## **Grants to Expand Care Coordination**

Through the Use of Technology Assisted

**Care in Targeted Areas of Need** 

(TCE-TAC)

RFA # TI-024757

## **CSAT BIANNUAL PROGRAMMATIC REPORT**

**Program Reporting Period:** 

January 31, 2014 - July 31, 2014

## **Instructions for Completing this Report**

- 1. Save the report to your computer.
- 2. Click on the darkened box next to each item to fill in your response.
- 3. Save your completed survey BEFORE returning it.
- 4. Return the completed report by email to: granteereports@jbsinternational.com
- 5. Save the confirmation receipt of your submission.

# TCE-Technology Assisted Care (TAC) SAMHSA/CSAT 1 Choke Cherry Road, Room 5·1055 Rockville, MD 20850

1. Reporting Period: January 31, 2014 – July 31, 2014

2. RFA #: TI-024757

3. Grantee: Prestera Center for Mental Health Services, Inc.

#### 4. Provider Site(s):

Provider Site Name	Address	Contact Person	Phone/Email
Prestera Center for Mental Health - Cabell County	Pinecrest 5600 US Rt. 60 E. Huntington, WV 25705	Brent Burgess	304-525-7851 Ext. 1125
	Rt 60 3375 US Rt. 60 E. Huntington, WV 25705		
Prestera Center -	25 Lincoln Plaza	Brent Burgess	304-525-7851
Lincoln County	Branchland, WV 25506		Ext. 1125
Prestera Center -	146 Kenova Avenue	Brent Burgess	304-525-7851
Wayne County	Wayne, WV 25570		Ext. 1125
Prestera Center -	376 Kenmore Drive	Brent Burgess	304-525-7851
Boone County	Danville, WV 25053		Ext. 1125
Prestera Center - Mason County	715 Main Street Point Pleasant, WV 25550	Brent Burgess	304-525-7851 Ext. 1125
Prestera Center -	511 Morris Street	Brent Burgess	304-525-7851
Kanawha County	Charleston, WV 25301		Ext. 1125
Prestera Center -	180 Main Street	Brent Burgess	304-525-7851
Clay County	Clay, WV 25043		Ext. 1125

5. Project Director: Brent Burgess

6. Evaluator: Dr. Girmay Berhie

Project Director Signature Date					
9. List any changes in key staff contact information here:					
Staff Member	Add/Loss	Effective Date	Email	Phone	

7. Evaluator Phone/Email: berhie@marshall.edu - 304-696-2718

8. Signature \_\_\_\_\_

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#### **BACKGROUND**

Provide the abstract from your grant application. Specify all technologies being used in the project and any changes from the initial application.

**Abstract**. Prestera's Technology Assisted Care is a two pronged project which serves to address the behavioral health needs of rural, isolated and economically disadvantaged Appalachians by: 1enhancing Prestera Center's Electronic Health Record System to include a Patient Portal and 2 expanding Prestera's limited telemedicine capabilities to reach clients throughout the Center's 8 county catchment area. It is expected that at least 2,000 of Prestera Centers clients will access the Patient Portal over the 3-year life of the program. It is also expected that a minimum of 900 individuals will utilize the expanded telemedicine capabilities to manage their medications, access their care provider or receive specialty services which are otherwise unavailable to them. The first goal of TAC is to improve client treatment outcomes through the use of technology assisted care by enhancing the functionality of CareLogic by the implementation of a secure, HIPAA /HITECH compliant Patient Portal. Through implementing a personal health record system (PHR), Prestera Center clients can access their specific behavioral health information, communicate with providers about their medications, set or adjust appointments, communicate with their provider regarding issues of concern, and access educational information that they need to cope with their illness. Objectives include promoting wellness by increasing the engagement of 2000 clients in their treatment through their use of the TAC patient portal to access services, information and support measured by the types of hits made to the portal site; supporting recovery and resiliency by providing tools for ongoing monitoring of health status as evidenced by the number of hits made to the portal site; increasing treatment compliance as evidenced by a reduced no show rate from the current 22% to 12%; and by a minimum of 60% attendance to appointments; and improving health outcomes of clients.

The second goal is to improve client treatment outcomes through the expansion of Prestera Center's existing electronic telemedicine system to improve services and communication between providers and clients. By expanding the Center's existing telemedicine system, clients will obtain behavioral health treatment and specialty care without barriers such as transportation, lack of qualified provider, or stigma which may be inhibiting their access to care. Objectives for this goal include *treatment access* through an expanded telemedicine system which will be provided to 900 clients over the course of the program's three years: 200 in Year 1, 300 in Year 2, and 400 in Year 3; *integration of the use of technology in client treatment* measured by tracking utilization of enhanced technology as evidenced by deployment of portable equipment and secure apps allowing increased client access to treatment and improved client treatment adherence. Prestera Center's certified electronic behavioral healthcare system (EHR), CareLogic by Qualifacts, will support the Patient Portal and will be used to document telemedicine use. Outcomes will be shared among all Prestera Center providers engaged in the provision of care to clients through use of expanded telemedicine use, measured by monthly utilization reports.

## Technologies being used in the project and any changes from the initial application.

A) Technologies employed in the project:

Hardware	Quantity	Specs	Vendor	Installation location
Apple Ipad	10	32Gb w/WiFi	PC Mall - best price on	Rt60 Huntington
			apple products.	Pinecrest
			p. oddoto.	Lincoln county
				Wayne county
				Mason county
				8 <sup>th</sup> St Huntington
				Dunbar
				511 Morris
				Clay county
				Boone county
Stand and Mount	10	Weighted caster carts, Ipad secure	TigerDirect - Preferred	Rt60 Huntington
components		mount, and cable extension.	vendor	Pinecrest
				Lincoln county
				Wayne county
				Mason county
				8 <sup>th</sup> St Huntington
				Dunbar
				511 Morris
				Clay county
				Boone county

D-Link Access Point	20	Plenum rated, dual band 802.11n	TigerDirect - Preferred vendor	Rt60 Huntington Pinecrest	
				Lincoln county	
				Wayne county	
				Mason county	
				Putnam county	
				8 <sup>th</sup> St Huntington	
				Dunbar	
				511 Morris	
				Clay county	
				Boone county	
Lifesize UVC 3300 Server	1	ClearSea/multipoint server and maintenance	CDW-G - Preferred vendor for LIfesize equipment	RT60 Huntington	

#### PROJECT IMPLEMENTATION

#### **Project Goals and Objectives**

Provide status reports of all current project goals and objectives, including lessons learned and best practices using the technologies.

Goal 1: To improve client treatment outcomes through the use of technology assisted care by enhancing the functionality of CareLogic by the implementation of a secure, HIPAA /HITECH compliant Patient Portal.

**Status:** We have implemented both a "MyHealth" portal which is a portal into the Qualifacts CareLogic product and the "OneHealth" portal which is an online recovery community. The MyHealth portal offers consumers the ability to see portions of their health record and upcoming appointments and their demographics. The OneHealth portal is an online recovery community similar to "facebook" but geared for recovery and wellness. We have integrated a single portal location on our company website which gives information about the services, offers signup instructions, and provides links to the respective service.

Objective 1-1: Promote wellness by increasing the engagement of 2000 clients in their treatment through their use of the TAC patient portal to access services, information and support measured by the types of hits made to the portal site. For the time frame of Jan 31 – July 31, 24 additional consumers have signed up to be able to access MyHealth (PHR). Despite our informing our consumers during intake and on our website we have only had 24 new signups. We are continuing to figure out ways to improve the response and interaction.

Objective 1-2: Support recovery and resiliency by providing tools for ongoing monitoring of health status as evidenced by the number of hits made to the portal site. The OneHealth portal has been vastly successful with 216 total signups since grant inception with 186 of these occurring during this 6 month reporting period. We have seen 520 logins in the month of July alone. We have had 907 unduplicated direct web hits to our websites portal page over the Jan 31 – July 31 period which has helped to improve the number of signups.

Objective 1-3: Increase treatment compliance as evidenced by a reduced no show rate from the current 22% to 12%; and by a minimum of 60% attendance to appointments. Communication with provider and medication management will also be monitored. Currently we have reduced our no show rate down to 20% and increased our attendance to appointments by 13%.

Objective 1-4: Improve health outcomes of clients, including those with co-occurring substance use disorders and bipolar disease as evidenced by longer periods of stability of their condition. At the end of our first year, based on our GPRA data, we have seen a positive rate change of 28.6% in employment and education, a 7.1% positive rate change in housing stability, and a positive rate change of 100% in social connectedness.

Goal 2: To improve client treatment outcomes through the expansion of Prestera Center's existing electronic telemedicine system to improve services and communication between providers and clients in treatment.

**Status:** We have implemented a Lifesize Clearsea deployment which allows for mobile devices as well as traditional videoconference equipment to communicate throughout our internal network as well as over the Internet. We have deployed 10 portable iPads on mobile carts as well as 10 desktop webcam deployments throughout the agency. This allows our consumers to receive specialized services in rural locations where our doctors may not visit on a regular basis or at all due to the vast geographical distances of rural West Virginia.

Objective 2-1: Treatment access through an expanded telemedicine system will be provided to 900 clients over the course of the three years of the program: 200 in Year 1, 300 in Year 2 and 400 in Year 3. There have been a total of 215 GPRA intakes submitted to for the entire year. This number exceeded the target of 200 (108%).

Objective 2-2: Integrate the use of technology in client treatment measured by tracking utilization of enhanced technology as evidenced by deployment of portable equipment and secure apps allowing increased client access to treatment and improved client treatment adherence. Prestera Center's certified electronic behavioral healthcare system (EHR), CareLogic by Qualifacts, will support the Patient Portal and will be used to document telemedicine use.

CareLogic has been enhanced by the addition of the portal and the Lifesize Clearsea deployment continues to expand our Telemedicine capabilities

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Table 1: TAC Services Provided for 8 Counties by Prestera Center Mental Health Telepsychiatry Data

January 31, 2014 – July 31, 2014

January 51, 2012	+ - July 31, 2014
Total Number of Unduplicated Consumers	475
Adult	414
Children	61
Total Number of Unique Services Provided	535
Total Number of Medical Service Providers (Psychiatric/Nurse Practitioner)	16
Unduplicated Consumers Served by County	
Mason	82
Cabell	78
Clay	147
Boone	21
Lincoln	34
Wayne	26
Kanawha	0
Putnam	87

Objective 2-3: Share outcomes among all Prestera Center providers engaged in providing care to clients through use of expanded telemedicine use, measured by monthly utilization reports discussed and documented during staff meetings. Monthly meetings have been conducted according to schedule (insert dates).

Objective 2-4: Improve health outcomes of clients, including those co-occurring substance use

measured by follow-up GPRA data collected. At the end of our first year we have seen a positive rate change of 28.6% in employment and education, a 7.1% positive rate change in housing stability, and a positive rate change of 100% in social connectedness.
Goal:
Status:
Goal:
Status:
Status Toward Goals
If you are falling short in meeting any project objectives, please explain and provide your plan for catching up. Include anticipated date of resolution.
N/A
If you changed any project goals or objectives (including GPRA targets) during the reporting period, state the changes, the date changes were approved and how the approval was transmitted.
N/A
If you intend to request approval of changes in any project goals or objectives during the next reporting period, state the changes and the reasons for wanting to make them. (Remember that you need prior approval from SAMHSA to make these changes.)
N/A

disorders and bipolar disease as evidenced by longer periods of stability of their condition

Biannual Programmatic Report

Personnel

**ORGANIZATION AND MANAGEMENT** 

List all positions supported by the grant, filled and vacant.

Position Title	Incumbent Name	Percent Time
Principal Investigator	Karen Yost, President & CEO	(5% - Years 1-3)
Clinical Director	Lisa Kaplan, Clinical Director	(5% - Years 1-3)
TAC Project Director	Brent Burgess, IT Director	(45% - Y1) (25% - Y2) (30% - Y3)
Qualifacts System Admin	Kim Ellis	(30% - Year 1&2) (25% - Y3)
Software Engineer	Josh Cardwell	(20% - Year 1) (25% - Y2&3)
IT Systems Engineer	Tony Arthur	(30% - Year 1) (25% - Y2&3)
Evaluation Team Director	Dr. Girmay Berhie	38%

List staff additions or losses including contractors/consultants within the reporting period.

Staff/Contractor Position Title	FTE	Date Change Occurred	Addition or Loss

Discuss the impact of personnel changes on project progress and strategies for minimizing negative impact.	

Discuss obstacles encountered in filling vacancies (if any); strategies for filling vacancies and anticipated timeline for having positions filled.				
Partnerships				
List each of the partner organizations	<b>.</b>			
Partner				
Describe significant changes in relation implications of the change.	onships and/c	or working arra	ingements and summarize the	
Training and Technical Assistance (Ta	A)			
Describe staff development activities period.	, including or	ientation and t	training for this reporting	
Staff Development Activity	Date	Number of Participants	Training Provider	
None durring this reporting period				

If you received technical assistance from a SAMHSA TA provider, describe it.

Type of TA Received	Date	Purpose of Assistance	TA Provider	Additional Assistance Planned for this Issue

If you plan any training or TA activities for the next reporting period, describe the topic and anticipated audience.

Ongoing GPRA training for new staff

#### PERFORMANCE INFORMATION

#### **GPRA Performance**

As close to the last day of the reporting period as possible, check your official GPRA statistics on the SAIS webpage. Complete the table below. Enter the cumulative numbers (from beginning of the grant) from the SAIS reports.

Date on which reporting quarter data was obtained: 8/28/2014

	Target	Actual	%	Target	Actual	%
Intakes (Baseline)	Example: 10	15	150%	200	215	107%
6-Month Follow	Example: 0	0	0% %	87	42	48.3%

If your intake or follow-up percentages are below 80 percent, please explain and state your plan for reaching your targets.

We were somewhat slow going on enrolling consumers into the program so many of our 6 month follow ups have not matured yet. We believe that as the true 6 month follow up period hits we will increase this number dramatically.

If your count of the number of target or actual persons served (intakes) through your grant or your follow-up rates differ from those shown in your GPRA report, specify and account for the differences. Identify steps taken to seek assistance, if needed, to remedy the discrepancy.

N/A

#### **Evaluation**

Describe evaluation activities, progress made/action steps, and changes during the reporting period.

In order to evaluate the TAC grant, Sheba International, an independent evaluator has mined the GPRA data as reflected in the SAMHSA GPRA online reporting portal. Additionally, we have received and reviewed monthly reports provided by Prestera from their EHR database regarding the implementation of their MyHealth Patient Portal and OneHealth online recovery community. We have sent reports on the results to Prestera on a regular basis. Prestera is making consistent progress toward their goals and outcomes. We have not currently identified any necessary action steps and/or changes during this reporting period. For further information, see attached annual evaluation report.

Note any changes to the evaluation plan for this period, and document that GPO approval was received prior to the implementation of the changes.

No changes have been made for this initial period.

Provide as an attachment the most recent documentation of evaluation findings outside GPRA reporting. Indicate if there are no new evaluation findings from last reporting period.

See attached annual evaluation report.

Discuss any problems encountered in conducting the evaluation, the impact of these problems on the evaluation and on the overall project, and plans for resolving the problems.

There have been no problems encountered in conducting the evaluation.

Discuss how evaluation findings were used to improve the project.

Evaluation findings on the preliminary annual report period are in process of being shared with Prestera and will be used to improve the project for the successive years.

Attach any written evaluation reports received during the period. Indicate if there are no new evaluation reports from the last reporting period.

See written reports attached.

#### **Interim Financial Status**

Attach an updated program budget and any budget modifications.

Report expenditures, not obligations. For instance, if you have a contract with an evaluator for \$50,000 a year, but pay it monthly, report the amount actually paid, not the amount obligated. Note that we are requesting expenditures for the quarter and from the initiation of the grant, not just expenditures this quarter. [In the 'Total Funding' cell, please enter the total amount of grant funding you have received since tile initiation of the grant. For instance, if you are in the second year of the grant and received \$400,000 each year, you would enter \$1,200,000.] Calculate 'Remaining Balance' by subtracting total cumulative expenditures to date from the total funding amount.

Total Funding*:			
	Expenditures		
Expense Category	Expenditures This Quarter	Cumulative Expenditures To Date	
Staff salaries	\$14,171.53	\$57,656.22	
Fringe	\$3,708.04	\$15,761.54	
Contracts	\$24,925.00	\$24,925.00	
Equipment	\$15,863.27	\$102,240.69	
Supplies	\$0.	\$1,700.72	

Travel	\$100.81	\$2,096.32	
Facilities	\$0	\$0	
Other	\$0	\$0	
Total direct expenditures	\$58,768.65	\$204,380.49	
Indirect costs	\$3,968.03	16,143.74	
Total expenditures	\$62,736.68	\$220,524.23	
		\$59,475.77	

<sup>\*</sup>Total funding should include supplemental awards if applicable, and supplement expenditures should be included in line item amounts.

## **Other Significant Project Activities**

Discuss any notable project activities, events, or other issues that occurred during the reporting period not previously described. Describe any problems that emerged, the effect it had on the project and steps taken or planned to overcome the barrier.
Attach a copy of the project's policies and procedures.
Attach a copy of the project a policies and procedures.
Attach copies of any publications in professional journals or presentations about your project during the reporting period. Indicate if there have been no publications or presentations since the last reporting period.

#### **LIST OF ATTACHMENTS**

List each attachment separately here and attach to the back of this report.
Attachment 1: GPRA Annual Evaluation 2 28 2014.docx - Sheba International Evaluation
Attachment 2:
Attachment 3:
Attachment 4:
Attachment 5:
Attachment 6:
Attachment 7:
Attachment 8:
Attachment 9:
Attachment 10: