



Track & Field VALD Report



Column1	Jump Height		RSImod		Concentric100		Deceleration RFD		Peak Force
Athlete 1	15.10	!	0.57	!	85.80		5893	!	1856
Athlete 2	21.00		1.07		200.50		28260		2987
Athlete 3	24.70		1.09		140.50		14240		3164
Athlete 4	16.00		0.67		105.40		9729		2592
Athlete 5	17.10		0.73		114.50		9543		2875
Athlete 6	16.50	!	0.77	!	155.50	!	14630	!	3877
Athlete 7	19.20		0.76		156.50		11710		3442

Jump Height [in]

18.3

RSImod

0.78

Concentric 100 [ms]

136

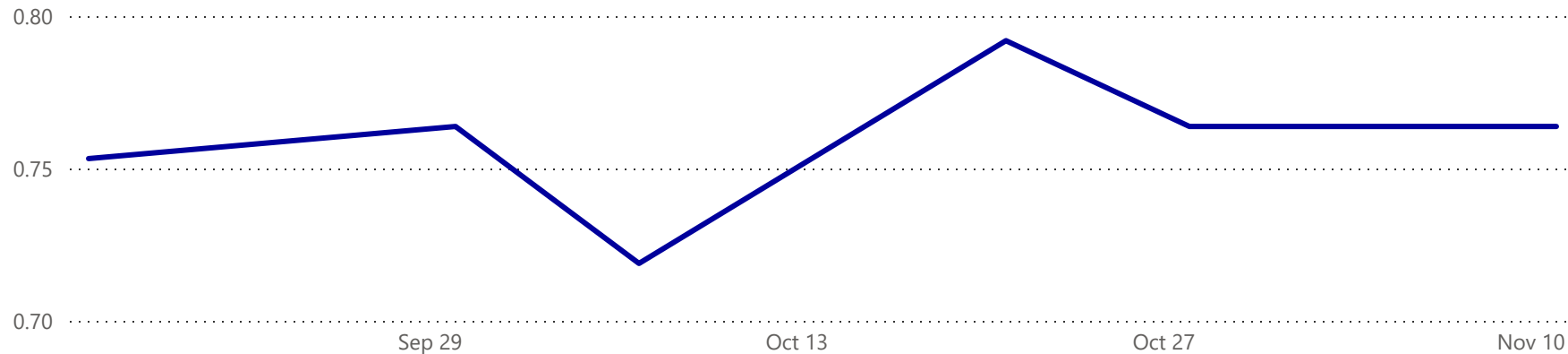
Deceleration RFD

12.9K

DSI

0.76

DSI





Name

All



Date

- ☐ Select all
- ☐ November 11, 2024
- ☐ November 4, 2024
- ☐ October 28, 2024
- ☐ October 21, 2024
- ☐ October 7, 2024
- ☐ September 30, 2024

Date

- ☐ Select all
- ☐ Male
- ☐ Female

Jump Height [in]

18.3

RSImod

0.78

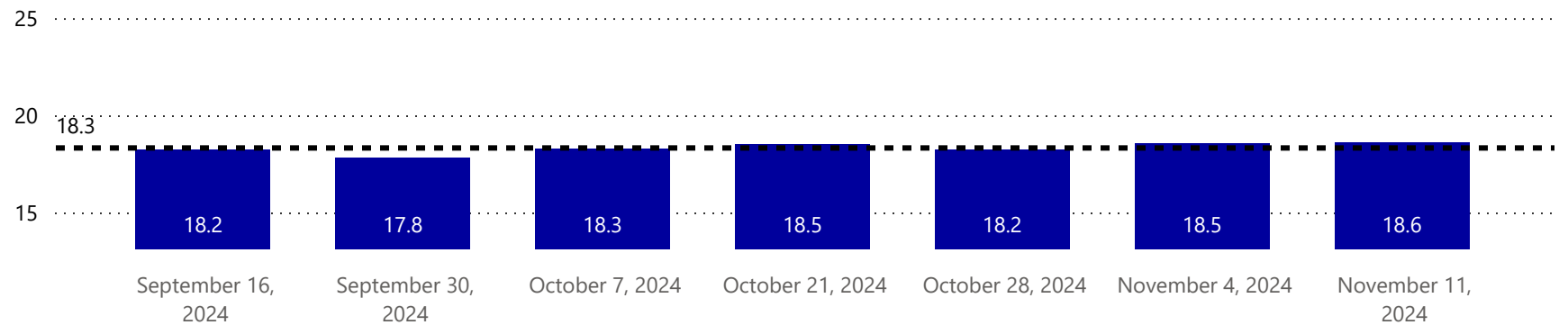
Concentric Impulse
(100ms)

136

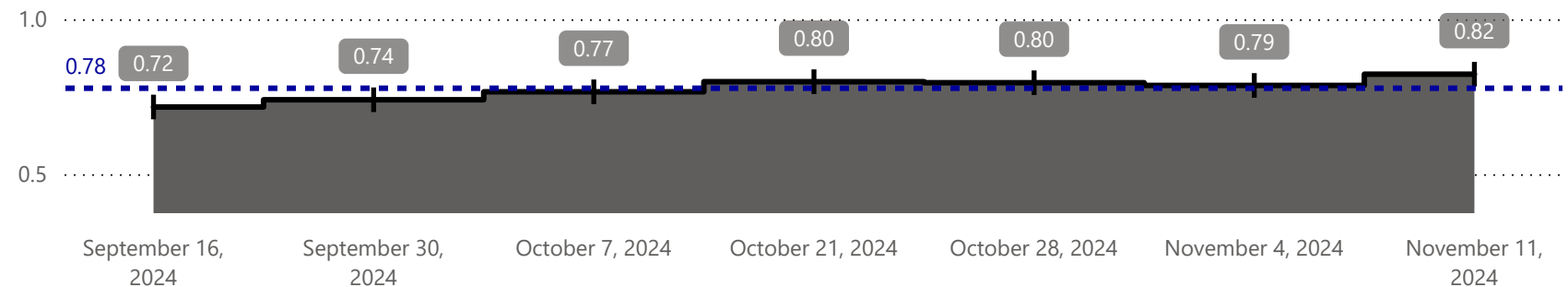
Eccentric Decel RFD

12.9K

Jump Height [in]



RSImod





Name

All



Date

- ☐ Select all
- ☐ Monday, September ...

Date

- ☐ Select all
- ☐ Male
- ☐ Female

Peak Force [N]

2970

L Peak Force [N]

1485

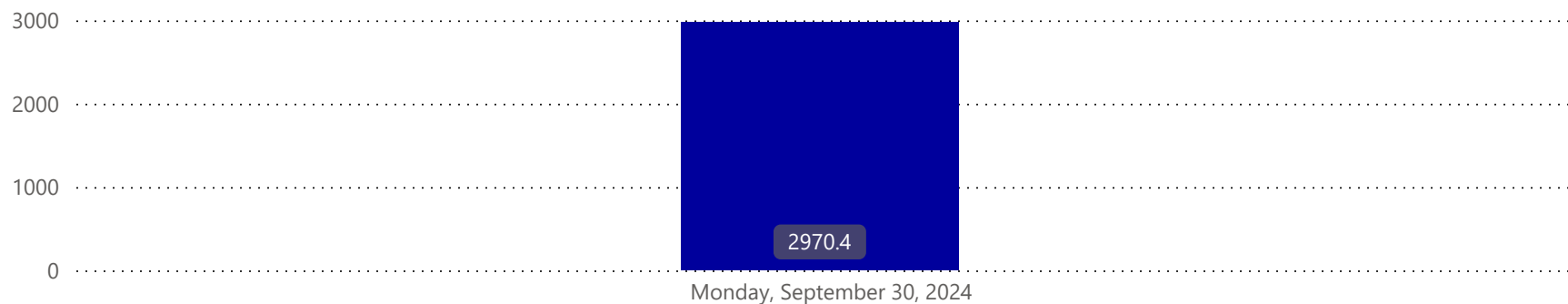
R Peak Force [N]

1485

% Asymmetry

0

Peak Force [N]



Peak Force (Limb)

