

May - 2022

 **OutReachFrog**

# SEO Report

[theedgegetreatment.com](https://theedgegetreatment.com)

[www.outreachfrog.com](https://www.outreachfrog.com)



# Summary

- We are seeing great results with several keywords moving up in the SERPS.
- We promised 20 DA50+ targeted at the following keywords: “rehab center in California”, “drug alcohol treatment center”, “drug rehab center”, “drug and alcohol rehab”, “drug addiction treatment”, “dual diagnosis treatment center”, “opioid treatment programs”, “alcohol treatment centers”, “outpatient drug rehab” and “alcohol addiction treatment”.
- We provided 1 on site content piece, [click here to download](#).
- In total, 22 keywords increased their positions as well as were able to have you rank for many other new keywords.



**OutReachFrog**

# KEYWORD REPORT

[www.outreachfrog.com](http://www.outreachfrog.com)

# Keywords Improvement

No	Keyword	Previous Position	Current Position	Rank Improvement	URL	Volume
1	edge treatment	8	5	3	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	20
2	being in love with an addict	9	5	4	<a href="https://www.theedgetreatment.com/the-beautiful-tragedy-of-being-in-love-with-an-addict/">https://www.theedgetreatment.com/the-beautiful-tragedy-of-being-in-love-with-an-addict/</a>	600
3	addiction treatment center orange county	20	17	3	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	30
4	orange county treatment center	29	21	8	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	50
5	orange county rehab	26	23	3	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	300
6	drug addiction treatment center in orange county ca	54	32	22	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	100
7	orange edge	40	35	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	1200
8	treatment centers in orange county	62	49	13	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	60
9	drug detox orange county	57	52	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	40
10	drug rehab centers orange county	57	54	3	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	126000
11	orange county rehab centers	60	54	6	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	60
12	rehab centers in orange county	59	54	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	50
13	orange county rehab facilities	61	56	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	40
14	free rehab orange county	63	59	4	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	100
15	best addiction treatment centers orange county	64	63	1	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	80
16	addiction treatment orange county	67	65	2	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	1200
17	rehab for drug addiction orange county	72	67	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	70
18	california treatment center	80	71	9	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	60
19	drug rehab near me orange county	74	72	2	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	70
20	find addiction recovery in orange county ca	93	76	17	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	70
21	treatment center	99	81	18	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	2200
22	inpatient rehab orange county	90	86	4	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	100

# Keywords Improvement - Tran

No	Keyword	Previous Position	Current Position	Rank Improvement	URL	Volume
1	edge treatment	8	5	3	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	90
2	drugs abuse statistics	18	12	6	<a href="https://www.theedgetreatment.com/addiction-statistics-2021/">https://www.theedgetreatment.com/addiction-statistics-2021/</a>	350
3	alcohol treatment center orange county	23	19	4	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	60
4	orange county rehab	26	23	3	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	300
5	rehab orange county	25	23	2	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	100
6	drug rehab orange county	32	27	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	350
7	orange edge	40	35	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	1,200
8	alcohol treatment centers orange county	45	43	2	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	60
9	orange rehab	79	45	34	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	60
10	rehabs in orange county	50	47	3	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	100
11	treatment centers in orange county	62	49	13	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	100
12	drug detox orange county	57	52	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	80
13	drug rehab centers orange county	57	54	3	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	70
14	rehab centers in orange county	59	54	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	150
15	rehab in orange county ca	60	58	2	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	50
16	detox centers orange county	62	60	2	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	50
17	best addiction treatment centers orange county	64	63	1	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	50
18	drug rehab orange county ca	71	64	7	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	80
19	addiction treatment orange county	67	65	2	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	70
20	california treatment center	80	71	9	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	100
21	womens rehab program laguna beach	84	79	5	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	60
22	treatment center	99	81	18	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	2,200

# New Keywords Ranking - Tran

No	Keyword	Ranking	URL	Volume
1	the edge recovery coral springs	35	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	10
2	what is self medicating	45	<a href="https://www.theedgegettreatment.com/self-medicating-and-addiction-what-you-need-to-know/">https://www.theedgegettreatment.com/self-medicating-and-addiction-what-you-need-to-know/</a>	150
3	dmx childhood trauma	50	<a href="https://www.theedgegettreatment.com/dmx-learning-from-the-loss-of-a-giant/">https://www.theedgegettreatment.com/dmx-learning-from-the-loss-of-a-giant/</a>	4,500
4	dmx trauma	53	<a href="https://www.theedgegettreatment.com/dmx-learning-from-the-loss-of-a-giant/">https://www.theedgegettreatment.com/dmx-learning-from-the-loss-of-a-giant/</a>	600
5	my orange life	54	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	1,000
6	sober bar	62	<a href="https://www.theedgegettreatment.com/are-sober-bars-worth-it/">https://www.theedgegettreatment.com/are-sober-bars-worth-it/</a>	1,000
7	sober recovery friends and family	75	<a href="https://www.theedgegettreatment.com/sober-etiquette-language-of-addiction-recovery/">https://www.theedgegettreatment.com/sober-etiquette-language-of-addiction-recovery/</a>	200
8	beautiful tragedy	76	<a href="https://www.theedgegettreatment.com/the-beautiful-tragedy-of-being-in-love-with-an-addict/">https://www.theedgegettreatment.com/the-beautiful-tragedy-of-being-in-love-with-an-addict/</a>	400
9	step 5 aa	78	<a href="https://www.theedgegettreatment.com/beyond-the-12-steps-5-alternatives-to-aa/">https://www.theedgegettreatment.com/beyond-the-12-steps-5-alternatives-to-aa/</a>	1,700
10	the center santa ana	80	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	20
11	laguna beach rehab center	84	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	50
12	top rehab centers in california	90	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	40
13	good life treatment center	92	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	60
14	the edge	93	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	126,000
15	drug detox in orange county ca	94	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	40
16	top treatment centers	94	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	20
17	laguna beach treatment center	94	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	30
18	laguna beach detox centers	96	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	70
19	rehab center near me	96	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	4,600
20	waters edge florida rehab	97	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	20
21	alcohol detox orange county california	97	<a href="https://www.theedgegettreatment.com/">https://www.theedgegettreatment.com/</a>	30

# New Keywords Ranking

No	Keyword	Ranking	URL	Volume
1	meth streams	20	<a href="https://www.theedgetreatment.com/fish-hooked-meth/">https://www.theedgetreatment.com/fish-hooked-meth/</a>	5000
2	dextrostat	23	<a href="https://www.theedgetreatment.com/dextrostat/">https://www.theedgetreatment.com/dextrostat/</a>	900
3	click remedy	24	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	150
4	signs of chronic alcoholism	28	<a href="https://www.theedgetreatment.com/a-guide-to-understanding-the-physical-symptoms-of-alcoholism/">https://www.theedgetreatment.com/a-guide-to-understanding-the-physical-symptoms-of-alcoholism/</a>	60
5	the edge recovery coral springs	35	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	10
6	signs of early alcoholism	41	<a href="https://www.theedgetreatment.com/a-guide-to-understanding-the-physical-symptoms-of-alcoholism/">https://www.theedgetreatment.com/a-guide-to-understanding-the-physical-symptoms-of-alcoholism/</a>	70
7	self love recovery	48	<a href="https://www.theedgetreatment.com/creating-self-love-in-addiction-recovery/">https://www.theedgetreatment.com/creating-self-love-in-addiction-recovery/</a>	150
8	edge yourself	52	<a href="https://www.theedgetreatment.com/myself/">https://www.theedgetreatment.com/myself/</a>	350
9	my orange life	54	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	1000
10	symptoms of alcoholic	54	<a href="https://www.theedgetreatment.com/a-guide-to-understanding-the-physical-symptoms-of-alcoholism/">https://www.theedgetreatment.com/a-guide-to-understanding-the-physical-symptoms-of-alcoholism/</a>	100
11	medication assisted detox	69	<a href="https://www.theedgetreatment.com/what-is-medical-detox/">https://www.theedgetreatment.com/what-is-medical-detox/</a>	50
12	the.edge	74	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	30
13	the center santa ana	80	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	20
14	laguna beach rehab center	84	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	50
15	good life treatment center	92	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	60
16	the edge	93	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	126000
17	laguna beach treatment center	94	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	30
18	laguna beach detox centers	96	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	70
19	rehab center near me	96	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	4600
20	alcohol detox orange county california	97	<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	30
21	what is detoxification	99	<a href="https://www.theedgetreatment.com/what-is-medical-detox/">https://www.theedgetreatment.com/what-is-medical-detox/</a>	1200





**OutReachFrog**

**BACKLINKS  
BUILT**

[www.outreachfrog.com](http://www.outreachfrog.com)



- <https://articlebench.org/out-of-state-vs-in-state-rehab-which-one-is-right-for-you/>
- Powerful DA59 website and 4287 organic traffic
- Anchor text “rehab center in California”

## ARTICLE BENCH



extended benefits in the future. In addition to this, you'll **find** that most insurance companies will pay for rehab even if it's out of state. In most cases, that fact is actually for the total treatment price.

### Why A Rehab Center In California Can Help

While family means well, sometimes it's easier to have limited contact so that you can heal from emotional trauma. It also eliminates any chance of distractions. Another great option is that attending a **rehab center in California** allows you to enjoy new weather and the fact that you have complete privacy because no one knows who you are. It is highly believed that all of these factors can help you with your emotional triggers and give you long-term benefits.

Another reason that being out of state can help you is because you're no longer near bad influences, you avoid dangerous triggers, and you learn new habits and routines that you can take back to your old life with you. Living on your own can also help give you a better perspective on life. Remember, your focus when you enter rehab should be about you and your recovery, not worrying about everyone



- <https://plushealthnews.com/6-common-questions-about-entering-a-rehab-center-in-california/>
- Powerful DA54 website and 962 organic traffic
- Anchor text “rehab center in California”

### 1. Am I Allowed To Bring My Phone?

Most rehab centers will always allow you to do this, and a rehab center in California will also make that exception. Keeping your phone or laptop with you may make you feel more comfortable and help reinforce the fact that you're not alone.

### 2. Is My Family Allowed To Come to Visit Me?

Of course! It's encouraging. Having your family come and visit you has proven to help with a patient's recovery time when you're in a **rehab center in California**. When patients feel alone and their families don't care about their struggle, it can lead them to depression. As such, centers encourage families to show their support as often as possible.

### 3. Do I Still Get To Work?

Yes. This is another area that is encouraged. The routine is essential to your recovery, and maintaining a steady work life can help you recover more healthily. Studies have shown that having responsibility helps with your sense of control which is usually



- <https://expressdigest.com/6-common-faqs-people-have-about-drug-alcohol-treatment-centers/>
- Powerful DA50 website and 93841 organic traffic
- Anchor text “drug alcohol treatment center ”

## Are patients allowed visitors?

Families and loved ones are encouraged to visit as it helps the patient's recovery and lets them know that you're their support system. Family interaction is essential during this time, and it can help your loved one go through this process much more manageable.

## How long do people usually stay at a drug and alcohol treatment center?

Time spent in a **drug alcohol treatment center** is highly varied as it depends upon multiple factors.

For example, insurance may only pay for a few weeks. You may recover at a faster rate than a typical patient, or you may relapse or experience issues that make your stay longer. However, in many cases, a regular visit is between a month and three months.

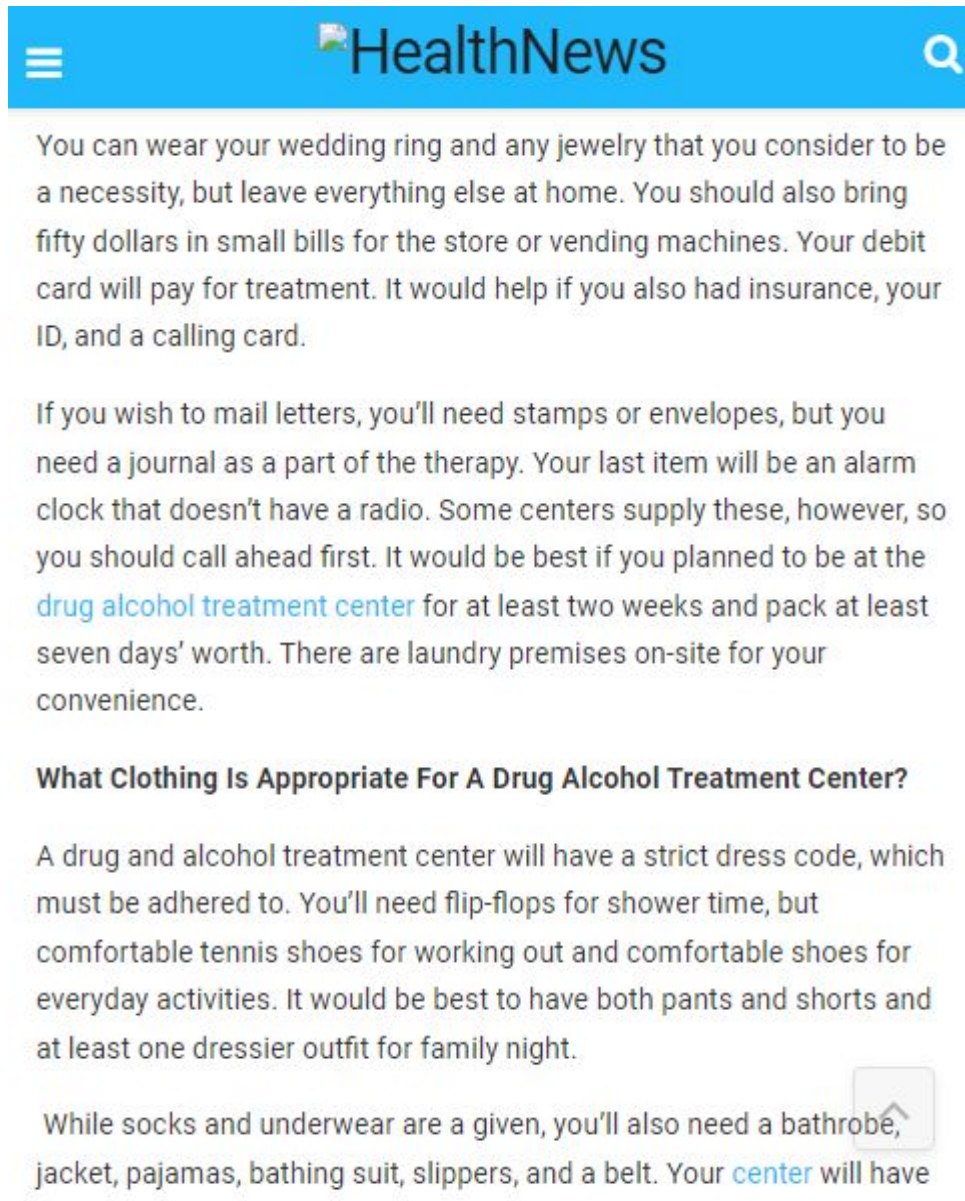
## How often is therapy conducted?

Therapy will usually be once a week with one-on-one sessions. However, there is access anytime for treatment staff if they experience an issue. There is also help with medication.

## What will it cost me?

Health insurance usually covers a stay in a drug and alcohol treatment center for one hundred percent of the treatment. However, you can reach out to the representatives of the treatment facility, and they can help navigate you through the financial process.

- <https://informer57.com/how-to-properly-pack-for-a-drug-alcohol-treatment-center/>
- Powerful DA55 website and 4624 organic traffic
- Anchor text “drug alcohol treatment center ”



The screenshot shows a mobile web browser interface. At the top is a blue header with a hamburger menu icon on the left, the text "HealthNews" in the center, and a magnifying glass search icon on the right. Below the header is a paragraph of text: "You can wear your wedding ring and any jewelry that you consider to be a necessity, but leave everything else at home. You should also bring fifty dollars in small bills for the store or vending machines. Your debit card will pay for treatment. It would help if you also had insurance, your ID, and a calling card." This is followed by another paragraph: "If you wish to mail letters, you'll need stamps or envelopes, but you need a journal as a part of the therapy. Your last item will be an alarm clock that doesn't have a radio. Some centers supply these, however, so you should call ahead first. It would be best if you planned to be at the [drug alcohol treatment center](#) for at least two weeks and pack at least seven days' worth. There are laundry premises on-site for your convenience." Below this is a section header: "What Clothing Is Appropriate For A Drug Alcohol Treatment Center?". The text continues: "A drug and alcohol treatment center will have a strict dress code, which must be adhered to. You'll need flip-flops for shower time, but comfortable tennis shoes for working out and comfortable shoes for everyday activities. It would be best to have both pants and shorts and at least one dressier outfit for family night." At the bottom of the visible text is another paragraph: "While socks and underwear are a given, you'll also need a bathrobe, jacket, pajamas, bathing suit, slippers, and a belt. Your [center](#) will have". A small upward-pointing arrow icon is visible in the bottom right corner of the article content area.



- <https://www.reverery.com/what-to-expect-at-a-long-term-drug-rehab-center/>
- Powerful DA55 website and 6537 organic traffic
- Anchor text “drug rehab center”

With an extended stay, individuals get time to overcome self-limiting beliefs that have influenced addictive patterns. In addition, individuals struggling with severe mental health challenges, homelessness, and other debilitating issues benefit from extended rehab stays. Trained professionals have more time to address these comorbid conditions with struggling individuals, promoting better outcomes.

You can expect a much more comprehensive form of treatment by attending a long-term [drug rehab center](#) than a short-term program. Aftercare plans will be discussed extensively, providing an understanding of how to go about managing their [addiction](#) after the program. A shortened program might sound practical for those with demanding jobs, but these are often less effective. *If you're curious about long-term care, read on for more information on this treatment style.*

## What Does Long-term Drug Rehab Center Entail?

Different long-term programs use different methods for treatment. A common approach is to use the TC model, which utilizes an aggressive method of examining limiting beliefs and negative behavioural patterns to promote lasting changes in the individual. You may also receive medical assistance and therapy as a combined approach to treatment.

- <https://jharaphula.com/time-to-enter-a-drug-rehab-center/>
- Powerful DA59 website and 2585 organic traffic
- Anchor text “drug rehab center”

## Your Health will Determine Whether you need a Drug Rehab Center

One of the main things to focus on is the damage to the mind and body. Do you experience physical health issues? Do you have trouble eating? Other signs to watch out for are appetite and digestive issues. You can also have issues with shaking, nosebleeds, and memory issues. If you experience any of these health problems, or something worse, that's another dangerous sign that you may need a **drug rehab center**.

## What does your Family Think?

Another sign that you need a drug rehab center is if your family has expressed concern. This could mean talking to you privately or a full-scale intervention. They're not trying to hurt you or upset you. Instead, they say that they think you need help and need to change your behavior.

## Take a Close Look at your Finances

As someone who struggles with addiction, you can find that you never have any money. Rent and bills can be a severe issue as the money has been spent on other areas. This becomes an issue as you could end up without a home. If your main priority is to get drunk or high, you won't be able to have an everyday life because you can't handle your finances. **Bear** in mind that that doesn't mean that you're a terrible person or have something to be ashamed of. Everyone needs help, and if you enter a drug rehab center, you can get it.



- <https://readesh.com/how-to-avoid-relapsing-after-leaving-drug-and-alcohol-rehab/>
- Powerful DA62 website and 10783 organic traffic
- Anchor text “drug and alcohol rehab”



*Psychotherapist comforting man with depression during psychotherapy meeting*

When you leave drug and alcohol rehab, it's essential to do everything to avoid relapsing. A relapse is when you start using drugs or alcohol again after being sober. It can happen suddenly or slowly, and it can be challenging to recover from.

Getting back to your addictive habits can be tempting, but there are things you can do to stay on track. Your sobriety is essential, and you need to do whatever it takes to abstain from using. If you're not careful, a relapse can lead to addiction again.

Here are some tips that can prove helpful in avoiding relapse after leaving a [drug and alcohol rehab](#):



- <https://modcanyon.com/4-common-myths-about-drug-and-alcohol-rehab/>
- Powerful DA58 website and 23952 organic traffic
- Anchor text “drug and alcohol rehab”

### **You Have To Be At Your Worst**

This is another common issue that people hear, and it's pretty dangerous. Waiting until you are at your worst before seeking help can cause a fatality. It also means that someone could see the warning signs in someone they care about and not do anything because they think they don't need to. There is no reason to wait until someone has done possible irreparable damage to themselves and others before seeking help. Instead, help your family or friends realize they need help immediately.

### **Only The Rich Can Afford Help From A Drug And Alcohol Rehab**

While it may seem that way, that isn't true either. Insurance companies will usually pay for the entirety of your treatment in a **drug and alcohol rehab**. In addition to this, the facilities have many amenities that you can use. The only difference is that moderately priced treatment centers don't focus on things like spa treatments; they focus on giving you the help and care you need in a safe environment to heal.

- <https://digitalglobaltimes.com/drug-addiction-treatment/>
- Powerful DA58 website and 121279 organic traffic
- Anchor text “drug addiction treatment”

## Here Are A Few Reasons Why You Shouldn't Fear Drug Addiction Treatment

📅 May 10, 2022 👤 Zeeshan 💬 0 Comments

Choosing to enter a treatment center is a tough decision, and it's not one that's easily made. However, you should know that there is no reason to fear treatment. Because people don't understand what treatment entails, they can become afraid of the unknown, which causes them to think that a drug addiction treatment may not be the best option.

But, the truth is that when you're suffering from addiction, you need the help of a treatment center immediately so that you can heal the way you need to.

## Counseling Will Help You Heal

A [drug addiction treatment](#) center will employ many different types of counseling to ensure that you can heal from your issues. One-on-one sessions are the primary focus. However, you'll find that group and family therapy are utilized so that you can not only repair your family relationships but also heal from emotional

- <https://updatedideas.com/encouraging-your-loved-one-to-enter-a-drug-addiction-program/>
- Powerful DA60 website and 51772 organic traffic
- Anchor text “drug addiction treatment”

## Drug Addiction Treatment Has Lovely Amenities

A **drug addiction treatment** center wants to ensure that your family member is comfortable, and because of that, the treatment center will have amenities that can be enjoyed. Many have things like basketball courts that encourage exercise; others have additional options. It can help convince your family members more quickly if you discuss them.

## Taking Advantage Of Treatment

In a drug addiction treatment center, you'll **find** that you have various treatment options such as family therapy, individualized therapy, group therapy, and more. One unique method available at a drug addiction center is art therapy. You can let your feelings show through the color for those who have trouble expressing themselves with words. This is an excellent benefit for people who embrace their creativity.

Family therapy, however, is one of the most beneficial as it individual heal old wounds and help get their relationships back





# and Mental Health

By Asad , In Health , At May 13, 2022

- <https://todaytime.co/dual-diagnosis-treatment-center-helps-battle-substance-abuse/>
- Powerful DA58 website and 2647 organic traffic
- Anchor text “dual diagnosis treatment center”

Suffering from an addiction is hard enough with having to suffer from a mental health issue as well. Most people don't realize that you have to combat both to break the addiction cycle effectively. When people have cognitive conditions such as anxiety, obsessive-compulsive disorder, or depression, you can find that they self-medicate to cope with crippling behaviors or thoughts that they can't seem to shake.

Many people with issues like bipolar disorder or other mood disorders feel like a battle is going on inside their minds every day, and they think that there is no way to silence it. As such, more people are turning to alternative methods. The problem with this is that you're not solving your problem. Instead, you are creating a larger one that can cause life-long damage. However, you can get help.

Look into a dual diagnosis treatment center, and you'll see that they know precisely how to help you.

- <https://askoid.com/dual-diagnosis-common-mental-disorders-linked-with-substance-abuse>
- Powerful DA61 website and 16036 organic traffic
- Anchor text “dual diagnosis treatment center”



More than 25 percent of adults living with a serious mental health condition also suffer from a substance abuse disorder. These types of issues require the help of experienced professionals trained in treating patients with a dual diagnosis. The special medical professionals found at a [dual diagnosis treatment center](#) have extensive training in the complexities of co-occurrences and their root causes. There are certain mental conditions that are commonly linked with substance abuse in dual diagnosis situations.

#### **Common Mental Health Conditions**

Some patients may suffer from a mental health condition or a substance abuse disorder independently of each other. However, there are certain mental health conditions which occur more commonly with substance abuse disorder.

- Post-Traumatic Stress Disorder
- Depression
- Bipolar Disorder
- Attention Deficit Hyperactivity Disorder
- Borderline Personality Disorder
- Antisocial Personality Disorder



- <https://guanabee.com/determining-which-opioid-treatment-program-aligns-with-your-stage-of-addiction/>
- Powerful DA57 website and 29250 organic traffic
- Anchor text “opioid treatment programs”

## ☰ Guanabee

Opioid addiction is on the rise, and unfortunately, thousands are affected. Choosing to enter treatment may be difficult, but you're doing the right thing for yourself and your future. You'll soon discover that there are a wide variety of different treatment plans that you can choose from.

Each will play another part when you are on your journey and needs to be addressed so that you know what you're facing. For example, **opioid treatment programs** offer inpatient, outpatient, and detoxification services.

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1. The Detoxification Stage
2. Inpatient Treatment Program
3. Outpatient Programs Allow More Flexibility
4. Each Program Has Value

## The Detoxification Stage

The detoxification stage is the most common. Before you enter into an inpatient program, you'll enter this stage to safely navigate through the withdrawal phase and be sure that you'll be protected. **With** a dedicated and professional staff that works night and day, this is one

- <https://centralfallout.com/sobriety/>
- Powerful DA53 website and 11287 organic traffic
- Anchor text “opioid treatment programs”

## Opioid Treatment Programs Are Effective

Because opioid treatment programs offer unique approaches, including medication-assisted therapy and other options, you'll find that your sobriety is within reach. You can deal with withdrawal safely and fight the cravings that many people say are one of the worst areas of recovery. Treatment programs also offer people a new perspective that they need to feel like they can rejoin society the way they used to, but without the drugs.

Another reason medication-assisted therapy is so effective is that it can reverse overdose and death. However, this isn't something you can do on your own, which is why a medical team is stressed so strongly.

## Opioid Treatment Programs Are Encouraging

Opioid treatment programs work so well because they're supportive and reduce the stigma of this type of addiction. Because of the stigma that people see, they may be hesitant to reach out for help. However, when you recognize that these programs are put in place to help you get your life back, you can get the support you need to feel safe while you heal emotionally.



- <https://www.health4fitnessblog.com/5-signs-it-might-be-time-to-enter-an-alcohol-treatment-center/>
- Powerful DA59 website and 3536 organic traffic
- Anchor text “alcohol treatment centers”

## You Experience Withdrawal When You Stop Drinking

Withdrawal can happen when someone who drinks heavily or regularly stops drinking. You can begin to experience issues like tremors, hallucinations, vomiting, or seizures just for a start. Most of the effects will happen within six hours, and some are life-threatening. That is another reason to seek help. It would help if you never attempted detox on your own.

## You're Hiding Your Addiction

One of the most significant indicators you should look into in **alcohol treatment centers** is hiding your problem from those around you. That means that you know they'd have a problem with it, and you don't want them to know. People who have a drinking problem will hide the bottles and go to great lengths to ensure that you don't know what is genuinely going on. As the addiction worsens, you'll spiral deeper into the secrets, and the lies become more prominent.



- <https://healthandbeautystuff.com/what-can-and-cant-you-bring-to-an-alcohol-treatment-center/>
- Powerful DA54 website and 5823 organic traffic
- Anchor text “alcohol treatment centers”

## Here Are The Items You Can Bring

The following items are allowed at most [alcohol treatment centers](#):

### Casual Clothing

Clothes should be comfortable, but they don't need to be fancy. Make sure they are clean and free of holes or tears that could cause injury during group activities.

### Basic Toiletries

You will need basic toiletries such as soap, shampoo, toothpaste, deodorant, and feminine products (if needed).

**Also Read:** [Safety Measures for Workforce During Covid-19](#)

Shaving supplies such as razors or electric shavers are not allowed on the premises due to safety concerns.

Bring any prescription medication in a marked prescription bottle with your name on it; leave all other medications at home unless



- <https://mergate.com/inpatient-vs-outpatient-rehab-exploring-the-differences-in-these-treatment-programs/>
- Powerful DA53 website and 2027 organic traffic
- Anchor text “outpatient drug rehab”

## Making a Choice for Inpatient or Outpatient Drug Rehab

People who opt for [outpatient drug rehab](#) also want to spend less on care. They'd instead save money on the therapy. In addition, they like that they can schedule therapy sessions as part of their daily routine.

In some cases, outpatient clients choose to live in a sober living residence. However, in these cases, the patient usually has been through detox in an inpatient rehab facility. Living in a sober living residence permits you to go to work while benefiting from recovery services.

## Inpatient Services: Safer Option for Some Patients

Compared to outpatient services, inpatient therapy is more intense, and a safer option for people whose drug addiction or drinking is out of control. By entering an inpatient facility, a patient can escape for a while from their regular obligations and focus entirely on recovery.



- <https://generalmagazine.org/understanding-what-intensive-outpatient-drug-rehab-entails/>
- Powerful DA56 website and 1380 organic traffic
- Anchor text “outpatient drug rehab”



## What is Intensive Outpatient Drug Rehab?

Intensive **outpatient drug rehab** is a type of treatment that provides many of the same benefits as inpatient treatment but without the need for 24-hour supervision. Patients in the program typically meet 3-5 times per week for several hours. Treatment may include individual therapy, group therapy, and activities such as yoga or meditation.

The programs are designed to help patients transition from more intensive levels of care, such as inpatient treatment or partial hospitalization, to less intensive levels of care, such as traditional outpatient therapy. It can also be a practical step down from detoxification and sober living programs.

## What Are the Benefits of Intensive Outpatient Drug Rehab?

There are several benefits to intensive outpatient drug rehab.

- <https://www.blogvile.com/alcohol-addiction-treatment-common-symptoms-of-alcohol-withdrawal/>
- Powerful DA61 website and 3339 organic traffic
- Anchor text “alcohol addiction treatment”

## Alcohol Addiction Treatment: Common Symptoms of Alcohol Withdrawal

If you have Alcohol Addiction heavily or regularly, you'll experience physical and mental symptoms of withdrawal when you stop. The symptoms can go from mild to extremely severe, so you should never attempt to detox independently. It can be dangerous, and you need qualified staff to ensure that you're safe.

Another issue that you'll need to be aware of is if you've experienced withdrawal once, you're more likely to experience it again. It would help if you immediately enrolled in an [alcohol addiction treatment](#) center to combat this, as they can ensure that you have the least painful experience possible. They can also ensure that you don't flatline or have severe life-threatening issues. While it may surprise most to know this, dangerous situations occur and need to be taken seriously.

- <https://blogsact.com/what-to-expect-at-an-alcohol-addiction-treatment-center/>
- Powerful DA56 website and 2703 organic traffic
- Anchor text “alcohol addiction treatment”



After you've checked into the **alcohol addiction treatment** center, you'll need to speak with the intake department. Their nurses will give you a medical health assessment when you arrive. They will work with the physician on call to help you determine the level of care you need. Many patients who come to the rehab center will need detoxification.

By your second day in the facility, you'll have a psychological evaluation. The evaluations are put into place to offer you the most comprehensive idea of what you will be facing.

## **You'll Have Structure And Routine With Alcohol Addiction Treatment**

The days in an alcohol addiction treatment program are structured to offer you stability and comfort. After you detox, your typical day will revolve around therapy and other activities to help you understand why you're **addicted** in the first place and discover your triggers and how to combat them effectively.



# WHAT'S NEXT?

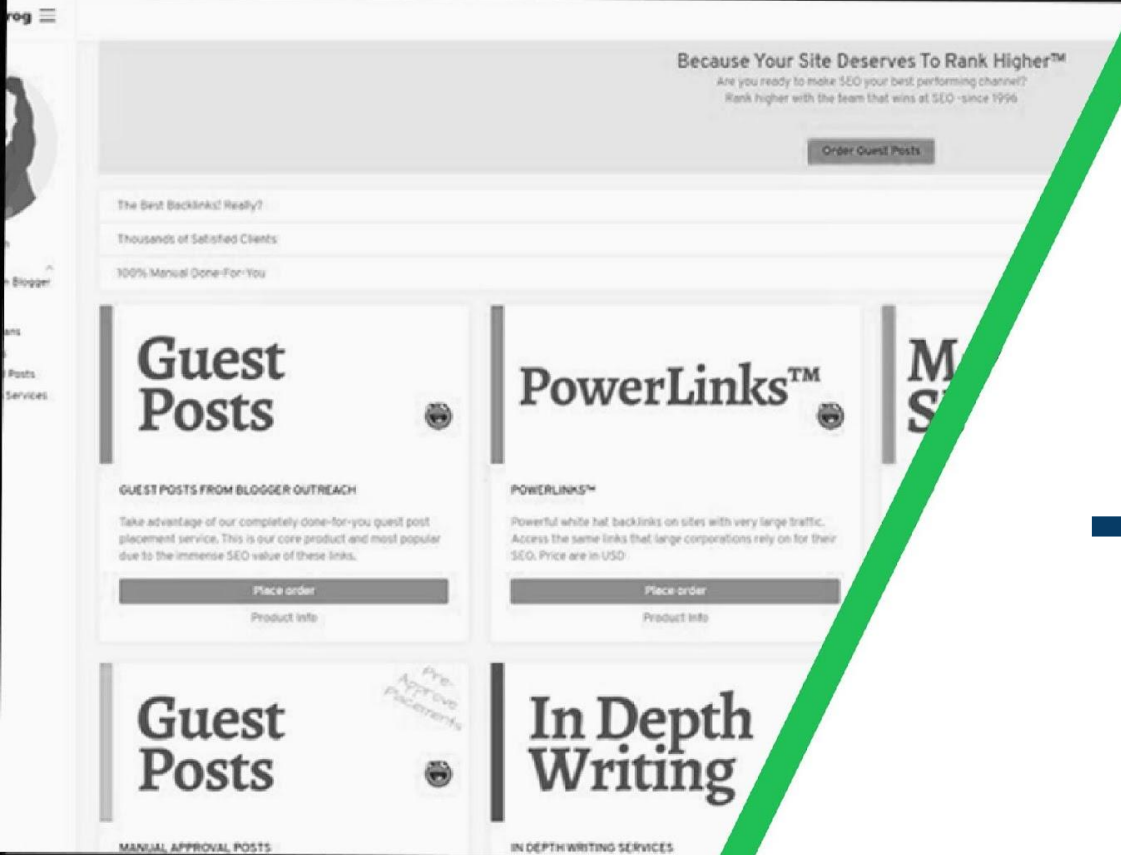
[www.outreachfrog.com](http://www.outreachfrog.com)



## Next Steps

- We will continue our focus on high-volume keywords to get new rankings and to stabilize your current rankings.
- We will build 20 high-quality backlinks with DA50+ focusing on the keywords below:

No	Keyword	Anchor Text	URL	Search Volume
1,2	rehab center in California		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	90
3,4	drug alcohol treatment center		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	40
5,6	drug rehab center		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	2,100
7,8	drug and alcohol rehab		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	1,900
9, 10	drug addiction treatment		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	1,900
11, 12	dual diagnosis treatment center		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	1,500
13, 14	opioid treatment programs		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	2,300
15, 16	alcohol treatment centers		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	3,100
17, 18	outpatient drug rehab		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	1,500
19, 20	alcohol addiction treatment		<a href="https://www.theedgetreatment.com/">https://www.theedgetreatment.com/</a>	2,200



# Thank You