1.

Nutrition/meal planner:

Incorporating a food api as well as a sms api to choose the foods you want and it makes a grocery list that is sent to your phone

1.What goal will your website be designed to achieve?

The goal is to make meal prepping easier for people who don't know what to make

2. What kind of users will visit your site? In other words, what is the demographic of your users?

Anyone trying to eat healthier or just want to change up the food they are eating 3. What data do you plan on using? You may have not picked your actual API yet, which is fine, just outline what kind of data you would like it to contain. Food recipes

4. In brief, outline your approach to creating your project (knowing that you may not know everything in advance and that these details might change later). Answer questions like the ones below, but feel free to add more information:

a. What does your database schema look like?

Users	Recipies	Previous weeks
user_id	mea_plan_id	
username	Weekly meal plan	User_id
password	user_id	weekly_plan_id
Phone number		

b. What kinds of issues might you run into with your API?

The limit of requests for free users,

c. Is there any sensitive information you need to secure? Phone numbers

- d. What functionality will your app include?
- e. What will the user flow look like?

Sign in > search for meal plans > if the plan sounds good, save for later > send meal plan to phone with ingredient list for grocery shopping

f. What features make your site more than CRUD? Do you have any stretch goals?

The meal plan ingredients will be sent to the user, also they can save the weekly plan in case they want to go back to it later