

Sleep Charts

Santiago, Nathaniel
May 17, 2025 - Jul 14, 2025

Avg sleep: 8.92 h (8h 55m)
Avg start: 8:07 PM
Avg end: 5:02 AM
Avg interruptions: 0.29 h (0h 17m)
Avg intr. start: 2:11 AM
Avg intr. end: 3:33 AM



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