



Expecting Something?

Get help for your special delivery.

Special Beginnings® Maternity Program

Blue Cross and Blue Shield of Texas (BCBSTX) offers pregnant mothers a confidential maternity program to help protect the health of both mother and baby. The program:

- Provides education and support throughout your pregnancy
- Is available from early pregnancy until six weeks after birth
- Offers an online video library and week-by-week pregnancy information as an extra resource
- Call **888-421-7781** to sign up today!

Breastfeeding?

You are covered at 100 percent for an electric breast pump from an in-network Durable Medical Equipment provider. A prescription may be required. You can visit pumpingessentials.com to order.* To find out more about breast pumps and what your benefits cover, call the Partner Care Team at **866-432-7289**.

How can I find an affordable provider for delivery?

One way the Partner Care Team can help you plan your delivery is by comparing costs at nearby hospitals and birthing centers. The cost for a procedure can vary greatly depending on where you choose to go. Learn what your options are. Call the Partner Care Team at **866-432-7289**.

Contacts

Special Beginnings Maternity Program **888-421-7781**

Partner Care Team **866-432-7289**

Help with benefits, claims and medical bills

Partner Service Center **800-597-0653**

Adding newborns to your health plan
(within 60 days of birth)

Partner Guidance **888-327-4432**

Help with finding childcare,
financial help and counseling

**Family Medical Leave Act (FMLA) -
Liberty Mutual** **866-277-5276**

Short-Term Disability **800-320-7585**

**Women's, Infants and Children
Program (WIC) in Texas** **800-942-3678**

Helpful Online Resources

marchofdimes.org

americanpregnancy.org

acog.org/patients



* Pumping Essentials is a contracted Durable Medical Equipment provider with Blue Cross and Blue Shield of Texas.

When your baby needs special care



More than half a million babies in the U.S. – one in every 10 – are born premature each year.*

Premature and special need babies require care in a hospital's Neonatal Intensive Care Unit (NICU). Having a baby in the NICU can be stressful for parents. Get guidance and support through our confidential NICU Case Management Program.

About the NICU Case Management Program

Each NICU case manager is a registered nurse (RN) who can help you:

- Understand complex health problems, health care terms and procedures
- Get the most out of your benefits plan
- Prepare for discharge
- Connect to resources and programs in your area
- Call **866-432-7289** for more information.



Other Online Resources

peekabooicu.net
dshs.state.tx.us/wichd
salvationarmyusa.org
unitedway.org

*Centers for Disease Control and Prevention, 2014

