

Sleep Charts

Dominguez, Hiroshy

May 9, 2025 - Aug 17, 2025

Avg sleep: 9.47 h (9h 28m)

Avg start: 8:07 PM

Avg end: 5:35 AM

Avg interruptions: 0.28 h (0h 17m)

Avg intr. start: 12:46 AM

Avg intr. end: 1:50 AM

Sleep duration — Dominguez, Hiroshy

