



Tests/X-Rays:

- ☐ Chest X-Ray
- ☐ CT Scan
- ☐ PET Scan
- ☐ Endoscopic Ultrasound
- ☐ Upper Endoscopy
- ☐ Upper GI Series (Radiology)

Decisions to be made

Surgery:

Changes to Medications:

Next Steps:

- ☐ Stop smoking – Today!
- ☐ Exercise – Vigorous exercise 30min per day, 6 days per week
Work hard enough that you can't easily converse
- ☐ High protein diet. Protein need per day _____ grams.
- ☐ Find a primary care physician (844) 235-6998
- ☐ Sign up for MyAtriumHealth <http://my.atriumhealth.org>

Referrals:

- ☐ Cardiology
- ☐ Gastroenterology
- ☐ Medical Oncology (chemotherapy or Octreotide)



Risks of Surgery

Risk of heart attack

Pre-operative evaluation by cardiologist for patients at high risk

Pneumonia

Post-operative pain control (nerve block with long-acting local anesthesia during surgery)

Early ambulation, deep breathing, coughing, incentive spirometer (breathing machine)

Pre-operative smoking cessation and exercise

Blood clots in legs (which can travel to the lungs = pulmonary embolism)

Blood thinners after surgery AND compressive stockings during and after surgery, early ambulation

Surgical procedure:

Bleeding

Infection (wound or within abdomen)

Leakage from anastomosis (connection between segments of intestines) (<2%)

Mortality risk:

Team Members:

Surgical Oncology

Nutrition(Dietitian)

Medical Oncology (chemotherapy or Octreotide)

Nursing

Radiation Therapy

Psychological Support

