3.00	3.00	А	А	/
Pepperdine University	SR	2010 - 2011	S2	FLAN	ITAL 151	Elementary Italian I		4.00	4.00	А	А	/
Pepperdine University	SR	2010 - 2011	S2	OTHR	SVR 200	Convocation Series		0.50	0.50	A-	A-	/
Pepperdine University	SR	2011 - 2012	S1	ENGL	ENG 325	British Literature		4.00	4.00	А	А	/
Pepperdine University	SR	2011 - 2012	S1	ENGL	ENG 420	Major Authors: Shakespeare		4.00	4.00	A-	A-	/
Pepperdine University	SR	2011 - 2012	S1	ENGL	ENG 426	Topics in American Lit: The Modern American Novel		4.00	4.00	А	A	/
Pepperdine University	SR	2011 - 2012	S1	FLAN	ITAL 152	Elementary Italian II		4.00	4.00	А	А	/
Pepperdine University	SR	2011 - 2012	S1	OTHR	SVR 200	Convocation Series		0.50	0.50	B+	B+	/
Pepperdine University	SR	2011 - 2012	S2	BIOL	BIOL 350	Genetics		4.00	4.00	С	С	/
Pepperdine University	SR	2011 - 2012	S2	BIOL	BIOL 491	Biology Senior Seminar	Pass/Fail (PF)	1.00		CR	Р	/
Pepperdine University	SR	2011 - 2012	S2	ENGL	ENG 326	American Literature		4.00	4.00	В	В	/
Pepperdine University	SR	2011 - 2012	S2	ENGL	ENG 435	Topics in British Lit. (post-1800): Victorian Poetry		4.00	4.00	A-	A-	/



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### **ACADEMIC RECORD**

Semester Hours and AMCAS grades will appear only when your application is Processed

School Name	Status	Year	Term	Course Class	Course No.	Course Name	Course Type	OT Hours	Sem Hours	l .	1	AMCAS Use
Pepperdine University	SR	2011 - 2012	S2	FLAN	ITAL 251	Second Year Italian I		4.00	4.00	B+	B+	/
Houston Community College	JR	2009 - 2010	SS	PHYS	PHYS 1402	College Physics II		4.00	4.00	В	В	/

### **EDUCATION**

Secondary School Grad Yr: 2007

Saint Thomas Episcopal School

Houston, Harris (U), Texas, United States of America

### **Post Secondary**

School	City	State/Province	Country	Dates	Program Level	Major	Minor	Degree - Degree Date
St. Edward's University-Main Program	Austin	TX	United States of America	08/2007 - 04/2008	Undergraduate	Biology	No Minor	No Degree Expected -
Pepperdine University-Main Program	Malibu	CA	United States of America	08/2008 - 04/2012	Undergraduate	Biology	English	Bachelor of Science - 04/2012
Houston Community College- Main Program	Houston	TX	United States of America	06/2009 - 07/2009	Undergraduate	Biology	No Minor	No Degree Expected -

### **VERIFIED GRADE POINT AVERAGES**

GPA Calculations will appear only when your application status is Processed

	ВСРІ	М	A	0	Total		
Status	GPA	Hours	GPA	Hours	GPA	Hours	
High School							
Freshman	3.93	14.00	3.80	15.00	3.86	29.00	
Sophomore	2.85	24.00	3.87	10.00	3.15	34.00	
Junior	2.48	21.00	3.45	11.00	2.81	32.00	
Senior	2.93	14.00	3.73	55.50	3.57	69.50	
Postbaccalaureate Undergraduate							
Cumulative Undergraduate	2.96	73.00	3.72	91.50	3.39	164.50	
Graduate		·					
Supplemental Hours:	<b>P/F - Pass:</b> 2.00	P/F - Fail:	A/P:	CLEI	P: 0	THER:	





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#### MCAT TEST SCORES

(NR) Not Released (C) Computer-Based

Test Date	Non-Standard Administration	Verbal	Phy Sci		Bio Sci	Total
08/12/2011 (C)	N	09	12	0	09	30O

Addl 2013 MCAT Intent Date:

Experience Name:

### **OTHER TEST SCORES**

Test Name Test Date Test Section Test Score

**EXPERIENCE** 

Experience Type: Artistic Endeavors

Medical Illustrator, Upcoming Book on Youth Sports Injuries

Contact Name & Title: Carol Frey, MD, Author

Contact Email: footfreymd@aol.com

Organization Name: iUniverse Publishers

0: 10: 1 0 1 1 1 1 D 1 1 1 0 0 1 1 1

City / State / Country: Manhattan Beach / CA / United States of America

**Experience Description:**Since I started with Dr. Frey, many of my tasks have focused on coordinating logistics for the publication of her upcoming book on youth sports injuries, titled: "Don't Worry, My Mom's the Team Doctor." To complete the book, she needed a medical illustrator to create a

handful of labeled anatomical figures to be included in the text (e.g. for the shoulder, ankle, knee, spine and growth plate). After seeking an artist to no avail, I took the initiative to draw one of the figures for her review, since I have a background in studio art and took many art

Most Meaningful Experience: No

Contact Phone: 310-990-5253

**Dates:** 05/2013 - 06/2013

**Total Hours: 24** 

classes in school. She was satisfied with the quality of my work and commissioned me to draw the remaining figures (by hand, in ink).

Total Hours: 999



Experience Name:

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**EXPERIENCE** 

**Experience Type:** Paid Employment - Medical/Clinical

Personal Assistant and Project Mngr. for Orthopaedic Surgeon

Contact Name & Title: Carol Frey, MD, Owner

Contact Email: footfreymd@aol.com

Organization Name: West Coast Orthopaedic Design

City / State / Country: Manhattan Beach / CA / United States of America

Experience Description: This position entails a diversity of roles, all focused

This position entails a diversity of roles, all focused on helping Dr. Frey maintain her busy schedule, keeping order in both her professional and personal life, and managing her two sons' activities. The job is primarily balanced between office duties and design work. My daily office tasks are fairly constant and involve checking email, returning calls, opening her mail, etc. Since she is in high demand, I generally serve as a liaison between her and the other office employees. The design work is more irregular, and may involve negotiating with contractors working on her rental properties, corresponding with tenants, and making executive design choices in

Most Meaningful Experience: Yes

Dates: 03/2013 - 08/2013

Contact Phone: 310-990-5253

accordance with her vision.

Most Meaningful Experience

Remarks:

After a mere 3 months, this has been one of the most enlightening episodes of my pre-med career. I have gotten to know Dr. Frey as both a physician and a person -- an invaluable side effect of my position. As a current applicant, it has been tremendously helpful to have someone who has been through the same demanding process as a resource, especially considering her importance. Additionally, she has displayed the dynamics of the life of a physician, both within medicine and outside of the trade. She is essentially a Renaissance woman, and has a multitude of interests, talents and accomplishments. Apart from her practice, she owns and operates a design company, in which she renovates and rents properties in Hermosa Beach. She is also extremely involved in the lives of her two children and her community. She is intensively immersed in a variety of activities outside her primary profession, yet never compromises her commitment to her practice or patients, as she is an authority in foot and ankle medicine and has published over 100 manuscripts and book chapters. Her diversified quality has been the most influential to me, as I am also multifaceted. While I am set on a medical career, there are numerous other exploits that I aspire to, and she has shown that success in a number of pursuits is attainable.



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**EXPERIENCE** 

Experience Type: Teaching/Tutoring/Teaching Assistant

Experience Name: Private Tutor for High School Students Dates: 08/2011 - 12/2012 Total Hours: 300

Contact Name & Title: Nicholas Lindsey, Founder, Senior Consultant

Contact Email: malibututors@gmail.com Contact Phone: 310-266-6335

Organization Name: Malibu Tutors, LLC

City / State / Country: Malibu / CA / United States of America

**Experience Description:**I worked for a Pepperdine alumnus, who also studied biology and started his company while in school. My students were mostly in high

school, although I did tutor one undergraduate junior. I would meet them for one or two hours in their homes, usually in Malibu. Most frequently I tutored biology, physics, chemistry, and SAT. I also taught English and math, and had a few students who I would help with all of their courses. The one undergraduate student I worked with was starting pre-med the following year at NYU. I planned a complete course in biology and chemistry for him, and wrote guizzes and exams to test him on the material. We met three times a week for two

Most Meaningful Experience: Yes

hours throughout the summer.

Most Meaningful Experience

Remarks:

I was inspired to begin tutoring by my MCAT tutor, an MD/PhD in his residency at UCLA. I was amazed not only by his retention of the pre-med requirements, but also by his ability to teach any particular topic off the top of his head. After taking the exam, I desired to preserve my high competency of the foundational science material, and felt that the best way to do this was to teach it myself. Like the truism that the best way to learn something is to teach it, I not only maintained my command of biology, chemistry and physics, but actually reinforced this knowledge, isolating leaks and increasing interdisciplinary connections. Additionally, it was a personal victory to master the topics and concepts that I had struggled with in my own curriculum. Furthermore, this opportunity cultivated my passion for teaching. As I had encountered with my RA position and other leadership roles, providing guidance younger students was tremendously gratifying. I could often relate to my students because of my own taxing educational background. I frequently used my own challenges and triumphs in the face of opposition to motivate my students to push through their own struggles and inspire similar success. The ability

to provide others with advice I could have used in the same position is indescribably satisfying.

Experience Type: Research/Lab Most Meaningful Experience: No

Experience Name: Clinical, Research and Office Assistant for Cosmetic Surgeon Dates: 03/2011 - 05/2011 Total Hours: 60 07/2012 - 07/2012 Total Hours: 34

Contact Name & Title: Jessica Inserra, Director of Marketing and Operations

Contact Email: info@drdavisnguyen.com Contact Phone: 310-550-0288

Organization Name: Linden Clinic - Davis B. Nguyen, MD

City / State / Country: Beverly Hills, Malibu / CA / United States of America

**Experience Description:** This began as a research opportunity, when I met Dr. Nguyen's assistant and was invited to shadow him in the OR. He had me take

notes of measurements and other data in a series of endoscopic brow-lifts. He would apply a fibrin glue to one side of the brow and compared it to the other, evaluating the glue's effect on healing processes in the post-op consultations. This study was recently

published, titled "Randomized, Controlled, Phase 3 Study to Evaluate the Safety and Efficacy of Fibrin Sealant VH S/D 4 s-apr (Artiss) to Improve Tissue Adherence in Subjects Undergoing Rhytidectomy." I also did clinical volunteer and office work, interacting with patients

and digitalizing medical records.



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**EXPERIENCE** 

Experience Type: Presentations/Posters Most Meaningful Experience: No

**Experience Name:** Poster Presentation of Botany Research at SCCUR 2010 **Dates:** 11/2010 **Total Hours:** 15

Contact Name & Title: Stephen Davis, PhD, Distinguished Professor of Biology at Pepperdine University

Contact Email: stephen.davis@pepperdine.edu Contact Phone: 310-460-8446

Organization Name: Southern California Conference for Undergraduate Research

City / State / Country: Malibu / CA / United States of America

**Experience Description:** I presented my botany research from the previous school year at the 18th Annual SCCUR in 2010. This was a special year for me to

participate, as it was hosted at Pepperdine. My poster was titled, "Differences in Leaf Mechanical Properties among Species of Chaparral Shrubs Suggest Leaf-Level Niche Segregation." During the event, I stood next to my board and gave an informal presentation of my findings to interested attendees who approached me. I was amazed at how many students and faculty from other universities in the area were sincerely impressed by my work, and provided me with valuable feedback. My abstract was also published in the conference's

journal, "Riding the Crest of Discovery."

Experience Type: Artistic Endeavors Most Meaningful Experience: No

Experience Name: Associate Producer on NOOR, the Short Film Dates: 08/2010 - 07/2011 Total Hours: 60

Contact Name & Title: Stevin Knight, Writer, Director

Contact Email: sknight101@mac.com Contact Phone: 323-383-2078

Organization Name: TruArt Pictures

City / State / Country: Silver Lake / CA / United States of America

Experience Description:

This film was written and directed by a good friend, who wanted to tell the story of a young girl he met while visiting his in-laws in

Southern Lebanon. She was illiterate and forced into child labor by her foster mother. He shot the film on location with little equipment, using his wife's family as actors. Upon his return, he showed me a rough cut of the film and I was moved to help out. I raised money for post-production work and for submission fees at film festivals. The film was screened internationally, most notably at the 2011 Cannes Short Film Corner. It also won the "Audience Award" at the 2011 Awareness Film Festival in LA. There is currently a script for a feature

film adaptation.



Experience Name:

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**EXPERIENCE** 

Experience Type: Physician Shadowing/Clinical Observation

Most Meaningful Experience: Yes Independent Student Volunteer Program with Plastic Surgeon **Total Hours: 96** 

John Reinisch, MD, Director of Craniofacial and Pediatric Plastic Surgery Contact Name & Title:

Contact Email: Contact Phone: 323-493-4544 ifr654@aol.com

Organization Name: Cedars-Sinai Medical Center and Medical Group

Beverly Hills / CA / United States of America City / State / Country:

> "The Independent Student (IS) Volunteer Program is designed for collegiate-aged students... seeking a specific role in either a clinical or research capacity." To apply for this, the first step was securing a mentor by simply browsing the website and contacting one of the doctors. Based on my time with Dr. Wexler, I decided to reach out to other specialists in pediatric reconstructive work. I was pleased to hear first from my top choice, Dr. Reinisch, who agreed to be my mentor. Over the next few months I spent about 3 days per week shadowing Dr. Reinisch, both in consultations and the OR. I observed several external ear reconstructions of patients with microtia, Dr.

**Dates:** 05/2010 - 07/2010

**Dates:** 04/2010 - 10/2011

Total Hours: 320

Reinisch's specialty.

Most Meaningful Experience

Experience Description:

Remarks:

This was a turning point in my pre-med career. This was the first opportunity I had to develop a personal connection with a doctor, and I felt incredibly fortunate to have such a pioneer as my mentor. I was already fascinated by pediatric plastic surgery and Dr. Reinisch intensified this intrigue exponentially. His singular expertise in the niche of ear reconstructions made it clear how indispensable a talented physician can be. Patients come to him from across the globe for his exclusive services and unparalleled approach. I admired his passion for teaching, as he has trained over 100 surgeons in pediatric plastic surgery and travels across the world educating others. I was also inspired by his commitment, despite being of retirement age and with a masterful career already behind him, he continues to work 12hour days, often 6 days a week, using his unsurpassed talents to improve as many lives as possible. He taught me about delivering topquality medicine and maintaining a work ethic of the highest standard. Finally, like Dr. Wexler, Dr. Reinisch surprised me in the ways that he broke the mold of the Beverly Hills plastic surgeon, at least the one I had long imagined. He was unfailingly humble, always kneeling

and gently comforting a young patient before a procedure, another trait I greatly admired.

**Experience Type:** Leadership - Not Listed Elsewhere Most Meaningful Experience: No

Experience Name: Development Advisor and Board Member of Non-Profit Org.

Contact Name & Title: Christopher Grotz, Founder, CEO

chris@amenmissionary.org Contact Email: Contact Phone: 415-613-1723

Organization Name: AMEN Missionary, Inc.

City / State / Country: Malibu / CA / United States of America

**Experience Description:** According to its official description, "AMEN Missionary is a 501 (c)3, non-profit organization that seeks to establish a personal connection

and financial bridge with the under-served, internationally." Current efforts are focused on Mae Sot, a small community of Burmese migrants and orphans along the Myanmar-Thai border. The charity was initiated in part by an old friend of mine, who had come to appreciate the unmet needs of this village while traveling in Thailand. It aligned with my own passion for assisting children in need, so I was immediately on board. My duties included bi-monthly board meetings, correspondence with potential donors, and applications for

grants and other funding.



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**EXPERIENCE** 

Experience Type: Research/Lab Most Meaningful Experience: No

Experience Name: Independent Research in Botany under Cherry Award Recipient Dates: 02/2010 - 05/2010 Total Hours: 72 08/2010 - 11/2010 Total Hours: 72

Contact Name & Title: Stephen Davis, PhD, Distinguished Professor of Biology

Contact Email: stephen.davis@pepperdine.edu Contact Phone: 310-460-8446

Organization Name: Pepperdine University, Natural Science Division

City / State / Country: Malibu / CA / United States of America

**Experience Description:** In 2010, I engaged in botany research, advised by Dr. Davis, an expert in Mediterranean climate flora and recipient of the 2008 Robert

Foster Cherry Award. I studied the leaf bio-mechanical strength of 3 closely related chaparral species, M. laurina, R. ovata, and R. integrifolia, all members of family Anacardiaceae, co-existing in the Santa Monica Mountains. This study was a continuation of a group project from Dr. Davis' upper division course. I generally spent 6-8 hours/week for 2 semesters, taking samples in the field and running trials on the Instron, measuring tensile strength. I found an enthusiasm for research from this and was honored to work under such an

authority in the field.

Experience Type: Teaching/Tutoring/Teaching Assistant Most Meaningful Experience: No

Experience Name: Guest Lecturer for Introductory Botany Course Dates: 01/2010 - 04/2010 Total Hours: 6 01/2011 - 04/2011 Total Hours: 6

Contact Name & Title: Stephen Davis, PhD, Distinguished Professor of Biology

Contact Email: stephen.davis@pepperdine.edu Contact Phone: 310-460-8446

Organization Name: Pepperdine University, Natural Science Division

City / State / Country: Malibu / CA / United States of America

**Experience Description:** While I was researching under Dr. Davis, he would at times ask me lecture his lower division course, usually in relation to my research

and the fundamentals of bio-mechanics and tensile properties. A humorous anecdote emerged from this experience. Apparently, prior to my arrival for one of the lectures, Dr. Davis gave me an exalted introduction, poking fun at my last name by linking it to the eponymous Young's modulus, named after the great 19th century scientist Thomas Young. The impressionable freshman apparently missed the reference, because months later I received applause from several of them for my work. Confused, I was informed on the rumors of my

achievements that had been circling!

Experience Type: Physician Shadowing/Clinical Observation Most Meaningful Experience: No

**Experience Name:** Shadowing and OR Observation of Reconstructive Surgeon **Dates:** 10/2009 - 10/2009 **Total Hours:** 10

Contact Name & Title: Andrew Wexler, MD, Pediatric Plastic and Reconstructive Surgeon

Contact Email: andrew.m.wexler@kp.org Contact Phone: 310-487-0701

Organization Name: Kaiser Permanente, Sunset Medical Center
City / State / Country: Los Angeles / CA / United States of America

Experience Description: I first learned of Dr. Wexler's work from a master list of my fraternity's notable alumni in Los Angeles. I reached out to him in an email, and

was astonished at how accommodating he was despite his busy schedule, inviting me to meet with and shadow him in the OR. Upon meeting him, it struck me how warm and inviting he was in encouraging me to see him at work. I observed a cranial reconstruction to help a 9-month-old suffering from craniosynostosis, a tremendously inspiring experience. The procedure introduced me to the reconstructive side of plastics and sparked my interest in pediatrics. Also, I have always had a passion for helping children, and this experience epitomized that aspiration.

**Total Hours:** 750

Total Hours: 320



Experience Name:

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**EXPERIENCE** 

**Experience Type:** Leadership - Not Listed Elsewhere

Resident Advisor in Freshman Boys' Dormitory

Contact Name & Title: Marie Thomas, Resident Director

Contact Email: marie.thomas@pepperdine.edu

Organization Name: Pepperdine University Housing and Residence Life

City / State / Country: Malibu / CA / United States of America

**Experience Description:** During my junior year at Pepperdine, I worked as an RA in a freshman boys' dormitory. The free housing and small stipend certainly

provided an inducement, but I soon appreciated that this was a valuable experience in many other ways. I previously worked as a camp counselor and lifeguard in similar capacities, yet had since become distant from the joy of serving as a role model for younger students. I rediscovered it as an RA, counseling and mentoring these new undergraduates during such a pivotal transition in their lives. While part of the job necessarily involved enforcing regulations, much more time was spent on providing programming and encouraging resident

Most Meaningful Experience: No

Contact Phone: 310-924-2661

**Dates:** 08/2009 - 05/2010

Dates: 07/2009 - 08/2009

relationships.

Experience Type: Paid Employment - Not Medical/Clinical Most Meaningful Experience: No

**Experience Name:** Project Coordinator for Series of Pharmaceutical Meetings

**Contact Name & Title:** Jeff Hamilton, Former Director of Meeting Services

Contact Email: theieffhamilton@gmail.com Contact Phone: 310-383-7993

Organization Name: Insyght Interactive, Inc.

City / State / Country: Los Angeles / CA / United States of America

**Experience Description:** Insyght describes itself as a "full-service medical education and meeting mgmt. firm." My principal project there involved coordinating

logistics of 210 meetings for Pfizer, one of Insyght's main clients, regarding recent label updates for their smoking cessation drug, Chantix, while ensuring compliance to FDA/PhRMA guidelines. 20-30 PCPs attended each round-table discussion led by prominent psychiatrists. I corresponded with a headquarters-based marketing team and field-based sales reps for each event. I reviewed and contributed to development of educational slide decks used in the meetings. I learned a tremendous amount in a short period and gained

a new perspective on the medical field.

Experience Type: Hobbies Most Meaningful Experience: No

Experience Name: Participant in 2008 Grand Canyon Marathon Dates: 11/2008 - 11/2008 Total Hours: 60

Organization Name: Grand Canyon Marathon

City / State / Country: Grand Canyon Village / AZ / United States of America

**Experience Description:**During my first semester at Pepperdine, a friend asked me to run the 1st Annual Grand Canyon Marathon with her. We began running before sunrise, so my first glimpse of the canyon was at daybreak as we made our way around the rim. I finishing second in my age

division out of 43 total participants, while taking in the majestic sights of our desert surroundings. Although this has been my only marathon thus far, it was in line with an athletic tradition to which I have long adhered, as I was active in baseball, soccer, tennis and swimming. My fitness remains a matter of discipline and great importance for me, and will surely be beneficial in the physically

demanding career as a physician.



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**EXPERIENCE** 

Experience Type: Community Service/Volunteer - Not Medical/Clinical Most Meaningful Experience: No

Experience Name: Leadership Positions in Service Based Fraternity Dates: 09/2008 - 04/2012 Total Hours: 500

**Contact Name & Title:** Jeff Hamilton, Psi Upsilon alumnus

Contact Email: thejeffhamilton@gmail.com Contact Phone: 310-383-7993

Organization Name: Psi Upsilon Fraternity, Lambda Sigma Chapter

City / State / Country: Malibu / CA / United States of America

**Experience Description:** I initially had little interest in Greek affiliation in my first semester at Pepperdine. However, upon accompanying a friend to a rush event, I

was drawn to the service-oriented Psi Upsilon fraternity and soon joined. Membership requirements included a service component, and we partnered with many notable organizations, such as Camp Ronald McDonald, Habitat for Humanity, and Break the Cycle. Our signature philanthropy, "Psi U Think You Can Dance," was a sorority dance competition, from which all proceeds went to the Sam Schmidt Paralysis Foundation. I took on leadership positions within the group, including a semester as Alumni Chair, another as

Secretary, and two semesters as Social Chair.

#### PERSONAL COMMENTS

I roused myself abruptly at a ringing sound nearby, the fingers of my cool and clammy hands tingling against the hard floor. The sound softened as an image of a small elevator's ceiling materialized from the darkness, the frame shifting to the faces of its three passengers. Still disoriented, I became aware that I was among them, their concerned eyes focusing upon me as the ringing in my ears slowly succumbed to a deafening silence. I reached out feebly for the railing above and returned awkwardly to my feet, mumbling an inaudible apology before making a swift exit through the open door.

As the elevator shut behind me, I felt my face flush from the return not only of blood to my upper body, but also from the recollection of recent events – especially of slamming my thumb in the car door just minutes earlier, giving rise to the disconcerting spell from which I had just regained consciousness. More unnerving was the knowledge that this incident had hardly been unique of late. I had endured the usual share of accidents for a rambunctious sixteen-year-old, but in my case, they were all too frequently accompanied by a fainting episode. Friends, family members, and colleagues naturally raised the possibility of a vasovagal reaction or even a phobic fear of blood, which disturbed me deeply. Even as a young child, I had long answered grown-ups' questions about career plans with some variant of "I want to be a doctor when I grow up." By my early teens, this aspiration had become focused on the surgical profession in particular. But how could I pursue this path if, indeed, the very sight of blood provoked such an unsavory reaction?



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#### PERSONAL COMMENTS

One particular day during my junior year at Pepperdine University, I realized that I would have to face this anxiety sooner than I had planned. Hours earlier, I had emailed Dr. Andrew Wexler, a pediatric reconstructive surgeon at Kaiser Permanente in Hollywood, expressing my interest in his field and inquiring about a possible meeting. He responded promptly with a phone call and suggested that I join him in the OR the following morning. Eagerly, I accepted his invitation, but I soon grasped the implications of my commitment and began dreading the next day. It came soon enough; I met Dr. Wexler in front of the hospital, and after a brief exchange, I followed him apprehensively to the locker room to exchange our clothes for scrubs, before quickly making our way to the OR. Once inside, even as I engaged in small talk with the medical staff, my mind replayed some of my most embarrassing bouts of fainting, and I instinctively searched the room for a chair to break my descent if needed. However, as Dr. Wexler made the first incision on the shaved scalp of the 9-month-old boy suffering from craniosynostosis, my distress was replaced with fervent fascination. I stood transfixed by his swift, calculated movements and was overcome with awe as I watched him remove and reconstruct the underdeveloped skull with impressive assurance. Before long, he was fastening the last suture, and I was left pining for more. I departed the hospital exhibitanted and inspired, having not only faced my fears but also emerged with an unaccustomed certainty and assurance about my career plans.

Over the next two years, I scrubbed in for the OR at every opportunity, and each surgery was just as inspiring as the first one I had observed. I spent over a hundred hours in more than thirty operations, watching intently over the shoulders of several of the top surgeons in Los Angeles. The culmination of my shadowing experiences was in 2010, when I spent the summer in a mentorship program at Cedars-Sinai with Dr. John Reinisch, another leading pediatric reconstructive surgeon. Dr. Reinisch developed a synthetic implant to reconstruct the external ear of individuals suffering from microtia. This development, along with his decades of expertise, has allowed him to effectively reconstruct an ear in a single surgery, with better results than the traditional alternative of transplanting rib cartilage (which requires a series of six or more procedures).

In the paradoxical way that life's lessons often unfold, I have come to appreciate that my early struggles with blood and fainting spells may have been a blessing in disguise, for they ultimately impelled me to immerse myself deeply within the world of the surgeon. It was only through this sustained apprenticeship that I could internalize the nuances, complexities, and seeming contradictions that endow the surgical profession with such a remarkable power to save and heal, even amid the most arduous and inauspicious of circumstances. It combines the multifaceted intellectual rigor required of a preëminent scholar with the manual acumen of a skilled artisan. It fuses the empirical discipline of a research scientist with the artistic flair of an architect or sculptor, fostering an intuitive grasp of the subtle aesthetics that comprise the human form. It merges the coolness under pressure of an executive or poker player, and the unyielding stamina of a champion athlete, with the unforced reassurance and compassion of a teacher and friend. These are qualities that I have long cherished and cultivated, and will continue to do so in the next step of my medical career.

### MD/PHD ESSAY

### SIGNIFICANT RESEARCH EXPERIENCE



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### LETTERS OF EVALUATION/RECOMMENDATION

Letter Id	Primary Author or Contact	Letter Title	Institution	Number of Assigned Medical Schools
2819822	Dr. Carol Christine Frey	James Benjamin Young	West Coast Center for Orthopedic Surgery and Sports Medicine	32
2819884	Dr. Constance M. Fulmer	James Benjamin Young	Pepperdine University, Humanities/Teacher Education Division	32
2819899	Dr. Laurie Nelson	James Benjamin Young	Pepperdine University, Natural Science Division	32
2819945	Dr. John Reinisch	James Benjamin Young	Cedars-Sinai Medical Center	32
2819948	Dr. Stephen D. Davis	James Benjamin Young	Pepperdine University, Natural Science Division	32
2875281	Dr. Jacob Wesley Ulm	James Benjamin Young	UCLA	32

### **DESIGNATED PROGRAMS**

School Name	Program Type	Combined Degree Area(s)	Previously Applied?
Baylor College of Medicine	Regular M.D.		No
Boston University School of Medicine	Regular M.D.		No
David Geffen School of Medicine at UCLA	Regular M.D.		No
Emory University School of Medicine	Regular M.D.		No
Geisel School of Medicine at Dartmouth	Regular M.D.		No
Harvard Medical School	Regular M.D.		No
Keck Sch. of Med.University of Southern California	Regular M.D.		No
Loma Linda University School of Medicine	Regular M.D.		No
Loyola University Chicago Stritch School of Medici	Regular M.D.		No
New York University	Regular M.D.		No
Oregon Health and Science University	Regular M.D.		No
Rush Medical College	Regular M.D.		No
Rutgers New Jersey Medical School	Regular M.D.		No
Stanford University School of Medicine	Regular M.D.		No
Texas A&M Uni. System HSC Col. of Medicine	Combined Medical Degree/Ph.D	Ph.D. Physiology & Biophysics	No
Texas Tech Univ. Hlth. Sci. Ctr. Sch. of Medicine	Combined Medical Degree/Ph.D	Ph.D. Physiology & Biophysics	No
The University of New Mexico Health Sciences Cente	Regular M.D.		No
Tulane University School of Medicine	Regular M.D.		No
UT Southwestern (AMCAS)	Combined Medical Degree/Ph.D	Ph.D. Physiology & Biophysics	No

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	DESIGNATED PROGRAMS		
School Name	Program Type	Combined Degree Area(s)	Previously Applied?
University of Arizona College of Medicine-Phoenix	Regular M.D.		No
University of Arizona College of Medicine-Tucson	Regular M.D.		No
University of California San Diego	Regular M.D.		No
University of California San Francisco	Regular M.D.		No
University of California, Davis School of Medicine	Regular M.D.		No
University of California, Irvine- College/Medicine	Regular M.D.		No
University of California-Riverside School of Medicine	Regular M.D.		No
University of Chicago - Pritzker	Regular M.D.		No
University of Illinois at Chicago-College of Medic	Regular M.D.		No
University of Texas Medical Branch (AMCAS)	Combined Medical Degree/Ph.D	Ph.D. Physiology & Biophysics	No
University of Texas Medical School at Houston (AMCAS)	Combined Medical Degree/Ph.D	Ph.D. Physics & Medical Physics	No
University of Texas Medical School at San Antonio (AMCAS)	Combined Medical Degree/Ph.D	Ph.D. Physics & Medical Physics	No
University of Washington School of Medicine	Regular M.D.		No

#### **AMCAS NOTES AND EXPLANATIONS**

- 1. Next to County Names, you may see an indicator (R),(U). AMCAS maintains federal data on areas considered Rural or Medically Underserved that are reported to your designated medical schools along with your application. An indicator of (R) next to a County indicates that the county is considered Rural. An indicator of (U) indicates that the County is considered Medically Underserved. An indicator of (R)(U) indicates the County is both Rural and Medically Underserved.
- 2. MCAT Scores: AMCAS automatically sends scores from any MCAT exams you have taken from 2003 through current, and any scores you have released to AMCAS from MCAT exams 1991 through 2002. Please refer to the MCAT home page (http://www.aamc.org/students/mcat/start.htm) for more details regarding the online MCAT Testing History (THx) system and pre-2003 score release. MCAT score transmission via the AMCAS application is dependent on the AMCAS data transmission service option(s) selected by each medical school.
- 3. Course Class: In the Academic Record, abbreviations are used for the course classifications you enter into the Coursework section of the application due to space constraints. Thus, you will see "ENGL" on here for courses you have classified as English Language and literature. A full list of all course classifications and their abbreviations may be found in the application help.
- 4. Designated Medical Schools: The list of your designated medical schools is provided here for your information. The schools to which you apply do not receive such a list of all schools you have designated.

5.	Academic Record: AMCAS will verify your academic information using the following symbols:
	- any course verified without correction;
	- any course verified with correction;
	any course listed on the Academic Record but not reflected on an official transcript; format corrections were not required;
	- any course listed on the Academic Record but not reflected on an official transcript; format corrections have been made;
	= - a type of coursework not meant to be verified.