

## Fountain House: Biannual Summary

1. Reporting Period: February 1, 2015 – July 31, 2015
2. RFA Number: TI024737
3. Project Director: Joseph Shaffer

### Program at a Glance

#### What are the current technologies being utilized by the grantee?

Fountain House's e-Supported Sobriety and Recovery (E-ACCESS) project has implemented the E-ACCESS smartphone application developed specifically for Fountain House members that offers enhanced access to recovery support tools, access to their personal electronic health records, web-based virtual recovery group sessions, and virtual substance abuse education and intervention.

The E-ACCESS app consists of several features including a meeting finder, sobriety calculator, literature link, video portal, text hotline (i.e., panic button), group support link (i.e., discussion board), motivational quote repository, check-in option (e.g., Foursquare), and participation scoreboard. Additionally, each participant receives a free Samsung Galaxy s3 smartphone that is preloaded with the E-ACCESS app.

Fountain House also offers e-sessions with its partner provider, Phoenix House, to deliver psycho-educational services to approximately 100 participants each year. Weekly tech-support sessions are also provided to clients.

#### Are there any notable changes this reporting period?

Client feedback on the E-ACCESS tool has been positive. Most clients discharged from the program have opted to keep their smartphones to continue using the mobile app. Clients appear to value the tool enough to cover the cost of using their phone even after they leave the program. The Group Support function on the app has proven to be the most successful feature and has contributed to increased feelings of support and overall connection to the clubhouse.

Evaluation results related to the program's impact on drug and alcohol use as well as depression, anxiety, and hallucinations show decreases in all categories; however, results were not statistically significant.

Fountain House's efforts to partner with Phoenix House on an "ask the expert" tool have not gained momentum, and program staff are exploring other options, including partnering with a psychiatrist at their mental health clinic, the Sydney Baer Center.

The program has added several staff, including a new program social worker. They are considering adding a new app content manager to help with updates and general app maintenance.

An updated version of the E-ACCESS tool is expected to launch in late 2015.

**What are the grantee's GPRA rates?**

	<b>Target</b>	<b>Actual</b>	<b>Percent</b>
Intakes (Baseline)	<i>200</i>	<i>197</i>	<i>98.5 percent</i>
6-Month Followup	<i>100</i>	<i>80</i>	<i>80 percent</i>

**If intake or followup is below 80 percent, has the grantee described its plan to increase GPRA rates?**

Fountain House has met and exceeded the target threshold of 80 percent for client intakes during this reporting period. They have met the target threshold (same) for follow-up, but would like to see improvement. To make this possible, staff will run monthly reports on E-ACEESS app usage and connect with clients who are not regularly using the tool to provide recovery support, as needed.

**Does the grantee need technical assistance? If yes, does the grantee have a request in SAIS?**

The grantee did not express immediate need for technical assistance at this time; however, the proposed sustainability site visit would be an ideal opportunity to explore client engagement and follow-up strategies and to get more information on the grantee's overall sustainability plan and general lessons-learned.

**Are there any areas of concern in the report that require GPO attention?**

There are no concerns identified at this time.