



ATARI

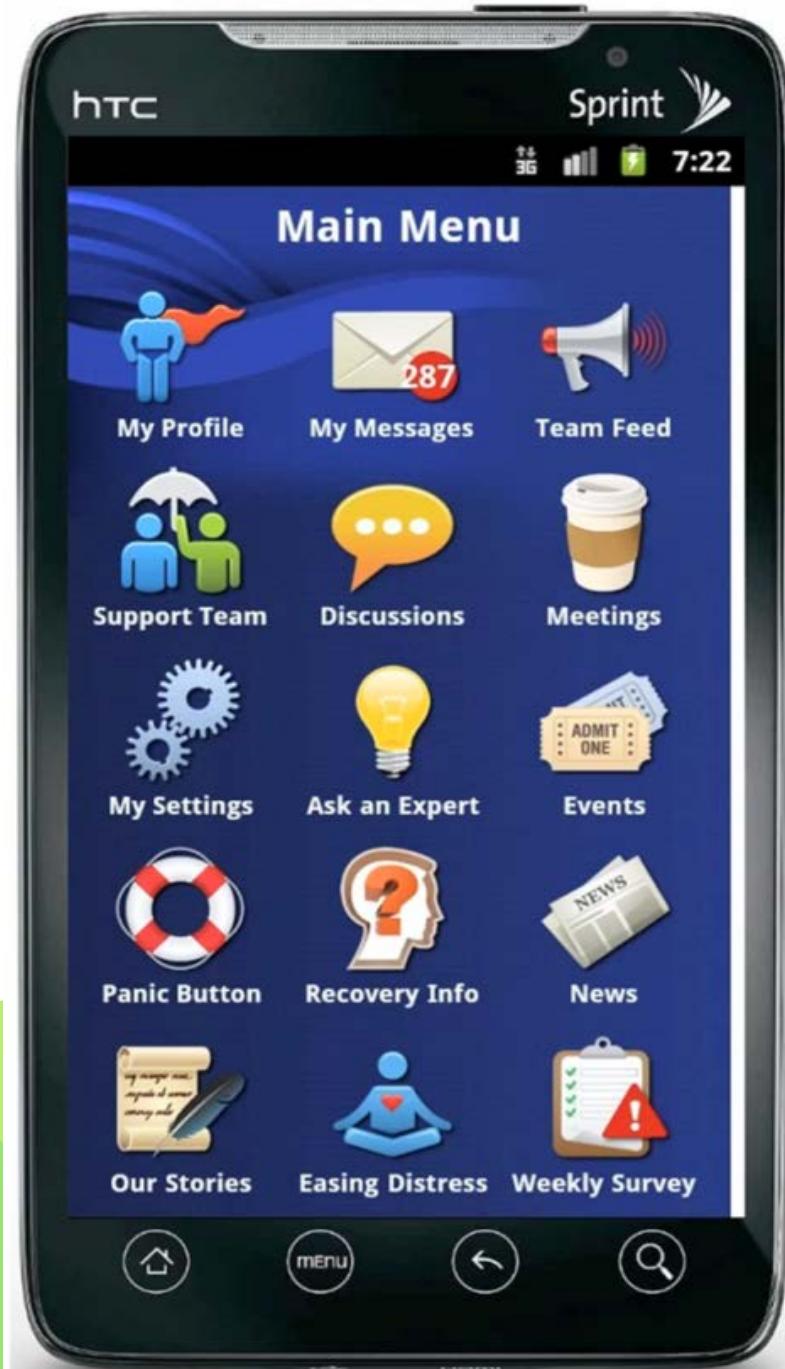
APPALACHIAN
TECHNOLOGY
ASSISTED
RECOVERY
INNOVATIONS

Susie Mullens LPC, AADC-S, Psychologist
Program Director

Teresa Warner, BS, MRO-A
Program Assistant & Recovery Coach

APPALACHIAN TECHNOLOGY ASSISTED RECOVERY INNOVATIONS





PROJECT AIM.....



*Introduce the use of technology within the treatment milieu



*Maintain and increase engagement in aftercare



*Relapse Prevention



*Community integration and partner development

THE ATARI PROGRAM PARTNERS WITH TREATMENT ORGANIZATIONS TO BETTER SERVE THE NEEDS OF CLIENTS



POSITIVE PROGRESS >>>>

Our first year accomplishments

100 Clients enrolled
8 Active Agencies
7 Potential Agencies

"THOSE WHO CANNOT CHANGE THEIR MINDS CANNOT CHANGE ANYTHING"

GEORGE BERNARD SHAW

CHANGE...

- * Redesigned grant to utilize the A-CHESS program
- * Expanded scope to incorporate partners outside the originally designated partnership

NEXT STEPS...

- * Continue to recruit partners and participants to meet the goals
- * Continue to assess current structure to insure proficiency of services

OUTCOMES

- Clients have become more engaged with their clinicians and recovery peers
- Clients have shown increased motivation towards recovery by utilizing incentive programs
- Clients are being provided a safe, supportive recovery environment 24 hours a day/ 7 days a week
- Clinicians have been given the tools needed to provide additional support and intervention
- Clients have resources which can be utilized to support recovery



http://1stchs.com/



HOME



CONNECTING WEST VIRGINIANS WITH HELP FOR OVER 12 YEARS

HOME

1 800 GAMBLER

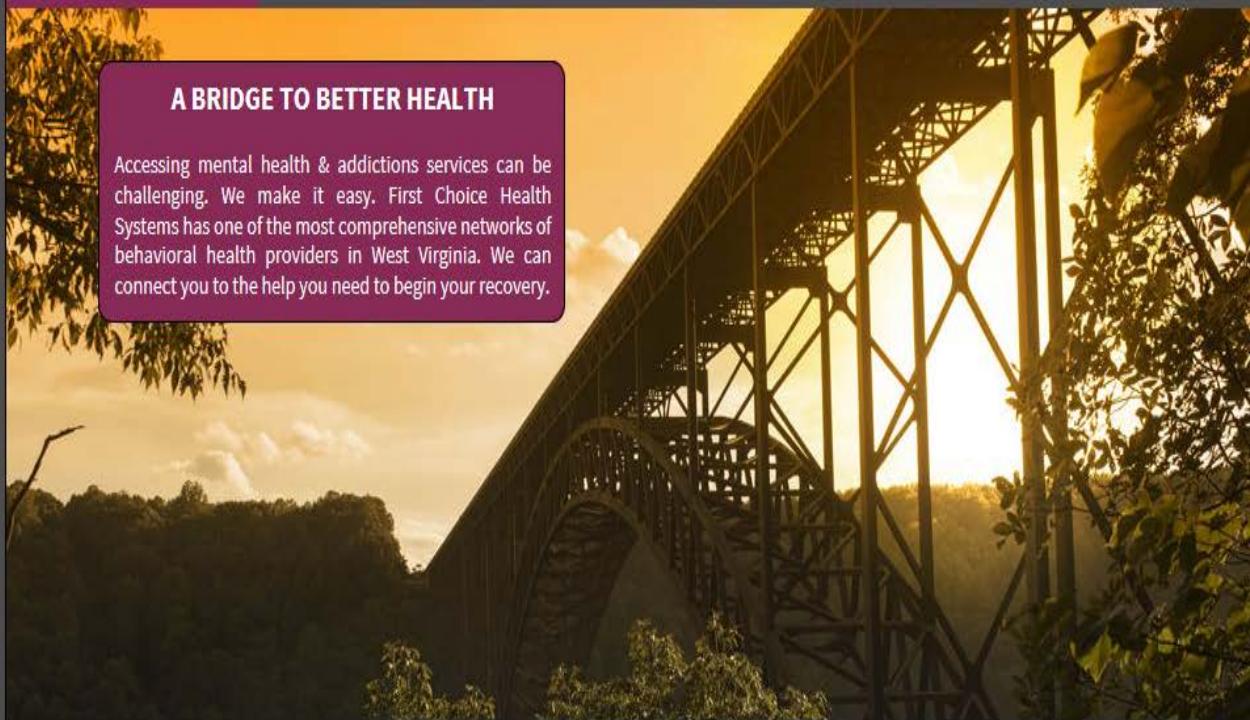
Rx ABUSE

ATARI

STAFF

A BRIDGE TO BETTER HEALTH

Accessing mental health & addictions services can be challenging. We make it easy. First Choice Health Systems has one of the most comprehensive networks of behavioral health providers in West Virginia. We can connect you to the help you need to begin your recovery.





ATARI

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[HOME](#)[ATARI CLIENTS](#)[ATARI CLINICIANS](#)[PROGRAM DEMO](#)

We are proud to partner with the Substance Abuse and Mental Health Services Administration (SAMHSA) and the University of Wisconsin to offer this exciting program to West Virginians. The goal of the Appalachian Technology Assisted Recovery Innovations (ATARI) program is to use technology to support ongoing recovery for those who are struggling with alcohol and drug addiction.



This evidence-based program uses an app to give clients the latest news and information on addiction treatment and resources. It gives them the ability to interact with others in recovery and share their successes and challenges. Most importantly, it provides another avenue for clients to engage with their treatment provider.

Currently, this program is being used by clients of Prestera Center, Westbrook Health Services, Valley



Susie Mullens,
Program Director

Teresa Warner,
Program Assistant

http://1stchs.com/atari-demo.html

Atari Demo

Proudly operated by:

ATARI

RECOVERY INNOVATIONS

HOME ATARI CLIENTS ATARI CLINICIANS PROGRAM DEMO

Click [here](#) to access a demo of the app. Enter ATARI for both the username and password.

This site is a test site only and contains no client information

ATARI Overview - 5 min

Mobile Site Copyright 2013 First Choice Health Systems
601 Morris Street Suite 401 Charleston, WV 25301 TAC-SAMHSA GRANT T1023798

<http://www.youtube.com/watch?v=3rOyqiketPg&feature=youtu.be>

http://1stchs.com/atari-clients.html

Atari Clients X

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HOME ATARI CLIENTS ATARI CLINICIANS PROGRAM DEMO

Links to Helpful Resources:

[Substance Abuse and Mental Health Service Administration](#)

[WV Dept. of Health and Human Resources](#)

[Bureau for Behavioral Health and Health Facilities](#)

[Mountaineer Regional Narcotics Anonymous](#)

[Commonly Abused Prescription and OTC Drugs](#)

[Governor's Drug-Free Work Force](#)

[Celebrate Recovery](#)

[Smart Recovery](#)

[Alcoholics Anonymous](#)

[Drinker's Checkup](#)

Learn about the many different abused drugs here.

Watch the App Tutorials Below:

<http://1stchs.com/atari-clients.html>

Atari Clients

[Alcoholics Anonymous`](#)

[Drinker's Checkup](#)

Watch the App Tutorials Below:

Addiction CHESS Tutorial - Weekly Check-in

The screen shows a weekly check-in form with three rating scales: "Rate your involvement with spiritual activities: 6", "Rate your involvement with activities (work, school, etc): 2", and "Rate your involvement with family/friends: 7". A checkbox for sharing information with a counselor is checked, and a "Continue" button is visible at the bottom.

0:00 / 3:24

YouTube

Addiction CHESS Tutorial - Recovery Info.mp4

The screen shows a list titled "Easing Distress" with six items: 1. Relaxation, 2. Breathing Exercise, 3. Accepting Yourself, 4. Relaxing, 5. Repeating, and 6. Declining Requests. A play button is in the center of the screen.

0:00 / 1:46

YouTube

Addiction CHESS Tutorial - Panic Button.mp4

The screen shows a "Panic Button" screen with a dropdown menu showing "Tell us how you're feeling: I am feeling:" and a "Main Menu" button at the bottom.

0:00 / 3:42

YouTube

Addiction CHESS Tutorial - Our Stories

The screen shows a "Our Stories" screen with a list containing "Bob's Story" and a "Main Menu" button at the bottom.

0:00 / 3:42

YouTube

SAMSUNG GALAXY S II





Screenshot of a web browser displaying the 'About JBS' page from the website <http://www.jbsinternational.com/site/Pages/aboutjbs.aspx>. The page features a sidebar with various links and sections like 'About JBS', 'Client List', 'Professional Services', 'Content Expertise', 'Global Outreach', 'Product Portfolio', 'Doing Business with JBS', and 'Careers'. The main content area includes sections for 'About JBS', 'Corporate Culture', 'In the Community', 'Aguirre Division', 'Executive Officers', 'Awards and Honors', 'Offices and Facilities', 'The JBS Storykeepers Project', 'Read a Book... It Will Change Your Life', 'How Teamwork Brought One Youth the Support She Needed', 'Aguirre Division', and 'Stoller Division'.

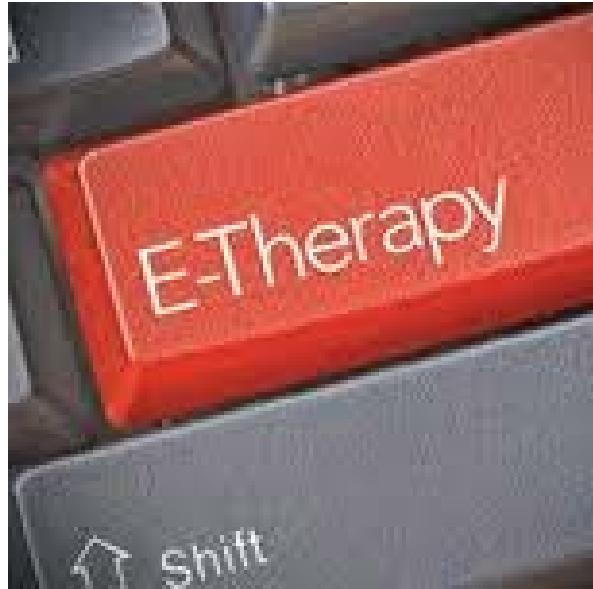
The browser interface shows the URL [jbsinternational.com](http://www.jbsinternational.com) in the address bar, and an email notification for 'Inbox (250) - susielmullens@g...'.

Next Steps...

Create Niche

• Expand Our View

Additional Technical Assistance



**“TECHNOLOGY ENHANCED
CARE SUMMIT”
DECEMBER 4, 2013**

KEY STAKEHOLDER MEETING

NEXT STOP just kidding...





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Distance Credentialled Counselor

As a national credential offered by CCE, the Distance Credentialled Counselor (DCC) represents to employers and the public that credential holders have met the established requirements and adhere to the NBCC Code of Ethics and the NBCC Provision of Distance Professional Services.



All applicants and credential holders are reminded that national credentialing is a separate process from state licensure. Licensure refers to laws which regulate professional practice or use of a title in a particular state. All credential holders and applicants must adhere to applicable state licensure laws. For information regarding state counselor licensure boards, please visit www.nbcc.org/stateLicensure.

What is distance counseling?

A Distance Credentialled Counselor (DCC) is nationally recognized as a professional with training in best practices in distance counseling. Distance counseling is a counseling approach that takes the best practices of traditional counseling as well as some of its own unique advantages and adapts them for delivery to clients via electronic means in order to maximize the use of technology-assisted counseling techniques. The technology-assisted methods may include telecounseling (telephone), secure e-mail communication, chat, videoconferencing or stand-alone software programs.

How is distance counseling different than face-to-face counseling?

There are many differences between distance and traditional counseling. Distance counseling may be more convenient for clients. While telecounseling takes place in real time and does depend on "making an appointment," traveling and related formalities do not present obstacles. Asynchronous counseling communications via secure e-mail adds even greater flexibility. On the other hand, telecounseling and various forms of e-mail or synchronous chat techniques demand special counseling and communication skills from the counselor, and in certain ways, from the client as well. In its own way, distance counseling may also present its own special advantages beyond the replication of best practices from face-to-face counseling. For example, some clients prefer the anonymity of a distance counseling relationship and are more free to open up and self-disclose than they would be in a traditional counseling setting. We are also finding that the power of the written word in distance counseling provides a profound impact on both the counselor and the client.

How am I going to use this in my work?

Distance counseling methods can be used as part of your counseling practice. They can help you reach a greater number of clients who need help. There will be times when your clients cannot see you face to face, and therefore you will need to help

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[How to Implement the 2013 ATA & APA Telepractice Guidelines: Telemental Health / Telepsychology / Online Therapy](#)

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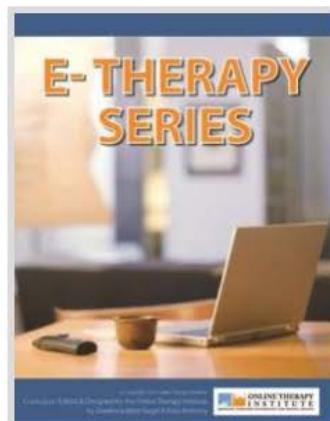
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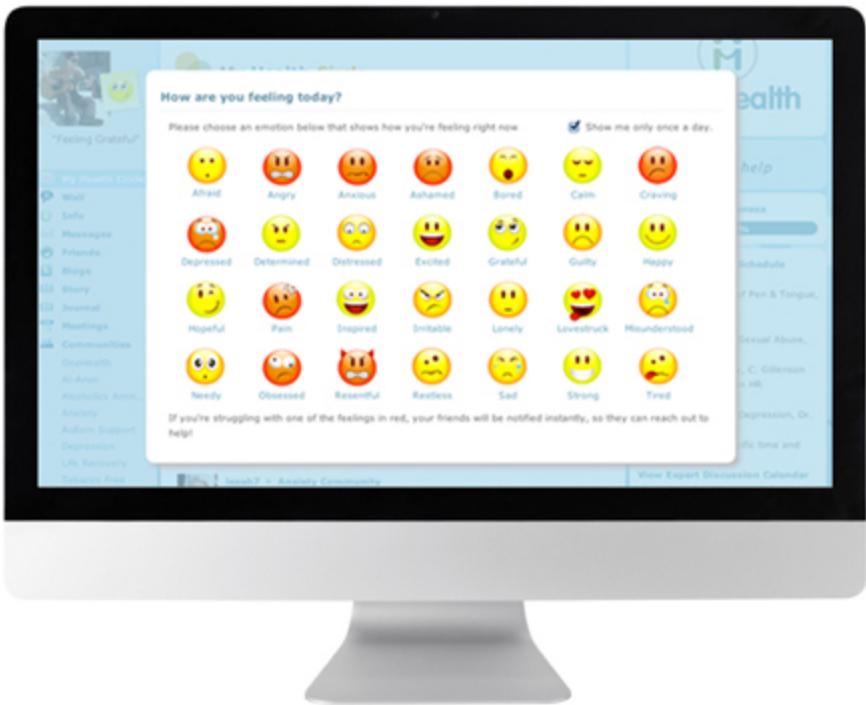
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Telehealth: It's Not about the Technology, It's about Expanding Access and Enhancing Treatment Services



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http://www.openminds.com/#axzz2jv4nGEGd

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Top industry news from the November 4 edition

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Teleneurology: Better Outcomes, Profitability

The Director of Medical Post Surgical Services at Christus St. Michael Health System learned the value of teleneurology services when she experienced stroke symptoms at work

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BEHAVIORAL HEALTH IT: THE FOUNDATION OF COORDINATED CARE

The American Recovery and Reinvestment Act of 2009 (ARRA) appropriated over \$19 billion for incentive payments to certain providers and health facilities to support the adoption and "meaningful use" of health information technology.



Unfortunately, behavioral health facilities and many behavioral health providers are not eligible to receive these incentive payments. The **Behavioral Health Information Technology Act (S. 539/H.R. 6043 in the 112th Congress)** would extend financial incentives for the meaningful use

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