Chapter 10

Rotation of a Rigid Object about a Fixed Axis



Outline for W12,D1

Quiz 4

Rotation of a rigid solid (Ch. 10)

Worksheet on rotation of rigid solid

The vector nature of ω and α



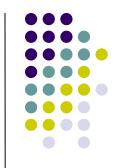
Ch. 10 P. 1,4-6,19-21,25,28-30,34,35,37,53,54,55,64,67,69 Due Fri

Notes:

Ch. 8 homework mean = 9.5/10

See "NEW STUFF" for Ch. 10.

Last day to "W" is Nov 15, Fri.



Outline for W12,D2

Return Quiz 4 (mean=5.4/9)

Rotation of a rigid solid (Ch. 10)

Worksheet on rotation of rigid solid

The vector nature of ω and α

Torque

Rotational Inertia

Homework

Ch. 10 P. 1,4-6,19-21,25,28-30,34,35,37,53,54,55,64,67,69 Due Fri

Notes:

Ch. 9 homework mean = 9.76/10. Try P.9.61 on power.

See "NEW STUFF" for Ch. 10.

Last day to "W" is Nov 15, Fri.



Outline for W12,D3

Rotation of a rigid solid (Ch. 10)

The vector nature of ω and α

Torque

Rotational kinetic energy

Rotational Inertia

Homework

Ch. 10 P. 1,4-6,19-21,25,28-30,34,35,37,53,54,55,64,67,69 Due Today (<3pm)

Notes:

See "NEW STUFF" for examples of ω and α , torque and rotational motion, and rolling objects.

Last day to "W" is Nov 15, Fri.



Outline for W13,D1

Rotational Inertia & parallel axis thm Rolling objects demo Angular Momentum



Homework

Ch. 11 P. 1,2,3,5,9,36,42,48 Due Fri

Notes:

Exam 2 on Monday after break.

Hwk on Ch. 10, mean=9.7/10, checked #20,37.

See "NEW STUFF" for rolling objects.

See "NEW STUFF" for Ch. 11 materials.

Outline for W13,D2

Angular Momentum, L=Iω
Torque = dL/dt
Conservation of Momentum Demo
L for a point mass



Ch. 11 P. 1,2,3,5,9,36,42,48 Due Fri Read 11.1-11.6

Notes:

Exam 2 on Monday after break.

This weeks lab: the Pendulum (oscillatory motion)

See "NEW STUFF" for Ch. 11 materials.



Outline for W13,D3

L= Iw fails for asymmetric objects (P. 42)

Exam 2 info

Review for Exam 2



Ch. 11 P. 1,2,3,5,9,36,42,48 Due Today Read 11.1-11.6

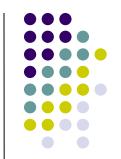
Ch. 17 Read 17.4 on Thermal expansion.

Review for Exam 2 after break.

Notes:

Exam 2 after break

This weeks lab: the Pendulum (oscillatory motion) See "NEW STUFF" for Ch. 11 materials.



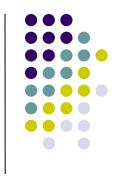
Rigid Object

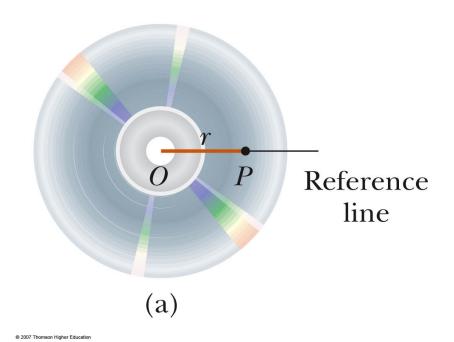


- A rigid object is one that is nondeformable
 - The relative locations of all particles making up the object remain constant
 - All real objects are deformable to some extent, but the rigid object model is very useful in many situations where the deformation is negligible
- This simplification allows analysis of the motion of an extended object

Angular Position

- Axis of rotation is the center of the disc
- Choose a fixed reference line
- Point P is at a fixed distance r from the origin
 - A small element of the disc can be modeled as a particle at P





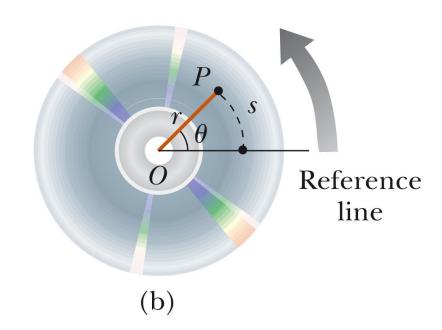
Angular Position, 2



- Point P will rotate about the origin in a circle of radius r
- Every particle on the disc undergoes circular motion about the origin, O
- Polar coordinates are convenient to use to represent the position of P (or any other point)
- P is located at (r, θ) where r is the distance from the origin to P and θ is the measured counterclockwise from the reference line

Angular Position, 3

- As the particle moves, the only coordinate that changes is θ
- As the particle moves through θ, it moves though an arc length s.
- The arc length and r are related:
 - $s = \theta r$



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Radian



This can also be expressed as

$$\theta = \frac{s}{r}$$

- θ is a pure number, but commonly is given the artificial unit, radian
- One radian is the angle subtended by an arc length equal to the radius of the arc
- Whenever using rotational equations, you must use angles expressed in radians

Conversions



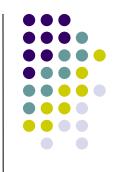
Comparing degrees and radians

$$1 \, rad = \frac{360^{\circ}}{2\pi} = 57.3^{\circ}$$

Converting from degrees to radians

$$\theta$$
 (rad) = $\frac{\pi}{180^{\circ}}\theta$ (degrees)

Angular Position, final



- We can associate the angle θ with the entire rigid object as well as with an individual particle
 - Remember every particle on the object rotates through the same angle
- The angular position of the rigid object is the angle θ between the reference line on the object and the fixed reference line in space
 - The fixed reference line in space is often the xaxis

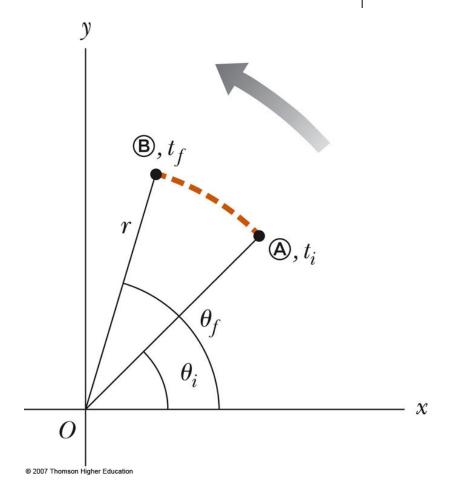
Angular Displacement



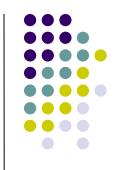
 The angular displacement is defined as the angle the object rotates through during some time interval

$$\Delta \theta = \theta_f - \theta_i$$

 This is the angle that the reference line of length r sweeps out



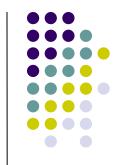




 The average angular speed, ω_{avg}, of a rotating rigid object is the ratio of the angular displacement to the time interval

$$\omega_{avg} = \frac{\theta_f - \theta_i}{t_f - t_i} = \frac{\Delta \theta}{\Delta t}$$





 The instantaneous angular speed is defined as the limit of the average speed as the time interval approaches zero

$$\omega \equiv \lim_{\Delta t \to 0} \frac{\Delta \theta}{\Delta t} = \frac{d\theta}{dt}$$

Angular Speed, final



- Units of angular speed are radians/sec
 - rad/s or s-1 since radians have no dimensions
- Angular speed will be positive if θ is increasing (counterclockwise)
- Angular speed will be negative if θ is decreasing (clockwise)





• The average angular acceleration, α ,

of an object is defined as the ratio of the change in the angular speed to the time it takes for the object to undergo the change: $\alpha_{avg} = \frac{\omega_f}{t_f - t_i} = \frac{\Delta t}{\Delta t}$

$$lpha_{avg} = \frac{\omega_f}{t_f - t_i} = \frac{\Delta \omega}{\Delta t}$$

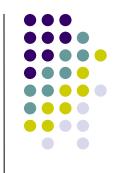
Instantaneous Angular Acceleration



 The instantaneous angular acceleration is defined as the limit of the average angular acceleration as the time goes to 0

$$\alpha \equiv \lim_{\Delta t \to 0} \frac{\Delta \omega}{\Delta t} = \frac{d\omega}{dt}$$





- Units of angular acceleration are rad/s² or s-2 since radians have no dimensions
- Angular acceleration will be positive if an object rotating counterclockwise is speeding up
- Angular acceleration will also be positive if an object rotating clockwise is slowing down

Angular Motion, General Notes

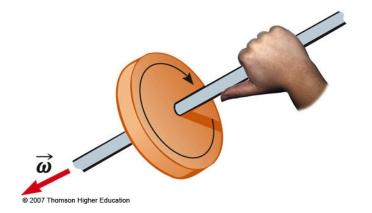


- When a rigid object rotates about a fixed axis in a given time interval, every portion on the object rotates through the same angle in a given time interval and has the same angular speed and the same angular acceleration
 - So θ , ω , α all characterize the motion of the entire rigid object as well as the individual particles in the object

Directions, details

- Strictly speaking, the speed and acceleration (ω, α) are the magnitudes of the velocity and acceleration vectors
- The directions are actually given by the right-hand rule





Hints for Problem-Solving



- Similar to the techniques used in linear motion problems
 - With constant angular acceleration, the techniques are much like those with constant linear acceleration
- There are some differences to keep in mind
 - For rotational motion, define a rotational axis
 - The choice is arbitrary
 - Once you make the choice, it must be maintained
 - In some problems, the physical situation may suggest a natural axis
 - The object keeps returning to its original orientation, so you can find the number of revolutions made by the body

Rotational Kinematics



- Under constant angular acceleration, we can describe the motion of the rigid object using a set of kinematic equations
 - These are similar to the kinematic equations for linear motion
 - The rotational equations have the same mathematical form as the linear equations
- The new model is a rigid object under constant angular acceleration
 - Analogous to the particle under constant acceleration model

Rotational Kinematic Equations



$$\omega_{f} = \omega_{i} + \alpha t$$

$$\theta_{f} = \theta_{i} + \omega_{i} t + \frac{1}{2} \alpha t^{2}$$

$$\omega_{f}^{2} = \omega_{i}^{2} + 2\alpha (\theta_{f} - \theta_{i})$$

$$\theta_{f} = \theta_{i} + \frac{1}{2} (\omega_{i} + \omega_{f}) t$$

all with consant α

Comparison Between Rotational and Linear Equations



TABLE 10.1

Kinematic Equations for Rotational and Translational Motion Under Constant Acceleration

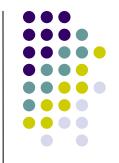
Rotational Motion About a Fixed Axis

$$\begin{split} \omega_f &= \omega_i + \alpha t \\ \theta_f &= \theta_i + \omega_i \, t + \frac{1}{2} \alpha t^2 \\ \omega_f^2 &= \omega_i^2 + 2 \alpha (\theta_f - \theta_i) \\ \theta_f &= \theta_i + \frac{1}{2} (\omega_i + \omega_f) \, t \end{split}$$

Translational Motion

$$\begin{aligned} v_f &= v_i + at \\ x_f &= x_i + v_i t + \frac{1}{2} a t^2 \\ v_f^2 &= v_i^2 + 2 a (x_f - x_i) \\ x_f &= x_i + \frac{1}{2} (v_i + v_f) t \end{aligned}$$

Relationship Between Angular and Linear Quantities



Displacements

$$s = \theta r$$

Speeds

$$V = \omega r$$

Accelerations

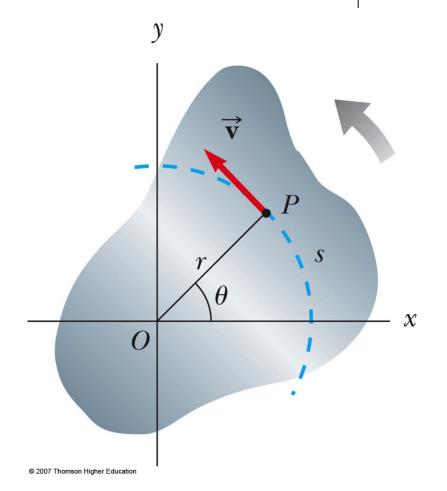
$$a = \alpha r$$

- Every point on the rotating object has the same angular motion
- Every point on the rotating object does not have the same linear motion

Speed Comparison

- The linear velocity is always tangent to the circular path
 - Called the tangential velocity
- The magnitude is defined by the tangential speed

$$v = \frac{ds}{dt} = r\frac{d\theta}{dt} = r\omega$$

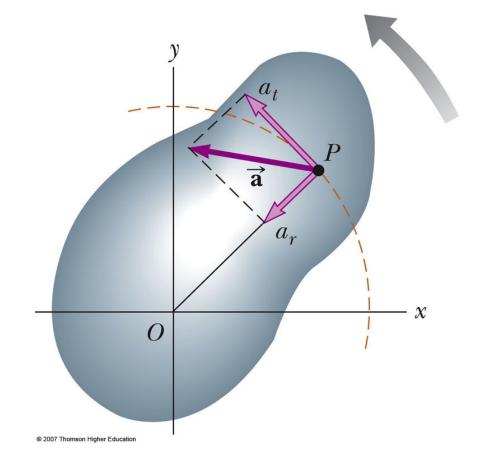




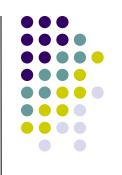


 The tangential acceleration is the derivative of the tangential velocity

$$a_t = \frac{dv}{dt} = r\frac{d\omega}{dt} = r\alpha$$







- All points on the rigid object will have the same angular speed, but not the same tangential speed
- All points on the rigid object will have the same angular acceleration, but not the same tangential acceleration
- The tangential quantities depend on r, and r is not the same for all points on the object





- An object traveling in a circle, even though it moves with a constant speed, will have an acceleration
 - Therefore, each point on a rotating rigid object will experience a centripetal acceleration

$$a_{\rm c} = \frac{v^2}{r} = r\omega^2$$

Resultant Acceleration



- The tangential component of the acceleration is due to changing speed
- The centripetal component of the acceleration is due to changing direction
- Total acceleration can be found from these components

$$a = \sqrt{a_t^2 + a_r^2} = \sqrt{r^2 \alpha^2 + r^2 \omega^4} = r \sqrt{\alpha^2 + \omega^4}$$





- For a compact disc player to read a CD, the angular speed must vary to keep the tangential speed constant $(v_t = \omega r)$
- At the inner sections, the angular speed is faster than at the outer sections



Rotational Kinetic Energy



- An object rotating about some axis with an angular speed, ω, has rotational kinetic energy even though it may not have any translational kinetic energy
- Each particle has a kinetic energy of
 - $K_i = \frac{1}{2} m_i V_i^2$
- Since the tangential velocity depends on the distance, r, from the axis of rotation, we can substitute $v_i = \omega_i r$

Rotational Kinetic Energy, cont



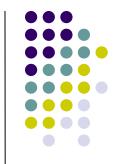
 The total rotational kinetic energy of the rigid object is the sum of the energies of all its particles

$$K_{R} = \sum_{i} K_{i} = \sum_{i} \frac{1}{2} m_{i} r_{i}^{2} \omega^{2}$$

$$K_{R} = \frac{1}{2} \left(\sum_{i} m_{i} r_{i}^{2} \right) \omega^{2} = \frac{1}{2} I \omega^{2}$$

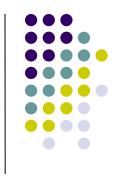
Where I is called the moment of inertia

Rotational Kinetic Energy, final



- There is an analogy between the kinetic energies associated with linear motion ($K = \frac{1}{2} mv^2$) and the kinetic energy associated with rotational motion ($K_R = \frac{1}{2} I\omega^2$)
- Rotational kinetic energy is not a new type of energy, the form is different because it is applied to a rotating object
- The units of rotational kinetic energy are Joules (J)

Moment of Inertia



- The definition of moment of inertia is $I = \sum_{i} r_i^2 m_i$
- The dimensions of moment of inertia are ML² and its SI units are kg·m²
- We can calculate the moment of inertia of an object more easily by assuming it is divided into many small volume elements, each of mass Δm_i

Moment of Inertia, cont



• We can rewrite the expression for I in terms of Δm

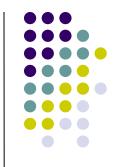
$$I =_{\Delta m_i \to 0}^{\lim} \sum_{i} r_i^2 \Delta m_i = \int r^2 dm$$

With the small volume segment assumption,

$$I = \int \rho r^2 dV$$

• If ρ is constant, the integral can be evaluated with known geometry, otherwise its variation with position must be known

Notes on Various Densities



- Volumetric Mass Density → mass per unit volume: ρ = m / V
- Surface Mass Density → mass per unit thickness of a sheet of uniform thickness, t:
 σ = ρ t
- Linear Mass Density → mass per unit length of a rod of uniform cross-sectional area: λ = m / L = ρ A

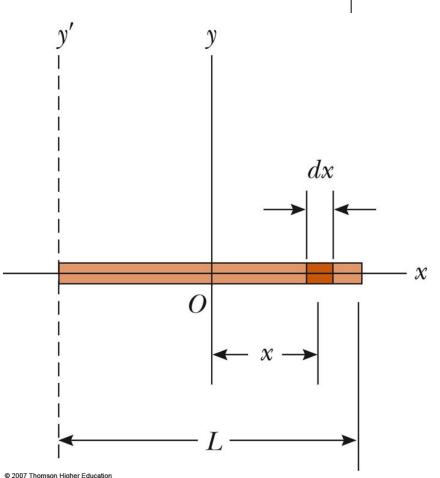
Moment of Inertia of a Uniform Rigid Rod



- The shaded area has a mass
 - $dm = \lambda dx$
- Then the moment of inertia is

$$I_{y} = \int r^{2} dm = \int_{-L/2}^{L/2} x^{2} \frac{M}{L} dx$$

$$I = \frac{1}{12} ML^{2}$$

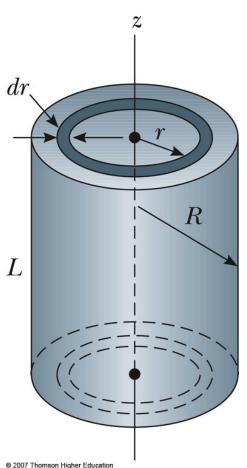


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Moment of Inertia of a Uniform **Solid Cylinder**



- Divide the cylinder into concentric shells with radius r, thickness dr and length L
- $dm = \rho dV = 2\pi\rho Lr dr$
- Then for I $I_z = \int r^2 dm = \int r^2 (2\pi \rho L r dr)$ $I_z = \frac{1}{2}MR^2$



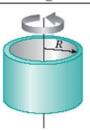
Moments of Inertia of Various Rigid Objects

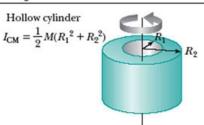


TABLE 10.2

Moments of Inertia of Homogeneous Rigid Objects with Different Geometries

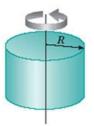
Hoop or thin cylindrical shell $I_{\text{CM}} = MR^2$

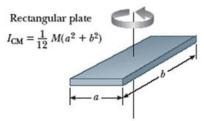




Solid cylinder or disk

$$I_{\rm CM} = \frac{1}{2} MR^2$$





Long, thin rod with rotation axis through center

$$I_{\rm CM} = \frac{1}{12} ML^2$$



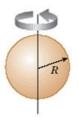
Long, thin rod with rotation axis through end

$$I = \frac{1}{3} ML^2$$



Solid sphere

$$I_{\rm CM} = \frac{2}{5} MR^2$$

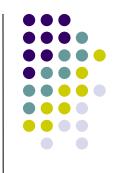


Thin spherical shell

$$I_{\rm CM} = \frac{2}{3} MR^2$$

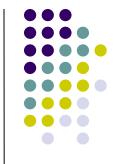


Parallel-Axis Theorem

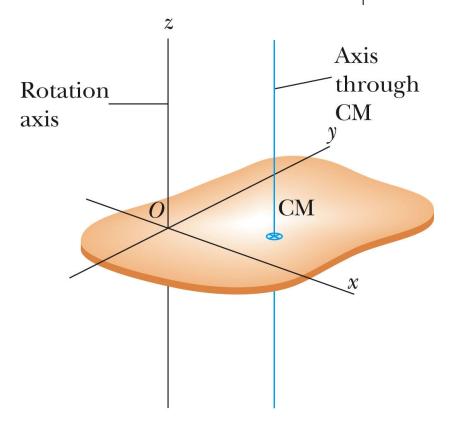


- In the previous examples, the axis of rotation coincided with the axis of symmetry of the object
- For an arbitrary axis, the parallel-axis theorem often simplifies calculations
- The theorem states $I = I_{CM} + MD^2$
 - I is about any axis parallel to the axis through the center of mass of the object
 - I_{CM} is about the axis through the center of mass
 - D is the distance from the center of mass axis to the arbitrary axis

Parallel-Axis Theorem Example



- The axis of rotation goes through O
- The axis through the center of mass is shown
- The moment of inertia about the axis through O would be I_O = I_{CM} + MD²



(b)

Moment of Inertia for a Rod Rotating Around One End



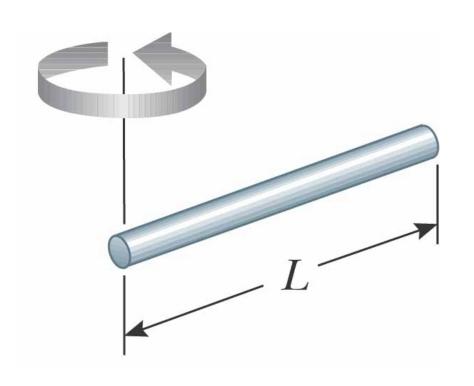
 The moment of inertia of the rod about its center is

$$I_{CM} = \frac{1}{12}ML^2$$

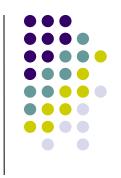
- D is ½ L
- Therefore,

$$I = I_{CM} + MD^2$$

$$I = \frac{1}{12}ML^2 + M\left(\frac{L}{2}\right)^2 = \frac{1}{3}ML^2$$



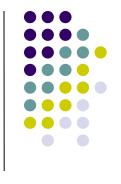
Torque

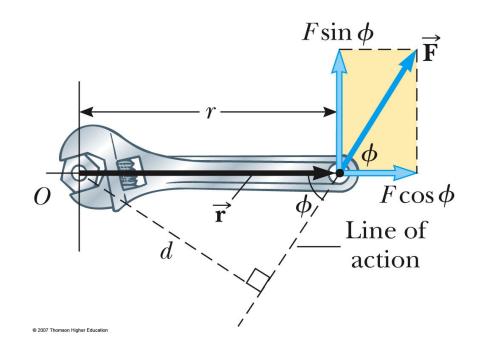


- Torque, τ, is the tendency of a force to rotate an object about some axis
 - Torque is a vector, but we will deal with its magnitude here
 - $\tau = r F \sin \phi = F d$
 - F is the force
 - ullet ϕ is the angle the force makes with the horizontal
 - d is the moment arm (or lever arm) of the force

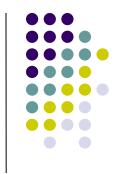
Torque, cont

- The moment arm, d, is the perpendicular distance from the axis of rotation to a line drawn along the direction of the force
 - $d = r \sin \Phi$





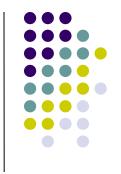
Torque, final

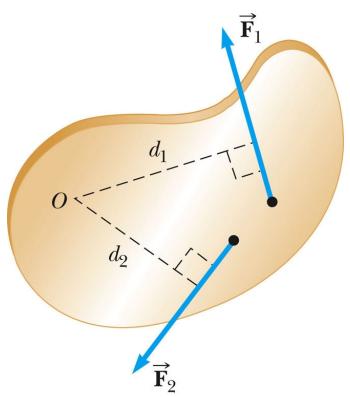


- The horizontal component of the force (F cos φ) has no tendency to produce a rotation
- Torque will have direction
 - If the turning tendency of the force is counterclockwise, the torque will be positive
 - If the turning tendency is clockwise, the torque will be negative

Net Torque

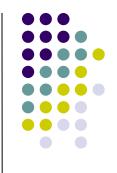
- The force F₁ will tend to cause a counterclockwise rotation about O
- The force F₂ will tend to cause a clockwise rotation about O
- $\Sigma \tau = \tau_1 + \tau_2 = F_1 d_1 F_2 d_2$





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Torque vs. Force



- Forces can cause a change in translational motion
 - Described by Newton's Second Law
- Forces can cause a change in rotational motion
 - The effectiveness of this change depends on the force and the moment arm
 - The change in rotational motion depends on the torque

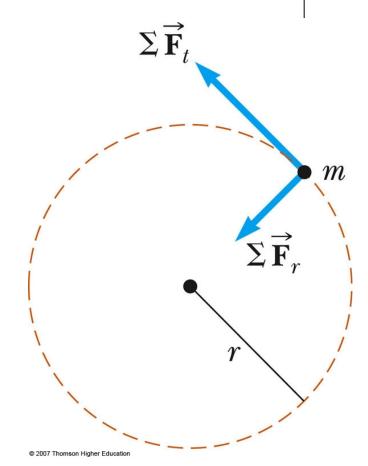
Torque Units



- The SI units of torque are N·m
 - Although torque is a force multiplied by a distance, it is very different from work and energy
 - The units for torque are reported in N·m and not changed to Joules

Torque and Angular Acceleration

- Consider a particle of mass m rotating in a circle of radius r under the influence of tangential force F,
- The tangential force provides a tangential acceleration:
 - $F_t = ma_t$
- The radial force, **F** causes the particle to move in a circular path



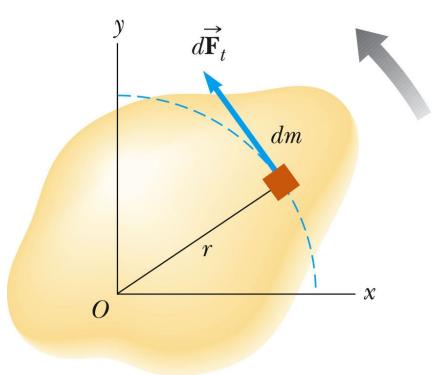
Torque and Angular Acceleration, Particle cont.



- The magnitude of the torque produced by $\sum \Phi$ around the center of the circle is
 - $\Sigma \tau = \Sigma F_t r = (ma_t) r$
- The tangential acceleration is related to the angular acceleration
 - $\Sigma \tau = (ma_t) r = (mr\alpha) r = (mr^2) \alpha$
- Since mr² is the moment of inertia of the particle,
 - $\Sigma \tau = I\alpha$
 - The torque is directly proportional to the angular acceleration and the constant of proportionality is the moment of inertia

Torque and Angular Acceleration, Extended

- Consider the object consists of an infinite number of mass elements dm of infinitesimal size
- Each mass element rotates in a circle about the origin, O
- Each mass element has a tangential acceleration



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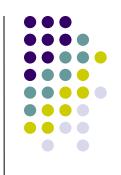
Torque and Angular Acceleration, Extended cont.



- From Newton's Second Law
 - $dF_t = (dm) a_t$
- The torque associated with the force and using the angular acceleration gives
 - $d\tau = r dF_t = a_t r dm = \alpha r^2 dm$
- Finding the net torque

 - This becomes $\Sigma \tau = I\alpha$

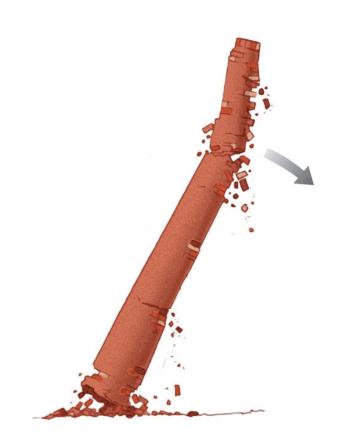
Torque and Angular Acceleration, Extended final



- This is the same relationship that applied to a particle
- This is the mathematic representation of the analysis model of a rigid body under a net torque
- The result also applies when the forces have radial components
 - The line of action of the radial component must pass through the axis of rotation
 - These components will produce zero torque about the axis

Falling Smokestack Example

- When a tall smokestack falls over, it often breaks somewhere along its length before it hits the ground
- Each higher portion of the smokestack has a larger tangential acceleration than the points below it
- The shear force due to the tangential acceleration is greater than the smokestack can withstand
- The smokestack breaks



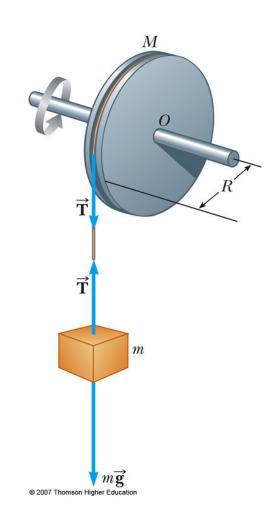
Torque and Angular Acceleration, Wheel Example



- Analyze:
- The wheel is rotating and so we apply

$$\Sigma \tau = I\alpha$$

- The tension supplies the tangential force
- The mass is moving in a straight line, so apply Newton's Second Law
 - $\Sigma F_y = ma_y = mg T$



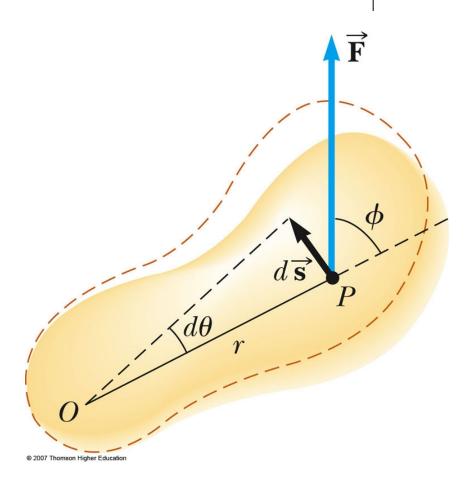
Work in Rotational Motion



• Find the work done by Fon the object as it rotates through an infinitesimal distance $ds = r d\theta$

$$dW = \mathbf{F} \square d\mathbf{s}$$
$$= (F \sin \varphi) r d\theta$$

 The radial component of the force does no work because it is perpendicular to the displacement







 The rate at which work is being done in a time interval dt is

Power =
$$\wp = \frac{dW}{dt} = \tau \frac{d\theta}{dt} = \tau \omega$$

 This is analogous to ℘ = Fv in a linear system

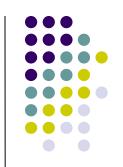
Work-Kinetic Energy Theorem in Rotational Motion



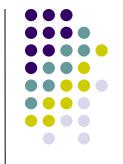
 The work-kinetic energy theorem for rotational motion states that the net work done by external forces in rotating a symmetrical rigid object about a fixed axis equals the change in the object's rotational kinetic energy

$$\sum W = \int_{a_i}^{\dot{u}_f} |\dot{u}| d\dot{u} = \frac{1}{2} |\dot{u}|_f^2 - \frac{1}{2} |\dot{u}|_i^2$$

Work-Kinetic Energy Theorem, General



 The rotational form can be combined with the linear form which indicates the net work done by external forces on an object is the change in its total kinetic energy, which is the sum of the translational and rotational kinetic energies



Summary of Useful Equations

TABLE 10.3

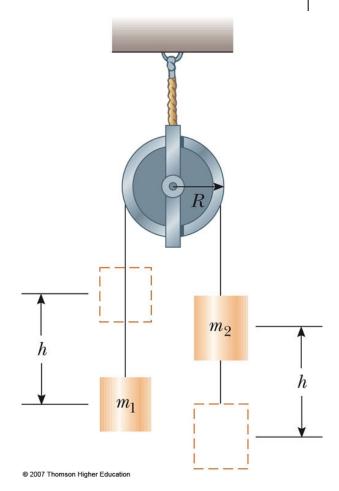
Useful Equations in Rotational and Translational Motion

Rotational Motion About a Fixed Axis	Translational Motion
Angular speed $\omega = d\theta/dt$	Translational speed $v = dx/dt$
Angular acceleration $\alpha = d\omega/dt$	Translational acceleration $a = dv/dt$
Net torque $\Sigma \tau = I\alpha$	Net force $\Sigma F = ma$
If $\alpha = \text{constant} \begin{cases} \omega_f = \omega_i + \alpha t \\ \theta_f = \theta_i + \omega_i t + \frac{1}{2} \alpha t^2 \\ \omega_f^2 = \omega_i^2 + 2\alpha (\theta_f - \theta_i) \end{cases}$ Work $W = \int_{-\tau}^{\theta_f} \tau d\theta$	If $a = \text{constant} \begin{cases} v_f = v_i + at \\ x_f = x_i + v_i t + \frac{1}{2} a t^2 \\ v_f^2 = v_i^2 + 2a(x_f - x_i) \end{cases}$ Work $W = \int_{-x_f}^{x_f} F_x dx$
Rotational kinetic energy $K_R = \frac{1}{2}I\omega^2$ Power $\mathcal{P} = \tau\omega$ Angular momentum $L = I\omega$ Net torque $\Sigma \tau = dL/dt$	Kinetic energy $K = \frac{1}{2}mv^2$ Power $\mathcal{P} = Fv$ Linear momentum $p = mv$ Net force $\Sigma F = dp/dt$

Energy in an Atwood Machine, Example

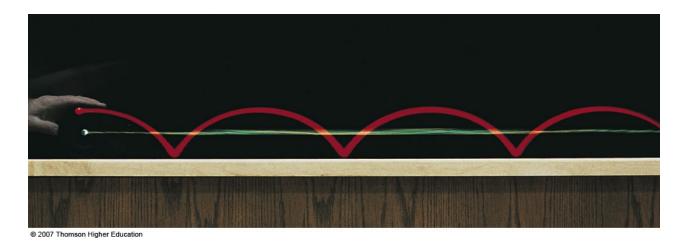


- The blocks undergo changes in translational kinetic energy and gravitational potential energy
- The pulley undergoes a change in rotational kinetic energy
- Use the active figure to change the masses and the pulley characteristics



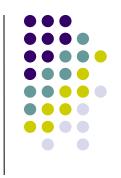
Rolling Object





- The red curve shows the path moved by a point on the rim of the object
 - This path is called a cycloid
- The green line shows the path of the center of mass of the object

Pure Rolling Motion



- In pure rolling motion, an object rolls without slipping
- In such a case, there is a simple relationship between its rotational and translational motions

Rolling Object, Center of Mass

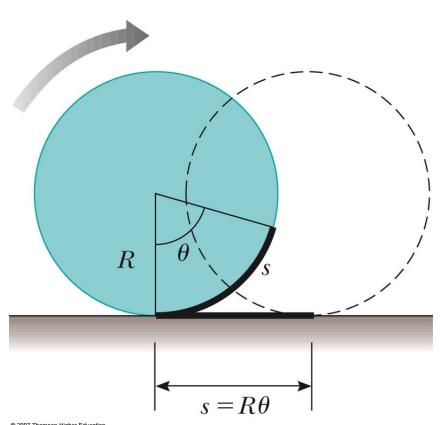


 The velocity of the center of mass is

$$v_{\rm CM} = \frac{ds}{dt} = R \frac{d\theta}{dt} = R\omega$$

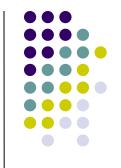
The acceleration of the center of mass is

$$a_{\text{CM}} = \frac{dv_{\text{CM}}}{dt} = R\frac{d\omega}{dt} = R\alpha$$

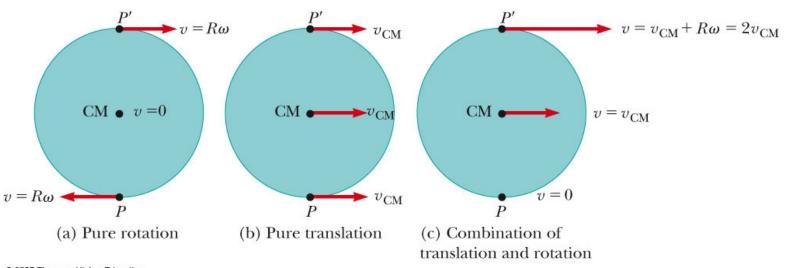


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- Rolling motion can be modeled as a combination of pure translational motion and pure rotational motion
- The contact point between the surface and the cylinder has a translational speed of zero (c)



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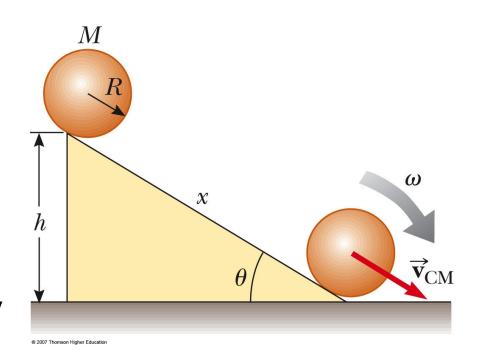
Total Kinetic Energy of a Rolling Object



- The total kinetic energy of a rolling object is the sum of the translational energy of its center of mass and the rotational kinetic energy about its center of mass
 - $K = \frac{1}{2} I_{\text{CM}} \omega^2 + \frac{1}{2} M V_{\text{CM}}^2$
 - The $\frac{1}{2} I_{CM} \omega^2$ represents the rotational kinetic energy of the cylinder about its center of mass
 - The ½ Mv² represents the translational kinetic energy of the cylinder about its center of mass

Total Kinetic Energy, Example

- Accelerated rolling motion is possible only if friction is present between the sphere and the incline
 - The friction produces the net torque required for rotation
 - No loss of mechanical energy occurs because the contact point is at rest relative to the surface at any instant
 - Use the active figure to vary the objects and compare their speeds at the bottom



Total Kinetic Energy, Example cont



- Apply Conservation of Mechanical Energy
 - Let U = 0 at the bottom of the plane
 - $K_f + U_f = K_i + U_i$
 - $K_f = \frac{1}{2} (I_{\text{CM}} / R^2) V_{\text{CM}}^2 + \frac{1}{2} M V_{\text{CM}}^2 = \frac{1}{2} \left(\frac{I_{\text{CM}}}{R^2} + M \right) V_{\text{CM}}^2$
 - $U_i = Mgh$
 - $U_f = K_i = 0$
- Solving for v

$$v = \begin{bmatrix} 2gh \\ 1 + \begin{pmatrix} I_{CM} \\ MR^2 \end{bmatrix} \end{bmatrix}$$

Sphere Rolling Down an Incline, Example



Conceptualize

A sphere is rolling down an incline

Categorize

- Model the sphere and the Earth as an isolated system
- No nonconservative forces are acting

Analyze

- Use Conservation of Mechanical Energy to find v
 - See previous result

Sphere Rolling Down an Incline, Example cont



- Analyze, cont
 - Solve for the acceleration of the center of mass

Finalize

 Both the speed and the acceleration of the center of mass are independent of the mass and the radius of the sphere

Generalization

- All homogeneous solid spheres experience the same speed and acceleration on a given incline
 - Similar results could be obtained for other shapes