

Week 7 Lecture 1

Jared Brannan

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1 Administrative drivel

- Exam will cover through the heart!

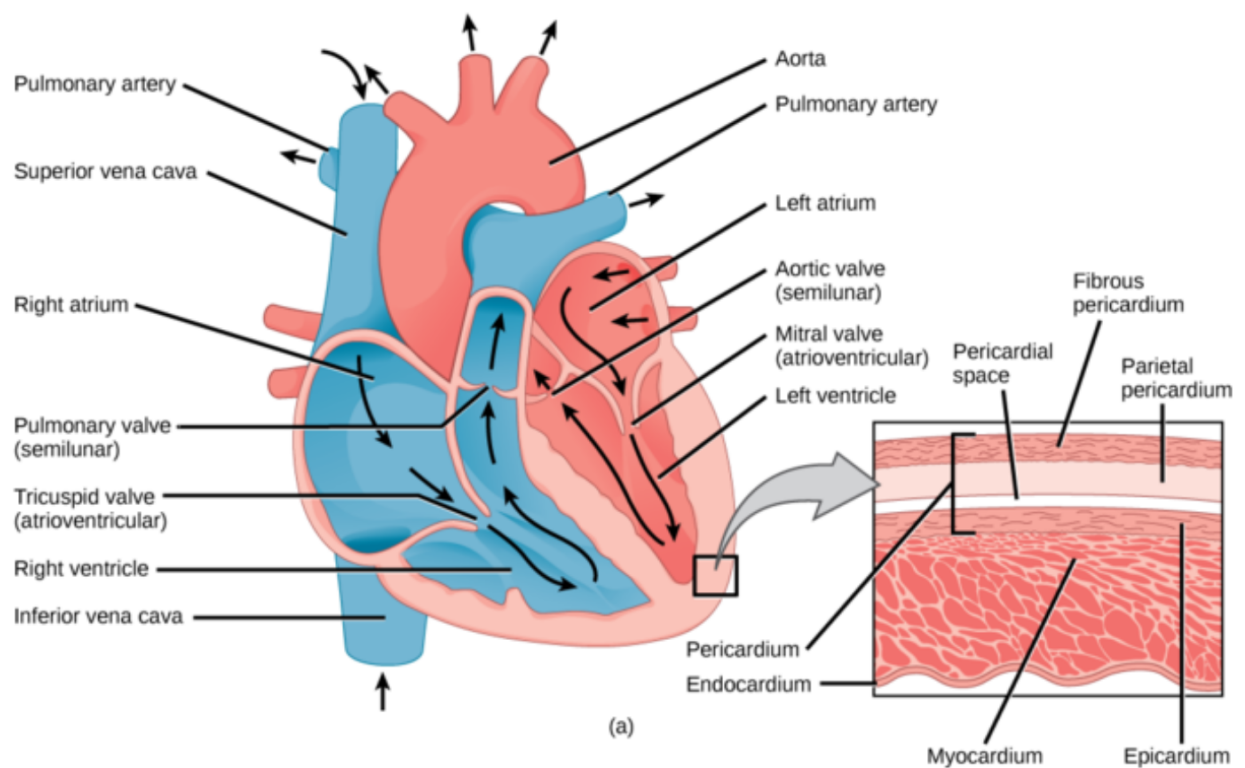
2 Anatomy and Physiology

2.1 Cardiovascular system continued...

2.1.1 Heart

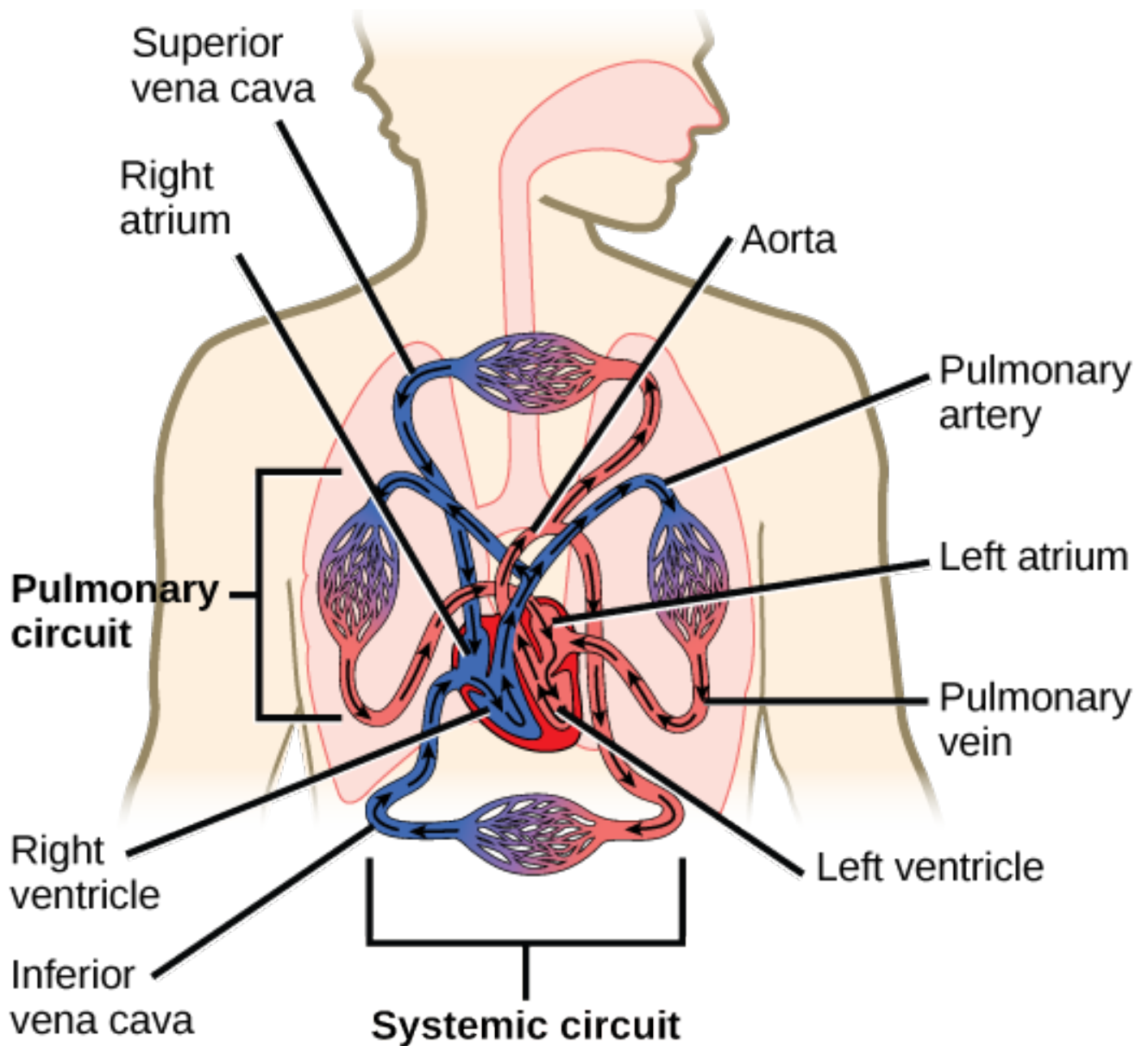
- Thick cardiac muscle to pump blood around the body, located at the bottom of the heart mostly
- two atria, two ventricles
- Contraction of the muscle decreases the volume forcing blood out
- Outside the heart muscle is a protective sack called the *pericardium*
 - There's a small pocket of fluid between the pericardium and the cardiac muscle called the Pericardial cavity
- Surrounding the cardiac muscle, there are layers of epithelial tissue on either side of the muscle called the endocardium and epicardium
 - These and the pericardium help smooth the movement of the heart
- cardiac muscle is called the *myocardium*
- There are internal soft connective tissues that prevent the heart from over expanding
- There are 4 muscular pumps split into two halves:
 - One half pumps blood to the lungs (right)
 - * bottom ones do the bulk of the work, called right ventricle
 - * top ones (called right atrium) receive blood coming back to the heart and pump the blood down into the ventricles so they're full when they contract
 - * slightly thicker walls than left
 - * collects blood from everywhere but the lungs, and pumps blood to the lungs
 - One half pumps blood to the body (left, pulmonary)
 - * bottom ones do the bulk of the work, called left ventricle
 - * top ones (called left atrium) receive blood coming back to the heart and pump the blood down into the ventricles so they're full when they contract
 - * collects blood from the lungs, and pumps blood to the rest of the body
- Aorta is the biggest blood vessel in the body, and carries blood to all but the lungs

- the role of the atrium is to receive blood from the body,
- the heart gives a more forceful action when it's full, than when partially full
- we don't need to know the specifics of the valves
 - Valves are one way, allowing things in through the atrium into the ventricle when the ventricle is relaxed, then when the ventricle contracts the valve closes, forcing blood out through the artery where there's a one way valve allowing blood out but not in through the artery
 - sometimes the valves fail, allowing backflow which makes the heart less efficient
 - these need to be repaired, but the surgery is much less invasive now
 - if a valve fails completely, you will die



- The above image has the “left” in red.
- The pericardium encases the entire heart and produces a fluid into the sac to reduce friction.
 - It has coronary arteries and cardiac veins all over it, supplying blood to the heart.
 - These are subject to getting clogs, starving the heart of oxygen, making it necessary to get bypass surgery
 - There are 4 coronary arteries, so to get all 4 fixed is called quadruple bypass
 - they take an artery from the leg and replace the issue area in the coronary arteries.
 - * A small enough artery will be rebuilt after removal
- Know the basic path: a figure 8
 - 1. Lungs - oxygenated blood

- left atrium
- left ventricle
- aorta – systemic circuit – O_2 used up
- Right atrium
- right ventricle
- back to lungs



- the heart beat is intrinsic – it runs on its own
 - specialized areas of cells – Nootes (SA and AV) – coordinate the contraction/relaxation cycle, the big strong “push” is when the ventricular muscle contracts just after the spike in the ECG)