



- Central Venous Port for chemotherapy
- Feeding Tube: Gastrostomy Jejunostomy
- PET scan: Location: _____
- Scans Chest Abdomen Pelvis MRI Liver
- Medical Oncology: _____
- Radiation Oncology: _____
- Smoking Cessation Clinic: _____
- EGD (Upper endoscopy): _____
- EUS: _____
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- Stop smoking – Today!
- Vigorous exercise 30min/day, 6 day/week
 - Work hard enough that you can't easily converse
- High protein diet _____ grams protein per day
- Find a primary care physician (844) 235-6998
- MyAtriumHealth <http://my.atriumhealth.org>



Treatment Plan

Treatment is based upon Stage:			
Superficial	T1	Stage I	Endoscopic Therapy (Endoscopic Mucosal Resection)
Localized	T1b or T2	Stage II	Surgery (esophagectomy)
Locally-Advanced	T3 or Node Positive	Stage III	Chemotherapy + Radiation (6 weeks) OR Chemotherapy (FLOT) (8 weeks) ↓ ↓ ↓ PET scan 4 weeks later Surgery 6-10 Weeks later
Metastatic	M1	Stage IV	Chemotherapy ± Radiation Therapy

Risks of esophagectomy surgery

Your Grip Strength:

	Overall	High Risk Patients	Intermediate	Low Risk Patients
Men		Grip Strength <26kg	Grip Strength 26-32kg	Grip Strength >32kg
Women		Grip Strength <16kg	Grip Strength 16-20kg	Grip Strength >20kg
Age		>80 years	75-80 years	<75 years
Anastomotic Leak	8%			
Pneumonia	10%	20%	10%	5%
Death within 90 days	5%	10%	5%	1%

Team Members:

Gastrointestinal Surgeon – Dr Jonathan Salo
 Medical Oncologist (chemotherapy)
 Dietician (nutrition): Liz Koch RD

Thoracic (chest) Surgeon – Dr Jeffrey Hagan and Dr Mike Roach
 Radiation Oncologist
 Nurses: Matthew Carpenter RN, Brandon Galloway LPN
 Schedulers: April Burroughs, Carmen Davis, Cynthia Graves



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