Selection of multistep Markov chain models and evaluation of the hot hands effect in free throw shooting

Abstract.

The hot hands effect in basketball is a simple and seemingly intuitive phenomenon that has proven challenging to detect. For this reason, academics have considered it a fallacy for decades. A key difficulty in the detection of hot handedness is confounding due to possible changes in shot selection. In the more-limited context of free throw shooting, there are fewer confounding factors. Hence, simply modeling the probability of making a free throw as conditional on the outcome of recent free throws (via multistep Markov chains) is reasonable. The detection of hot-handedness then becomes a model selection problem where the job is to evaluate whether the inclusion of this effect makes for a more-predictive model. In this paper, I address the general problem of model selection for multistep Markov chains via comparison of several model selection criteria, each derived as closed-form mathematical formulae. Using simulations, I evaluate the accuracy of these criteria. These methods, when applied to data from the 2016-2017 NBA season, demonstrate evidence of statistical dependencies in LeBron James' free throw shooting. In particular, a model depending on the previous shot (single-step Markovian) is approximately as predictive as a model with independent outcomes. A hybrid jagged model of two parameters, where James shoots a higher percentage after a missed free throw than otherwise, is more predictive than either model.

1. Introduction

With 10.6 seconds remaining on the shot clock in game 7 of the 2016 NBA finals, the Cleveland Cavaliers were up by three points. LeBron James, shaken by a hard foul, went to the free throw line to shoot two free throws. A single make would seal the outcome of the game. James misses the first free throw. That season he was a 73% free throw shooter, slightly off from his career average of 74%. In that moment, one might ask whether the probability of making the second free throw was 73%, or something different altogether. Ignoring the issues of fatigue and the pressure of the situation, perhaps the fact that he had just missed a free throw was indicative of a hidden mental or physical state that predicted another miss. Or perhaps the miss precipitated a correction process that would lead to a more-likely make. Or perhaps it did not matter at all.

LeBron James would go on to make the second free throw and the Cavaliers would go on to win the championship. The outcome of the game crystalized into history, yet our question remained unanswered. Can the outcome of shots recently taken predict the outcome of future shots? This is the central question behind the hot hands phenomenon.

While controversial in analytical circles, belief in the hot hands phenomenon is certainly widespread in both the general public and in athletes [13, 10, 21]. Empirically, the

phenomenon has proven to be elusive [5]. In the 1980s, examinations of the phenomenon in basketball based on analysis of shooting streaks yielded negative results [13, 16], failing to reject null hypotheses of statistically independent shot outcomes. Based on these early analyses, some studies have explained the widespread belief in hot-handedness by relating it to the Gambler's fallacy [4]. Follow-up studies have examined the effects of belief in this phenomenon under the supposition that it is a fallacy [9]. However, recent analyses, using multivariate methods that can account for factors such as shot difficulty [7, 2, 19], have supported the phenomenon, finding the original studies to be underpowered, [2, 3, 19] or to suffer from methodological issues regarding the weighting of expectation values [19].

This manuscript re-examines the phenomenon from a different analytical philosophy. Presently, a broad class of analyses of the phenomenon [13, 16] have been rooted in null hypothesis statistical testing. Rather than follow this approach, which requires a subjective choice of a cut off p-value to assess "significance," this manuscript frames this problem as a model selection task. We are interested in whether a model which encompasses effects like hot-handedness is better at predicting free throw outcomes than a model without.

Specifically, this manuscript evaluates several statistical criteria for model selection within a general class of multistep Markov chain models. Multistep Markov chains are flexible models. Applied to free throw shooting, they are able to account for many types of statistical dependencies between shot outcomes including the hot hands effect. Using these methods, I evaluated the hot hands phenomenon on free throw data from Le-Bron James' 2016–2017 season and found evidence of statistical dependencies in shot outcomes.

2. Quantitative Methods

2.1. Probabilistic modeling

The outcomes of free throws for a player in a particular game can be represented as string or trajectory of states (miss or make). For example, using "+" to denote makes and "-" to denote misses, a trajectory of "++-+" corresponds to a game where a player makes the first two free throws, misses the third, and makes the fourth. In evaluation of the hot hands phenomenon, we seek to model the probability of observing such trajectories for any given player. In doing so, we may conveniently assess for statistical dependencies in shot outcome on the outcome of prior shots. A simple probabilistic model for paths, incorporating possible statistical dependencies on history, is the multistep Markov chain.

Multistep Markov chains are factorized probability models for discrete-state trajectories, where the probability of a particular trajectory is the product of conditional transition probabilities between possible states. The conditions pertain to the prior locations that a trajectory has visited, or its recent history. For our problem there are two states, however, let us consider the more general problem of a model with any number M states. Assume that a trajectory ξ consists of steps ξ_l , where each step takes a value x_l taken from the set $\{1,2,\ldots,M\}$. We are interested in representations for the trajectory probability of the form

$$Pr(\xi) = \prod_{l=1}^{L} Pr(\xi_l = x_l | \text{previous } h \text{ states})$$

$$= \prod_{l=1}^{L} Pr(\xi_l = x_l | \xi_{n-1} = x_{l-1}, \dots, \xi_{l-h} = x_{l-h})$$

$$= \prod_{l=1}^{L} p_{x_{l-h}, x_{l-h+1}, \dots, x_l},$$
(1)

where h, a non-negative counting number, represents the number of states worth of memory needed to predict the next state, with appropriate boundary conditions for the beginning of the trajectory. In the context of the hot hands effect, models with $h \geq 1$ encompass statistical dependencies between shot outcomes. Hot hands would correspond to higher make probabilities after recent makes and cold hands correspond to lower probabilities after misses.

In the case of absolutely no memory (h = 0), the path probability is simply the product of the probabilities of being in each of the separate states in a path, $p_{x_1}p_{x_2}, \dots p_{x_L}$, and there are essentially M-1 free model parameters, where M is the number of states. A model where h = 0 implies that the outcomes of previous shot attempts do not inform the outcome of the next attempt. If h = 1, the model is single-step Markovian in that only the current state is relevant in determining the next state. These models involve M(M-1) free parameters. Generally, if h states of history are required, then the model is h-step Markovian, and $M^h(M-1)$ parameters are needed (see Fig 1). Hence, the size of the parameter space grows exponentially with memory. Our objective is to determine, based on observational evidence, an appropriate value for h.

For a fixed degree of memory h, we may look at possible history vectors $\mathbf{x} = [x_1, x_2, \dots, x_h]$ of length h taken from the set $\mathbf{X}_h = \{1, 2, \dots, M\}^h$. For each \mathbf{x} , denote the vector $\mathbf{p}_{\mathbf{x}} = [p_{\mathbf{x},1}, p_{\mathbf{x},2}, \dots p_{\mathbf{x},M}]$, where $p_{\mathbf{x},m}$ is the probability that a trajectory goes next to state m given that \mathbf{x} represents its most recent history. For convenience, we denote the collection of all $\mathbf{p}_{\mathbf{x}}$ as \mathbf{p} (see below for an example of the notation).

Generally one has available J trajectories. Assuming independence between trajectories, one may write the joint probability, or likelihood, of observing these trajectories as

$$\Pr(\{\xi^{(j)}\}_{j=1}^{J}|\mathbf{p}) = \prod_{j=1}^{J} \Pr(\xi^{(j)}|\mathbf{p})$$

$$= \prod_{j=1}^{J} \prod_{\mathbf{x} \in \mathbf{X}_{h}} \prod_{m=1}^{M} p_{\mathbf{x},m}^{N_{\mathbf{x},m}} = \prod_{\mathbf{x} \in \mathbf{X}_{h}} \prod_{m=1}^{M} p_{\mathbf{x},m}^{N_{\mathbf{x},m}},$$
(2)

where $N_{\mathbf{x},m}^{(j)}$ is the number of times that the transition $\mathbf{x} \to m$ occurs in trajectory $\xi^{(j)}$, and $N_{\mathbf{x},m} = \sum_j N_{\mathbf{x},m}^{(j)}$ is the total number of times the transition is seen. For convenience, denote $N_{\mathbf{x}} = \sum_m N_{\mathbf{x},m}$, $\mathbf{N}_{\mathbf{x}} = [\mathbf{N}_{\mathbf{x},1}, \mathbf{N}_{\mathbf{x},2}, \dots, \mathbf{N}_{\mathbf{x},M}]$, and the collection

For convenience, denote $N_{\mathbf{x}} = \sum_{m} N_{\mathbf{x},m}$, $\mathbf{N}_{\mathbf{x}} = [\mathbf{N}_{\mathbf{x},1}, \mathbf{N}_{\mathbf{x},2}, \dots, \mathbf{N}_{\mathbf{x},M}]$, and the collection of all $\mathbf{N}_{\mathbf{x}}^{(j)}$ as \mathbf{N} . The sufficient statistics of the likelihood are the counts, so we will refer to the likelihood as $\Pr(\mathbf{N} \mid \mathbf{p})$. The maximum likelihood estimator for each parameter vector $\mathbf{p}_{\mathbf{x}}$ is found by maximizing the probability in Eq. 2, and can be written easily as $\hat{p}_{\mathbf{x}}^{\text{MLE}} = \mathbf{N}_{\mathbf{x}}/N_{\mathbf{x}}$. Note that this estimate of the free throw percentages does not suffer from the same weighting error as the calculation used in Gilovich et al. [13].

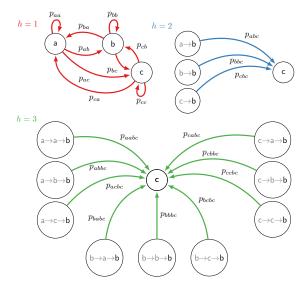


Figure 1. Multi-step finite state Markovian processes parameterized by degree of memory h, demonstrated on a three-state network. For h = 1, the statistics of the next state depend solely on the current state and the stochastic system is parameterized by transition probabilities indexed by a tuple. For h = 2 and h = 3 the statistics depend on the history. Shown are the possible single-step transitions from state \mathbf{b} to state \mathbf{c} . For h = 2, transition probabilities depend on the current state and the previous state, and all transition probabilities are indexed by 3-tuples. For h = 3, all transition probabilities depend on the current state and two previous states and are indexed by 4-tuples.

Example: To make the notation more clear, consider a model for free throw shooting informed using J=2 observed trajectories given: $\{\boldsymbol{\xi}^{(1)}=+-++-++,\boldsymbol{\xi}^{(2)}=+--+-+++++-\}$. Suppose that we set h=1 in this model. This choice implies that we need the counts $N_{++}^{(1)}=2$, $N_{+-}^{(1)}=2$, $N_{--}^{(1)}=0$, $N_{-+}^{(1)}=2$, $N_{++}^{(2)}=4$, $N_{+-}^{(2)}=3$, $N_{--}^{(2)}=1$, $N_{-+}^{(2)}=2$ coinciding to the number of makes following makes, misses following makes and makes following misses respectively for each trajectory. In addition, since the first state in each trajectory is stochastic as well, we add two special states representing the outcome of the initial free throw, $N_{--}=0$, $N_{-+}=2$. Aggregating the counts across the trajectories, in the vector notation above, we have $\mathbf{N}_{+}=[N_{+-},N_{++}]=[5,6], \mathbf{N}_{-}=[1,4], \mathbf{N}_{-}=[0,2]$, where the indices are all of length one using maximum likelihood, we arrive at the parameter estimates $\hat{\mathbf{p}}_{--}^{MLE}=[\hat{p}_{--}^{MLE},\hat{p}_{-+}^{MLE}]=[1/5,4/5], \hat{\mathbf{p}}_{+}^{MLE}=[5/11,6/11], \hat{\mathbf{p}}_{-}^{MLE}=[0,1]$.

It is notable that our estimate of the probability of missing the first free throw in a game is null – this is probably an unrealistic inference. Fundamentally, the maximum likelihood estimator precludes the existence of unobserved transitions – a property that is problematic if the sample size J is small, as already seen in this example. This problem amplifies when increasing h. It is desirable to regularize the problem by allowing a nonzero probability that transitions that have not yet been observed will occur. This manuscript's approach to rectifying these issues is Bayesian.

2.2. Bayesian modeling

A natural Bayesian formulation of the problem of determining the transition probabilities is to use the Dirichlet conjugate prior on each parameter vector

$$\mathbf{p_x} \sim \text{Dirichlet}(\alpha),$$
 (3)

hyper-parameterized by α , a vector of size M. This manuscript assumes that $\alpha = 1$, corresponding to a uniform prior. This prior, paired with the likelihood of Eq. 2, yields the posterior distribution on the probabilities,

$$\mathbf{p_x}|\mathbf{N_x} \sim \text{Dirichlet}(\alpha + \mathbf{N_x}).$$
 (4)

In effect, one is assigning a mean probability of $\alpha/(M\alpha + N_x)$ to any unobserved transition, where α can be made small if it is expected that the transition matrix should be sparse. In the large-sample limit, the choice of α is not important as the posterior distribution of Eq. 4 becomes tightly concentrated about the maximum likelihood estimates.

2.3. Model selection

The parameter h controls the trade-off between complexity and fitting error. From a statistical viewpoint, complexity results in less-precise determination of model parameters, leading to larger prediction errors (overfitting). Conversely, a simple model may not capture the true probability space where paths reside, and fail to catch patterns in the real process (underfit).

This manuscript evaluates several statistical criteria for selecting the number of states h worth of memory to retain in the factorization of Eq. 1, viewing the problem in terms of prediction accuracy. A value h that yields a model that can best predict new unobserved trajectories [11] is chosen. Using these methods, I evaluate the hot hands phenomenon on free throw data from LeBron James' 2016–2017 season.

There are various existing generalized methods for evaluating how well models predict. Each of these methods summarizes a model using a single quantity. To facilitate comparison between the methods themselves, this manuscript scales the output of all methods to the deviance scale as used in the AIC. The deviance is a measure of information loss when going from a *full model* to an alternative model [1].

The Akaike Information Criterion (AIC), [1, 24, 15], defined through the formula $AIC = -2\sum_{\mathbf{x}} \log \Pr(\mathbf{N}_{\mathbf{x}}|\hat{\mathbf{p}}_{MLE}) + 2k$, where k is the number of parameters in the model, is an estimate of deviance between an unknown true model and a given model. For the selection of h, it may be computed exactly in closed form

AIC =
$$-2\sum_{\mathbf{x}}\sum_{m=1}^{M} N_{\mathbf{x},m} \log\left(\frac{N_{\mathbf{x},m}}{N_{\mathbf{x}}}\right) + 2M^{h}(M-1),$$
 (5)

where in this context we define $0 \times \log(0) \equiv 0$. Rooted in information theory, the AIC is an asymptotic approximation of the deviance [8]. The model with the smallest AIC is chosen. A limitation of the AIC is inaccuracy for small datasets. A correction to the AIC known as the AICc exists [14], however, its exact form is problem specific [8].

Bayes factors are ratios of the probability of the dataset given two models averaged over their corresponding posterior parameter distributions [17, 20]. In the case of this application, the likelihood completely factorizes into a product of transition probabilities and each model's corresponding term in a Bayes factor is the exponential of its log predictive density (LPD). The LPD can be computed exactly

$$LPD = \log \mathbb{E}_{\mathbf{p}|\mathbf{N}} \left[\Pr(\mathbf{N} \mid \mathbf{p}) \right]$$

$$= \log \mathbb{E}_{\mathbf{p}|\mathbf{N}} \left(\prod_{\mathbf{x}} \prod_{m=1}^{M} p_{\mathbf{x},m}^{N_{\mathbf{x},m}} \right)$$

$$= \sum_{\mathbf{x}} \log \left(\frac{B(2\mathbf{N}_{\mathbf{x}} + \alpha)}{B(\mathbf{N}_{\mathbf{x}} + \alpha)} \right). \tag{6}$$

Related to the LPD is the log pointwise predictive density (LPPD), where the expectation in the LPD is broken down "point-wise." For our application, we will consider trajectories to be points and write the LPPD as

LPPD =
$$\sum_{j} \sum_{\mathbf{x}} \log \mathbb{E}_{\mathbf{p_x}|\mathbf{N_x}} \left[\Pr\left(\mathbf{N_x^{(j)}} \mid \mathbf{p_x}\right) \right]$$
=
$$\sum_{j} \sum_{\mathbf{x}} \log \mathbb{E}_{\mathbf{p_x}|\mathbf{N_x}} \left(\prod_{m=1}^{M} p_{\mathbf{x},m}^{N_{\mathbf{x},m}^{(j)}} \right)$$
=
$$\sum_{j} \sum_{\mathbf{x}} \log \left(\frac{B(\mathbf{N_x} + \mathbf{N_x^{(j)}} + \alpha)}{B(\mathbf{N_x} + \alpha)} \right). \tag{7}$$

The LPPD features in alternatives to Bayes factors and the AIC [12].

The Widely Applicable Information Criterion [25, 26] (WAIC) is a Bayesian information criterion with two variants, each featuring the LPPD but differing in how they compute model complexity. The WAIC is defined as

$$WAIC = -2LPPD + 2k_{WAIC}, (8)$$

where the effective model sizes are computed exactly as

$$k_{\text{WAIC1}} = 2\text{LPPD} - 2\sum_{j}\sum_{\mathbf{x}} \mathbb{E}_{\mathbf{p_x}|\mathbf{N}} \log \mathbf{p_x}^{N_x^{(j)}}$$

$$= 2\text{LPPD} - \sum_{j}\sum_{\mathbf{x}}\sum_{m=1}^{M} N_{\mathbf{x},m}^{(j)} \mathbb{E}_{\mathbf{p_x}|\mathbf{N_x}} (\log p_{\mathbf{x},m})$$

$$= 2\text{LPPD}$$

$$-2\sum_{j}\sum_{\mathbf{x}}\sum_{m=1}^{M} N_{\mathbf{x},m}^{(j)} [\psi(N_{\mathbf{x},m} + \alpha) - \psi(N_{\mathbf{x}} + M\alpha)]$$

$$= 2\text{LPPD}$$

$$-2\sum_{\mathbf{x}}\sum_{m=1}^{M} N_{\mathbf{x},m} [\psi(N_{\mathbf{x},m} + \alpha) - \psi(N_{\mathbf{x}} + M\alpha)], \qquad (9)$$

and

$$k_{\text{WAIC2}} = \sum_{j} \sum_{\mathbf{x}} \operatorname{var}_{\mathbf{p_{x}}} \left[\log \operatorname{Pr} \left(\mathbf{N_{x}^{(j)}} \mid \mathbf{p_{x}} \right) \right]$$

$$= \sum_{j} \sum_{\mathbf{x}} \operatorname{var}_{\mathbf{p_{x}}} \left\{ \log \left(\prod_{m=1}^{M} p_{\mathbf{x},m}^{N_{\mathbf{x},m}^{(j)}} \right) \right\}$$

$$= \sum_{j} \sum_{\mathbf{x}} \operatorname{var}_{\mathbf{p_{x}}} \left[\sum_{m=1}^{M} N_{\mathbf{x},m}^{(j)} \log p_{\mathbf{x},m} \right]$$

$$= \sum_{j} \sum_{\mathbf{x}} \sum_{m=1}^{M} \sum_{n=1}^{M} N_{\mathbf{x},m}^{(j)} N_{\mathbf{x},n}^{(j)} \operatorname{cov} \left(\log p_{\mathbf{x},m}, \log p_{\mathbf{x},n} \right)$$

$$= \sum_{j} \sum_{\mathbf{x}} \sum_{m=1}^{M} \sum_{n=1}^{M} N_{\mathbf{x},m}^{(j)} N_{\mathbf{x},n}^{(j)} \left[\psi' \left(\alpha + N_{\mathbf{x},n} \right) \delta_{nm} \right]$$

$$- \psi' \left(M\alpha + N_{\mathbf{x}} \right) \right]$$

$$= \sum_{j} \sum_{\mathbf{x}} \left[\sum_{m=1}^{M} \left[N_{\mathbf{x},m}^{(j)} \right]^{2} \psi' \left(\alpha + N_{\mathbf{x},m} \right) - \left[N_{\mathbf{x}}^{(j)} \right]^{2} \psi' \left(M\alpha + N_{\mathbf{x}} \right) \right]. \tag{10}$$

The WAIC, unlike the AIC, is applicable to singular statistical models and is asymptotically equivalent to Bayesian leave-one-out cross-validation [25].

The commonly used Deviance Information Criterion (DIC)

$$DIC = -2\sum_{\mathbf{x}} \log p\left(\mathbf{N}_{\mathbf{x}} \mid \mathbf{p}_{\mathbf{x}} = \mathbb{E}_{\mathbf{p}_{\mathbf{x}} \mid \mathbf{N}_{\mathbf{x}}} \mathbf{p}_{\mathbf{x}}\right) + 2k_{DIC}$$
(11)

also resembles the WAIC, consisting of two variants in the computation of model complexity,

$$k_{\text{DIC1}} = -2 \left\{ \sum_{\mathbf{x}} \sum_{m=1}^{M} N_{\mathbf{x},m} \log \left(\frac{N_{\mathbf{x},m} + \alpha}{N_{\mathbf{x}} + M\alpha} \right) - \sum_{j} \sum_{\mathbf{x}} \mathbb{E}_{\mathbf{p}_{\mathbf{x}}|\mathbf{N}} \log \mathbf{p}_{\mathbf{x}}^{\mathbf{N}_{\mathbf{x}}^{(j)}} \right\}$$

$$= 2 \left\{ \sum_{\mathbf{x}} \sum_{m=1}^{M} N_{\mathbf{x},m} \log \left(\frac{N_{\mathbf{x},m} + \alpha}{N_{\mathbf{x}} + M\alpha} \right) - \sum_{j} \sum_{m=1}^{M} \mathbf{N}_{\mathbf{x},m}^{(j)} \left[\psi(\alpha + N_{\mathbf{x},m}) - \psi(M\alpha + N_{\mathbf{x}}) \right] \right\}$$

$$= 2 \left\{ \sum_{\mathbf{x}} \sum_{m=1}^{M} N_{\mathbf{x},m} \log \left(\frac{N_{\mathbf{x},m} + \alpha}{N_{\mathbf{x}} + M\alpha} \right) - \sum_{\mathbf{x}} \sum_{m=1}^{M} N_{\mathbf{x},m} \left[\psi(\alpha + N_{\mathbf{x},m}) - \psi(M\alpha + N_{\mathbf{x}}) \right] \right\},$$

$$(12)$$

and $k_{\mathrm{DIC2}} = 2\mathrm{var}_{\mathbf{p}\mid\mathbf{N}}\left[\log\Pr\left(\mathbf{N}\mid\mathbf{p}\right)\right],$ which may be computed

$$k_{\text{DIC2}} = 2\text{var}_{\mathbf{p_{x}}} \left[\sum_{\mathbf{x}} \sum_{m} N_{\mathbf{x},m} \log p_{\mathbf{x},m} \right]$$

$$= 2 \sum_{\mathbf{x}} \text{var}_{\mathbf{p_{x}}} \left(\sum_{m} N_{\mathbf{x},m} \log p_{\mathbf{x},m} \right)$$

$$= 2 \sum_{\mathbf{x}} \sum_{m} \sum_{n} N_{x,m} N_{x,n} \text{cov}(\log p_{\mathbf{x},m}, \log p_{\mathbf{x},n})$$

$$= 2 \sum_{\mathbf{x}} \sum_{m} \sum_{n} N_{x,m} N_{x,n}$$

$$\times \left[\psi'(\alpha + N_{\mathbf{x},m}) \delta_{mn} - \psi'(M\alpha + N_{\mathbf{x}}) \right]$$

$$= 2 \sum_{\mathbf{x}} \left(\sum_{m} N_{\mathbf{x},m}^{2} \psi'(\alpha + N_{\mathbf{x},m}) - (N_{\mathbf{x}})^{2} \psi'(M\alpha + N_{\mathbf{x}}) \right). \tag{13}$$

Both variants plug in point estimates of the posterior parameters rather than average over the posterior as used in the WAIC.

Finally Bayesian variants of cross-validation have recently been proposed as alternatives to information criterion [12]. In our problem, k-fold CV, where data is divided into k partitions, can be evaluated in closed form without repeated model fitting. Using $-2 \times \text{LPPD}$ as a metric, this manuscript also evaluates two variants of k-fold CV: leave-one-out cross validation (LOO)

$$LOO = -2\sum_{j}\sum_{\mathbf{x}}\log\left(\frac{B(\mathbf{N}_{\mathbf{x}} + \alpha)}{B(\mathbf{N}_{\mathbf{x}} - \mathbf{N}_{\mathbf{x}}^{(j)} + \alpha)}\right),\tag{14}$$

and two-fold cross validation (LPPDCV₂)

$$LPPDCV_{2} = -2 \sum_{j=1}^{J/2} \sum_{\mathbf{x}} \log \left(\frac{B(\mathbf{N}_{\mathbf{x}}^{+} + \mathbf{N}_{\mathbf{x}}^{(j)} + \alpha)}{B(\mathbf{N}_{\mathbf{x}}^{+} + \alpha)} \right)$$
$$-2 \sum_{j=J/2}^{J} \sum_{\mathbf{x}} \log \left(\frac{B(\mathbf{N}_{\mathbf{x}}^{-} + \mathbf{N}_{\mathbf{x}}^{(j)} + \alpha)}{B(\mathbf{N}_{\mathbf{x}}^{-} + \alpha)} \right). \tag{15}$$

where N_x^{\pm} constitute the transition counts of the last J/2 trajectories or the first J/2 trajectories respectively, so that $N_x^- + N_x^+ = N_x$.

3. Results

3.1. Evaluation of selection criteria

Simulations provided tests of these methods. The test system is composed of M=8 states, with designated start and absorbing states. For each given value of h, I generated for each $\mathbf{x} \in \mathbf{X}_h$ a single set of true transition probabilities drawn from Dirichlet(1) distributions. For each of these random networks of a fixed h, I randomly sampled trajectories of a given sample size J 10⁴ times, determining from each sample of J trajectories the degree of h chosen by each of the methods.

Fig. 2 provides the frequency that each of five models (h = 1,...,5) was chosen based on the selection criteria compared. Each row corresponds to a given true degree of memory $h_{\text{true}} \in \{1,2,3\}$ and sample sizes increase along columns when viewed from left to right. Generally, as the number of samples increases, all selection criteria except for the LPD (Bayes factors) improve in their ability to select the true model. The LPD consistently selects a more-complex (higher-h) model. The AIC does well if h_{true} is small, but requires more data than many of the competing methods in order to resolve larger degrees of memory.

LOO, the two variants of the WAIC, and DIC₁ perform roughly on par. Since each criterion selects the model with the lowest value, it is desirable that Δ Criterion(h) = Criterion(h) – Criterion(h_{true}) > 0, for $h \neq h_{\text{true}}$. Fig. 3 explores the distributions of these quantities in the case where $h_{\text{true}} = 2$. As sample size J increases, there is clearer separation of these quantities from zero. By J = 64, no models where h = 1 are selected using any of the criteria. The WAIC₂ and LOO criteria perform about the same whereas the WAIC₁ criteria and the DIC₁ criteria lag behind in separating themselves from zero.

Informed by these tests, this manuscript recommends the use of leave-one-out cross validation (LOO). LOO performed slightly better than WAIC₂ in the included tests, while being somewhat simpler to compute. Eq. 14 decomposes completely into a sum of logarithms of Gamma functions, and is hence easy to implement in standard scientific software packages.

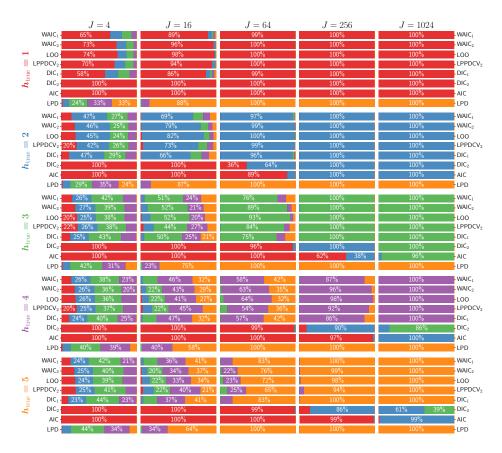


Figure 2. Chosen degree of memory h in simulations for varying true degrees of memory h_{true} and number of observed trajectories J. Rows correspond to model selection under a given degree of memory. Columns correspond to the number of trajectories. Depicted are the percent of simulations in which each degree of memory is selected using the different model evaluation criteria (percents of at least 20 are labeled). Colors coded based on degree of memory: (1: red, 2: blue, 3: green, 4: purple, 5: orange). *Example:* For $h_{\text{true}} = 1$ and J = 4, the WAIC₁ criteria selected h = 1 approximately 65% of the time.

3.2. The hot-hand phenomenon

I used the methodology in this manuscript to evaluate the hot-hands effect in the controlled context of free throws. During the 2016-2017 season, in 91 games, LeBron James attempted at least a single free throw, hitting 471 of 693 overall (Fig. 4). Conditioning the hit probabilities by the outcome of the preceding free throw in the same game, James shot a slightly better percentage after missing a free throw than otherwise. However, the h=0 model is favored slightly over h=1 (Model selection pane of Fig 4).

In simulations of that season of James' free throw trajectories, where the number of free throws per game was drawn from a Poisson distribution that approximated the distribution in the dataset, the overall hitting percentage was matched to 73%, and outcomes were drawn from the fitted h = 1 model, h = 1 was chosen slightly under half the time (Fig. 4).

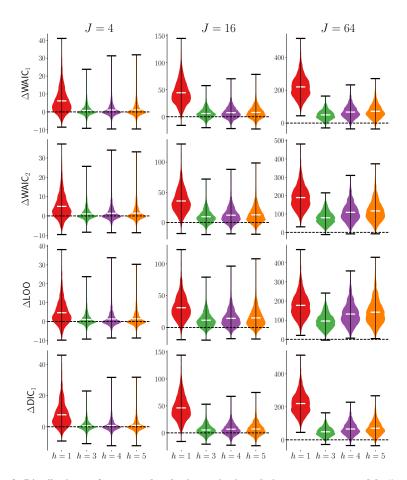


Figure 3. Distributions of computed selection criteria relative to a true model ($h_{\text{true}} = 2$), $\Delta \text{Criterion}(h) = \text{Criterion}(h) - \text{Criterion}(h_{\text{true}})$. Density plots with minimum, maximum, and mean of the selection criteria for each model relative to that of the true model are shown at various sample sizes J. Values above zero mean that the true model is favored over a particular model. Ideally, mass should be above zero for accurate selection of the true model (zero drawn as dashed line).

However, examining the model parameters in the case of h=1, one sees that the hitting probabilities are similar in all cases except after a miss (Fig. 4). This observation suggests a model with jagged memory: independence of outcome except after a miss. Having one fewer parameter than the full h=1 model, this jagged model is favorable to both the h=0 and h=1 models (Fig. 5). Hence, at least for this season, the most predictive model of James' free throw shooting tells a story of error correction rather than a story of hot hands.

4. Discussion

From the modeling perspective, there are large fluctuations in free throw shooting percentage between seasons. Hence, one either needs to model non-stationarity in the percentages or restrict the time interval of the applicability of any given model. In this

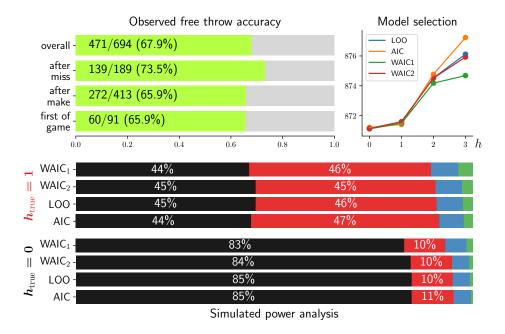


Figure 4. LeBron James' free throw accuracy for the 2016-2017 season and evaluation of the hot hands phenomenon. *Model selection criteria* for degree $h \in \{0,1,2,3\}$ based on four criteria compared. Lower is better and h = 0 is slightly favored over h = 1 using all criteria. *Simulated power analysis* showing the frequency that each value h is chosen for simulated sets of free throw trajectories.

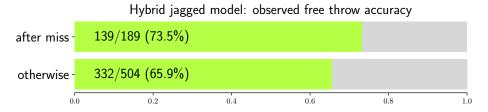


Figure 5. Hybrid jagged memory model for free throw outcome where shots are independent except immediately after a miss. AIC: 869.40, WAIC₁: 869.45, WAIC₂: 869.52, LOO: 869.52. For reference, all selection criteria for the fully independent (h = 0) model are approximately 871 (Fig. 4).

manuscript I have chosen to restrict modeling to the interval of a single season, ignoring non-stationarity within the season, a trade-off common to other analyses [13]. The downside of such restrictions is that they limit the data than may be used in detecting effects. LeBron James, a volume free throw shooter who does not miss many games and plays well into the playoffs, is perhaps a best-case scenario for detection of statistical dependencies in free throws using such models.

Even for James, the detection of these effects proves difficult. Judging from simulations (Fig 4), it appears that the dataset is underpowered for the selection of a pure model where h = 1. On the other hand, in simulations where $h_{\text{true}} = 0$, h = 0 is correctly chosen approximately 85% of the time. The h = 0 and h = 1 models are both approximately as predictive. In fact, from the model averaging perspective, they would

be weighted approximately the same as weights are exponential in the gap between the selection criteria [12].

The hybrid model (Fig 5) is more predictive than either of the pure h=0 and h=1 models. Hence, based on finding the model with the best prediction, one would predict that LeBron James is more likely to make a free throw after a miss than otherwise. A demonstration of this particular error-correcting phenomenon is apparent in the pair of free throws that he shot to ensure a win in Game 7 of the proceeding finals.

4.1. General model selection

Multistep Markov chains are flexible models that are useful for modeling any discrete-state discrete-time phenomenon. Models of structure similar to Eq. 1 have appeared in limitless contexts such as analysis of text [18], human digital trails [22], DNA sequences, protein folding [27], and eye movements [6].

This manuscript addressed the general method of degree selection for such models. Importantly, both the AIC and LPD (Bayes factors) are biased in opposite situations, in opposite directions. For small datasets, the AIC tends to sparsity, which runs counter to the typical situation in linear regression problems where the AIC can favor complexity with too few data, a situation ameliorated by the more-stringent AICc [11]. Bayes factors with flat model priors as investigated here, on the other hand, consistently select a higher value of *h* given more data. Notably, alternative Bayes factors methods for selecting the degree of memory also include model-level priors that behave like the penalty term in the AIC [23, 22]. Since the upper bound of the LPD is the logarithm of the likelihood found from the MLE procedure, this selection method is more stringent in the low sample-size regime than the pure AIC and hence will suffer from the same bias towards selecting models with less memory.

As we have seen, many methods tend to asymptotically select the correct model. However, studies are seldom in the asymptotic regime and using these methods to reanalyze data from prior studies may prove fruitful in uncovering previously overlooked memory effects, particularly in systems of a large number of states.

This manuscript has shown that LOO and its approximation, the WAIC, can learn from data the physical reality of the degree of memory in a system. Regardless of the selection criterion used, the determination of h is not truly certain except asymptotically when an unlimited amount of data are available. However, one may use a simulation procedure like the one used in this manuscript in order to estimate the degree of uncertainty.

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