**1. Put actions in verbs**

1. **Before:** The recording of participants’ eye movements was done during the reading task.

**After:** We recorded participants’ eye movements during the reading task.

1. **Before:** The administration of the Stroop test to participants occurred after the training session.

**After:** We administered the Stroop test to participants after the training session.

**2. Put characters in subjects**

1. **Before:** Significant improvements in recall accuracy were observed after spaced repetition practice.

**After:** Spaced repetition practice improved participants’ recall accuracy.

1. **Before:** A drop in performance was caused by prolonged exposure to background noise.

**After:** Background noise reduced participants’ performance over time.

**3. Keep subjects near verbs**

1. **Before:** Participants, after completing a 30-minute visual search task with varying target-distractor ratios, reported increased mental fatigue.

**After:** Participants reported increased mental fatigue after completing a 30-minute visual search task with varying target-distractor ratios.

1. **Before:** The experimenters, using a validated computerized task and following standardized laboratory procedures, measured impulsivity levels in adolescents.

**After:** The experimenters measured adolescents’ impulsivity levels using a validated computerized task and standardized laboratory procedures.

**Mixed Principles**

1. **Before:** The analysis of the decision-making process in participants was performed through tracking mouse movements.

**After:** We analyzed participants’ decision-making process by tracking mouse movements.

1. **Before:** Improvements in task accuracy were facilitated by immediate performance feedback.

**After:** Immediate performance feedback improved task accuracy.

1. **Before:** Participants, in response to unpredictable auditory cues presented in the background, showed changes in reaction time.

**After:** Unpredictable background auditory cues changed participants’ reaction times.

1. **Before:** The assessment of working memory capacity was conducted using a computerized n-back task.

**After:** We assessed working memory capacity using a computerized n-back task.