## Technical Assistance Summary Report

Randolph County Caring Community Partnership Moberly, Missouri TI 024762

Dates Technical Assistance Delivered: December 3-5, 2014

◆ Targeted Capacity Expansion, Technology-Assisted Care ◆

Prepared by JBS International, Inc., under Contract No. HHSS283200700003I/HHSS28300002T

Prepared for the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment





## **Table of Contents**

Technical Assistance Summary Report	1
Attachment 1. Technical Assistance Action Plan: Considerations for Action	4
Attachment 2. Agenda for December 2014 TA Site Visit	7

### SAMHSA/CSAT Division of Services Improvement

## **Clinical Technical Assistance Project Technical Assistance Summary Report**

SAIS NUMBER (TECHNICAL ASSISTANCE [TA] NUMBER)	GRANTEE (NAME OF ORGANIZATION THAT RECEIVED THE AWARD)				GRANTEE CSAT ID (OR TI) NUMBER		PROJECT DIRECTOR  Lorna Miles
4191	Randolph County Caring Partnership (RCCCP)			ng Community T		1762	Lorria Willes
ADDRESS			ADDRESS WHERE TA PROVIDED (IF DIFFERENT FROM THE				
423 East Logan Street Moberly, MO 65270-2222			GRA	NTEE ADDRES	S)		
TELEPHONE NUMBER			FAX NUMBER		EMAIL ADDRESS		
660-263-7173					momiles3@yahoo.com		
CSAT PROGRAM AREA LEAD (F	PAL/GPO)	PROGRAM	1 AREA		RELEVANT ENQ	UIRY FACTOR	
Wilson Washington, M.S. TCE-TAC					Sustainability Planning		
NUMBER OF HOURS DEVOTED	TO DELIV	ERING THIS	ГΑ	DATE TA SUI	MMAR'	Y REPORT SUBMI	TTED TO CSAT
13		12/15/2014					
CHOOSE	UP TO THR	EE TYPES OF	TA AI	ND SHOW DAT	E OF D	ELIVERY OF EACH	1
Type of TA: Program Infrastruc	cture			<b>TA Delivery:</b> 014–12/5/2014	1		
Type of TA: Marketing Date of			ate of	TA Delivery:			
		12	2/3/20	)14–12/5/2014	4		
Type of TA: Recruitment and Retention Date of TA Delivery:							
		17	2/3/20	)14–12/5/2014	1		
CHOOSE U	JP TO THRE	E MODES O	F TA A	ND SHOW DA	TE OF I	DELIVERY OF EAC	н
Mode of TA: Site Visit				<b>TA Delivery:</b> 014–12/5/2014	4		
		CHOOSE	ONE II	NTENSITY OF T	Ά		
	] Universal						

CSAT staff participating in the TA (include name[s] and title[s])	Contractor staff participating in the TA (include contractor name[s], staff name[s], and position[s])
N/A	Dave Wanser, Ph.D., Technical Expert Lead Iris Chai, M.S., Technical Assistance Manager
TA provider(s) participating in the TA (include name[s] and title[s])	Grantee staff participating in the TA (include name[s] and title[s])  Lorna Miles, M.B.A., Program Director Brian Williams, CAC, Executive Director Tim Fugate, Site Coordinator Laresa Jackson, Site Coordinator Javonte Long, Case Manager Jeanine Falls, Case Manager

### Other participants (include participants' names, titles, and affiliations)

Brenda Bryan, CRADC, CCDP, Preferred Family Healthcare Charles Stephenson, Powerhouse Emily Hage, M.P.P., First Call Alcohol/Drug Prevention & Recovery Ken Ortbals, First Call Alcohol/Drug Prevention & Recover Dena Sikoutris, Missouri Reentry Department of Corrections Bob Bax, Missouri Department of Mental Health

### TA PURPOSE AND OBJECTIVES

### A. Provide the TA purpose as extracted from the TA request (one or two sentences).

RCCCP requested TA to develop a sustainability plan and address issues related to client intake, technology adoption, and resource allocation. Development of a financial strategy was needed to continue supporting the program and the use of technology in service provision.

## B. Describe in detail the objectives as determined before and/or during the TA (identify the needs to be addressed during the TA).

The objectives of the TA follow:

- Identify the workflow and resource allocation challenges that inhibit further growth and client intake.
- Envision how technology adoption can help the program reduce redundancy and increase efficiency.
- Focus on consumer informatics to help increase patient engagement and health outcomes.
- Integrate sustainability strategies into the operations process.
- Engage in dialogue with the key players of Missouri's health care system to support needed policy changes.
- Build a marketing strategy to achieve the most possible outreach opportunities.
- Use evaluation and analytics that can inform RCCCP in making operational decisions.

### C. Describe whether these objectives were met. If the objectives changed during the course of the TA, describe the outcomes that were met.

The objectives were successfully met through discussions with the RCCCP staff, partners, and representatives from the Department of Mental Health and the Department of Corrections.



### **ISSUES RELATED TO TA**

### Describe in detail the elements of TA directly provided.

RCCCP's TA request for guidance in developing a sustainability plan was extensive, so the JBS team conducted an onsite visit to provide more intensive support. While the goal was to develop a strategy for sustainability, the JBS team provided recommendations for immediate changes and improvements necessary to achieve the path to sustainability, including adoption of technology, cultivating an efficient workflow and effective marketing plan, and increasing patient engagement. Pursuing these activities will help RCCCP build a foundation for program expansion and stability.

## Discuss in detail the issues and/or questions identified during the TA, and indicate whether these issues require additional followup.

Questions identified during the TA follow:

- How is the organization prepared for expansion capacity with regard to staffing and workflow?
- What is the time lapse between a client initiating a request for services and treatment initiation, and how does this affect client interest and retention?
- How can RCCCP use more electronic tools in the workflow processes to potentially reduce documentation redundancy and burden?
- What is the measure of timeliness and efficiency RCCCP would like to achieve for the workflow, and how can the process be efficiently shared and tracked between RCCCP staff and partners?
- How can the organization improve recovery support and patient engagement through the use of technology?
- In what ways can RCCCP leverage its program to drive the discussion for changes in Missouri's health care policies in support of mobile technologies?

The questions above aim to help the organization achieve its goals. Continued support will be provided by followup with RCCCP to learn about the outcomes of the meeting with the Department of Mental Health. JBS will facilitate a conference call December 23, 2014, at 2 p.m. ET with the deputy director of the Department of Mental Health and the State Medicaid office's director Dr. Joe Parks.

Were any TA products/materials developed or modified to deliver this TA? If so, briefly describe each and provide copies in an attachment.

An agenda was developed through the collaboration of RCCCP and JBS (see attachment 2).

Describe the impact of the TA. This section should describe the accomplishments, changes, outcomes, new learnings or insights emerging or resulting from the TA.

The TA encouraged more focus on developing an efficient workflow and client flow to help address the current process challenges. The staff understood the need for marketing the program and purposeful evaluation data and analytics for strategic decisionmaking. The TA also stimulated discussions for health care policy changes in Missouri. A conversation with the State mental health leadership and the State Medicaid director can potentially forge interest regarding a pilot project supporting virtual health homes.

### **Additional comments or concerns**

The recommendations for RCCCP are substantial and include a streamlined workplan, a focus on marketing and patient engagement, use of technology, and engagement with the health care policymakers in Missouri to push toward change. JBS will continue to follow up with the grantee to provide support as needed for the duration of the contract.



# Attachment 1 Technical Assistance Action Plan: Considerations for Action

<b>Grantee Name</b>	Randolph County Caring Community Partnership (RCCCP)			
Grantee Address	423 East Logan Street Moberly, MO 65270-2222			
Grantee Phone Number	660-263-7173			
Date(s) of TA	12/3/2014–12/5/2014			
SAIS Number (TA Number)	4191			
<b>Grantee Contact Person</b>	Lorna Miles			
Government Project Officer	Wilson Washington, M.S.			
TA Provider(s)	Dave Wanser, Ph.D., Technical Expert Lead Iris Chai, M.S., Technical Assistance Manager			

### **Current TA Reality/Need**

The TA site visit was conducted approximately 6 months after the implementation site visit in May 2014. Some of the same issues were addressed during both visits. Now that the program has been active for more than a year, RCCCP leadership requested guidance in ongoing implementation issues.

### TA Vision/Goal

RCCCP needed direction in developing a sustainability plan to continue to support and expand the program. RCCCP hopes to help shape the future of health care in Missouri through active engagement with the State Medicaid office and other key players.

### Implementation Steps<sup>1</sup> (Describe what needs to be done to achieve the goal)

Steps needed to achieve the goal of sustainability follow:

- 1. Hold a planning call to discuss the objectives and needs of RCCCP's request.
- 2. Discuss strategies and actionable items with RCCCP and partners to support targeted TA.
- 3. Conduct followup calls to assess implementation progress.
- 4. Provide ongoing expertise

### Responsible Person (Who will implement the steps?)

Brian Williams (executive director) and Lorna Miles (program director) will lead the implementation, with support from RCCCP staff and partners.

### Timeline (When [date/month] will implementation begin? When [date/month] will it be completed?)

The implementation is ongoing but will begin in December 2014. Sustainability planning is a continuous process, and there is no set date for completion.

<sup>&</sup>lt;sup>1</sup>If the implementation steps, responsible person, timeline, resources, challenges, changes to look for, and evidence of success apply to more than one goal, clearly distinguish the goal(s) to which they apply.



### Resources (people, time, and materials available and needed)

Resources will be needed for travel coordination and development of the agenda for the site visit.

## Potential challenges (What potential challenges may impede completion? How will these challenges be overcome?)

Resistance to workflow changes and the use of technology are two of the biggest challenges to overcome throughout implementation. Identifying technology champions can encourage staff to realize the potential of technology and its capacity to help increase efficiency. It is important to overcome this barrier because staff adoption of technology can further influence clients' use of technology, thereby helping to improve patient care.

Another challenging factor will be addressing the health care politics in Missouri. A concerted effort by behavioral health organizations throughout the State can help emphasize the need for policy changes that can improve access to behavioral health services through telehealth and other remote technologies.

### Changes to look for (What are the benchmarks for knowing progress is being made?)

Progress will be continuous and will include the following benchmarks:

- Development of an efficient and operational workflow
- Increased technology engagement of staff, partners, and clients
- A streamlined process for assessment and treatment planning that is timely and efficient
- Increased client engagement through marketing strategies
- Use of targeted process evaluations and analytics to guide strategic decisionmaking

### Evidence of success (How will the grantee know the goal has been achieved?)

Success will be apparent when the program can continue serving clients after the expiration of the grant in August 2016.



## Attachment 2 Agenda for December 2014 TA Site Visit

### Sustainability Planning Agenda Thursday, December 4, 2014

Randolph County Caring Community Partnership (RCCCP) 423 E Logan St Moberly, MO 65270

	Topics	Participants
8:30 am – 9:00 am	Meet with Lorna and Brian	
9:00 am – 10:30 am	Introductions	RCCCP Staff
	Workflow, Implementation Challenges, and Staffing  • How are resources deployed?	Site Coordinators: Carmen, Tim, and Laresa
	<ul> <li>What are the measures of efficiency and timeliness in clients receiving service?</li> <li>What are the gaps and bottlenecks?</li> <li>How will the program be staffed in response to increases in client intakes</li> </ul>	Case Managers: Chasity, Jeanine, and Javonte
10:30 am – 12:00 pm	Client intake, referrals, and care coordination  • How has technology benefitted the program and its	Preferred Family HealthCare: Brenda Bryan
	<ul><li>clients thus far?</li><li>What are the most pressing challenges?</li><li>How can RCCCP and its partners streamline the referral</li></ul>	Powerhouse: Charles Stephenson
	<ul><li>process?</li><li>How are issues in workflow and other processes addressed between the agencies?</li></ul>	By phone: First Call: Emily Hage and Ken Ortbals
12:00 pm – 1:00 pm	Working Lunch	
1:00 pm – 2:45 pm	<ul> <li>Healthcare Landscape in Missouri - State Overview</li> <li>How does CASE and its technology fit in the state-wide healthcare initiatives?</li> <li>How is or should success be defined for the project in light of the current Missouri healthcare landscape?</li> <li>What can RCCCP and its partners do to improve client treatment access and outcomes?</li> <li>What are the most significant barriers to success?</li> <li>How can communication and coordination be improved?</li> </ul>	Missouri Reentry Program Manager with Missouri Department of Corrections: Dena Sikoutris Missouri Department of Mental Health: Bob Bax, Deputy Director
2:45 pm – 3:00 pm	Closing comments/Meeting adjourns for partners and other participants	
3:00 pm – 5:00 pm	<ul> <li>Sustainability and Next Steps</li> <li>What was learned from discussions today?</li> <li>What needs to be done in terms of staffing, workflow and other processes?</li> <li>How can sustainability strategies be integrated into the operations process?</li> <li>Financial Strategic Planning</li> <li>Identification of Tasks, Timeline &amp; Responsible Persons</li> </ul>	RCCCP Staff