

Sleep Charts

Robbins, Alexandra Julia
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Avg sleep: 8.06 h (8h 04m)
Avg start: 7:18 PM
Avg end: 3:22 AM
Avg interruptions: 0.95 h (0h 57m)
Avg intr. start: 1:01 AM
Avg intr. end: 3:28 AM

Sleep duration — Robbins, Alexandra Julia

