

Health and Economic Benefits of Chronic Disease Interventions

- Chronic diseases are the leading causes of illness, disability, and death in the United States. They are also the leading drivers of our nation's \$4.5 trillion in annual health care costs.
- CDC funds partners to use proven interventions that improve quality of life and save money.



Overview

Proven chronic disease interventions can be cost-effective. "Cost-effectiveness" recognizes that the cost of the intervention is worthwhile in terms of longer life and better quality of life.

Read more about the high cost of chronic conditions and the health and economic benefits of proven interventions in the fact sheets below.

Interventions for specific chronic conditions



[Health and Economic Benefits of Breast Cancer Interventions](#)

More screening can reduce late-stage diagnoses and costs.
Nov. 17, 2023



[Health and Economic Benefits of Cervical Cancer Interventions](#)

HPV vaccination and routine screening for cervical cancer can reduce cases, deaths, and costs.
Dec. 4, 2023



[Health and Economic Benefits of Colorectal Cancer Interventions](#)

Routine screening for colorectal cancer can reduce cases, deaths, and costs.
Nov. 17, 2023



[Health and Economic Benefits of Skin Cancer Interventions](#)

Staying safe in the sun and avoiding sunbeds can reduce skin cancer and associated costs.
Nov. 17, 2023



[Health and Economic Benefits of Diabetes Interventions](#)

Healthy choices and good diabetes management can reduce cases, complications, and associated costs.
Nov. 17, 2023



[Health and Economic Benefits of High Blood Pressure Interventions](#)

Better management of high blood pressure can lead to less heart disease and fewer strokes.
Nov. 20, 2023



[Health and Economic Benefits of Oral Disease Interventions](#)

Dental sealants and community water fluoridation can prevent cavities and save money.
Nov. 21, 2023



[Health and Economic Benefits of Tobacco Use Interventions](#)

Avoiding smoking, vaping, and other tobacco use can reduce illness, deaths, and costs.
Nov. 17, 2023

Special topic: COVID-19 and chronic conditions

Reducing chronic disease risk factors and improving management of chronic conditions can help protect people from serious illness from COVID-19. These efforts can reduce health and economic costs of chronic conditions and COVID-19 and better prepare communities for future public health emergencies. [Read more](#).

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