

# West Slope Recovery, Inc.

## DRESS, PERSONAL HYGIENE, GROOMING STANDARDS

Communal living is hard enough, these requirements are for all participants to maintain safety and eliminate conflict. This is a working facility and clients will participate in the cleaning and cooking. This results in the need to dress appropriately to avoid injury and the need for maintenance of personal hygiene. Language, appearance and smell can be offensive and become a distraction for others. Clients shall be appropriately dressed and neatly groomed before breakfast daily and throughout the day.

### THINGS YOU CANNOT WEAR:

- Wife beater Tank tops
- Clothing with obscene messages
- Cut off short shorts and cut off shirts
- Alcohol, Drug or Tobacco logos
- Gang messages or attire
- Racial messages

**NO BUTTS** Your pants must be at waist level not hanging below your underwear.

### THINGS YOU MUST WEAR:

- Shoes, Sandals, Shower shoes, shall be worn at all times
- Shirts at all times even when exercising

### Hygiene

Clients shall perform basic grooming and hygiene daily. If your hygiene interferes with another client's treatment or staff's ability to perform their job, and you are not willing to intervene in your distraction of others, your behavior may result in your being exited.

- Bath regularly and as needed
- Laundry done at scheduled times
- Brush teeth daily

\_\_\_\_\_  
CLIENT SIGNATURE

\_\_\_\_/\_\_\_\_/\_\_\_\_  
DATE

\_\_\_\_\_  
STAFF SIGNATURE

\_\_\_\_/\_\_\_\_/\_\_\_\_  
DATE

**Copy of this form** is given to client at time of intake as a part of the client Buddy Pack.

CLIENT LOG # \_\_\_\_\_