

SACADA: Web-Oriented Recovery Care

The **San Antonio Council on Alcohol and Substance Abuse (SACADA)** provides education, youth prevention programs, and alcohol and drug abuse prevention resources and services to Bexar County and 28 other surrounding counties in South Central Texas. As an innovative leader in prevention, the organization's mission is to empower community members to lead healthy lives through prevention, intervention, and recovery services.

The Targeted Capacity Expansion, Technology-Assisted Care grant has provided SACADA with the ability to expand recovery services through the implementation of the **Web-Oriented Recovery Care (WORC)** program. This program expands and enhances services to rural and underserved communities, such as those with inadequate resources, uninsured veterans, and individuals seeking treatment and needing additional resources to sustain recovery. The program serves a high percentage of Hispanics. WORC uses technology, such as the recoverytexas.org Web site, to address service provisions. Recovery is further supplemented by peer recovery coaches using motivational interviewing techniques.

The Web site is highly praised by both clients and coaches. Clients particularly enjoy the Web site's resources, videos, and chat function, which are also available in Spanish, French, and German! There is even a publicly accessible guest chat to help engage potential clients. Clients share positive Web site feedback with the SACADA staff, and drug courts often refer individuals to the site for the helpful resources. The staff feel the site supports the ability to reach out to individuals easily and efficiently. The program and recovery Web site provide direct services only to clients in South Central Texas; however, residents from Austin (Central Texas) to Dallas (North Texas) are enthusiastic about its content and user-friendly layout.

With a successful program and Web site, there are many success stories. Jason Wagner, the WORC project coordinator, shared a note that encompasses the spirit of the program and how the coaches and technology have contributed to a family member and the community:

"Just a quick note to thank you for your passion and contribution to our community. www.recovery.org (link is external) is making a difference in so many lives and I am so grateful. My father was an alcoholic who went through Hazelton and passed at 52, and my daughter is a recovering alcoholic, and my son-in-law is currently in a treatment program (thanks to the program). When he talked to a coach through this program, he was so excited! He kept saying, "Wow, this guy is awesome. I hope I get in [to treatment]!" I believe this program is crucial to recovery and key to educating our community. For men and women to have the advantage of access to recovery coaches is amazing. Again thank you for your compassion and wisdom."

Click on the following links to learn more about [WORC \(link is external\)](#) and [SACADA \(link is external\)](#) and through social media, [Facebook \(link is external\)](#) and [Twitter \(link is external\)](#).