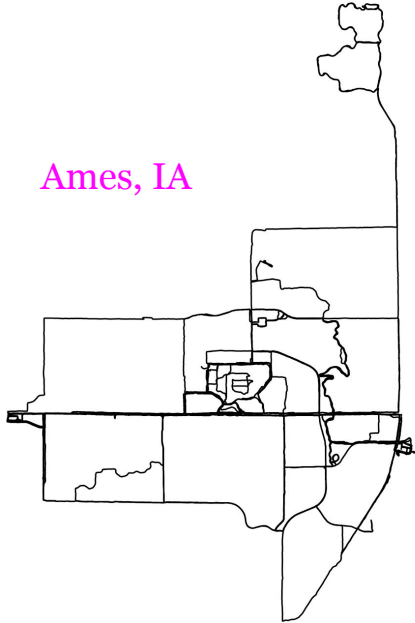
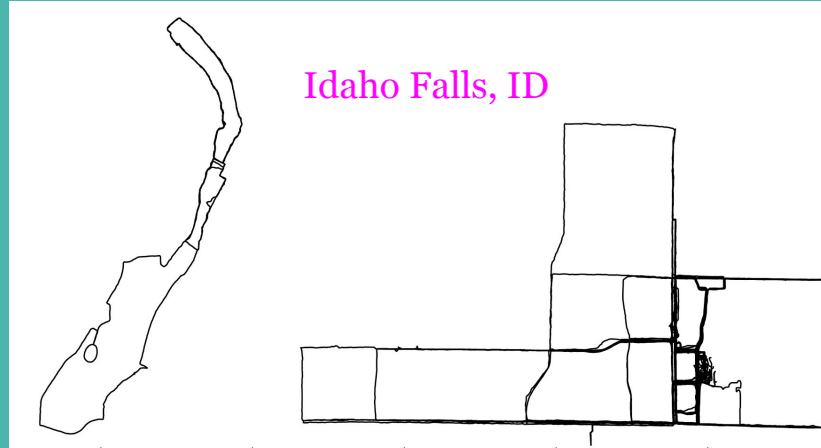


First 1,000 Miles

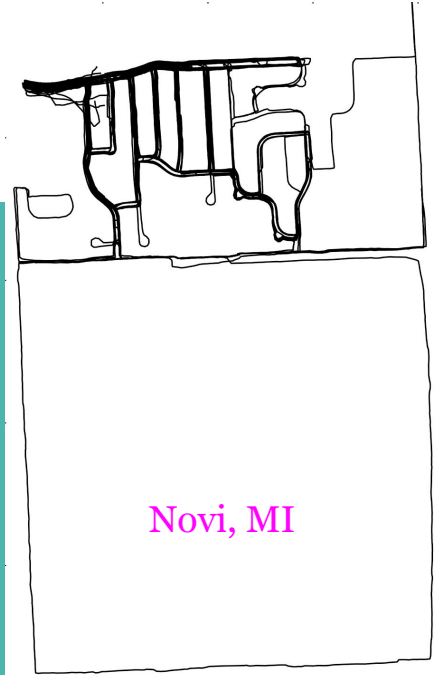
Ames, IA



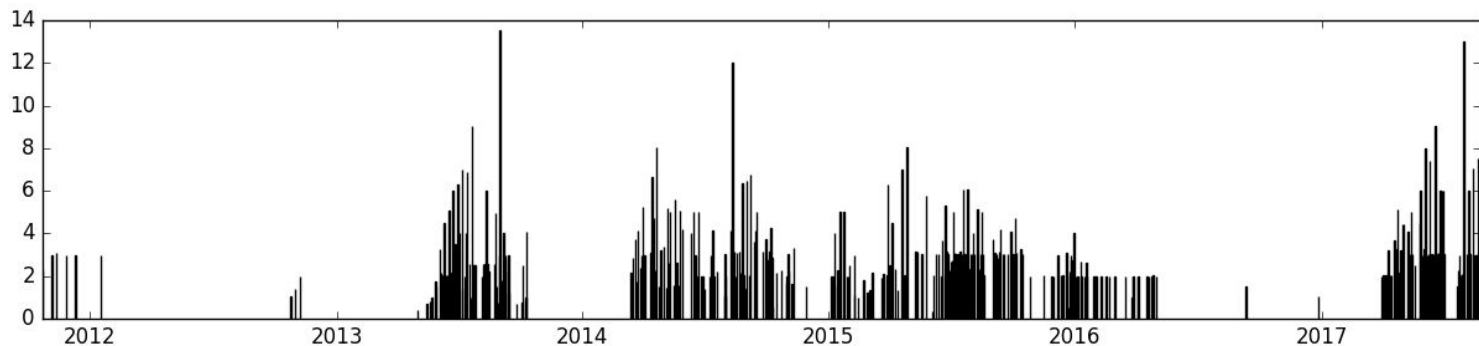
Idaho Falls, ID

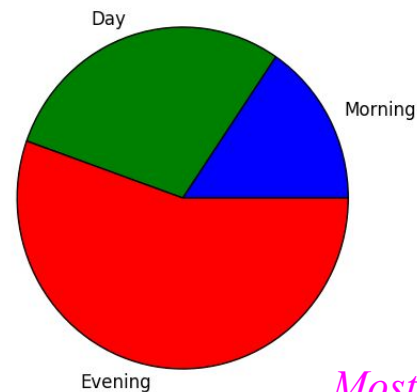
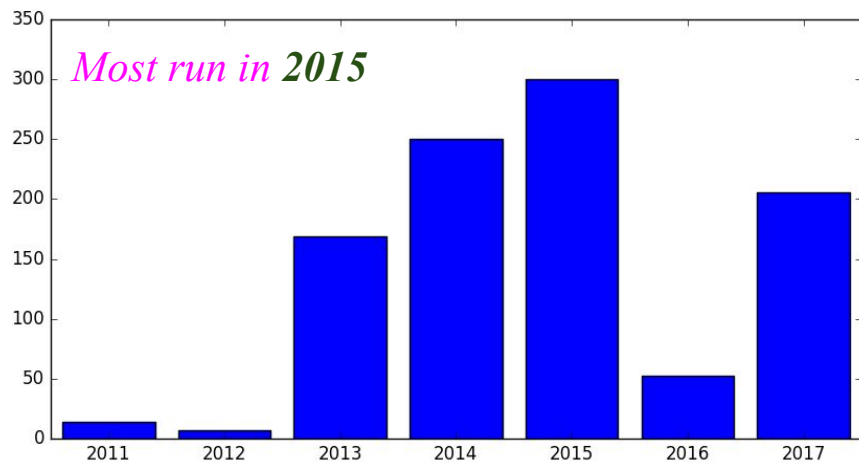


Novi, MI



	<i>Time</i>	<i>Miles</i>	<i>Duration</i>	<i>Pace</i>
<i>Total Run</i>	--	1,000.1	201:52:37	12:07
<i>First Run</i>	October 22, 2011, 14:44	2.3	0:31:08	13:33
<i>Last Run</i>	August 23, 2017, 19:21	3.1	0:39:49	12:49
<i>Furthermost Run</i>	August 31, 2013, 7:33	13.51	2:23:10	10:36
<i>Kensington Half Marathon</i>	July 30, 2017, 8:02	12.99	2:24:37	11:08
<i>Nike2013 Total</i>	--	863.68	175:12:11	12:10





Most run in Evening

