

# John Britton

1952 Cobblestone Way S

Terre Haute, IN 47802

Cell: (615) 485-2333

Email: [jbritton10@sycamores.indstate.edu](mailto:jbritton10@sycamores.indstate.edu)

## Education

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|------------------------|--|
| May 2027<br>(Expected) | <b>Doctor of Clinical Psychology (Psy.D.)</b><br>Indiana State University (ISU), Terre Haute, IN<br>Current GPA: 4.0 |
| May 2024               | <b>Master of Science in Psychology (M.S.)</b><br>ISU, Terre Haute, IN  |
| Dec 2016               | <b>Master of Music in Music Therapy (M.M.)</b><br>University of Miami, Miami, FL                                     |
| May 2010               | <b>Bachelor of Music in Jazz Studies (B.M.)</b><br>University of Rochester - Eastman School of Music, Rochester, NY  |

## Supervised Clinical Experience

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| June 2025-<br>Present  | <b>Murphy, Urban, &amp; Associates</b><br>Title: Graduate Student Clinician<br>Location: Terre Haute, IN<br>Supervisor: Thomas Rea, Psy.D., HSPP <ul style="list-style-type: none"><li>• Provided individual psychotherapy services to child, adolescent, and adult clients in a private practice setting</li><li>• Completed comprehensive integrative psychological evaluations using cognitive ability, academic achievement, and objective personality measures</li><li>• Communicated results of evaluations and treatment recommendations to clients, parents, caregivers, referring physicians, and school personnel</li><li>• Engaged in weekly individual supervision to reflect on clinical work, receive feedback, and integrate evidence-based practices</li></ul> |
| June 2024-<br>May 2025 | <b>Clay City Center for Family Medicine</b><br>Title: Doctoral Psychology Student Clinician<br>Location: Clay City, IN   |

Supervisor: Michael Urban, Psy.D., HSPP

- Provided individual psychotherapy services to child, adolescent, and adult clients in an integrated primary care setting
- Completed comprehensive integrative psychological evaluations
- Coordinated care with physicians, nurse practitioners, and nurses
- Attended weekly staff meetings which addressed administrative needs, trainings, and hospital initiatives

Aug 2023-  
Aug 2025

**ISU Psychology Clinic**

Title: Graduate Student Clinician

Location: Terre Haute, IN

Supervisors: Elizabeth Smith, Psy.D., HSPP, Liz O’Laughlin, Ph.D., HSPP, Kathy O’Campo, Ph.D., HSPP

- Provided individual psychotherapy and psychological assessment services to child, adolescent, and adult clients in a university-based outpatient clinic
- Prepared integrative psychological reports, created treatment plans, and maintained progress notes utilizing an electronic medical record system
- Engaged in weekly supervision, including individual (1 hr), group (1 hr), and peer supervision (1 hr in second year)

Aug 2023-  
May 2024

**ISU ADHD Evaluation Clinic**

Title: Graduate Evaluator

Location: Terre Haute, IN

Supervisor: Liz O’Laughlin, Ph.D., HSPP

- Conducted ADHD diagnostic clinical interviews with parents/caregivers of children aged 5-11
- Administered psychodiagnostic testing including domains of cognitive ability, academic achievement, behavior, attention, and parenting
- Wrote integrated diagnostic reports utilizing information from child, parent, and teacher reports
- Provided feedback on testing results to parents/caregivers and recommendations for treatment
- Attended one-hour staffing and one-hour individual supervision weekly

**Evidence-Based Protocols Utilized Across Training Sites**

Provided structured interventions and flexible integration of supportive, client-centered approaches based on individual needs.

Cognitive and Behavioral Therapies

- Cognitive Behavioral Therapy (CBT)
- Behavioral Activation

- Exposure Therapy
- Unified Protocol for Transdiagnostic Treatment of Emotional Disorders
- CBT for Insomnia (CBT-I)
- CBT for Chronic Pain
- CBT for Weight Management
- CBT for Couples Therapy
- SAMHSA Anger Management Treatment

#### Parenting and Child-Focused Interventions

- Behavioral Parent Training
- C.A.T. Project (CBT for adolescents with anxiety)
- Coping Power (CBT for children with anger problems)

#### Trauma-Focused Interventions

- Cognitive Processing Therapy (CPT)
- Narrative Exposure Therapy (NET)
- Seeking Safety

#### Third-Wave Behavioral Therapies

- Acceptance and Commitment Therapy (ACT)
- Dialectical Behavior Therapy (DBT)
- Mindfulness-Based Interventions

## Supervisory Experience

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Aug 2025-  
Present

### **ISU Department of Psychology**

Title: Peer Supervisor

Location: Terre Haute, IN

Supervisor: Kathy O'Campo, Ph.D., HSPP

- Provided weekly peer supervision to second-year doctoral students in their first year of clinical practicum
- Reviewed session recordings, progress notes, and clinical writing to support development in intervention, documentation, and ethical decision-making
- Facilitated reflective case discussions and offered formative feedback on clinical skills and professional identity
- Participated in biweekly group supervision with other peer supervisors to strengthen supervisory practices and align with program expectations

Aug 2018-  
Dec 2019

### **TriStar Centennial Parthenon Pavilion** Title: Peer Supervisor

Title: Music Therapy Practicum Supervisor

Location: Nashville, TN

- Supervised undergraduate music therapy students leading one group session per week in an outpatient psychiatric setting
- Provided weekly individual supervision focused on session planning, therapeutic use of music, and clinical documentation
- Completed formal evaluations and collaborated with university faculty to assess student competencies and progress

## **Additional Clinical Experience**

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### **March 2017- May 2021    TriStar Centennial Parthenon Pavilion, Outpatient Services**

Title: Group Therapist

Location: Nashville, TN

- Provided group music therapy for adults and adolescents in Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP)
- Conducted admission assessments including psychosocial history, and level-of-care determinations
- Completed insurance authorizations and continued stay reviews by synthesizing clinical documentation and communicating medical necessity to payors
- Documented group sessions, treatment plans, and assessments in the electronic medical record (MEDITECH)
- Collaborated in weekly interdisciplinary meetings with psychiatry, counseling, and expressive therapy staff to support integrated treatment planning

#### Adolescent Intensive Outpatient Program (IOP)

- Co-developed adolescent IOP policies, procedures, safety protocols, and treatment structure in collaboration with supervisors and hospital administration
- Authored adolescent staff intervention manual synthesizing creative arts therapy principles with CBT-, ACT-, and DBT-informed content
- Oversaw program expansion, including a 233% increase in referrals (2018), 25% increase in average length of stay (2019), and 61% growth in 2020

### **July 2016- Jan 2017    TriStar Centennial Parthenon Pavilion**

Title: Music Therapy Intern

Location: Nashville, TN

- Completed 1,040-hour internship providing music therapy to adults and older adults on acute inpatient psychiatric units

- Facilitated group music therapy addressing coping, emotional expression, boundaries, and social engagement for individuals with severe mental illness and dementia
- Collaborated with interdisciplinary teams in recovery planning meetings and documented services in EMR

## Research Experience

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Feb 2025- Present	<p><b>ISU</b></p> <p>Doctoral Dissertation</p> <p>Title: Factors Contributing to Music Performance Anxiety Among College Musicians</p> <p>Location: Terre Haute, IN</p> <p>Chair: Thomas Johnson, Ph.D., HSPP</p> <p>Status: Proposal Defended Aug 2025; IRB Approval Feb 2025</p> <ul style="list-style-type: none"> <li>• Designed a quantitative study testing associations between childhood temperament, anxiety symptoms, and music performance anxiety in college musicians</li> <li>• Secured IRB approval and began participant recruitment and data collection in Spring 2025</li> <li>• Conducting statistical analyses in SPSS and R, including descriptive statistics, multiple regression, ANOVA, and mediation models</li> <li>• Selected validated self-report measures, integrated literature to support theoretical model, and drafted APA-style manuscript sections</li> </ul>
Aug 2022- May 2025	<p><b>ISU Psychomusicology Lab</b></p> <p>Title: Graduate Research Assistant</p> <p>Location: Terre Haute, IN</p> <p>Supervisor: Thomas Johnson, Ph.D., HSPP</p> <ul style="list-style-type: none"> <li>• Conducted qualitative and quantitative data analysis on studies examining sad music listening, rumination, and social comparison</li> <li>• Contributed to the development and refinement of coding systems for thematic analysis</li> <li>• Synthesized relevant literature to inform theoretical framing and integration of qualitative findings</li> </ul>
Aug 2015- April 2016	<p><b>Sylvester Comprehensive Cancer Center, University of Miami</b></p> <p>Title: Master's Clinical Project</p> <p>Location: Miami, FL</p> <p>Project Title: A Mindfulness-Based Music Intervention to Decrease Anxiety and Depression in Cancer Patients</p>

- Designed and implemented a novel music-based mindfulness protocol for adults undergoing chemotherapy in inpatient and outpatient oncology units
- Provided 120 client-contact hours delivering the intervention to individuals experiencing cancer-related distress
- Completed a comprehensive project report including literature review, intervention rationale, and clinical protocol manual
- Successfully defended project proposal and final report before graduate faculty committee

Aug 2014- **University of Miami**

May 2016 Title: Graduate Assistant

Location: Miami, FL

Supervisors: Shannon de l'Etoile, Ph.D. and Teresa Lesiuk, Ph.D.

- Assisted in participant recruitment and scoring of the Myers-Briggs Type Indicator
- Conducted behavioral coding and analysis of infant and toddler movement responses to music from video-recorded sessions
- Performed data entry and supported organization of audiovisual materials for lab-based developmental music research

## Teaching Experience

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May 2025- **ISU Department of Psychology**

July 2025 Title: Summer Faculty

Location: Terre Haute, IN

Course: PSY 321: Diversity and Ethics in Psychology

- Designed and taught an online undergraduate course integrating diversity, professional ethics, and cultural competence in psychology
- Developed all instructional materials, including lectures, assignments, assessments, and grading rubrics
- Facilitated student engagement through interactive discussion boards, applied assignments, and weekly video modules

June 2024- Title: Summer Faculty

Aug 2024 Course: PSY 101: General Psychology

- Independently taught one online section of introductory psychology to undergraduate students
- Delivered weekly lectures, created assignments and assessments, and maintained student engagement in a virtual format

Aug 2023- Title: Graduate Teaching Assistant  
 May 2024 Course: PSY 101: General Psychology  
 Supervisor: Brad Brubaker, Ph.D.

- Assisted with two in-person sections each semester (~35 students per section) of undergraduate introductory psychology
- Supported student learning through grading, classroom management, and individual assistance

## Honors, Awards, & Scholarships

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2025	ISU Graduate Student Research Grant
2024	Bakerman Student Research Award
2016	Award of Academic Merit, University of Miami
2014-2016	Frost School of Music Graduate Teaching Assistantship (Annual)
2014-2016	Frost School of Music Tuition Scholarship (Annual)
2013-2014	GA Partial Tuition Waiver, University of Miami
2009	Dean's List, Eastman School of Music
2004-2010	Howard Hanson Four-Year Merit Scholarship, Eastman School of Music

## Presentations

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Britton, J. (2025, September). *Ethical and Effective Use of AI in Clinical Care: Applications and Limits* [Academic presentation]. Clients & Science Seminar Series, Indiana State University, Terre Haute, IN.

Britton, J. (2025, September). *Generative AI quick start for clinicians* [Professional presentation]. Murphy, Urban, & Associates, Terre Haute, IN

Britton, J. (2025, August). *AI Hackathon: Exploring Clinical Use Cases Across the Psy.D. Program* [Academic presentation]. Indiana State University Department of Psychology, Terre Haute, IN

Britton, J. (2025, August). *AI in Graduate Training: Risks, Tools, and Opportunities* [Panel presentation]. Graduate Assistant Orientation, Indiana State University, Terre Haute, IN.

Britton, J. (2025, January). *Finding strength and balance: Addressing burnout in Healthcare* [Professional presentation]. Clay City Center for Family Medicine, Clay City, IN

Britton, J. (2023, April). *Upward and downward social comparison when listening to sad music* [Poster presentation]. Midwestern Psychological Association Conference, Chicago, IL.

Gelfand, A., Johnson, T., Todd, B., Bedore, P., & **Britton, J.** (2023, April). *Potential links between sad music listening, rumination, and depression* [Poster presentation]. Midwestern Psychological Association Conference, Chicago, IL.

Britton, J. (2018, April). *Working with the suicidal client* [Conference presentation]. Star Center Music Therapy Conference, Jackson, TN.

- Killingsworth, A., **Britton, J.** (2017, May). *“Big T” and “little t” trauma* [Professional presentation]. Lipscomb University Wellness 66 Seminar, Nashville, TN.
- Britton, J. (2016, May). *Music and mindfulness* [Professional presentation]. Lipscomb University Wellness 66 Seminar, Nashville, TN.
- Britton, J. (2016, March). *An introduction to mindfulness using music listening and instrument playing* [Conference presentation]. SER American Music Therapy Conference, Macon, GA.
- Britton, J. (2015, March). *The effect of instrumental improvisation on selective attention in typical adults* [Poster presentation], SER American Music Therapy Conference, Columbia, SC
- Britton, J. (2015, October)., *Music and mindfulness* [Professional presentation], University of Miami medical campus staff and multiple sclerosis support group, Miami, FL

## Administrative and Educational Roles

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June 2021- **Board of Child Care, Caminos Program**

May 2022 Title: Quality Improvement Associate

Location: Baltimore, MD

- Supported reunification of unaccompanied migrant youth with sponsors in accordance with federal guidelines
- Monitored compliance with sexual abuse prevention protocols and responded to safety concerns by reviewing incident reports and video documentation
- Collaborated with interpreters to support Spanish- and Arabic-speaking youth during sensitive reporting and documentation processes
- Developed internal policies, COVID-19 procedures, and licensing reports in alignment with federal, state, and agency standards

June 2014- **London Achievement Processes**

Aug 2015 Title: Summer Tutor

Location: Miami, FL

- Provided one-on-one tutoring in reading and comprehension for children ages 5–12 with learning disabilities, behavioral challenges, and autism spectrum disorder
- Trained in Lindamood-Bell’s Seeing Stars® program for symbol imagery and phonological awareness

## Technology and Digital Tools

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**Artificial Intelligence (AI) Tools and Applications**

Oct 2025 Interactive CV



	<ul style="list-style-type: none"> <li>• Launched a web-based, chat-enabled version of this CV to demonstrate transparent AI integration in professional identity and clinical training</li> <li>• Available at Interactive CV</li> </ul>
Sep 2025	<p>Treatment Plan Scribe</p> <ul style="list-style-type: none"> <li>• Custom GPT co-designed with ISU faculty to support students in generating ethical, goal-oriented treatment plans for clinical use</li> <li>• Provided example templates and structured prompting to guide problem formulation and treatment planning</li> <li>• Available at <a href="#">Treatment Plan GPT</a></li> </ul>
May 2025	<p>PSY 321 Course Chat</p> <ul style="list-style-type: none"> <li>• Custom GPT created to improve accessibility and self-guided navigation of course materials in an online undergraduate Diversity and Ethics course taught independently</li> <li>• Enabled students to interact with syllabus content, assignment policies, and expectations on demand</li> <li>• Available at <a href="#">PSY 321 GPT</a></li> </ul>
Jan 2025	<p>Unconscious Bias Identifier</p> <ul style="list-style-type: none"> <li>• Custom GPT adapted from Buster Benson’s “Cognitive Bias Cheat Sheet” to promote awareness of unconscious cognitive distortions</li> <li>• Designed for use in teaching and supervision to support reflection on personal and systemic bias</li> <li>• Available at <a href="#">Bias Identifier GPT</a></li> </ul>
Aug 2024	<p>APA Ethics Dilemma Decision Making and Discussion</p> <ul style="list-style-type: none"> <li>• Custom GPT designed to help users select an ethical framework and work through clinical dilemmas</li> <li>• Supported reflective decision-making and discussion aligned with the APA Ethics Code</li> <li>• Available at <a href="#">APA Ethics GPT</a></li> </ul>
Jul 2024	<p>Client Psych Handout Generator</p> <ul style="list-style-type: none"> <li>• Custom GPT designed to guide creation of personalized, interactive, evidence-based handouts for clients using structured prompts and collaborative Canvas documents</li> <li>• Integrated CBT, ACT, DBT, and trauma-informed content frameworks tailored by audience, tone, and purpose</li> <li>• Available at <a href="#">Client Handout GPT</a></li> </ul>

## Professional Memberships

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2024-Present American Psychological Association, Student Member  
2022-Present Psychology Graduate Student Organization  
2017-Present Board-Certified Music Therapist, Certification Board for Music Therapists  
2022-2024 Licensed Music Therapist in Maryland (LPMT)  
2015-2022 Member, American Music Therapy Association

## Selected Trainings and Continuing Education

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Apr 2025 Spiritual Competency Training in Mental Health (online course, modules 1-3)  
Presenters: Kenneth I. Pargament, Ph.D. and Michael J. Pearce, Ph.D.  
Sep 2024 Neurodiversity-Affirming Care  
Presenter: Jeremy Shuman, Psy.D.  
Jan 2024 A course for Trauma-Focused Cognitive Behavioral Therapy (online course)  
Presenter: Daniel W. Smith  
May 2023 Interpersonal Psychotherapy for Depressed Adolescents  
Presenter: Christie Schueler, Ph.D.  
Oct 2023 Cognitive Processing Therapy  
Presenter: Charlene Johnson, Psy.D., HSPP  
Oct 2023 Using ADDRESSING Model for Case Conceptualization  
Presenters: Kathy O'Campo, Ph.D. and Paige Bedore, M.S.  
Jan 2023 Fundamentals of the Assessment, Conceptualization, and Treatment of OCD  
Presenter: Jeremy Shuman, Psy.D.  
Oct 2022 Assessment & Interventions for Grief, Loss, & Mourning  
Presenter: Joy Samuels, DMin, LPC-MHSP, NCC  
Oct 2022 Use of Performance Validity Tests in Assessment  
Presenter: Kevin Bolinsky, Ph.D., HSPP  
Dec 2017 Acceptance & Commitment Therapy - ACT for adolescents (online course)  
Presenter: Russ Harris, M.B.B.S.

## Community Service

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Aug 2022- **Community and Church Service**  
Present Title: Volunteer Musician and Service Volunteer  
Location: Terre Haute, IN

- Provided weekly music performance and coordination for community meetings and local gatherings

- Played organ and arranged musical contributions for youth-focused events and group services
- Engaged in community outreach events focused on inclusion and service, such as Hamilton Center's Diversity Walk and Manna from Seven food distribution

Aug 2017- **TriStar Centennial, Alzheimer's Association**

Sep 2019 Title: Team Captain, Walk to End Alzheimer's

Location: Nashville, TN

- Led fundraising efforts, contributing over \$75,000 for the TriStar Centennial Parthenon Pavilion team

Aug 2006- **Church of Jesus Christ of Latter-Day Saints**

Aug 2008 Title: Missionary

Location: Detroit, MI

- Completed two years of full-time volunteer service focused on community outreach and cross-cultural communication
- Facilitated group discussions and individual meetings with families to provide emotional and spiritual support
- Engaged in direct outreach through structured community engagement and door-to-door communication

## References

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**Elizabeth (Liz) Smith, Psy.D., HSPP**

Indiana State University, Department of Psychology

Terre Haute, IN

Assistant Professor, Clinical Supervisor

Work Phone: (812) 237-2465

[Liz.Smith@indstate.edu](mailto:Liz.Smith@indstate.edu)

**Thomas Johnson, Ph.D., HSPP**

Indiana State University, Department of Psychology

Terre Haute, IN

Professor

Work Phone: (812) 237-2449

[Thomas.Johnson@indstate.edu](mailto:Thomas.Johnson@indstate.edu)