# **JULIA CAPELLI**

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## **EDUCATION**

## The University of Texas at Austin - College of Natural Sciences, Austin, TX

Bachelor of Science and Arts in Biology; Minoring in Health Communications Expected Spring 2021

#### HEALTHCARE EXPERIENCE

## Healthcare Management Program (HMP) Internship

Summer 2020

Internship

- Selected out of 1,000+ applicants to join the 2020 Healthcare Management Program cohort
- Created a winning project plan to solve bed capacity problems in all Hospitals in the event of a future crisis
- Worked with various administrators across the health system to collect relevant data about total hospital bed occupancy
- Met with mentors and fellow interns for networking and team-buildings activities

## Volunteer at Dell Seton Medical Center, Austin Texas

Spring 2020 - present

Volunteer

- Assisted nurses and other staff in patient care in the Emergency Department
- Ensured patient comfort through conversation and general care
- Transported patients when needed, supported nurses with various tasks as required, and maintained confidential patient medical records

## Long Island Jewish Hospital at Northwell Health, New Hyde Park, NY

Shadowed Director of Hospital Operations

Summer 2019

- Observed a 33 multiple personal operating room to determine inefficiencies and provide recommendations to improve throughput.
- Attended executive administrative meetings on high level decisions such as staffing projections, and areas of opportunity for the instrumentation sterilization process.
- Analyzed and observed the electrophysiology department to determine bottlenecks in workflow. Made KPI suggestions in order to improve the departments efficiency.

## Long Island Jewish Hospital at Northwell Health, New Hyde Park, NY

Summer 2018

Hospital Operations Intern

- Analyzed OR booking data for a 27 operating room facility to determine opportunities to correct over and under booking patterns by surgical service
- Conducted benchmarking observations to compare hospital-based surgery centers to for-profit ambulatory going ventures
- Evaluated clinical and throughput metric such as aesthete time, cut to close, utilization, turn over time, and first case starts
- Completed patient focused rounding at a 532 facility to determine what factors were driving HCAHPS scores on the OBGYN surgical service.

#### Chappaqua Volunteer Ambulance Corps, Chappaqua, NY

Youth Corp Member

Fall 2016 - Summer 2018

- •Assist with transporting and notifying the hospital of incoming patients and provided life support services during medical emergencies en route to the hospital
- •Responsible for making sure that everything on the RIG is consistently up to date and stocked properly
- •Completed all mandatory education and training classes and became CPR and First Aid certified

## LEADERSHIP EXPERIENCE

## WE ARE BLOOD, Austin, TX

Volunteer

Fall 2020 -present

- · Worked as part of a team to check donors into the system by signing them in and out of the blood drive
- Trained to be alert to any signs or symptoms of adverse reactions

#### Hope's Door Domestic Violence Service (service), Hawthorne, NY

Volunteer

Fall 2015- Spring 2017

- · Attended meetings and workshops on domestic violence and developed skills to help those at risk
- Helped design and implement awareness events to help promote healthy relationships throughout the community and schools

## RESEARCH EXPERIENCE

Project Seed

FALL 2019

- On Assisted in training new research assistants
- Trained and scheduled new assistants

## **MEMBERSHIPS**

Global Medical Brigade

Fall 2018- Present

- Attended a Tele brigade to build medical knowledge through skill-based volunteering through virtual immersion.
- Delivered real impact in rural communities by participating in live medical clinics

#### HONORS/AWARDS

College of Natural Science Honors Won Northwell HMP Case Competition Spring 2020, Fall 2020

ACADEMIC BACKGROUD	
Horace Greeley High School	2014-2017
Chappaqua, NY	
BSA Biology	
University of Texas at Austin	2017 -2021
ADDITIONAL INFORMATION	

ADDITIONAL INFORMATION
Technical Skills: Proficient in Microsoft Excel, Word, R-Studio, and PowerPoint