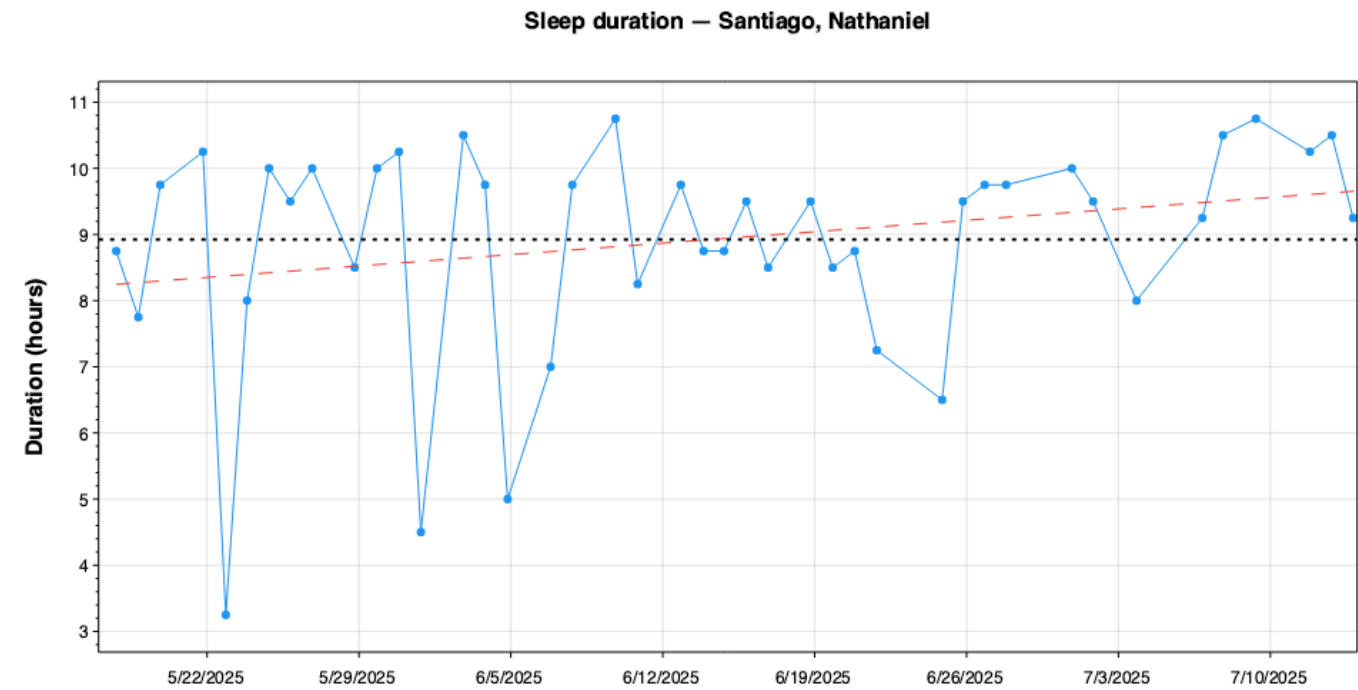


# Sleep Charts

Santiago, Nathaniel  
May 17, 2025 - Jul 14, 2025

Avg sleep: 8.92 h (8h 55m)  
Avg start: 8:07 PM  
Avg end: 5:02 AM  
Avg interruptions: 0.29 h (0h 17m)  
Avg intr. start: 2:11 AM  
Avg intr. end: 3:33 AM



# Sleep Charts

Santiago, Nathaniel