

**2025-2026 New England Swimming  
Age Group Championships Time Standards**

Qualifying period: June 1, 2024

GIRLS			11-12	BOYS		
LCM	SCM	SCY	EVENT	SCY	SCM	LCM
32.49	31.59	28.39	<b>50 FR</b>	28.09	31.49	32.29
1:09.99	1:08.39	1:01.49	<b>100 FR</b>	1:01.19	1:08.09	1:09.69
2:30.89	2:27.69	2:14.39	<b>200 FR</b>	2:14.59	2:27.59	2:30.79
5:20.19	5:13.19	5:58.79	<b>400/500 FR</b>	6:01.59	5:14.89	5:21.29
11:09.39	10:56.59	12:27.69	<b>800/1000 FR</b>	12:27.69	10:56.59	11:09.39
21:34.89	21:10.89	21:27.59	<b>1500/1650 FR</b>	21:27.59	21:10.89	21:34.89
37.19	36.59	32.89	<b>50 BA</b>	32.89	36.59	37.19
1:19.69	1:18.59	1:10.69	<b>100 BA</b>	1:10.39	1:18.29	1:19.39
2:49.49	2:47.19	2:33.79	<b>200 BA</b>	2:33.79	2:47.19	2:49.49
42.99	41.99	37.89	<b>50 BR</b>	37.89	41.99	42.99
1:32.29	1:30.29	1:22.09	<b>100 BR</b>	1:21.99	1:30.99	1:32.99
3:18.19	3:14.19	2:56.99	<b>200 BR</b>	3:01.39	3:18.89	3:21.89
35.39	34.69	31.49	<b>50 FL</b>	31.49	34.69	35.39
1:20.89	1:19.59	1:12.19	<b>100 FL</b>	1:12.09	1:19.39	1:20.69
3:03.69	3:00.89	2:47.49	<b>200 FL</b>	2:45.79	3:03.09	3:05.89
N/A	1:19.49	1:11.49	<b>100 IM</b>	1:11.49	1:18.79	N/A
2:54.29	2:51.09	2:32.99	<b>200 IM</b>	2:32.99	2:51.09	2:54.29
6:07.09	6:00.69	5:30.49	<b>400 IM</b>	5:30.49	6:00.69	6:07.09
		1:59.99	<b>200 FR-R</b>	1:59.99		
		4:24.39	<b>400 FR-R</b>	4:22.79		
		2:20.59	<b>200 MR</b>	2:20.59		
		5:10.09	<b>400 MR</b>	5:10.09		
		2:21.29	<b>MIXED 200 MR</b>	2:21.29		
		2:00.39	<b>MIXED 200 FR</b>	2:00.39		



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## **BONUS TIME STANDARDS**

GIRLS	11-12	BOYS
SCY	EVENT	SCY
31.69	<b>50 FR</b>	30.49
1:09.39	<b>100 FR</b>	1:06.39
2:30.89	<b>200 FR</b>	2:24.89
6:45.69	<b>400/500 FR</b>	6:29.99
13:58.19	<b>800/1000 FR</b>	13:40.39
23:19.69	<b>1500/1650 FR</b>	22:42.89
35.99	<b>50 BA</b>	35.59
1:19.79	<b>100 BA</b>	1:15.69
2:46.69	<b>200 BA</b>	2:40.49
40.89	<b>50 BR</b>	40.09
1:29.29	<b>100 BR</b>	1:25.49
3:10.99	<b>200 BR</b>	3:02.39
34.29	<b>50 FL</b>	34.19
1:18.89	<b>100 FL</b>	1:16.09
2:50.29	<b>200 FL</b>	2:45.79
1:19.09	<b>100 IM</b>	1:15.89
2:50.69	<b>200 IM</b>	2:45.79
6:03.69	<b>400 IM</b>	5:50.09



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GIRLS			13-14	BOYS		
LCM	SCM	SCY	EVENT	SCY	SCM	LCM
30.09	29.29	26.19	<b>50 FR</b>	24.59	27.89	28.59
1:03.99	1:02.69	56.59	<b>100 FR</b>	53.59	59.49	1:00.79
2:18.89	2:15.29	2:02.29	<b>200 FR</b>	1:57.59	2:09.89	2:13.09
4:54.19	4:47.79	5:29.49	<b>400/500 FR</b>	5:16.69	4:36.09	4:42.49
10:12.99	9:58.19	11:27.19	<b>800/1000 FR</b>	10:59.99	9:33.99	9:46.69
19:47.99	19:23.99	19:16.89	<b>1500/1650 FR</b>	18:45.99	18:47.99	19:11.99
33.59	32.89	29.79	<b>50 BK</b>	27.69	30.59	31.39
1:12.19	1:10.79	1:03.89	<b>100 BK</b>	1:01.09	1:07.89	1:09.09
2:35.89	2:32.59	2:18.29	<b>200 BK</b>	2:12.99	2:28.59	2:30.99
39.29	38.19	34.59	<b>50 BR</b>	31.69	34.99	36.19
1:24.29	1:22.19	1:14.19	<b>100 BR</b>	1:09.89	1:17.79	1:19.79
3:01.59	2:57.59	2:40.49	<b>200 BR</b>	2:34.49	2:49.49	2:53.49
32.79	32.49	29.39	<b>50 FL</b>	27.19	30.09	30.89
1:11.69	1:10.59	1:03.39	<b>100 FL</b>	1:00.79	1:06.59	1:07.99
2:44.59	2:41.79	2:26.19	<b>200 FL</b>	2:19.69	2:34.69	2:36.49
2:37.89	2:33.79	2:19.39	<b>200 IM</b>	2:13.19	2:26.99	2:30.19
5:32.99	5:26.69	4:57.49	<b>400 IM</b>	4:42.99	5:11.99	5:18.39
		1:51.19	<b>200 FR-R</b>	1:45.19		
		3:59.59	<b>400 FR-R</b>	3:46.79		
		8:15.59	<b>800 FR-R</b>	7:55.99		
		2:12.39	<b>200 MR</b>	2:06.36		
		4:35.79	<b>400 MR</b>	4:22.49		
		2:09.09	<b>MIXED 200 MR</b>	2:09.09		
		1:48.19	<b>MIXED 200 FR</b>	1:48.19		

*Note that 200 Medley Relays are seeded with 200 times, not 400 times.*



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GIRLS	13-14	BOYS
SCY	EVENT	SCY
30.19	<b>50 FR</b>	27.69
1:05.89	<b>100 FR</b>	1:00.29
2:22.69	<b>200 FR</b>	2:12.29
6:22.79	<b>400/500 FR</b>	5:58.19
13:10.29	<b>800/1000 FR</b>	12:20.99
22:01.19	<b>1500/1650 FR</b>	20:46.99
33.69	<b>50 BK</b>	31.29
1:11.39	<b>100 BK</b>	1:06.19
2:34.49	<b>200 BK</b>	2:23.69
39.09	<b>50 BR</b>	35.79
1:22.29	<b>100 BR</b>	1:14.79
2:57.39	<b>200 BR</b>	2:42.39
33.29	<b>50 FL</b>	30.79
1:11.29	<b>100 FL</b>	1:05.49
2:38.99	<b>200 FL</b>	2:25.59
2:39.49	<b>200 IM</b>	2:26.69
5:39.69	<b>400 IM</b>	5:13.59

