

	Not	Little	Some	A lot	Total	Total Participants
Cell Phone	13	17	20	53	103	103
Email	55	14	10	24	103	
Tablet/ iPad	87	3	1	11	102	
Text Messaging	45	18	9	29	101	
Web Sites	48	15	10	28	101	

Other

GRS				1	
Landlines		1			
Radio			1	3	
Data Entry			1		
T.V.			1	1	
Tele-conference				1	
Desktop/laptop/PC			3	1	

Themes	Total Responses	Total Focus Interviews
Monitor vitals/health	3	73
Rx refills	6	
Appointments/Stay connected	19	
Little/no experience	14	
Knowledge	1	
Make/Receive Calls	5	
Research illness/health	10	
Spiritual connection	1	
Peer support groups (online)	1	
VA websites	4	
No interest/don't know	8	
Med Alert/ Panic button	2	
Health apps	3	
Prosthesis	1	
On-site technology	1	
Check insurance coverage	1	
Physical Therapy	1	
Emergency only	1	
Webcam appointments	2	

Total Responses	84
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