



Action Worksheet

Name: _____ Date: _____

Instructions: Complete this worksheet as you move through the *Action* lesson. You will need to either save the worksheet to your computer or print it out and write in your answers. If you open the worksheet and forget to save it before typing, you will lose all of your work.

1. What does A.C.T. stand for?

a. _____

b. _____

c. _____

2. What are two ways to take action?

a. _____

b. _____

3. What are the three types of comebacks?

a. _____

b. _____

c. _____

4. List three people you could seek help from:

a. _____

b. _____

c. _____