



REVIVE. SURVIVE. OVERDOSE PREVENTION

## OHL REFERRAL PROCEDURE

*Below are the steps required for a referral to OHL's Detox and Short-term Residential Programs.*

*If you have any questions, please text, call, or email us at*

504. 418.4955 or [revive@ohlinc.org](mailto:revive@ohlinc.org).

### DETOX:

OHL offers medically supported detox services to individuals 18 or older suffering from addiction and withdrawal. OHL's Medically Supported Detox accepts clients and referrals for its program 7 days a week. Detox treatment typically lasts 5 – 7 days. To ensure a safe medically supported detox, 24-hour on-site medical staff is present to assist with a comfortable detox. OHL's detox team is comprised of physicians, nurses and counselors who are trained to care for clients during detoxification of alcohol and/or opioids. Persons are not eligible for services if the following drugs are used exclusively: crack, marijuana, or methamphetamines. As the OHL Medically Supported Detox is affiliated with OHL's other substance treatment programs, the motivated client can easily transition to a short-term residential program or be referred to intensive or supportive outpatient services based on their individual needs. For these services, the client must meet admission criteria, including basic medical and psychiatric stability, and must have a 30-day supply of all prescribed medications upon admittance into the residential program.

Steps to enter Detox:	What to bring:	Not permitted:
<ol style="list-style-type: none"> <li>1. Fill out document titled: Revive.Survive. OverDose Prevention Referral Tracker</li> <li>2. Fill out document titled: OHL Detox Referral</li> <li>3. Email to <a href="mailto:revive@ohlinc.org">revive@ohlinc.org</a></li> <li>4. Revive.Survive. ODP Team will send it to Detox Team and ensure follow up</li> </ol>	<ul style="list-style-type: none"> <li>• Louisiana State I.D.</li> <li>• 5-7 days of clothing</li> <li>• Personal hygiene products (NO alcohol-based products)</li> <li>• Towels</li> <li>• Cigarettes-no more than three packs (NO dip/snuff allowed)</li> <li>• Reading material-if needed</li> </ul>	<ul style="list-style-type: none"> <li>• Cell phone</li> <li>• Electronic devices</li> <li>• Snacks</li> <li>• Money</li> <li>• No personal linens- i.e. sheet sets/comforters/pillows /pillowcases.</li> <li>• Do not bring expensive items into the program, OHL is not responsible for lost and/or damage to items.</li> </ul>

### SHORT-TERM ADULT RESIDENTIAL PROGRAMS:

OHL's Short-Term Adult Residential Program serves men and women 18 years of age and older. OHL offers a short-term (approximately 28-day) residential drug rehabilitation program, which intensively focuses on the most basic aspects of drug rehab treatment, such as abstinence from drug abuse, life skills building, and recovery tools. To be eligible, clients must have Medicaid, Medicare, GNOCHC, or be

uninsured. Clients seeking treatment must have proof of Louisiana residency (i.e. a Louisiana ID). Some form of picture ID is required. Bring a 30-day supply off all prescribed medication for the 28-day stay.

OHL offers a *Long-Term Housing and Intensive Outpatient Program (IOP)* where residents live on-site at the residential facility while in treatment for up to 4 months. While in IOP, clients are able to reside in a safe and sober living environment while developing life skills that enable them to gain employment and a strong support system. Clients **must** complete OHL's Short-Term Adult Residential Treatment Program before moving into the Intensive Outpatient Program.

<b>Steps to enter Short-Term Res:</b>	<b>REQUIRED Documentation:</b>
<ol style="list-style-type: none"> <li>1. Fill out document titled: Revive.Survive. OverDose Prevention Referral Tracker</li> <li>2. Fill out documents titled: OHL Residential Referral <u>AND</u> Release of Information</li> <li>3. Email to <a href="mailto:revive@ohlinc.org">revive@ohlinc.org</a></li> <li>4. Review document titled Non Allowed Medication</li> <li>5. Revive.Survive. ODP Team will send it to Residential Team and ensure follow up</li> </ol>	<ul style="list-style-type: none"> <li>• Louisiana Picture ID</li> <li>• Insurance documentation, if applicable</li> <li>• TB skin test results or chest x-ray</li> <li>• 30 day supply of medication(s) if applicable</li> <li>• Any pertinent medical documentation</li> <li>• Phone numbers for emergency contacts, probation/parole officer, any case managers or social workers</li> </ul>
<b>What to Bring:</b>	<b>Not Permitted:</b>
<ul style="list-style-type: none"> <li>• Up to seven (7) changes of clothes such as jeans, pants, shirts, or t-shirts</li> <li>• Up to ten (10) changes of undergarments such as bras, camis, underwear, socks, or undershirts</li> <li>• One (1) sweater or jacket</li> <li>• Two (2) sets of pajamas or other sleepwear</li> <li>• One (1) exercise outfit</li> <li>• Up to three (3) pair of close-toe shoes, such as tennis shoes</li> <li>• One (1) pair of slipper/ house shoes/ thongs</li> <li>• Personal hygiene items: toothpaste, toothbrush, deodorant, razor, shampoo &amp; conditioner, comb, brush, lotion/ moisturizer, blow dryer, curling iron, feminine hygiene products</li> <li>• Three (3) wash cloths</li> <li>• Three (3) towels</li> <li>• Reading material (spiritual, self-help) and or puzzle books</li> <li>• Cigarettes (1 carton suggested)</li> </ul>	<ul style="list-style-type: none"> <li>• Pillows and blankets</li> <li>• Stuffed animals</li> <li>• Any food or drink items</li> <li>• Money</li> <li>• Cell phones or other electronics</li> <li>• Jewelry (including watches)</li> <li>• Make up</li> <li>• Perfume/ cologne</li> <li>• Chewing tobacco, rolling tobacco, or snuff</li> <li>• Rolling papers</li> <li>• Lighters</li> <li>• Alcohol-Based Products</li> <li>• Washing detergent</li> <li>• Weapons (i.e. pocket knives, brass knuckles)</li> <li>• Do not bring expensive items into the program, OHL is not responsible for lost and/or damage to items.</li> </ul>