

# Forest County Potawatomi

AODA and Mental Health

What Technology is helping us achieve

# Forest County Potawatomi History

## How far we have come

- \* The Forest County Potawatomi (FCP) have lived in Forest County, Wisconsin, since the late 1800s
- \* Before this time Potawatomi people were farmers located mainly in Indiana
- \* Removal efforts began from 1834 to 1837 which are known as the Whiskey Treaties. This is because whiskey was given to them in order for them to sign treaties giving away their land.

# Forest County Potawatomi History

## How far we have come

- \* The Straying Bands of Potawatomi. After the last removal in the year of 1851, there were still about 1,500 Potawatomi left in Wisconsin. They didn't want to migrate into the "Indian Territory", or the "Great Desert", leaving behind their homeland and their ancestors graves. For nearly three generations, small groups, families, and individuals of the Potawatomi Nation broke off from the main tribe and sought a refuge in the dense forests of North central Wisconsin. They became known as the "Straying Bands of Potawatomi".

# Forest County Potawatomi History

## How far we have come

- \* Finally, during the late 1880's, there seemed to be light at the end of the tunnel. A Norwegian Lutheran missionary named Erik O. Morstad from the Bethany Indian Mission School near Wittenberg in Shawano County, managed to help some Potawatomi families to purchase private homesteads in Forest County under the:

“Indian Homestead Act of July 4, 1884”.

# Forest County Potawatomi History

## How far we have come

- \* These homesteads are what make up today's Stone Lake, Carter, and Blackwell Potawatomi Indian Reservation
- \* Our Health and Wellness Center is located in Stone Lake

# Forest County Potawatomi

- \* The Health and Wellness Center opened its doors in 2000.
- \* Current Services offered are Medical, Community Health, Rehab, Optical, Dental, Mental Health, and AODA Services.
- \* Since February AODA services are now located within their own building more centrally located within the community
- \* Relocating AODA has helped transition AODA to a more Community Based Model

# AODA Recovery Coaches

## What we DO!

- \* 4 Recovery Coaches
- \* Help clients in their recovery
- \* Provide support to clients
- \* Work closely with AODA counselors
- \* Most work is done in the field, not stationed in an office.

# AODA Counselors

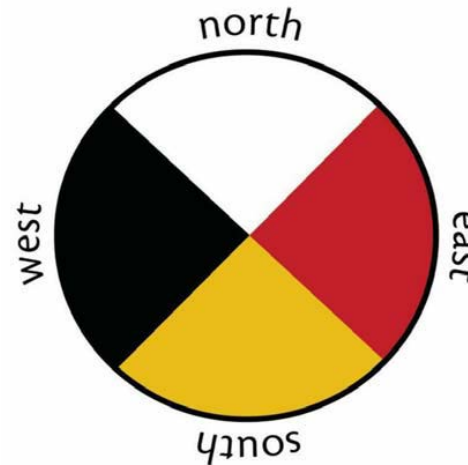
## What we DO!

- \* Treat client from intake to discharge
- \* Will make inpatient referrals when appropriate
- \* Educate clients on Alcohol and Drug awareness
- \* Conduct client treatment groups
- \* Help assist client's families to understand the addiction process



# Understanding the Medicine Wheel

- \* Also known as the Circle of Life
- \* The colors represent the four races on earth & color placement is important.
  - \* White -North
  - \* **YELLOW – South**
  - \* **RED – East**
  - \* **BLACK –West**



All living things are represented by the 4 colors: man, animal, bird and tree.

**ALL life has 4 stages.**

# Medicine Wheel and Health Care

A Medicine Wheel in the Health aspect is viewed in many ways, below are a few to keep in mind

## 4 PHASES OF HEALTH

East - Physical

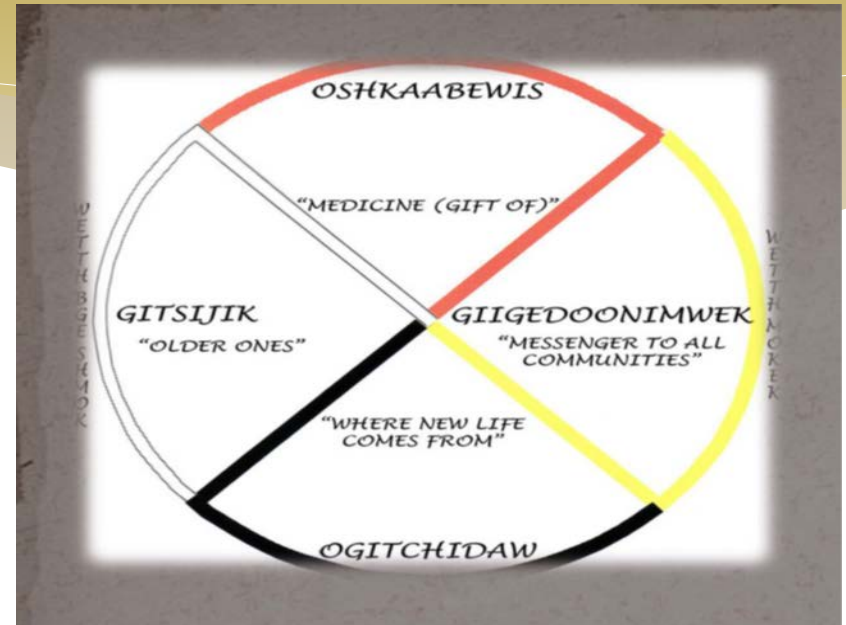
South - Social

West - Intellectual

North- Spritual

Holistic view for a healthier YOU.

Care for all parts of yourself.



## 4 PHASES OF HEALTH

East - Physical

South- Emotional

West-Mental

North-Spritual

# Culture/Native American Values in Treatment

- \* Sharing
- \* Cooperation
- \* Uses of extended family/tribe
- \* Elders
- \* Story telling
- \* Talking circles
- \* Spirituality, sweat lodges
- \* Three different religions
  - \* Native American church
  - \* Big Drum
  - \* Christianity

# Current Technology Used

- \* Currently use the IHS EHR
- \* IHS Scheduling GUI
- \* PAMS system for billing
- \* RPMS roll and Scroll
- \* Many problems using these systems together
- \* Not a good package for Behavioral Health documentation and needs
- \* Offers nothing for Recovery Coaches notes

# New EHR System

- \* We will be implementing a new EHR system
- \* Clinic will be going to Athena
- \* Better package
- \* Will not need to run as many programs

# Current Technology Used

- \* iPhones and iPads
  - \* All Recovery coaches and Counselors have
  - \* Enables AODA to have a 24 hour help hotline
  - \* Psychiatrist RN and Case Manager all have them
  - \* Apps loaded on all devices
  - \* Clients tend to text more

# Current Technology Used

- \* Use of the Polycom Unit
- \* Telehealth services for Psychiatrist Dr. Dennison
- \* Available Wednesdays
- \* Enables clients to see provider without a long wait and long travel
- \* AODA will also be using telehealth in the future

# Looking to the Future

- \* Partnering with Gerald Ignace Indian Health Clinic in Milwaukee WI
- \* Will add the use of a psychologist via telehealth
- \* Offering AODA via telehealth
- \* iPads for client use
  - \* Test piloting this in the next couple of weeks
  - \* iPads will have tools to help client in recovery (i.e. books, worksheets, assignments)



# Looking to the Future

- \* Set for Webinar Equipment
  - \* Will be able to host and broadcast live Webinar
  - \* Will record for future viewing
  - \* Will benefit both clients and providers

# Looking to the Future

- \* Development of Extranet
- \* Extranet will be utilized and accessible by Tribal Members, Clients and Employees
- \* Will post useful webinars here for future viewing
- \* Helpful tools

# How technology is helping

- \* Recovery Coach like have the smart phones to help them while in the field.
- \* Apps help providers assist clients
- \* Providers like using the GPRA
  - \* Gives good information to formulate treatment plan
- \* Use of Ideas Exchange Website

# Program Contact

Tina Garcia Grant Specialist

715-478-4888

[Tina.garcia@fcpotwatomi-nsn.gov](mailto:Tina.garcia@fcpotwatomi-nsn.gov)