



- ☐ Central Venous Port for chemotherapy
- ☐ Feeding Tube: ☐ Gastrostomy ☐ Jejunostomy
- ☐ PET scan: Location: _____
- ☐ Scans ☐ Chest ☐ Abdomen Pelvis ☐ MRI Liver
- ☐ Medical Oncology: _____
- ☐ Radiation Oncology: _____
- ☐ Smoking Cessation Clinic: _____
- ☐ EGD (Upper endoscopy): _____
- ☐ EUS: _____
- ☐
- ☐
- ☐

- ☐ Stop smoking – Today!
- ☐ Vigorous exercise 30min/day, 6 day/week
- ☐ Work hard enough that you can't easily converse
- ☐ High protein diet _____ grams protein per day
- ☐ Find a primary care physician (844) 235-6998
- ☐ MyAtriumHealth <http://my.atriumhealth.org>



Treatment Plan

Treatment is based upon Stage:			
Superficial	T1	Stage I	Endoscopic Therapy (Endoscopic Mucosal Resection)
Localized	T1b or T2	Stage II	Surgery (esophagectomy)
Locally-Advanced	T3 or Node Positive	Stage III	Chemotherapy + Radiation (6 weeks) OR Chemotherapy (FLOT) (8 weeks) ↓ ↓ ↓ PET scan 4 weeks later Surgery 6-10 Weeks later
Metastatic	M1	Stage IV	Chemotherapy ± Radiation Therapy

Risks of esophagectomy surgery

Your Grip Strength:

	Overall	High Risk Patients	Intermediate	Low Risk Patients
Men		Grip Strength <26kg	Grip Strength 26-32kg	Grip Strength >32kg
Women		Grip Strength <16kg	Grip Strength 16-20kg	Grip Strength >20kg
Age		>80 years	75-80 years	<75 years
Anastomotic Leak	8%			
Pneumonia	10%	20%	10%	5%
Death within 90 days	5%	10%	5%	1%

Team Members:

Gastrointestinal Surgeon – Dr Jonathan Salo
 Medical Oncologist (chemotherapy)
 Dietician (nutrition): Liz Koch RD

Thoracic (chest) Surgeon – Dr Jeffrey Hagan and Dr Mike Roach
 Radiation Oncologist
 Nurses: Matthew Carpenter RN, Brandon Galloway LPN
 Schedulers: April Burroughs, Carmen Davis, Cynthia Graves

