

Sleep Charts

Beecher, Lexi
Mar 4, 2025 - Aug 17, 2025

Avg sleep: 10.43 h (10h 26m)
Avg start: 7:31 PM
Avg end: 5:57 AM
Avg interruptions: 0.39 h (0h 23m)
Avg intr. start: 12:04 AM
Avg intr. end: 1:02 AM

Sleep duration — Beecher, Lexi

