



# Iowa Recovery Health Information Technology

## Eligibility Rationale

### Inclusions:

Client must meet the following criteria:

- Be assessed as being eligible to participate in either Extended Outpatient (EOP – 1.0) or Intensive Outpatient Treatment (IOP – II.1) substance abuse treatment.
- Demonstrate a problem in accessing treatment due to a significant geographic, medical, psychological, or scheduling difficulty.
- Agree to and demonstrate the ability to self-administer GAIN-SS and TxSI (client and family members) at intervals determined by IDPH.
- Agree to complete the intake, discharge and follow-up GPRA interviews as scheduled by the provider.
- Agree to attend initial “face to face” session to be enrolled in IRHIT (where signatures are needed, agencies will need to have methods to secure participant signatures).
- Succeeding “face-to-face” or “real time” (see definition below) treatment sessions can be scheduled at the discretion of the clinician in collaboration with the IRHIT participant and in line with agency HIT policy/procedures, ASAM PPC 2R, and licensure standards.
- Meet the criteria for “rural client” (see definition below).

### Exclusions:

Client is:

- Unable to read or respond to workbook or text-based exercises and does not have access to a support person to assist them.
- Not able to use or does not have access to computer, phone or email.
- Experiencing active psychological or medical problems or has a learning disability that precludes her/him from benefitting from these services.

### Definitions:

1. *Face-to-Face Session*: a planned treatment session between the counselor and a client to discuss treatment goals taking place in real time in a medium that ***allows each to observe the other***.
  - Zoom and telemedicine or similar real-time tools meet this definition.



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2. *Real Time Session*: previously planned treatment session between the counselor and a client to discuss treatment goals taking place in real time.
  - This can include telephone and computer enabled chat or instant messaging. However, if non face-to-face services are provided, the provider agency must verify the identity of the person to whom the session is being provided.
3. *Rural Client*: The current OMB standards generally provide that to be classified as urban a metropolitan area must include at least one city with 50,000 or more inhabitants.

For HIT purposes, any client residing in any Iowa city with population of less than 50,000 or in a city of more than 50,000 and more than 4 miles from a participating agency's main office.

Clients who meet the following criteria may be exempted from the 4 mile restriction.

- Any client residing less than 3 miles from agency's main office who has demonstrated barriers to attendance including transportation, child care or physical disability.
- Providers may determine eligibility for exemptions on a case-by-case basis based on best clinical judgment. Reason for exemptions must be documented.