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Janet Gilfillan, MBA, ATC

Janet Gilfillan is a trained Coach, Facilitator and Leadership Consultant servicing clients in a variety of industries and organizations.

Janet brings an extensive background in sales and marketing, having held Senior Executive positions in several Corporate Communications and Marketing Agency organizations over the past 15 years. Her initial training as a Corporate Marketing Specialist with IBM Canada contributed to Janet's expertise and experience in client management, business development, sales effectiveness and training. She has worked with leading multi-national clients in the packaged goods, manufacturing, government and pharmaceutical sectors.

An experienced Team Facilitator and Coach, Janet works with individuals and teams to access their leadership capacity, understand and appreciate their inherent strengths, and to support the creation of collaborative, inspiring and productive environments designed to increase personal and business impact. Over the past several years, Janet has engaged with business leaders and senior executives across a variety of industry sectors in the development and delivery of sustainable leadership development programs and strategic business strategies.

Janet supports the SC Johnson Graduate School of Management, Executive Education department at Cornell University, responsible for overseeing and delivering Team Coaching for US-based teams enrolled in the Cornell-Queen's Executive MBA and Cornell Executive MBA programs. In the past, Janet has held a Visiting Instructor role teaching Leader as Coach to participants in the Cornell Executive MBA program. Outside of her work at Cornell, Janet maintains an Associate Consultant position with a North American leadership solutions consultancy.

Janet is a past Marketing Instructor with the Seneca School of Business, Faculty of Continuing Education. She is an accomplished presenter, having spoken at a variety of industry and higher education conferences over the past number of years. Janet is a member of the Women's Executive Network and the International Coach Federation. She is a past Chair of the Canadian Marketing Association's Women in Leadership Conference, a member of the Marketing Committee for the Duke Of Edinburgh (Ontario Chapter) and Executive Mentor with Free the Children.

Janet holds an Honors Bachelor of Arts degree from Western University, and a MBA (with distinction) from Queen's University. Janet completed her Coach training with Adler International/OISE, and has advanced training in Organization and Relationship Systems Coaching (ORSC™). Janet is certified in The Birkman™ Personality Assessment, The Leadership Circle™ 360 and Team Culture assessments.



Mary Joseph Tomaselli, leadership consultant and team coach, is principal of Business Solutions Partnership, Ithaca, NY. Mary also served as the former director of organizational development at Ithaca College for 17 years. She consults to organizational leaders and employees focusing on improving organizational effectiveness by addressing human performance needs through individual and team coaching, advising, facilitating, teaching and mediating. She designs and implements leadership development opportunities including the nationally recognized Ithaca College LeaderShip program – a leadership development program for administration, staff and academic department chairs. Her diverse professional background includes years of teaching, industrial engineering, owning/operating a silk screening/advertising specialty business, and leadership/management consulting work. Mary is a certified MBTI (Myers-Briggs Type Indicator)® Facilitator, trained mediator and coach. She teaches Fundamentals of Leadership and was an on-line facilitator of Leadership and Coalition Building for the strategic communications management certification program at Ithaca College. Her undergraduate degree is in secondary education and mathematics from the State University of New York at Oswego. Her graduate work is in the field of communication, organizational behavior and leadership development.

Mary consults to a wide variety of organizations with a focus on leadership, management and supervisory development including strategic planning, coaching, team building, performance management, conflict management, and leading change.



Lauren Moore is a team coach for various MBA programs at Cornell University in Ithaca, NY. She is passionate about helping participants maximize their program experience by sharing her knowledge and expertise of programs that incorporate team-based learning.

Lauren is a Certified Education Coach and works for Alberta Health Services (AHS) as a mental health coach. In this role, she has gained extensive coaching and facilitation experience working with not-for-profit agencies and school systems to support educational personnel, families and students. Lauren also partners with community-based interagency teams and public sector clients in areas such as team building, program development, conflict resolution and problem solving. Prior to working for AHS, Lauren worked as a health coach for a research study at Queen's University (Kingston, Ontario) and gained over 2500 hours of individual counselling.

Lauren earned both her BA and B.PHE at Queen's University (Kingston, Ontario), and her coaching designation from Dynamic Development (Red Deer, Alberta). Lauren is currently pursuing her Masters in Counseling at the University of Calgary (Calgary, Alberta).