

Sleep Charts

Dominguez, Hiroshy
May 9, 2025 – Aug 17, 2025

Avg sleep: 9.47 h (9h 28m)
Avg start: 8:07 PM
Avg end: 5:35 AM
Avg interruptions: 0.28 h (0h 17m)
Avg intr. start: 12:46 AM
Avg intr. end: 1:50 AM

Sleep duration — Dominguez, Hiroshy

