

# Sleep Charts

Dominguez, Hiroshy  
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Avg sleep: 9.47 h (9h 28m)  
Avg start: 8:07 PM  
Avg end: 5:35 AM  
Avg interruptions: 0.28 h (0h 17m)  
Avg intr. start: 12:46 AM  
Avg intr. end: 1:50 AM



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