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Home Program Matching in Neurosurgical Residency Programs: A 7-Year Study

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- OBJECTIVE: The objective of the study was to determine home program matching percentage (staying in a program affiliated with one's medical school) for each neurosurgical residency program in the United States. Secondarily, it was to elucidate both program-level and resident characteristics associated with home program matching.
- METHODS: Demographic and bibliometric characteristics were collected for 1572 residents in U.S.-based and Accreditation Council for Graduate Medical Education—accredited neurosurgery programs over the 2014—2020 match period using publicly available websites. Program characteristics were collected, including number of clinical faculty, top 20 Doximity research ranking, top 10 Doximity reputation ranking, top 10 U.S. News department ranking, affiliation with a U.S. News top 10 medical school, and geographic region. Programs were ranked according to home program matching percentage, and associations were statistically evaluated.
- RESULTS: The average home program matching percentage per residency was 18.6%. NewYork-Presbyterian/ Columbia retained the largest percentage of its own medical students with a home program matching percentage of 57.14%. From the resident frame of reference, only a higher preresidency H-index (3.7 \pm 4.0 vs. 3.2 \pm 3.7, P=0.033) was significantly associated with home program matching. From a program perspective, program size (standardized $\beta=0.234,\ P=0.006$), Doximity research (standardized

 $\beta=0.206,\,P=0.031),\,$ Doximity reputation (standardized $\beta=0.196,\,P=0.040),\,$ and $\it U.S.\,$ News program rankings (standardized $\beta=0.200,\,P=0.036)$ were all significantly associated with home program matching. Overall home program matching percentage remained relatively constant over the 2014–2020 time period.

■ CONCLUSIONS: The results of this study delineate home program matching patterns on a program-by-program level for U.S. neurosurgical residency programs.

INTRODUCTION

he 7 years of neurosurgical residency rank among the most difficult of any postgraduate medical subspecialty training. How medical students rank residency programs and how residency programs rank students are also complex and multifaceted. Aside from impressive academic credentials, medical students must also garner strong letters of recommendation and connect with supportive mentors. The presence of a home program in promoting medical student recruitment into neurosurgery is critical. This may be because a home program allows medical students to become more familiar with the field, connect with supportive mentors, and engage in research. Fequally as important, however, is the ability of a neurosurgery program to become more familiar with its own medical students and potentially give preference to its own students in the match.

Key words

- Education
- Home program
- Recruitment
- Research
- Residency

Abbreviations and Acronyms

A.Ω.A: Alpha Omega Alpha Honor Medical Society

IMG: International medical graduate

M.D.: Doctor of Medicine
M.P.H.: Master of Public Health
M.S.: Master of Science

PGY: Postgraduate year

Ph.D.: Doctor of Philosophy

USMLE: United States Medical Licensing Examination

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Home program matching may be beneficial for medical students by allowing them to continue working with previously established mentors, further on-going research from the medical school, and develop stronger ties to the communities in which they practice. For residency programs, matching home program students may provide similar benefits in addition to training residents whose skills and abilities are personally known to the faculty. Critically, however, home program matching may also stymie the diversity of the resident cohort. Research by Kim et al. demonstrates the profound impact diverse neurosurgeons can have by sharing different perspectives to advance the field, connecting with a broad patient population, and championing equity. Moreover, neurosurgery has traditionally lacked a diverse workforce, and while recent efforts have been made to increase diversity, this remains a crucial unmet need. To, II

Home program preference has been studied in other competitive fields. ^{12,13} For example, Narang et al. showed that in dermatology, 29.8% of applicants in a 6-year cohort matched into their home residency program. ¹² Furthermore, 62.8% matched in their home region. In otolaryngology, Johnson et al. found that 20.9% of the residents in their cohort matched at a home program affiliated with their medical school and 58.4% matched in their home region. ¹³

While this home program preference is documented across multiple specialties, less is known about home program matching patterns in neurosurgery. In this study, we analyzed 113 U.S. neurosurgery residency programs, comprising 1572 residents from the 2014—2020 match cohort, to determine which programs matched the highest proportion of their own medical students to their home program, while evaluating resident-level and programlevel characteristics associated with home program matching.

METHODS

Resident Cohort

A list of Accreditation Council for Graduate Medical Education—accredited residency training programs in neurosurgery was obtained from the American Association of Neurological Surgeons neurosurgical residency training program directory. Canadian programs were excluded. The publicly available websites of the included U.S. programs were accessed on February 2021 in order to acquire a complete list of current residents (postgraduate year [PGY]1 until PGY7), which, in general, reflected successfully matched medical school applicants in neurosurgery over the 2014—2020 match periods who have not dropped out of residency.

Variables Collected for Residents

This project involved the creation of an institutional review board—approved database of residents and U.S. medical schools. For every resident, demographic information was collected, including gender, residency program name, PGY, medical school name and year of graduation, international medical graduate (IMG) status, degrees obtained (M.D. or equivalent, M.S. or equivalent, M.P.H, Ph.D.), and Alpha Omega Alpha Honor Medical Society (A. Ω .A) membership (https://www.alphaomegaalpha.org/#gsc.tab=o). Website information was supplemented with publicly available data from Google Scholar, LinkedIn, Doximity, and Docinfo.

Bibliometrics were additionally accrued for each resident, by utilizing the author search tool in Web of Science (Clarivate Analytics, Philadelphia, PA, USA). The total number of published papers and abstracts, citations, and H-index was collected at the preresidency (by end of medical school) and current time points. The H-index is a metric that measures both the productivity and citation impact of an author's publications. It is calculated by measuring the maximum value of h such that the author has published h publications that have been cited h times. Broadly, it is used throughout academia to measure an author's research impact and is frequently used in the promotion of faculty and in the procurement of research funding. ^{14,15} If publications had different names belonging to the same author, Web of Science allowed the merging of multiple author profiles.

Home program matching was defined as a resident currently training at a program affiliated with the medical school of origin. Programs were considered affiliated with a medical school if there was a publicly available declaration of such affiliation on the residency program or medical school website with medical students scheduled to rotate at these programs as part of their curriculum. A complete program-affiliated medical school list is provided in **Supplementary Table 1**.

Statistical Analysis

Statistical analyses were conducted using SPSS software (version 25.0; SPSS Inc., Chicago, IL, USA) with statistical significance set at P < 0.05. The analysis consisted of 2 parts: the evaluation of resident-level characteristics that predict home program matching (staying in a program affiliated with one's medical school) and the analysis of residency program-level characteristics associated with home program matching percentage (percentage of current residents who came from an affiliated medical school). χ^2 and independent t-tests were used to study associations between resident-level characteristics and home program matching while excluding IMG residents. In the event that several significant factors were identified, a subsequent multivariable logistic regression was planned. The home program matching percentage was then calculated for every program while excluding programs without an affiliated medical school (Barrow Neurological Institute, Inova Fairfax Hospital, and the National Institutes of Health neurosurgery residency programs). Programs were ranked according to home program matching percentage, and linear regression was utilized to evaluate associations between program characteristics and home program matching.

RESULTS

The complete cohort consisted of 1572 residents at 113 academic U.S. programs. After excluding IMG residents and residents with incomplete data from the resident-level analysis, the final cohort consisted of 1438 residents. A summary of resident characteristics is provided in Table 1. Gender, entry-level academic degrees, and A. Ω .A membership were not associated with home program matching. Moreover, the home program matching ratio was relatively constant over the 2014–2020 time period (2014: 21%, 2015: 26%, 2016: 19%, 2017: 21%, 2018: 21%, 2019: 23%, and 2020: 22%; P = 0.764) as shown in Figure 1. A higher preresidency

| Characteristic | Other | Home Program Matched | <i>P</i> Value |
|---|---------------|----------------------|----------------|
| Female sex | 234 (21) | 63 (20) | 0.770 |
| Ph.D. degree | 116 (10) | 37 (12) | 0.457 |
| M.S. degree | 85 (8) | 23 (7) | 0.888 |
| M.P.H. degree | 25 (2) | 6 (2) | 0.735 |
| A.Ω.A member | 333 (30) | 94 (30) | 0.915 |
| Match year | | | 0.764 |
| 2014 | 163 (15) | 44 (14) | |
| 2015 | 169 (15) | 59 (19) | |
| 2016 | 172 (15) | 41 (13) | |
| 2017 | 155 (14) | 41 (13) | |
| 2018 | 156 (14) | 41 (13) | |
| 2019 | 154 (14) | 45 (14) | |
| 2020 | 155 (14) | 43 (14) | |
| Preresidency number of publications and abstracts | 7.8 ± 11.6 | 8.9 ± 12.6 | 0.129 |
| Preresidency number of citations | 125.7 ± 331.7 | 145.4 ± 286.0 | 0.340 |
| Preresidency H-index | 3.2 ± 3.7 | 3.7 ± 4.0 | 0.033* |

H-index was significantly associated with home program matching (P = 0.033). No multivariable analysis was conducted given the presence of only one significant univariate factor.

After excluding 3 programs without an affiliated medical school, there were 110 residency programs included in the program-level analysis. Average home program matching per residency was

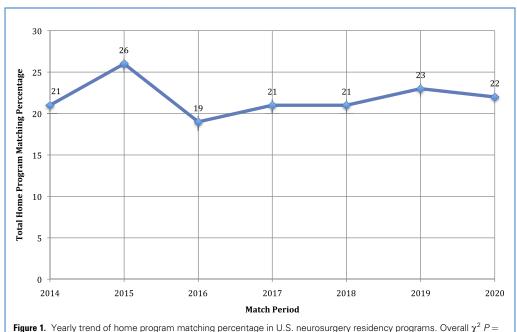


Figure 1. Yearly trend of home program matching percentage in U.S. neurosurgery residency programs. Overall χ^2 P =

| Rank | Program | Home Program Matching Percentage |
|-------|--|--|
| 1 | NewYork-Presbyterian/Columbia | 57.14 |
| 2—3 | Loma Linda University | 50.00 |
| | Louisiana State University/New Orleans | |
| 4 | Georgetown University | 46.15 |
| 5 | Cleveland Clinic | 45.45 |
| 6-7 | National Capital Consortium | 42.86 |
| | Southern Illinois University | |
| 8 | Indiana University | 42.11 |
| 9 | University of Tennessee/Memphis | 40.00 |
| 10 | Henry Ford Hospital | 38.46 |
| 11-12 | Massachusetts General Hospital | 38.10 |
| | Washington University | |
| 13 | Tufts Medical Center | 37.50 |
| 14 | Rutgers New Jersey | 36.84 |
| 15 | Montefiore Medical Center | 36.36 |
| 16 | NewYork-Presbyterian/Cornell | 35.71 |
| 17—19 | Johns Hopkins University | 33.33 |
| | New York University | |
| | Philadelphia College | |
| 20-21 | Case Western Reserve | 31.25 |
| | University of Texas/San Antonio | |
| 22-24 | University of Cincinnati | 30.77 |
| | University of Maryland | |
| | University of Nebraska | |
| 25 | Penn State | 29.41 |
| 26-35 | Emory University | 28.57 |
| | Louisiana State University/Shreveport | |
| | Medical University of South Carolina | |
| | St. Louis University | |
| | Stanford University | |
| | Temple University | |
| | Thomas Jefferson University | |
| | University of Kentucky | |
| | University of North Carolina | |
| | Vanderbilt University Medical Center | |
| 36 | University of South Florida | 26.67 |
| 37—39 | Albany Medical Center | 25.00 |
| | Ascension Providence Hospital/MSUCHM | |
| | Ohio State University | |

| Rank | Program | Home Program Matching Percentage |
|-------|--|--|
| 40 | Jackson Memorial Medical Center | 23.81 |
| 41 | University of Virginia | 22.73 |
| 42—45 | New York Medical College | 22.22 |
| | University of Mississippi | |
| | University of Texas/Houston | |
| | University of Texas/Southwestern | |
| 46—49 | Mount Sinai | 21.43 |
| | University of Minnesota | |
| | Virginia Commonwealth University | |
| | Yale University | |
| 50 | University of California/San Diego | 20.00 |
| 51—53 | Duke University Hospital | 19.05 |
| | University of California/San Francisco | |
| | University of Pennsylvania | |
| 54 | SUNY Buffalo | 17.65 |
| 55 | Baylor College of Medicine | 17.39 |
| 56 | Tulane University | 16.67 |
| 57 | Mayo Clinic | 16.00 |
| 58-60 | Allegheny General Hospital | 15.38 |
| | Methodist Hospital | |
| | University of Rochester | |
| 61 | University of Florida/Gainesville | 15.00 |
| 62—70 | University of Alabama | 14.29 |
| | University of Arizona | |
| | University of Iowa | |
| | University of Kansas | |
| | University of Louisville | |
| | University of Pittsburgh | |
| | University of Southern California | |
| | University of Texas/Galveston | |
| | University of Vermont | |
| 71—72 | Long Island Jewish | 13.33 |
| | University of Wisconsin/Madison | |
| 73—74 | University of Utah | 12.50 |
| | West Virginia University | |
| 75 | University of Michigan | 11.76 |
| 76 | Advocate BroMenn Medical Center | 11.11 |
| 77 | Oregon Health & Science University | 10.53 |
| 78 | Cedars-Sinai Medical Center | 10.00 |

Continues

| Rank | Program | Home Program Matching Percentage |
|--------|---|--|
| 79—81 | Brigham and Women's Hospital | 9.52 |
| | University of California/Los Angeles | |
| | University of Washington | |
| 82—87 | Loyola University | 9.09 |
| | Medical College of Wisconsin | |
| | Northwestern University | |
| | SUNY Syracuse | |
| | University of Illinois at Chicago | |
| | University of Illinois/Peoria | |
| 88-89 | University of California/Davis | 7.69 |
| | Wake Forest University | |
| 90 | University of Colorado | 7.14 |
| 91-110 | Beth Israel Deaconess Medical Center | 0 |
| | Brown University | |
| | Carilion Clinic - Virginia Tech | |
| | Carolinas Medical Center | |
| | Dartmouth-Hitchcock | |
| | Desert Regional Medical Center | |
| | Geisinger Health System | |
| | George Washington University | |
| | Mayo Clinic Jacksonville | |
| | Medical College of Georgia | |
| | Rush University | |
| | Spectrum Health/Michigan State University | |
| | Texas A&M | |
| | University of Arkansas | |
| | University of California/Irvine | |
| | University of Chicago | |
| | University of Massachusetts | |
| | University of Missouri/Columbia | |
| | University of Oklahoma | |
| | William Beaumont Hospital | |

18.6%. Residency ranking by home program matching percentage from highest to lowest is provided in **Table 2**. Programs that had the same home program matching percentage were grouped together in alphabetical order. The top 3 programs had at least half of their residents coming from an affiliated medical school, and the top 19 programs had at least a third of their residents coming from an affiliated medical school. A univariate linear regression of factors associated with home program matching

percentage is provided in **Table 3**. The number of clinical faculty, presence of an IMG, geographic region, and affiliation with a top 10 U.S. News—ranked medical school were not associated with home program matching percentage. Home program matching for different regions in the United States was in increasing order: West (14.2% \pm 12.3%), Midwest (18.8% \pm 14.5%), South (19.8% \pm 13.8%), and Northeast (21.1% \pm 14.4%). Program size (standardized $\beta=0.234,\ P=0.006)$, Doximity research (standardized $\beta=0.206,\ P=0.031)$, Doximity reputation (standardized $\beta=0.196,\ P=0.040)$, and U.S. News program rankings (standardized $\beta=0.200,\ P=0.036)$ were all significantly associated with home program matching.

DISCUSSION

This study quantifies, on a granular level, how U.S. neurosurgical residency programs retain their own home program medical students as residents. Across the 110 residency programs studied, home program matching varied greatly. NewYork-Presbyterian/Columbia retained the largest percentage of its own medical students with 57.14% of its residents earning an M.D. from Columbia University Vagelos College of Physicians and Surgeons. Notably, 20 residency programs had no residents from their own medical school. On average, home program matching for an individual residency program was 18.6%—nearly on par with the field of otolaryngology (20.9%) but significantly lower than the field of dermatology (29.8%).^{12,13} This rate remained nearly constant for the match cohorts from 2014—2020 (P = 0.764).

From the medical student perspective, only a higher preresidency H-index was associated with remaining at one's home program (3.7 \pm 4.0 vs. 3.2 \pm 3.7, P = 0.033). Other factors, such as an applicant's gender, other advanced degrees (Ph.D., M.S, M.P.H), or A. Ω .A status, were not associated with remaining at one's affiliated residency program. This was in contrast to the results of Wadhwa et al., who found in the 2018 neurosurgery intern class that research productivity, defined by the number of publications, did not correlate with matching at one's home program ($\chi^2 = 0.54$, P = 0.46). In our 7-year cohort, we found that research productivity when defined by the H-index and not the number of publications or abstracts (7.8 \pm 11.6 vs. 8.9 \pm 12.6, P = 0.129) was significantly associated with matching at one's home program, suggesting that the quality of research may be more important than the quantity. Still, the results of Wadhwa et al. must be analyzed in the context of their small sample size of one PGY.16

From the perspective of the residency program, the most important factor for predicting home program matching was the number of available residency positions. A highly ranked department, whether by research or reputation, was also important. For instance, a top 20 Doximity (2021) research ranking was significantly associated with home program matching (β 7.5 [0.7, 14.4], P = 0.031), as was a top 10 U.S. News program ranking (β 7.9 [0.5, 15.2], P = 0.036) and a top 10 Doximity (2021) reputation ranking (β 9.9 [0.5, 19.3], P = 0.040). Based on the magnitude of standardized β values, the number of available residency positions was most correlated with home program matching. This made sense: a residency program with more available positions can both match

| Variable | β [95% CI] | <i>P</i> Value |
|---|------------------|----------------|
| Number of clinical faculty | 0.1 [-0.1, 0.4] | 0.210 |
| Program size (# of residents) | 0.7 [0.2—1.1] | 0.006* |
| Presence of IMG resident | -1.9 [-7.2, 3.4] | 0.478 |
| Top 20 Doximity research programs (2021)† | 7.5 [0.7, 14.4] | 0.031* |
| Top 10 Doximity reputation programs (2021) \dagger | 9.9 [0.5, 19.3] | 0.040* |
| Top 10 <i>U.S. News</i> programs (2014—2020)† | 7.9 [0.5, 15.2] | 0.036* |
| Top 10 U.S. News 2014—2020 affiliated medical schools | 5.4 [—1.8, 12.7] | 0.138 |
| Regions (West as reference) | | |
| Midwest | 4.6 [-4.3, 13.4] | 0.307 |
| South | 5.6 [-2.8, 14.0] | 0.188 |
| Northeast | 6.9 [—1.9, 15.7] | 0.121 |

CI, confidence interval; IMG, international medical graduate.

†Standardized \(\beta\) values: 0.234 for program size, 0.206 for top 20 Doximity research programs, 0.196 for top 10 Doximity reputation programs, and 0.200 for top 10 U.S. News rankings.

home program students who they are familiar with and critically increase the diversity of their program by recruiting medical students from other institutions. The size of the neurosurgery department (by faculty) did not correlate with home program matching, in agreement with the analysis done by Falcone who found that in general surgery, department size was also not correlated with home program matching.¹⁷ Quite surprisingly, the presence of an IMG resident also did not correlate with less home program matching; originally we postulated that neurosurgery departments with IMGs may be more open to accepting medical students from nonaffiliated medical schools for residency training. In addition, affiliation with a top 10 U.S. News—ranked medical school did not correlate with home program matching.

Finally, we did not find any correlation between home program matching and geographical region, implying that the degree of home program matching is equitable across geographic regions. Previous literature suggests that medical students are more likely to match in their home region. While our data suggest that each region has some degree of home program matching, it also indicates that no one region has it more than another. Future research should aim to investigate and quantify the extent to which medical students are more likely to match into neurosurgical residency programs in their region, aside from those affiliated with their respective medical schools.

Research in other competitive specialties, such as general surgery, ¹⁷ plastic surgery, ¹⁹ and otolaryngology, ²⁰ supports the notion that home program preference from the perspective of the residency program may largely stem from a familiarity with the applicants whether through engaging in research or via clinical rotations. Since neurosurgical residency is long and arduous and the cost of selecting a poorly performing resident may be greater than the benefit of selecting a highly performing resident, programs have a stronger incentive to select students who they are familiar with as opposed to selecting applicants

who may have stronger applications but are not personally known to the program. Still, it was interesting to observe that despite the long residency commitment of 7 years in neurosurgery and the anecdotal importance of applicant familiarity, the degree of home program matching was less than that observed in other specialties with a shorter training time such as otolaryngology and dermatology, which may highlight the importance of away subinternships in promoting familiarity with outside medical students. Future research should aim to evaluate whether the COVID-19 pandemic influenced the degree of home program matching given the absence of away rotations during that application cycle. In plastic surgery, for example, Asadourian et al. found that the rates of home program preference in 963 residents were significantly higher in 2021 during the COVID-19 pandemic than the rates in 2015-2020 (36.0% vs. 24.1%, P = 0.019). The authors suggested that this was because the ability of students to rotate at other programs for subinternships was severely curtailed during the pandemic, leading programs to prioritize students they were already familiar with. Other research in plastic surgery also demonstrates that almost half of students match at a program with which they did a clinical rotation, highlighting the importance of familiarity in the match process.^{21,22}

With regard to factors that affect home program matching in other fields, Falcone found that in general surgery, states with \leq 2 medical schools had higher rates of home program matching than states that had >2 medical schools (30.1% \pm 18.4% vs. 22.6% \pm 13.5%, P = 0.04).¹⁷ There, the author postulates that geographically isolated medical schools are less likely to have students rotate for away subinternships, leading them to prefer students from their affiliated medical school, with whom they are more familiar. Moreover, in general surgery, survey data of program directors and others involved in resident selection by Makdisi et al. demonstrated that home program preference was

^{*}P < 0.050

rated as 2.46 of 5 on the Likert Scale, between "somewhat important" and "important."23 In otolaryngology, surveys distributed to fourth-year medical students by Wang et al. found that applicants with either a home program or otolaryngology staff at their institution had higher match rates (P = 0.037) than students without any otolaryngology staff at their home institution.20 Applicants without home programs also went on more away rotations than did students with home programs (mean: 2.5 \pm 0.5 vs. 1.7 \pm 0.07, P = 0.0002) but received the same number of interviews (home program median: 16.5, staff only median: 17.5, and no home program or staff median: 15.0; P = 0.438). Other factors, such as United States Medical Licensing Examination (USMLE) scores and number of publications, were not significantly different between the 2 groups. Taken together, this suggests that familiarity, by way of an away rotation or a home program, is significantly correlated with matching.

Overall, our analysis suggests that medical students with significant research productivity and large, highly ranked residency programs by reputation and research exhibit the largest home program and home student preference. This may occur for several reasons. First, academically inclined students may prefer their own home programs after having developed mentors or research projects at that institution, and they may desire to continue these relationships or scholarly work throughout residency. Students may also believe that their home program will rank them more favorably and so may rank their home institution highly in order to ensure a successful match. Medical students may also have developed personal ties in the city or state where they attend medical school, further influencing their preference for remaining there. Residency programs may prefer home program students primarily because of familiarity with the applicant, whether through clinical rotations or research. Secondarily, some residency programs may also rank affiliated medical students more favorably if they believe that these students are more likely to rank the associated program highly due to a perceived home program preference, especially if the associated program is highly ranked.

Findings emerging from this study may be of interest to several groups but particularly to medical students applying into neurosurgery. For example, these data may influence how applicants rank neurosurgery residency programs by considering how strongly it appears that a residency program prefers its own students. This may also impact how students structure their away rotations. For instance, a medical student from an affiliated department that does not appear to have a strong preference for its home students may consider going on more away rotations to programs that also do not have a strong preference for their affiliated medical students. This may allow those other departments to gain more familiarity with the applicant. Students from medical schools with a high home program matching ratio may consider going on fewer away rotations if they already have a strong preference for their home program, thereby incurring less financial burden. In addition, these data may be of use to students in the process of choosing to attend medical school, if they already have a strong inclination to pursue neurosurgery. In particular, it may enable them to select a medical school affiliated with a neurosurgery department that strongly favors its own medical students. Finally, this analysis may be of use to medical school staff or program directors, to gauge how their home program

preference, if any, aligns with that of other programs around the nation and to make changes if they see fit. Further research should focus on how a changing residency application landscape through the COVID-19 pandemic, pass/fail USMLE step 1, and virtual interviews affects the significance of home program preference for both applicants and residency programs. Analysis of applicant-specific characteristics such as USMLE scores and subinternship performance may also represent worthwhile avenues for further research.

Limitations

Our data provide a better understanding of home program matching in neurosurgical training programs. Still, there are several limitations. For example, our data shows the percentage of residents who trained at an affiliated medical school. They do not, however, indicate how each residency program ranked its own medical students, how affiliated medical students ranked their home program, or applicant-specific characteristics, such as USMLE step 1 scores. Nonetheless, we believe that by using a 7year cohort, these "personal preference" effects that may vary year-to-year for different programs are minimized. Another limitation is that our data does not truly represent the 2014-2020 match cohorts because some residents may have dropped out during residency. Another small percentage of residents may also have matched in positions beyond PGY-1, perhaps from the same institution. These distinctions were not made as match lists for each medical school for each year were not available. Finally, our research only examined individual home program preference and its variation among different geographical regions, rather than matching in a program within the same geographical region as one's medical school. Given the absence of data regarding the hometown of every resident, this other anecdotally influencing geographic factor could not be evaluated. Further survey-type research should aim to investigate whether medical students are more likely to match in their home region in the field of neurosurgery. Moreover, using larger data sets to negate stochastic effects that may predominate in small sample sizes and evaluating longer-range time trends represent avenues for further research in this topic.

CONCLUSION

This study is the first to characterize how home program preference varies on a granular level for neurosurgical residency programs in the United States. The most important factor associated with medical students remaining at their home program was research productivity as defined by a high preresidency H-index. The most important factor associated with residency programs retaining their own medical students is the number of available residency positions. This analysis may aid medical students in deciding how to rank residency programs and in strategizing their away rotations. It may also help medical school staff and residency program directors investigate trends that they may or may not have been aware of and to implement changes in their selection process if desired or necessary.

CREDIT AUTHORSHIP CONTRIBUTION STATEMENT

Albert Antar: Writing — original draft, Writing — review & editing, Methodology, Formal analysis, Investigation, Data curation. James Feghali: Writing — original draft, Writing — review & editing, Methodology, Software, Formal analysis, Investigation. Wuyang Yang: Writing — review & editing, Software, Formal analysis, Investigation. Elizabeth E. Wicks: Investigation, Data curation,

Writing — review & editing. Shahab Aldin Sattari: Investigation, Writing — review & editing. Sean Li: Investigation, Data curation, Writing — review & editing. Timothy F. Witham: Writing — review & editing, Supervision. Henry Brem: Writing — review & editing, Supervision. Judy Huang: Writing — review & editing, Supervision, Project administration.

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SUPPLEMENTARY DATA

| Residency Program Associated Medical School | | |
|---|---|--|
| Advocate BroMenn Medical Center | University of Illinois College of Medicine at Chicago | |
| Albany Medical Center | Albany Medical College | |
| Allegheny General Hospital | Lewis Katz School of Medicine at Temple University, Lake Erie College of Osteopathic Medicine | |
| Ascension Providence Hospital/MSUCHM | Michigan State University College of Osteopathic Medicine | |
| Baylor College of Medicine | Baylor College of Medicine | |
| Beth Israel Deaconess Medical Center | Harvard Medical School | |
| Brigham and Women's Hospital | Harvard Medical School | |
| Brown University | Warren Alpert Medical School of Brown University | |
| Carilion Clinic - Virginia Tech | Virginia Tech Carilion School of Medicine | |
| Carolinas Medical Center | Wake Forest School of Medicine | |
| Case Western Reserve | Case Western Reserve University School of Medicine | |
| | Cleveland Clinic Lerner College of Medicine | |
| Cedars-Sinai Medical Center | David Geffen School of Medicine at University of California, Los Angeles | |
| Cleveland Clinic | Case Western Reserve University School of Medicine | |
| | Cleveland Clinic Lerner College of Medicine | |
| Dartmouth-Hitchcock | Geisel School of Medicine at Dartmouth | |
| Desert Regional Medical Center | University of California, Riverside, School of Medicine | |
| Duke University Hospital | Duke University School of Medicine | |
| Emory University | Emory University School of Medicine | |
| Geisinger Health System | Geisinger Commonwealth School of Medicine | |
| George Washington University | George Washington University School of Medicine | |
| Georgetown University | Georgetown University School of Medicine | |
| Henry Ford Hospital | Wayne State University School of Medicine | |
| Indiana University | Indiana University School of Medicine | |
| Inova Neuroscience & Spine Institute | None | |
| Jackson Memorial Medical Center | University of Miami Miller School of Medicine | |
| Johns Hopkins University | Johns Hopkins University School of Medicine | |
| Loma Linda University | Loma Linda University School of Medicine | |
| Long Island Jewish | Zucker School of Medicine at Hofstra/Northwell | |
| | Albert Einstein College of Medicine | |
| Louisiana State University/New Orleans | Louisiana State University School of Medicine | |
| Louisiana State University/Shreveport | Louisiana State University School of Medicine | |
| Loyola University | Loyola University Chicago Stritch School of Medicine | |
| Massachusetts General Hospital | Harvard Medical School | |
| Mayo Clinic | Mayo Alix School of Medicine | |
| Mayo Clinic Jacksonville | Mayo Alix School of Medicine | |

| Residency Program Associated Medical School | | |
|---|---|--|
| Medical College of Georgia | Augusta University Medical College of Georgia | |
| Medical College of Wisconsin | Medical College of Wisconsin | |
| Medical University of South Carolina | Medical University of South Carolina College of Medicine | |
| Methodist Hospital | Texas A&M Health Science Center College of Medicine | |
| Montefiore Medical Center | Albert Einstein College of Medicine | |
| Mount Sinai | Icahn School of Medicine at Mount Sinai | |
| National Capital Consortium | Uniformed Services University | |
| National Institutes of Health | None | |
| New York Medical College | New York Medical College | |
| NewYork-Presbyterian/Columbia | Columbia University Vagelos College of Physicians and Surgeons | |
| NewYork-Presbyterian/Cornell | Weill Cornell Medicine | |
| New York University | New York University School of Medicine | |
| Northwestern University | Northwestern Feinberg School of Medicine | |
| Ohio State University | The Ohio State University College of Medicine | |
| Oregon Health & Science University | Oregon Health & Science University | |
| Penn State | Pennsylvania State University College of Medicine | |
| Philadelphia College | Philadelphia College of Osteopathic Medicine | |
| Rush University | Rush Medical College | |
| Rutgers New Jersey | Rutgers New Jersey Medical School | |
| SUNY Buffalo | Jacobs School of Medicine and Biomedical Sciences | |
| SUNY Syracuse | State University of New York Upstate Medical University | |
| Southern Illinois University | Southern Illinois University School of Medicine | |
| Spectrum Health/Michigan State University | Michigan State University College of Human Medicine | |
| St. Joseph's Hospital (Barrow) | None | |
| St. Louis University | Saint Louis University School of Medicine | |
| Stanford University | Stanford University School of Medicine | |
| Temple University | Lewis Katz School of Medicine at Temple University | |
| Texas A&M | Texas A&M Health Science Center College of Medicine | |
| Thomas Jefferson University | Sidney Kimmel Medical College, Thomas Jefferson University | |
| Tufts Medical Center | Tufts University School of Medicine | |
| Tulane University | Tulane University School of Medicine | |
| University of Alabama | University of Alabama at Birmingham School of Medicine | |
| University of Arizona | University of Arizona College of Medicine Phoenix, University of Arizona College of Medicine, Tucso | |
| University of Arkansas | University of Arkansas for Medical Sciences College of Medicine | |
| University of California/Davis | University of California, Davis, School of Medicine | |
| University of California/Irvine | University of California, Irvine, School of Medicine | |
| University of California/Los Angeles | David Geffen School of Medicine at University of California, Los Angeles | |
| University of California/San Diego | University of California, San Diego, School of Medicine | |
| University of California/San Francisco | University of California, San Francisco, School of Medicine | |
| University of Chicago | University of Chicago, Pritzker School of Medicine | |

| Supplementary Table 1. Continued | |
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| Residency Program | Associated Medical School |
| University of Cincinnati | University of Cincinnati College of Medicine |
| University of Colorado | University of Colorado School of Medicine |
| University of Florida/Gainesville | University of Florida College of Medicine |
| University of Illinois at Chicago | University of Illinois College of Medicine at Chicago |
| University of Illinois/Peoria | University of Illinois College of Medicine at Peoria |
| University of Iowa | University of Iowa Carver College of Medicine |
| University of Kansas | University of Kansas School of Medicine |
| University of Kentucky | University of Kentucky College of Medicine |
| University of Louisville | University of Louisville School of Medicine |
| University of Maryland | University of Maryland School of Medicine |
| University of Massachusetts | University of Massachusetts Chan Medical School |
| University of Michigan | University of Michigan Medical School |
| University of Minnesota | University of Minnesota Medical School |
| University of Mississippi | University of Mississippi School of Medicine |
| University of Missouri/Columbia | University of Missouri School of Medicine |
| University of Nebraska | University of Nebraska College of Medicine |
| University of North Carolina | University of North Carolina at Chapel Hill School of Medicine |
| University of Oklahoma | University of Oklahoma College of Medicine |
| University of Pennsylvania | Perelman School of Medicine at the University of Pennsylvania |
| University of Pittsburgh | University of Pittsburgh School of Medicine |
| University of Rochester | University of Rochester School of Medicine |
| University of South Florida | University of South Florida Morsani College of Medicine |
| University of Southern California | Keck School of Medicine at the University of Southern California |
| University of Tennessee/Memphis | University of Tennessee College of Medicine |
| University of Texas/Galveston | University of Texas Medical Branch at Galveston, School of Medicine |
| University of Texas/Houston | McGovern Medical School at the University of Texas Health Science Center at Houston |
| University of Texas/San Antonio | University of Texas Health Science Center at San Antonio |
| University of Texas/Southwestern | University of Texas Southwestern Medical School |
| University of Utah | University of Utah School of Medicine |
| University of Vermont | Larner College of Medicine at the University Vermont |
| University of Virginia | University of Virginia School of Medicine |
| University of Washington | University of Washington School of Medicine |
| University of Wisconsin/Madison | University of Wisconsin School of Medicine |
| Vanderbilt University Medical Center | Vanderbilt University School of Medicine |
| Virginia Commonwealth University | Virginia Commonwealth University School of Medicine |
| Wake Forest University | Wake Forest School of Medicine |
| Washington University | Washington University School of Medicine in St. Louis |
| West Virginia University | West Virginia University School of Medicine |
| , | , |

| Supplementary Table 1. Continued | |
|----------------------------------|---|
| Residency Program | Associated Medical School |
| William Beaumont Hospital | Oakland University William Beaumont School of Medicine |
| | Michigan State University College of Osteopathic Medicine |
| | Michigan State University College of Human Medicine |
| | Wayne State University School of Medicine |
| Yale University | Yale School of Medicine |