

# Sleep Charts

Toribio, Liam  
Apr 1, 2025 – Aug 17, 2025

Avg sleep: 9.00 h (9h 00m)  
Avg start: 9:43 PM  
Avg end: 6:43 AM  
Avg interruptions: 0.28 h (0h 17m)  
Avg intr. start: 2:44 AM  
Avg intr. end: 4:03 AM

Sleep duration — Toribio, Liam

