

# An introduction to convex methods for life science

# Unconstrained minimization for nonsmooth convex problems

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# References

See Chapter 9 in



Convex Optimization,

Stephen Boyd and Lieve Lieven Vandenberghe

<https://web.stanford.edu/~boyd/cvxbook/>

All slides stolen (extracted/re-arranged) from **Lieve Vandenberghe, Ryan Tibshirani**:

- ▶ Optimization Methods for Large-Scale Systems  
<http://www.seas.ucla.edu/~vandenbe/ee236c/ee236c.html>
- ▶ Convex Optimization:  
<http://www.stat.cmu.edu/~ryantibs/convexopt/>

# Outline

## Subgradients and subdifferentials

- Definitions

- Important Properties

- Example:  $\ell_1$ -regularization aka Lasso

## Subgradients methods

## Proximal methods

# Outline

## Subgradients and subdifferentials

### Definitions

Important Properties

Example:  $\ell_1$ -regularization aka Lasso

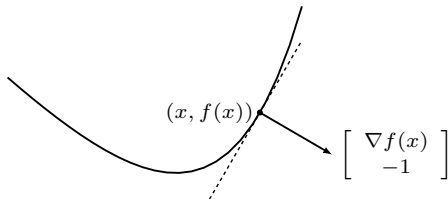
## Subgradients methods

## Proximal methods

## Basic inequality

recall the basic inequality for differentiable convex functions:

$$f(y) \geq f(x) + \nabla f(x)^T (y - x) \quad \forall y \in \text{dom } f$$



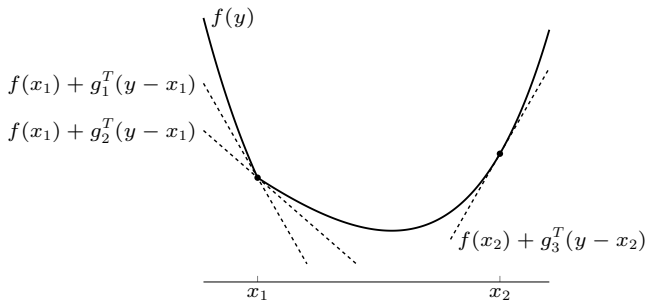
- the first-order approximation of  $f$  at  $x$  is a global lower bound
- $\nabla f(x)$  defines a non-vertical supporting hyperplane to **epi**  $f$  at  $(x, f(x))$ :

$$\begin{bmatrix} \nabla f(x) \\ -1 \end{bmatrix}^T \left( \begin{bmatrix} y \\ t \end{bmatrix} - \begin{bmatrix} x \\ f(x) \end{bmatrix} \right) \leq 0 \quad \forall (y, t) \in \mathbf{epi} f$$

# Subgradient

$g$  is a **subgradient** of a convex function  $f$  at  $x \in \text{dom } f$  if

$$f(y) \geq f(x) + g^T(y - x) \quad \forall y \in \text{dom } f$$



$g_1, g_2$  are subgradients at  $x_1$ ;  $g_3$  is a subgradient at  $x_2$

# Subdifferential

the **subdifferential**  $\partial f(x)$  of  $f$  at  $x$  is the set of all subgradients:

$$\partial f(x) = \{g \mid g^T(y - x) \leq f(y) - f(x), \forall y \in \text{dom } f\}$$

## Properties

- $\partial f(x)$  is a closed convex set (possibly empty)

this follows from the definition:  $\partial f(x)$  is an intersection of halfspaces

- if  $x \in \text{int dom } f$  then  $\partial f(x)$  is nonempty and bounded

proof on next two pages

*Proof:* we show that  $\partial f(x)$  is nonempty when  $x \in \text{int dom } f$

- $(x, f(x))$  is in the boundary of the convex set  $\text{epi } f$
- therefore there exists a supporting hyperplane to  $\text{epi } f$  at  $(x, f(x))$ :

$$\exists(a, b) \neq 0, \quad \begin{bmatrix} a \\ b \end{bmatrix}^T \left( \begin{bmatrix} y \\ t \end{bmatrix} - \begin{bmatrix} x \\ f(x) \end{bmatrix} \right) \leq 0 \quad \forall (y, t) \in \text{epi } f$$

- $b > 0$  gives a contradiction as  $t \rightarrow \infty$
- $b = 0$  gives a contradiction for  $y = x + \epsilon a$  with small  $\epsilon > 0$
- therefore  $b < 0$  and  $g = \frac{1}{|b|}a$  is a subgradient of  $f$  at  $x$



*Proof:*  $\partial f(x)$  is bounded when  $x \in \text{int dom } f$

- for small  $r > 0$ , define a set of  $2n$  points

$$B = \{x \pm r e_k \mid k = 1, \dots, n\} \subset \text{dom } f$$

and define  $M = \max_{y \in B} f(y) < \infty$

- for every nonzero  $g \in \partial f(x)$ , there is a point  $y \in B$  with

$$f(y) \geq f(x) + g^T(y - x) = f(x) + r \|g\|_\infty$$

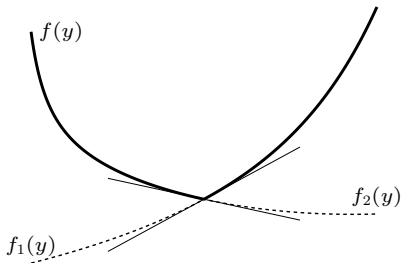
(choose an index  $k$  with  $|g_k| = \|g\|_\infty$ , and take  $y = x + r \text{sign}(g_k) e_k$ )

- therefore  $\partial f(x)$  is bounded:

$$\sup_{g \in \partial f(x)} \|g\|_\infty \leq \frac{M - f(x)}{r}$$

## Example

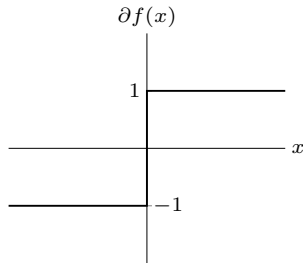
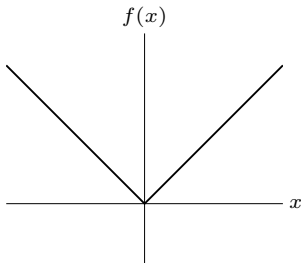
$$f(x) = \max \{f_1(x), f_2(x)\} \quad \text{with } f_1, f_2 \text{ convex and differentiable}$$



- if  $f_1(\hat{x}) = f_2(\hat{x})$ , subdifferential at  $\hat{x}$  is line segment  $[\nabla f_1(\hat{x}), \nabla f_2(\hat{x})]$
- if  $f_1(\hat{x}) > f_2(\hat{x})$ , subdifferential at  $\hat{x}$  is  $\{\nabla f_1(\hat{x})\}$
- if  $f_1(\hat{x}) < f_2(\hat{x})$ , subdifferential at  $\hat{x}$  is  $\{\nabla f_2(\hat{x})\}$

## Examples

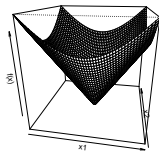
**Absolute value**  $f(x) = |x|$



**Euclidean norm**  $f(x) = \|x\|_2$

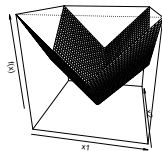
$$\partial f(x) = \left\{ \frac{1}{\|x\|_2} x \right\} \quad \text{if } x \neq 0, \quad \partial f(x) = \{g \mid \|g\|_2 \leq 1\} \quad \text{if } x = 0$$

Consider  $f : \mathbb{R}^n \rightarrow \mathbb{R}$ ,  $f(x) = \|x\|_2$



- For  $x \neq 0$ , unique subgradient  $g = x/\|x\|_2$
- For  $x = 0$ , subgradient  $g$  is any element of  $\{z : \|z\|_2 \leq 1\}$

Consider  $f : \mathbb{R}^n \rightarrow \mathbb{R}$ ,  $f(x) = \|x\|_1$



- For  $x_i \neq 0$ , unique  $i$ th component  $g_i = \text{sign}(x_i)$
- For  $x_i = 0$ ,  $i$ th component  $g_i$  is any element of  $[-1, 1]$

# Outline

## Subgradients and subdifferentials

Definitions

**Important Properties**

Example:  $\ell_1$ -regularization aka Lasso

Subgradients methods

Proximal methods

## Connection to convex geometry

Convex set  $C \subseteq \mathbb{R}^n$ , consider indicator function  $I_C : \mathbb{R}^n \rightarrow \mathbb{R}$ ,

$$I_C(x) = I\{x \in C\} = \begin{cases} 0 & \text{if } x \in C \\ \infty & \text{if } x \notin C \end{cases}$$

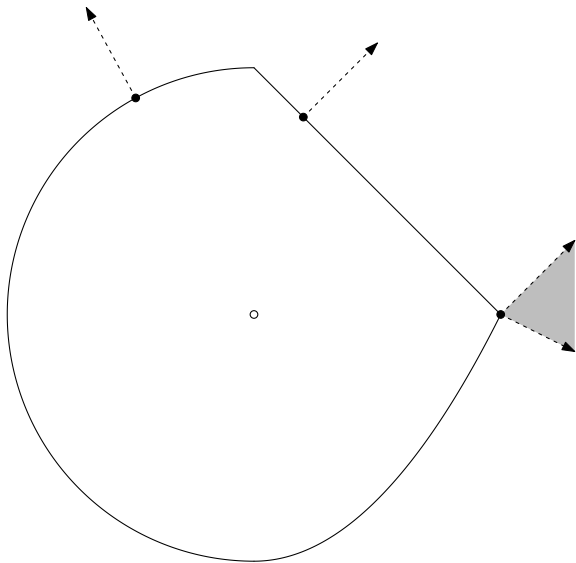
For  $x \in C$ ,  $\partial I_C(x) = \mathcal{N}_C(x)$ , the **normal cone** of  $C$  at  $x$ , recall

$$\mathcal{N}_C(x) = \{g \in \mathbb{R}^n : g^T x \geq g^T y \text{ for any } y \in C\}$$

Why? By definition of subgradient  $g$ ,

$$I_C(y) \geq I_C(x) + g^T(y - x) \quad \text{for all } y$$

- For  $y \notin C$ ,  $I_C(y) = \infty$
- For  $y \in C$ , this means  $0 \geq g^T(y - x)$





# Subgradient calculus

Basic rules for convex functions:

- **Scaling:**  $\partial(af) = a \cdot \partial f$  provided  $a > 0$
- **Addition:**  $\partial(f_1 + f_2) = \partial f_1 + \partial f_2$
- **Affine composition:** if  $g(x) = f(Ax + b)$ , then

$$\partial g(x) = A^T \partial f(Ax + b)$$

- **Finite pointwise maximum:** if  $f(x) = \max_{i=1,\dots,m} f_i(x)$ , then

$$\partial f(x) = \text{conv} \left( \bigcup_{i: f_i(x)=f(x)} \partial f_i(x) \right)$$

convex hull of union of subdifferentials of all active functions  
at  $x$

- **General pointwise maximum:** if  $f(x) = \max_{s \in S} f_s(x)$ , then

$$\partial f(x) \supseteq \text{cl} \left\{ \text{conv} \left( \bigcup_{s: f_s(x) = f(x)} \partial f_s(x) \right) \right\}$$

and under some regularity conditions (on  $S, f_s$ ), we get an equality above

- **Norms:** important special case,  $f(x) = \|x\|_p$ . Let  $q$  be such that  $1/p + 1/q = 1$ , then

$$\|x\|_p = \max_{\|z\|_q \leq 1} z^T x$$

Hence

$$\partial f(x) = \text{argmax}_{\|z\|_q \leq 1} z^T x$$

# Why subgradients?

Subgradients are important for two reasons:

- **Convex analysis**: optimality characterization via subgradients, monotonicity, relationship to duality
- **Convex optimization**: if you can compute subgradients, then you can minimize (almost) any convex function

# Optimality condition

For any  $f$  (convex or not),

$$f(x^*) = \min_x f(x) \iff 0 \in \partial f(x^*)$$

I.e.,  $x^*$  is a minimizer if and only if 0 is a subgradient of  $f$  at  $x^*$ .  
This is called the **subgradient optimality condition**

Why? Easy:  $g = 0$  being a subgradient means that for all  $y$

$$f(y) \geq f(x^*) + 0^T(y - x^*) = f(x^*)$$

Note the implication for a convex and differentiable function  $f$ ,  
with  $\partial f(x) = \{\nabla f(x)\}$

## Derivation of first-order optimality

Example of the power of subgradients: we can use what we have learned so far to derive the **first-order optimality condition**. Recall that for  $f$  convex and differentiable, the problem

$$\min_x f(x) \quad \text{subject to } x \in C$$

is solved at  $x$  if and only if

$$\nabla f(x)^T (y - x) \geq 0 \quad \text{for all } y \in C$$

Intuitively says that gradient increases as we move away from  $x$ .  
How to see this? First recast problem as

$$\min_x f(x) + I_C(x)$$

Now apply subgradient optimality:  $0 \in \partial(f(x) + I_C(x))$

But

$$0 \in \partial(f(x) + I_C(x))$$

$$\iff 0 \in \{\nabla f(x)\} + \mathcal{N}_C(x)$$

$$\iff -\nabla f(x) \in \mathcal{N}_C(x)$$

$$\iff -\nabla f(x)^T x \geq -\nabla f(x)^T y \text{ for all } y \in C$$

$$\iff \nabla f(x)^T (y - x) \geq 0 \text{ for all } y \in C$$

as desired

Note: the condition  $0 \in \partial f(x) + \mathcal{N}_C(x)$  is a **fully general** condition for optimality in a convex problem. But this is not always easy to work with (KKT conditions, later, are easier)

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## Example: lasso optimality conditions

Given  $y \in \mathbb{R}^n$ ,  $X \in \mathbb{R}^{n \times p}$ , **lasso** problem can be parametrized as:

$$\min_{\beta} \frac{1}{2} \|y - X\beta\|_2^2 + \lambda \|\beta\|_1$$

where  $\lambda \geq 0$ . Subgradient optimality:

$$\begin{aligned} 0 &\in \partial \left( \frac{1}{2} \|y - X\beta\|_2^2 + \lambda \|\beta\|_1 \right) \\ &\iff 0 \in -X^T(y - X\beta) + \lambda \partial \|\beta\|_1 \\ &\iff X^T(y - X\beta) = \lambda v \end{aligned}$$

for some  $v \in \partial \|\beta\|_1$ , i.e.,

$$v_i \in \begin{cases} \{1\} & \text{if } \beta_i > 0 \\ \{-1\} & \text{if } \beta_i < 0, \\ [-1, 1] & \text{if } \beta_i = 0 \end{cases} \quad i = 1, \dots, p$$



Write  $X_1, \dots, X_p$  for columns of  $X$ . Then subgradient optimality reads:

$$\begin{cases} X_i^T(y - X\beta) = \lambda \cdot \text{sign}(\beta_i) & \text{if } \beta_i \neq 0 \\ |X_i^T(y - X\beta)| \leq \lambda & \text{if } \beta_i = 0 \end{cases}$$

Note: the subgradient optimality conditions do not directly lead to an expression for a lasso solution ... however they do provide a way to **check lasso optimality**

They are also helpful in understanding the lasso estimator; e.g., if  $|X_i^T(y - X\beta)| < \lambda$ , then  $\beta_i = 0$

## Example: soft-thresholding

Simplified lasso problem with  $X = I$ :

$$\min_{\beta} \frac{1}{2} \|y - \beta\|_2^2 + \lambda \|\beta\|_1$$

This we can solve directly using subgradient optimality. Solution is  $\beta = S_{\lambda}(y)$ , where  $S_{\lambda}$  is the **soft-thresholding operator**:

$$[S_{\lambda}(y)]_i = \begin{cases} y_i - \lambda & \text{if } y_i > \lambda \\ 0 & \text{if } -\lambda \leq y_i \leq \lambda, \\ y_i + \lambda & \text{if } y_i < -\lambda \end{cases} \quad i = 1, \dots, n$$

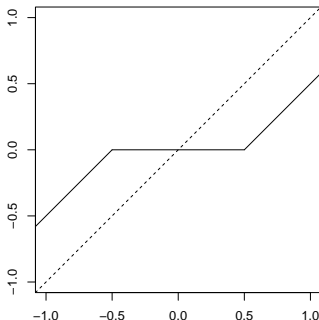
Check: from last slide, subgradient optimality conditions are

$$\begin{cases} y_i - \beta_i = \lambda \cdot \text{sign}(\beta_i) & \text{if } \beta_i \neq 0 \\ |y_i - \beta_i| \leq \lambda & \text{if } \beta_i = 0 \end{cases}$$

Now plug in  $\beta = S_\lambda(y)$  and check these are satisfied:

- When  $y_i > \lambda$ ,  $\beta_i = y_i - \lambda > 0$ , so  $y_i - \beta_i = \lambda = \lambda \cdot 1$
- When  $y_i < -\lambda$ , argument is similar
- When  $|y_i| \leq \lambda$ ,  $\beta_i = 0$ , and  $|y_i - \beta_i| = |y_i| \leq \lambda$

Soft-thresholding in  
one variable:



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Subgradients and subdifferentials

Subgradients methods

- Principle and analysis

- Example: regularized logistic regression

Proximal methods

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# Subgradient method

to minimize a nondifferentiable convex function  $f$ : choose  $x^{(0)}$  and repeat

$$x^{(k)} = x^{(k-1)} - t_k g^{(k-1)}, \quad k = 1, 2, \dots$$

$g^{(k-1)}$  is any subgradient of  $f$  at  $x^{(k-1)}$

## Step size rules

- fixed step:  $t_k$  constant
- fixed length:  $t_k \|g^{(k-1)}\|_2 = \|x^{(k)} - x^{(k-1)}\|_2$  is constant
- diminishing:  $t_k \rightarrow 0, \sum_{k=1}^{\infty} t_k = \infty$

## Assumptions

- $f$  has finite optimal value  $f^*$ , minimizer  $x^*$
- $f$  is convex,  $\text{dom } f = \mathbf{R}^n$
- $f$  is Lipschitz continuous with constant  $G > 0$ :

$$|f(x) - f(y)| \leq G\|x - y\|_2 \quad \forall x, y$$

this is equivalent to  $\|g\|_2 \leq G$  for all  $x$  and  $g \in \partial f(x)$  (see next page)

*Proof.*

- assume  $\|g\|_2 \leq G$  for all subgradients; choose  $g_y \in \partial f(y)$ ,  $g_x \in \partial f(x)$ :

$$g_x^T(x - y) \geq f(x) - f(y) \geq g_y^T(x - y)$$

by the Cauchy-Schwarz inequality

$$G\|x - y\|_2 \geq f(x) - f(y) \geq -G\|x - y\|_2$$

- assume  $\|g\|_2 > G$  for some  $g \in \partial f(x)$ ; take  $y = x + g/\|g\|_2$ :

$$\begin{aligned} f(y) &\geq f(x) + g^T(y - x) \\ &= f(x) + \|g\|_2 \\ &> f(x) + G \end{aligned}$$



# Analysis

- the subgradient method is not a descent method
- the key quantity in the analysis is the distance to the optimal set

with  $x^+ = x^{(i)}$ ,  $x = x^{(i-1)}$ ,  $g = g^{(i-1)}$ ,  $t = t_i$ :

$$\begin{aligned}\|x^+ - x^*\|_2^2 &= \|x - tg - x^*\|_2^2 \\ &= \|x - x^*\|_2^2 - 2tg^T(x - x^*) + t^2\|g\|_2^2 \\ &\leq \|x - x^*\|_2^2 - 2t(f(x) - f^*) + t^2\|g\|_2^2\end{aligned}$$

combine inequalities for  $i = 1, \dots, k$ , and define  $f_{\text{best}}^{(k)} = \min_{0 \leq i < k} f(x^{(i)})$ :

$$\begin{aligned}2\left(\sum_{i=1}^k t_i\right)(f_{\text{best}}^{(k)} - f^*) &\leq \|x^{(0)} - x^*\|_2^2 - \|x^{(k)} - x^*\|_2^2 + \sum_{i=1}^k t_i^2\|g^{(i-1)}\|_2^2 \\ &\leq \|x^{(0)} - x^*\|_2^2 + \sum_{i=1}^k t_i^2\|g^{(i-1)}\|_2^2\end{aligned}$$

**Fixed step size:**  $t_i = t$

$$f_{\text{best}}^{(k)} - f^* \leq \frac{\|x^{(0)} - x^*\|_2^2}{2kt} + \frac{G^2 t}{2}$$

- does not guarantee convergence of  $f_{\text{best}}^{(k)}$
- for large  $k$ ,  $f_{\text{best}}^{(k)}$  is approximately  $G^2 t / 2$ -suboptimal

**Fixed step length:**  $t_i = s / \|g^{(i-1)}\|_2$

$$f_{\text{best}}^{(k)} - f^* \leq \frac{G\|x^{(0)} - x^*\|_2^2}{2ks} + \frac{Gs}{2}$$

- does not guarantee convergence of  $f_{\text{best}}^{(k)}$
- for large  $k$ ,  $f_{\text{best}}^{(k)}$  is approximately  $Gs / 2$ -suboptimal

**Diminishing step size:**  $t_i \rightarrow 0$ ,  $\sum_{i=1}^{\infty} t_i = \infty$

$$f_{\text{best}}^{(k)} - f^* \leq \frac{\|x^{(0)} - x^*\|_2^2 + G^2 \sum_{i=1}^k t_i^2}{2 \sum_{i=1}^k t_i}$$

can show that  $(\sum_{i=1}^k t_i^2)/(\sum_{i=1}^k t_i) \rightarrow 0$ ; hence,  $f_{\text{best}}^{(k)}$  converges to  $f^*$

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## Example: regularized logistic regression

Given  $(x_i, y_i) \in \mathbb{R}^p \times \{0, 1\}$  for  $i = 1, \dots, n$ , consider the **logistic regression** loss:

$$f(\beta) = \sum_{i=1}^n \left( -y_i x_i^T \beta + \log(1 + \exp(x_i^T \beta)) \right)$$

This is a smooth and convex, with

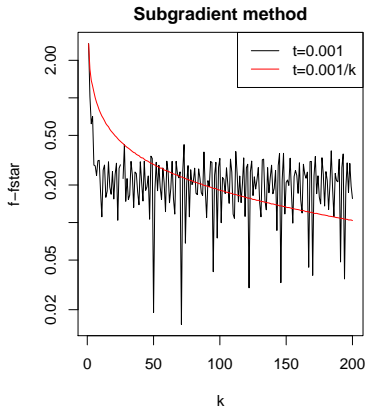
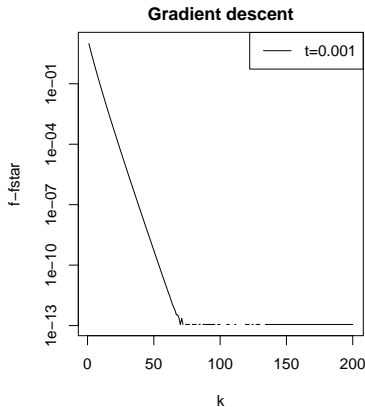
$$\nabla f(\beta) = \sum_{i=1}^n (y_i - p_i(\beta)) x_i$$

where  $p_i(\beta) = \exp(x_i^T \beta) / (1 + \exp(x_i^T \beta))$ ,  $i = 1, \dots, n$ . We will consider the regularized problem:

$$\min_{\beta} f(\beta) + \lambda \cdot P(\beta)$$

where  $P(\beta) = \|\beta\|_2^2$  (**ridge** penalty) or  $P(\beta) = \|\beta\|_1$  (**lasso** penalty)

Ridge problem: use gradients; lasso problem: use subgradients.  
Data example with  $n = 1000$ ,  $p = 20$ :



Step sizes hand-tuned to be favorable for each method (of course comparison is imperfect, but it reveals the convergence behaviors)

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**Proximal methods**

Proximal gradient method

Convergence Analysis for fixed step

Accelerated versions

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- Accelerated versions



## Proximal mapping

if  $h$  is convex and closed (has a closed epigraph), then

$$\text{prox}_h(x) = \underset{u}{\operatorname{argmin}} \left( h(u) + \frac{1}{2} \|u - x\|_2^2 \right)$$

exists and is unique for all  $x$

- will be studied in more detail in lecture 8
- from optimality conditions of minimization in the definition:

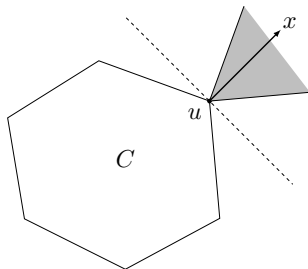
$$\begin{aligned} u = \text{prox}_h(x) &\iff x - u \in \partial h(u) \\ &\iff h(z) \geq h(u) + (x - u)^T(z - u) \quad \forall z \end{aligned}$$

## Projection on closed convex set

proximal mapping of indicator function  $\delta_C$  is Euclidean projection on  $C$

$$\text{prox}_{\delta_C}(x) = \underset{u \in C}{\operatorname{argmin}} \|u - x\|_2^2 = P_C(x)$$

$$\begin{aligned} u &= P_C(x) \\ \Updownarrow \\ (x - u)^T(z - u) &\leq 0 \quad \forall z \in C \end{aligned}$$



we will see that proximal mappings have many properties of projections

## Proximal gradient method

unconstrained optimization with objective split in two components

$$\text{minimize } f(x) = g(x) + h(x)$$

- $g$  convex, differentiable,  $\text{dom } g = \mathbf{R}^n$
- $h$  convex with inexpensive prox-operator (many examples in lecture 8)

### Proximal gradient algorithm

$$x^{(k)} = \text{prox}_{t_k h} \left( x^{(k-1)} - t_k \nabla g(x^{(k-1)}) \right)$$

- $t_k > 0$  is step size, constant or determined by line search
- can start at infeasible  $x^{(0)}$  (however  $x^{(k)} \in \text{dom } f = \text{dom } h$  for  $k \geq 1$ )

## Interpretation

$$x^+ = \text{prox}_{th}(x - t\nabla g(x))$$

from definition of proximal mapping:

$$\begin{aligned} x^+ &= \underset{u}{\operatorname{argmin}} \left( h(u) + \frac{1}{2t} \|u - x + t\nabla g(x)\|_2^2 \right) \\ &= \underset{u}{\operatorname{argmin}} \left( h(u) + g(x) + \nabla g(x)^T(u - x) + \frac{1}{2t} \|u - x\|_2^2 \right) \end{aligned}$$

$x^+$  minimizes  $h(u)$  plus a simple quadratic local model of  $g(u)$  around  $x$

## Example: ISTA

Given  $y \in \mathbb{R}^n$ ,  $X \in \mathbb{R}^{n \times p}$ , recall **lasso** criterion:

$$f(\beta) = \underbrace{\frac{1}{2} \|y - X\beta\|_2^2}_{g(\beta)} + \underbrace{\lambda \|\beta\|_1}_{h(\beta)}$$

Prox mapping is now

$$\begin{aligned} \text{prox}_t(\beta) &= \underset{z}{\operatorname{argmin}} \frac{1}{2t} \|\beta - z\|_2^2 + \lambda \|z\|_1 \\ &= S_{\lambda t}(\beta) \end{aligned}$$

where  $S_\lambda(\beta)$  is the soft-thresholding operator,

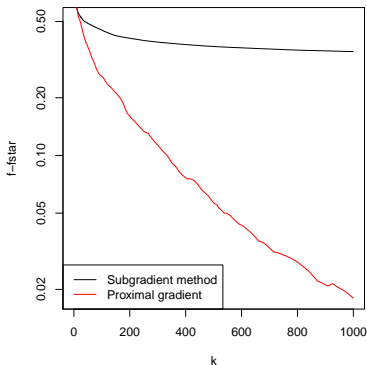
$$[S_\lambda(\beta)]_i = \begin{cases} \beta_i - \lambda & \text{if } \beta_i > \lambda \\ 0 & \text{if } -\lambda \leq \beta_i \leq \lambda, \\ \beta_i + \lambda & \text{if } \beta_i < -\lambda \end{cases}, \quad i = 1, \dots, n$$

Recall  $\nabla g(\beta) = -X^T(y - X\beta)$ , hence proximal gradient update is:

$$\beta^+ = S_{\lambda t}(\beta + tX^T(y - X\beta))$$

Often called the **iterative soft-thresholding algorithm (ISTA)**.<sup>1</sup> Very simple algorithm

Example of proximal  
gradient (ISTA) vs.  
subgradient method  
convergence rates



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<sup>1</sup>Beck and Teboulle (2008), "A fast iterative shrinkage-thresholding algorithm for linear inverse problems"

# Outline

Subgradients and subdifferentials

Subgradients methods

Proximal methods

Proximal gradient method

Convergence Analysis for fixed step

Accelerated versions

## Assumptions

$$\text{minimize } f(x) = g(x) + h(x)$$

- $h$  is closed and convex (so that  $\text{prox}_{th}$  is well defined)
- $g$  is differentiable with  $\text{dom } g = \mathbf{R}^n$
- there exist constants  $m \geq 0$  and  $L > 0$  such that the functions

$$g(x) - \frac{m}{2}x^T x, \quad \frac{L}{2}x^T x - g(x)$$

are convex

- the optimal value  $f^*$  is finite and attained at  $x^*$  (not necessarily unique)



# Implications of assumptions on $g$

## Lower bound

- convexity of the the function  $g(x) - (m/2)x^T x$  implies (page 1-18):

$$g(y) \geq g(x) + \nabla g(x)^T (y - x) + \frac{m}{2} \|y - x\|_2^2 \quad \forall x, y \quad (1)$$

- if  $m = 0$ , this means  $g$  is convex; if  $m > 0$ , strongly convex (lecture 1)

## Upper bound

- convexity of the function  $(L/2)x^T x - g(x)$  implies (page 1-12):

$$g(y) \leq g(x) + \nabla g(x)^T (y - x) + \frac{L}{2} \|y - x\|_2^2 \quad \forall x, y \quad (2)$$

- this is equivalent to Lipschitz continuity and co-coercivity of gradient (lecture 1)

## Gradient map

$$G_t(x) = \frac{1}{t} (x - \text{prox}_{th}(x - t\nabla g(x)))$$

$G_t(x)$  is the negative 'step' in the proximal gradient update

$$\begin{aligned} x^+ &= \text{prox}_{th}(x - t\nabla g(x)) \\ &= x - tG_t(x) \end{aligned}$$

- $G_t(x)$  is not a gradient or subgradient of  $f = g + h$
- from subgradient definition of prox-operator (page 6-7),

$$G_t(x) \in \nabla g(x) + \partial h(x - tG_t(x))$$

- $G_t(x) = 0$  if and only if  $x$  minimizes  $f(x) = g(x) + h(x)$

## Consequences of quadratic bounds on $g$

substitute  $y = x - tG_t(x)$  in the bounds (1) and (2): for all  $t$ ,

$$\frac{mt^2}{2}\|G_t(x)\|_2^2 \leq g(x - tG_t(x)) - g(x) + t\nabla g(x)^T G_t(x) \leq \frac{Lt^2}{2}\|G_t(x)\|_2^2$$

- if  $0 < t \leq 1/L$ , then the upper bound implies

$$g(x - tG_t(x)) \leq g(x) - t\nabla g(x)^T G_t(x) + \frac{t}{2}\|G_t(x)\|_2^2 \quad (3)$$

- if the inequality (3) is satisfied and  $tG_t(x) \neq 0$ , then  $mt \leq 1$
- if the inequality (3) is satisfied, then for all  $z$ ,

$$f(x - tG_t(x)) \leq f(z) + G_t(x)^T(x - z) - \frac{t}{2}\|G_t(x)\|_2^2 - \frac{m}{2}\|x - z\|_2^2 \quad (4)$$

(proof on next page)

*Proof of (4):*

$$\begin{aligned}
& f(x - tG_t(x)) \\
& \leq g(x) - t\nabla g(x)^T G_t(x) + \frac{t}{2}\|G_t(x)\|_2^2 + h(x - tG_t(x)) \\
& \leq g(z) - \nabla g(x)^T(z - x) - \frac{m}{2}\|z - x\|_2^2 - t\nabla g(x)^T G_t(x) + \frac{t}{2}\|G_t(x)\|_2^2 \\
& \quad + h(z) - (G_t(x) - \nabla g(x))^T(z - x + tG_t(x)) \\
& = g(z) + h(z) + G_t(x)^T(x - z) - \frac{t}{2}\|G_t(x)\|_2^2 - \frac{m}{2}\|x - z\|_2^2
\end{aligned}$$

- in the first step we add  $h(x - tG_t(x))$  to both sides of the inequality (3)
- in the next step we use the lower bound on  $g(z)$  from (2) and

$$G_t(x) - \nabla g(x) \in \partial h(x - tG_t(x))$$

(see page 6-12)

## Progress in one iteration

for a step size  $t$  that satisfies the inequality (3), define

$$x^+ = x - tG_t(x)$$

- inequality (4) with  $z = x$  shows the algorithm is a descent method:

$$f(x^+) \leq f(x) - \frac{t}{2}\|G_t(x)\|_2^2$$

- inequality (4) with  $z = x^*$  shows that

$$\begin{aligned} f(x^+) - f^* &\leq G_t(x)^T(x - x^*) - \frac{t}{2}\|G_t(x)\|_2^2 - \frac{m}{2}\|x - x^*\|_2^2 \\ &= \frac{1}{2t} \left( \|x - x^*\|_2^2 - \|x - x^* - tG_t(x)\|_2^2 \right) - \frac{m}{2}\|x - x^*\|_2^2 \\ &= \frac{1}{2t} \left( (1 - mt)\|x - x^*\|_2^2 - \|x^+ - x^*\|_2^2 \right) \end{aligned} \tag{5}$$

$$\leq \frac{1}{2t} \left( \|x - x^*\|_2^2 - \|x^+ - x^*\|_2^2 \right) \tag{6}$$

## Analysis for fixed step size

add inequalities (6) for  $x = x^{(i-1)}$ ,  $x^+ = x^{(i)}$ ,  $t = t_i = 1/L$

$$\begin{aligned}\sum_{i=1}^k (f(x^{(i)}) - f^*) &\leq \frac{1}{2t} \sum_{i=1}^k \left( \|x^{(i-1)} - x^*\|_2^2 - \|x^{(i)} - x^*\|_2^2 \right) \\ &= \frac{1}{2t} \left( \|x^{(0)} - x^*\|_2^2 - \|x^{(k)} - x^*\|_2^2 \right) \\ &\leq \frac{1}{2t} \|x^{(0)} - x^*\|_2^2\end{aligned}$$

since  $f(x^{(i)})$  is nonincreasing,

$$f(x^{(k)}) - f^* \leq \frac{1}{k} \sum_{i=1}^k (f(x^{(i)}) - f^*) \leq \frac{1}{2kt} \|x^{(0)} - x^*\|_2^2$$

## Distance to optimal set

- from (5) and  $f(x^+) \geq f^*$ , the distance to the optimal set does not increase:

$$\begin{aligned}\|x^+ - x^*\|_2^2 &\leq (1 - mt)\|x - x^*\|_2^2 \\ &\leq \|x - x^*\|_2^2\end{aligned}$$

- for fixed step size  $t_k = 1/L$

$$\|x^{(k)} - x^*\|_2^2 \leq c^k \|x^{(0)} - x^*\|_2^2, \quad c = 1 - \frac{m}{L}$$

*i.e.*, linear convergence if  $g$  is strongly convex ( $m > 0$ )

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Subgradients and subdifferentials

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## Accelerated proximal gradient method

Our problem, as before:

$$\min_x g(x) + h(x)$$

where  $g$  convex, differentiable, and  $h$  convex. **Accelerated proximal gradient method**: choose initial point  $x^{(0)} = x^{(-1)} \in \mathbb{R}^n$ , repeat:

$$\begin{aligned} v &= x^{(k-1)} + \frac{k-2}{k+1}(x^{(k-1)} - x^{(k-2)}) \\ x^{(k)} &= \text{prox}_{t_k}(v - t_k \nabla g(v)) \end{aligned}$$

for  $k = 1, 2, 3, \dots$

- First step  $k = 1$  is just usual proximal gradient update
- After that,  $v = x^{(k-1)} + \frac{k-2}{k+1}(x^{(k-1)} - x^{(k-2)})$  carries some “momentum” from previous iterations
- $h = 0$  gives accelerated gradient method

# FISTA

Recall lasso problem,

$$\min_{\beta} \frac{1}{2} \|y - X\beta\|_2^2 + \lambda \|\beta\|_1$$

and ISTA (Iterative Soft-thresholding Algorithm):

$$\beta^{(k)} = S_{\lambda t_k}(\beta^{(k-1)} + t_k X^T(y - X\beta^{(k-1)})), \quad k = 1, 2, 3, \dots$$

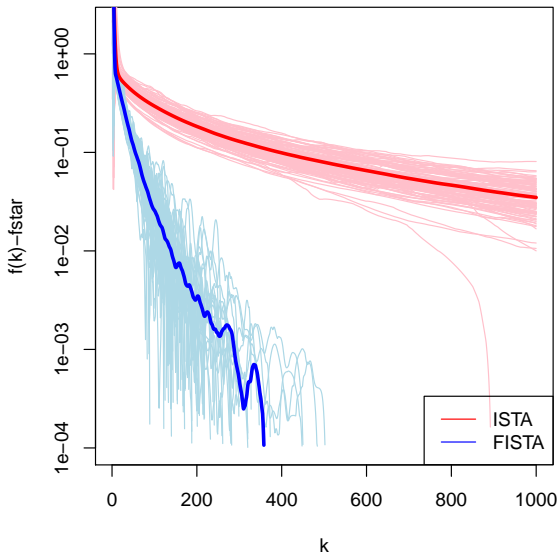
$S_{\lambda}(\cdot)$  being vector soft-thresholding. Applying acceleration gives us **FISTA** (F is for Fast):<sup>6</sup> for  $k = 1, 2, 3, \dots$ ,

$$\begin{aligned} v &= \beta^{(k-1)} + \frac{k-2}{k+1}(\beta^{(k-1)} - \beta^{(k-2)}) \\ \beta^{(k)} &= S_{\lambda t_k}(v + t_k X^T(y - Xv)), \end{aligned}$$

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<sup>6</sup>Beck and Teboulle (2008) actually call their general acceleration technique (for general  $g, h$ ) FISTA, which may be somewhat confusing

Lasso regression: 100 instances (with  $n = 100$ ,  $p = 500$ ):



Lasso logistic regression: 100 instances ( $n = 100$ ,  $p = 500$ ):

