

# Sleep Charts

Toribio, Liam

Apr 1, 2025 – Aug 17, 2025

Avg sleep: 9.00 h (9h 00m)

Avg start: 9:43 PM

Avg end: 6:43 AM

Avg interruptions: 0.28 h (0h 17m)

Avg intr. start: 2:44 AM

Avg intr. end: 4:03 AM

**Sleep duration — Toribio, Liam**

