The "Measure" menu is useful when trying to find values such as root mean square and peak-to-peak voltages.
Note that the "Measure" menu is default on when you turn on the scope.

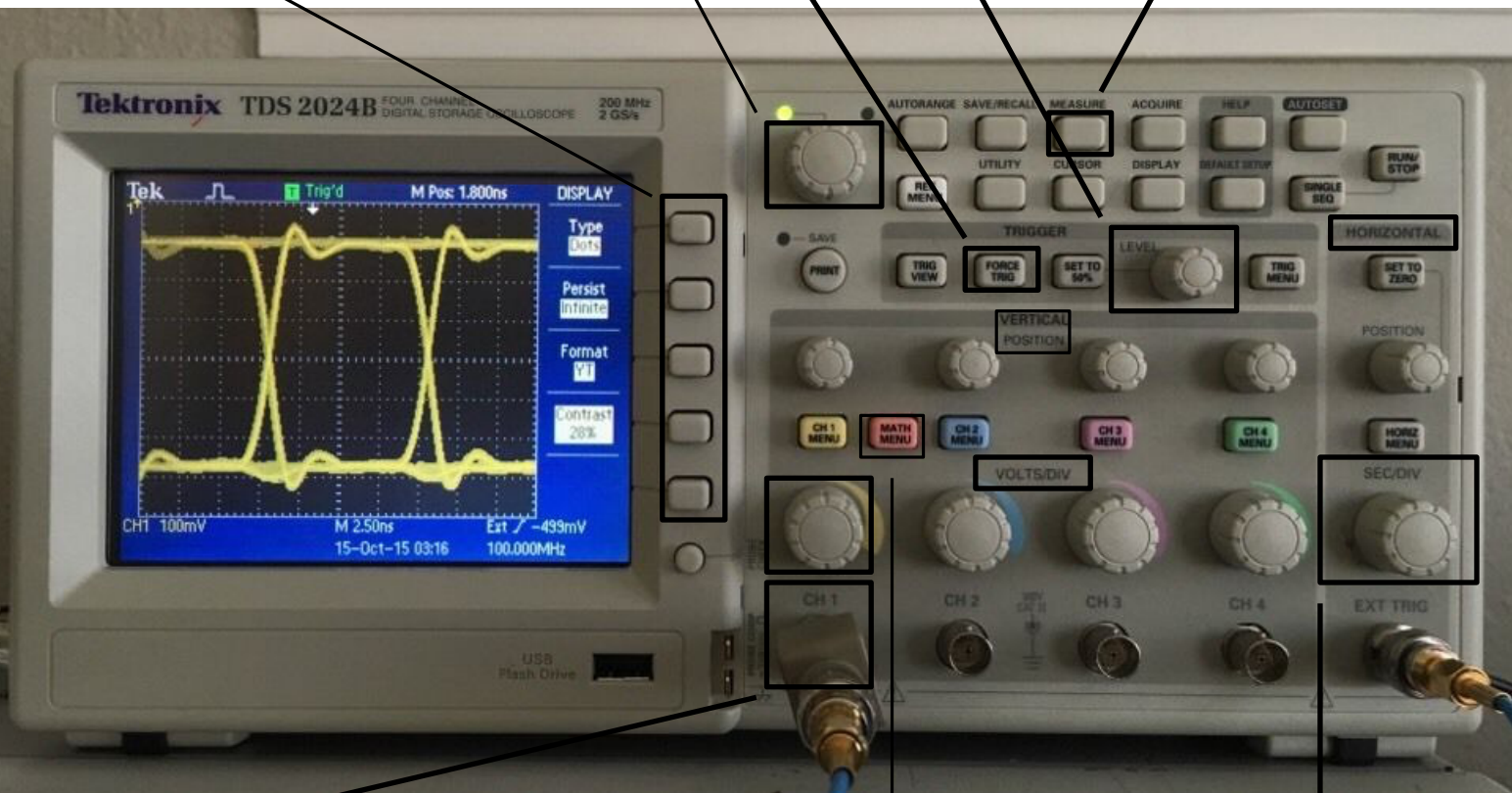Note that forcing a trigger will automatically adjust the display parameters by sweeping for the correct horizontal position.

Varying the trigger knob will manually sweep for the correct horizontal position.

Note that all menus are navigated via either the Mulitpurpose knob or the selection buttons located next to the display.

Channel 1 - Note that varying the knob directly above the channel determines the Volts/Division (vertical scaling) seen on the display for that channel.

The "Math Menu" is used to perform mathematical operations across selected channels.

Note that varying the knob here determines the Seconds/Division (horizontal scaling) seen on the display for ALL channels