SBIRT Proficiency Checklist

Clinical Version

September 2014

SBIRT Proficiency Checklist, Clinical Version

Screening (3 items)	Present	Not Present
The practitioner accurately assesses quantity and frequency of alcohol and/or drug use.		
Practitioner accurately identifies the patient's level of risk related to his or her alcohol or other drug use using an appropriate evidence-based screening instrument.		
Practitioner assesses possible consequences of the patient's behavior, such as physical, psychosocial, and others.		
Comments		

Brief Intervention (4 items)	Present	Not Present
Practitioner asks permission to provide feedback about the patient's substance use.		
Practitioner uses reflection and/or open-ended questions to allow the patient to react to the screening result.		
Practitioner provides feedback about the risks associated with the patient's substance use behavior.		
Practitioner negotiates a goal with the patient based on the steps he or she is willing to take.		
Comments		

Referral to Treatment (2 items)	Present	Not Present
Practitioner recognizes the patient's need for substance treatment based on the screening score and/or medical/behavioral factors.		
Practitioner suggests the use of specific community and specialty resources.		
Comments		

Followup (1 item)	Present	Not Present
Practitioner arranges appropriate followup (M.D. followup, referral to treatment, counseling, medication, etc.)		

Comments

Motivational Interviewing Spirit (3 items)	Present	Not Present
Practitioner summarizes patient's stated reasons for change.		
Practitioner negotiates a treatment plan in a collaborative manner.		
Practitioner affirms the patient's strengths, ideas, and/or successes.		

Comments