Surgery of the Stomach

Stomach Cancer Surgery Goals

Staging refers to the tests to determine

- Remove the tumor
- Remove lymph nodes (depends upon tumor type)
- Preserve stomach function
- Reconstruct GI tract

Treatment options depend upon the cancer stage

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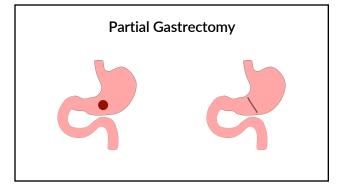
Distal Cancers Distal cancers are those in the lower part of the stomach

Partial Gastrectomy

- Removes the tumor
- Does not remove lymph nodes
- Best suited for:
 - Small adenocarcinoma
 - GI Stromal Tumors

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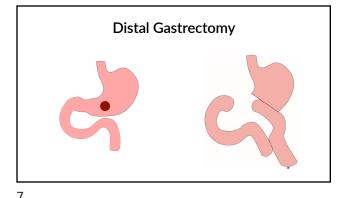


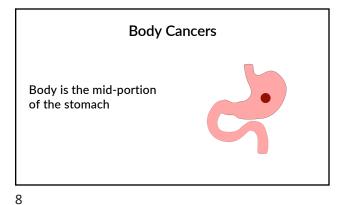
Distal Gastrectomy

- Removes bottom half of the stomach
- Does lower lymph nodes



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Subtotal Gastrectomy

- Removes bottom 2/3 of stomach
- Removes nearby lymph nodes
- Reconstruction with small intestine



Subtotal Gastrectomy

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Proximal Tumors

- Located near the top of the stomach
- Challenging area for surgery



Total Gastrectomy

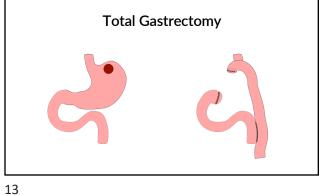
• Removes all of the stomach

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- Reconstruction with small intestine
- Needed for those with CDH1 mutations



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Esophagogastrectomy · Removes top part of • Remove bottom half of esophagus Surgery in both

stomach

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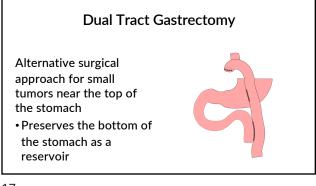
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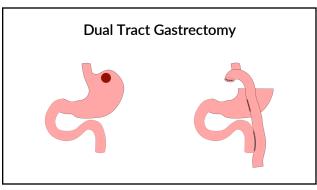
abdomen and chest

Esophagogastrectomy • Removes top part of stomach • Remove bottom half of esophagus Surgery in both abdomen and chest

Esophagogastrectomy Removes top part of stomach • Remove bottom half of esophagus Surgery in both abdomen and chest

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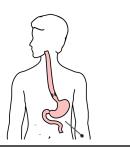




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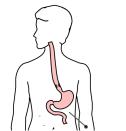
Laparoscopy

- Some stomach cancers can spread inside the abdomen
- Areas of spread can be very small (grain of rice)
- Laparoscopy can detect spread inside the abdomen



Laparoscopy

- General anesthetic
- Several 1/4" incisions
- Telescope examines the abdomen
- Biopsies can be performed.



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Risks of Surgery

- Leak where bowel is joined together (anastomosis)
- Bleeding requiring reoperation
- Delayed stomach function
- Infection in the abdomen

Primary Care Practitioner (PCP)

Critical to coordinate care between specialists. We will update your PCP after each visit PCP Referral Line (844) 235-6998

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My Atrium Patient Portal

- Critical to good communication with your care team
- Available for desktop or laptop or phone
- · Sign up at my.atriumhealth.org

Exercise

- Reduces risk of complications from treatment
- Goal is 30min/day of vigorous exercise 6 days/wk
 - Working hard enough that you can't converse
 - Start slowly and build up
 - Every day counts! (Aim for daily activity)

Smoking Cessation

- Smoking makes cancer treatment more difficult
 - Increases risk of complications after surgery
- Options for help with smoking cessation:
 - NC Quit Line 1-800-QUIT-NOW (1-800-784-8669)
 - American Lung Assn www.freedomfromsmoking.org
 - Smoking Cessation Counseling (Metro Charlotte)