

John Britton

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[Interactive/Online CV Available Here](#)

Education

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| May 2027
(Expected) | Doctor of Clinical Psychology (Psy.D.)
Indiana State University (ISU), Terre Haute, IN
Current GPA: 4.0 |
| May 2024 | Master of Science in Psychology (M.S.)
ISU, Terre Haute, IN |
| Dec 2016 | Master of Music in Music Therapy (M.M.)
University of Miami, Miami, FL |
| May 2010 | Bachelor of Music in Jazz Studies (B.M.)
University of Rochester - Eastman School of Music, Rochester, NY |

Supervised Clinical Experience

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| June 2025-
Present | Murphy, Urban, & Associates
Title: Graduate Student Clinician
Location: Terre Haute, IN
Supervisor: Thomas Rea, Psy.D., HSPP <ul style="list-style-type: none">• Provide individual psychotherapy services to child, adolescent, and adult clients in a private practice setting• Complete comprehensive integrative psychological evaluations using cognitive ability, academic achievement, and objective personality measures• Communicate results of evaluations and treatment recommendations to clients, parents, caregivers, referring physicians, and school personnel• Engage in weekly individual supervision to reflect on clinical work, receive feedback, and integrate evidence-based practices |
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June 2024-
May 2025

Clay City Center for Family Medicine

Title: Doctoral Psychology Student Clinician

Location: Clay City, IN

Supervisor: Michael Urban, Psy.D., HSPP

- Provided individual psychotherapy services to child, adolescent, and adult clients in an integrated primary care setting
- Completed comprehensive integrative psychological evaluations
- Coordinated care with physicians, nurse practitioners, and nurses
- Attended weekly staff meetings which addressed administrative needs, trainings, and hospital initiatives

Aug 2023-
Aug 2025

ISU Psychology Clinic

Title: Graduate Student Clinician

Location: Terre Haute, IN

Supervisors: Elizabeth Smith, Psy.D., HSPP, Liz O’Laughlin, Ph.D., HSPP, Kathy O’Campo, Ph.D., HSPP

- Provided individual psychotherapy and psychological assessment services to child, adolescent, and adult clients in a university-based outpatient clinic
- Prepared integrative psychological reports, created treatment plans, and maintained progress notes utilizing an electronic medical record system
- Engaged in weekly supervision, including individual (1 hr), group (1 hr), and peer supervision (1 hr in second year)

Aug 2023-
May 2024

ISU ADHD Evaluation Clinic

Title: Graduate Evaluator

Location: Terre Haute, IN

Supervisor: Liz O’Laughlin, Ph.D., HSPP

- Conducted ADHD diagnostic clinical interviews with parents/caregivers of children aged 5-11
- Administered psychodiagnostic testing including domains of cognitive ability, academic achievement, behavior, attention, and parenting
- Wrote integrated diagnostic reports utilizing information from child, parent, and teacher reports
- Provided feedback on testing results to parents/caregivers and recommendations for treatment
- Attended one-hour staffing and one-hour individual supervision weekly

Evidence-Based Protocols Utilized Across Training Sites

Provided structured interventions and flexible integration of supportive, client-centered approaches based on individual needs.

Cognitive and Behavioral Therapies

- Cognitive Behavioral Therapy (CBT)
- Behavioral Activation
- Exposure Therapy
- Unified Protocol for Transdiagnostic Treatment of Emotional Disorders
- CBT for Insomnia
- CBT for Chronic Pain
- CBT for Weight Management
- Enhanced CBT (for eating disorders)
- CBT for ARFID
- CBT for Couples Therapy
- SAMHSA Anger Management Treatment

Parenting and Child-Focused Interventions

- Behavioral Parent Training
- C.A.T. Project (CBT for adolescents with anxiety)
- Coping Power (CBT for children with anger problems)

Trauma-Focused Interventions

- Cognitive Processing Therapy (CPT)
- Narrative Exposure Therapy (NET)
- Seeking Safety

Third-Wave Behavioral Therapies

- Acceptance and Commitment Therapy (ACT)
- Dialectical Behavior Therapy (DBT)
- Mindfulness-Based Interventions

Supervisory Experience

Aug 2025- Present **ISU Department of Psychology**
Title: Peer Supervisor
Location: Terre Haute, IN
Supervisor: Kathy O'Campo, Ph.D., HSPP

- Provided weekly peer supervision to second-year doctoral students in their first year of clinical practicum

- Reviewed session recordings, progress notes, and clinical writing to support development in intervention, documentation, and ethical decision-making
- Facilitated reflective case discussions and offered formative feedback on clinical skills and professional identity
- Participated in biweekly group supervision with other peer supervisors to strengthen supervisory practices and align with program expectations

Aug 2018- **TriStar Centennial Parthenon Pavilion**
 Dec 2019 Title: Music Therapy Practicum Supervisor
 Location: Nashville, TN

- Supervised undergraduate music therapy students leading one group session per week in an outpatient psychiatric setting
- Provided weekly individual supervision focused on session planning, therapeutic use of music, and clinical documentation
- Completed formal evaluations and collaborated with university faculty to assess student competencies and progress

Additional Clinical Experience

March 2017- **TriStar Centennial Parthenon Pavilion, Outpatient Services**
 May 2021 Title: Group Therapist
 Location: Nashville, TN

- Provided group music therapy for adults and adolescents in Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP)
- Conducted admission assessments including psychosocial history, and level-of-care determinations
- Completed insurance authorizations and continued stay reviews by synthesizing clinical documentation and communicating medical necessity to payors
- Documented group sessions, treatment plans, and assessments in the electronic medical record (MEDITECH)
- Collaborated in weekly interdisciplinary meetings with psychiatry, counseling, and expressive therapy staff to support integrated treatment planning

Adolescent Intensive Outpatient Program (IOP)

- Co-developed adolescent IOP policies, procedures, safety protocols, and treatment structure in collaboration with supervisors and hospital administration

- Authored adolescent staff intervention manual synthesizing creative arts therapy principles with CBT-, ACT-, and DBT-informed content
- Oversaw program expansion, including a 233% increase in referrals (2018), 25% increase in average length of stay (2019), and 61% growth in 2020

July 2016- **TriStar Centennial Parthenon Pavilion**

Jan 2017 Title: Music Therapy Intern

Location: Nashville, TN

- Completed 1,040-hour internship providing music therapy to adults and older adults on acute inpatient psychiatric units
- Facilitated group music therapy addressing coping, emotional expression, boundaries, and social engagement for individuals with severe mental illness and dementia
- Collaborated with interdisciplinary teams in recovery planning meetings and documented services in EMR

Research Experience

Feb 2025- **ISU**

Present Doctoral Dissertation

Title: Factors Contributing to Music Performance Anxiety Among College Musicians

Location: Terre Haute, IN

Chair: Thomas Johnson, Ph.D., HSPP

Status: Proposal Defended Aug 2025; IRB Approval Feb 2025

- Designed a quantitative study testing associations between childhood temperament, anxiety symptoms, and music performance anxiety in college musicians
- Secured IRB approval and began participant recruitment and data collection in Spring 2025 after obtaining dissertation committee approval
- Anticipate completing data analysis in spring of 2026
- Anticipate defending final dissertation in summer of 2026

Aug 2022- **ISU Psychomusicology Lab**

May 2025 Title: Graduate Research Assistant

Location: Terre Haute, IN

Supervisor: Thomas Johnson, Ph.D., HSPP

- Conducted qualitative and quantitative data analysis on studies examining sad music listening, rumination, and social comparison
- Contributed to the development and refinement of coding systems for thematic analysis

- Synthesized relevant literature to inform theoretical framing and integration of qualitative findings

Aug 2015-
April 2016

Sylvester Comprehensive Cancer Center, University of Miami

Title: Master's Clinical Project

Location: Miami, FL

Project Title: A Mindfulness-Based Music Intervention to Decrease Anxiety and Depression in Cancer Patients

- Designed and implemented a novel music-based mindfulness protocol for adults undergoing chemotherapy in inpatient and outpatient oncology units
- Provided 120 client-contact hours delivering the intervention to individuals experiencing cancer-related distress
- Completed a comprehensive project report including literature review, intervention rationale, and clinical protocol manual
- Successfully defended project proposal and final report before graduate faculty committee

Aug 2014-
May 2016

University of Miami

Title: Graduate Assistant

Location: Miami, FL

Supervisors: Shannon de l'Etoile, Ph.D. and Teresa Lesiuk, Ph.D.

- Assisted in participant recruitment and scoring of the Myers-Briggs Type Indicator
- Conducted behavioral coding and analysis of infant and toddler movement responses to music from video-recorded sessions
- Performed data entry and supported organization of audiovisual materials for lab-based developmental music research

Teaching and Administrative Experience

May 2025-
July 2025

ISU Department of Psychology

Title: Adjunct Instructor

Location: Terre Haute, IN

Course: PSY 321: Diversity and Ethics in Psychology

- Developed all instructional materials, including lectures, assignments, assessments, and grading rubrics
- Facilitated student engagement through interactive discussion boards, applied assignments, and weekly video modules
- Graded and provided feedback on assignments and managed an online gradebook via Canvas

- June 2024- Title: Adjunct Instructor
Aug 2024 Course: PSY 101: General Psychology
- Independently taught one online section of introductory psychology to undergraduate students
 - Delivered weekly lectures, created assignments and assessments, and maintained student engagement in a virtual format
- Aug 2023- Title: Graduate Teaching Assistant
May 2024 Course: PSY 101: General Psychology
Supervisor: Brad Brubaker, Ph.D.
- Taught two in-person sections each semester (~35 students per section) of undergraduate introductory psychology
 - Supported student learning through grading, classroom management, and individual assistance
- June 2021- **Board of Child Care, Caminos Program**
May 2022 Title: Quality Improvement Associate
Location: Baltimore, MD
- Supported reunification of unaccompanied migrant youth with sponsors in accordance with federal guidelines
 - Monitored compliance with sexual abuse prevention protocols and responded to safety concerns by reviewing incident reports and video documentation
 - Collaborated with interpreters to support Spanish- and Arabic-speaking youth during sensitive reporting and documentation processes
 - Developed internal policies, COVID-19 procedures, and licensing reports in alignment with federal, state, and agency standards

Honors, Awards, & Scholarships

2025	ISU Graduate Student Research Grant
2024	Bakerman Student Research Award
2016	Award of Academic Merit, University of Miami
2014-2016	Frost School of Music Graduate Teaching Assistantship (Annual)
2014-2016	Frost School of Music Tuition Scholarship (Annual)
2013-2014	GA Partial Tuition Waiver, University of Miami
2009	Dean's List, Eastman School of Music
2004-2010	Howard Hanson Four-Year Merit Scholarship, Eastman School of Music

Research Presentations

- Britton, J. (2023, April). *Upward and downward social comparison when listening to sad music* [Poster presentation]. Midwestern Psychological Association Conference, Chicago, IL.
- Gelfand, A., Johnson, T., Todd, B., Bedore, P., & **Britton, J.** (2023, April). *Potential links between sad music listening, rumination, and depression* [Poster presentation]. Midwestern Psychological Association Conference, Chicago, IL.
- Britton, J. (2016, March). *An introduction to mindfulness using music listening and instrument playing* [Conference presentation]. SER American Music Therapy Conference, Macon, GA.
- Britton, J. (2015, March). *The effect of instrumental improvisation on selective attention in typical adults* [Poster presentation], SER American Music Therapy Conference, Columbia, SC

Professional Presentations

- Britton, J. & Johnson, T. (accepted, January 2026). *Beyond stage fright - Addressing music performance anxiety in jazz students*. [Conference presentation]. Presentation to be delivered at the Jazz Education Network Annual Conference, New Orleans, LA.
- Britton, J. (scheduled, November 2025). *Understanding suicide grief: Supporting survivors through complex loss*. [Professional presentation]. Invited community presentation for International Survivors of Suicide Loss Day, American Foundation for Suicide Prevention, Sullivan, IN.
- Britton, J. (2025, September). *Use of AI: Practical and ethical considerations* [Academic presentation]. Clients & Science Seminar Series, Indiana State University, Terre Haute, IN.
- Britton, J. (2025, September). *Generative AI quick start for clinicians* [Professional presentation]. Murphy, Urban, & Associates, Terre Haute, IN
- Britton, J. (2025, August). *AI Hackathon: Exploring Clinical Use Cases Across the Psy.D. Program* [Academic presentation]. Indiana State University Department of Psychology, Terre Haute, IN
- Britton, J. (2025, August). *AI in Graduate Training: Risks, Tools, and Opportunities* [Panel presentation]. Graduate Assistant Orientation, Indiana State University, Terre Haute, IN.
- Britton, J. (2025, January). *Finding strength and balance: Addressing burnout in Healthcare* [Professional presentation]. Clay City Center for Family Medicine, Clay City, IN
- Britton, J. (2018, April). *Working with the suicidal client* [Conference presentation]. Star Center Music Therapy Conference, Jackson, TN.

- Killingsworth, A., **Britton, J.** (2017, May). *“Big T” and “little t” trauma* [Professional presentation]. Lipscomb University Wellness 66 Seminar, Nashville, TN.
- Britton, J. (2016, May). *Music and mindfulness* [Professional presentation]. Lipscomb University Wellness 66 Seminar, Nashville, TN.
- Britton, J. (2015, October)., *Music and mindfulness* [Professional presentation], University of Miami medical campus staff and multiple sclerosis support group, Miami, FL

Technology and Digital Tool Development

Artificial Intelligence (AI) Tools and Applications	
Sep 2025	<p>LocalScribe</p> <ul style="list-style-type: none">• Privacy-first, local AI application (in development) designed to support psychologists in drafting notes and reports• Built on open-source models adapted for clinical documentation to ensure relevance and PHI protection• Preview available at <i>Website</i>
Oct 2025	<p>Interactive CV</p> <ul style="list-style-type: none">• Launched a web-based, chat-enabled version of this CV to demonstrate transparent AI integration in professional identity and clinical training• Available at Interactive CV
May 2025	<p>PSY 321 Course Chat</p> <ul style="list-style-type: none">• Custom GPT created to improve accessibility and self-guided navigation of course materials in an online undergraduate Diversity and Ethics course taught independently• Enabled students to interact with syllabus content, assignment policies, and expectations on demand• Available at PSY 321 GPT
Aug 2024	<p>APA Ethics Dilemma Decision Making and Discussion</p> <ul style="list-style-type: none">• Custom GPT designed to help users select an ethical framework and work through clinical dilemmas• Supported reflective decision-making and discussion aligned with the APA Ethics Code• Available at APA Ethics GPT
Jul 2024	<p>Client Psych Handout Generator</p>

- Custom GPT designed to guide creation of personalized, interactive, evidence-based handouts for clients using structured prompts
- Integrated CBT, ACT, DBT, and trauma-informed content frameworks tailored by audience, tone, and purpose
- Available at [Client Handout GPT](#)

Professional Memberships

2024-Present American Psychological Association, Student Member
 2022-Present Psychology Graduate Student Organization
 2017-Present Board-Certified Music Therapist, Certification Board for Music Therapists
 2022-2024 Licensed Music Therapist in Maryland (LPMT)
 2015-2022 Member, American Music Therapy Association

Selected Trainings and Continuing Education

Jul 2025 **Opportunity, Challenge, and Shaping the Future of AI** (APA webinar, online)
 Presenters: Eduardo Bunge, Ph.D., Jenna Carl, Ph.D., Grin Lord, Psy.D., ABPP, and Mindy Shoss, Ph.D.

Apr 2025 **Spiritual Competency Training in Mental Health** (online course, modules 1-3)
 Presenters: Kenneth I. Pargament, Ph.D. and Michael J. Pearce, Ph.D.

Sep 2024 **Neurodiversity-Affirming Care**
 Presenter: Jeremy Shuman, Psy.D.

Jan 2024 **A course for Trauma-Focused Cognitive Behavioral Therapy** (online course)
 Presenter: Daniel W. Smith

May 2023 **Interpersonal Psychotherapy for Depressed Adolescents**
 Presenter: Christie Schueler, Ph.D.

Oct 2023 **Cognitive Processing Therapy**
 Presenter: Charlene Johnson, Psy.D., HSPP

Oct 2023 **Using ADDRESSING Model for Case Conceptualization**
 Presenters: Kathy O'Campo, Ph.D. and Paige Bedore, M.S.

Jan 2023 **Fundamentals of the Assessment, Conceptualization, and Treatment of OCD**
 Presenter: Jeremy Shuman, Psy.D.

Oct 2022 **Assessment & Interventions for Grief, Loss, & Mourning**
 Presenter: Joy Samuels, DMin, LPC-MHSP, NCC

Oct 2022 **Use of Performance Validity Tests in Assessment**
 Presenter: Kevin Bolinsky, Ph.D., HSPP

Dec 2017 **Acceptance & Commitment Therapy - ACT for Adolescents** (online course)
Presenter: Russ Harris, M.B.B.S.

Community Service

- Aug 2022-
Present **Community and Church Service**
Title: Volunteer Musician and Service Volunteer
Location: Terre Haute, IN
- Provided weekly music performance and coordination for community meetings and local gatherings
 - Played organ and arranged musical contributions for youth-focused events and group services
 - Engaged in community outreach events focused on inclusion and service, such as Hamilton Center's Diversity Walk and Manna from Seven food distribution
- Aug 2017-
Sep 2019 **TriStar Centennial, Alzheimer's Association**
Title: Team Captain, Walk to End Alzheimer's
Location: Nashville, TN
- Led fundraising efforts, contributing over \$75,000 for the TriStar Centennial Parthenon Pavilion team
- Aug 2006-
Aug 2008 **Church of Jesus Christ of Latter-Day Saints**
Title: Missionary
Location: Detroit, MI
- Completed two years of full-time volunteer service focused on community outreach and cross-cultural communication
 - Facilitated group discussions and individual meetings with families to provide emotional and spiritual support
 - Engaged in direct outreach through structured community engagement and door-to-door communication

References

Elizabeth (Liz) O'Laughlin, Ph.D., HSPP
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