

### DSM-IV Operational Criteria for Substance Dependence

A maladaptive pattern of substance use, leading to clinically significant impairment or distress, as manifested by three or more of the following , occurring at any time in the same 12-month period:

1. Tolerance, as defined by either of the following:

b. a need for markedly increased amounts of the substance to achieve intoxication or desired effect

List substances: \_\_\_\_\_

a. markedly diminished effect with continued use of the same amount of the substance.

List substances: \_\_\_\_\_

1. Withdrawal, as manifested by either of the following:

b. the characteristic withdrawal syndrome for the substance

List substances: \_\_\_\_\_

a. the same (or closely related) substance is taken to relieve or avoid withdrawal symptoms

List substances: \_\_\_\_\_

1. The substance is taken in larger amounts or over a longer period of time than was intended

List substances: \_\_\_\_\_

1. There is a persistent desire or unsuccessful efforts to cut down or control substance use

List substances: \_\_\_\_\_

1. A great deal of time is spent in activities necessary to obtain the substance, use the substance or to recover from its effects

List substances: \_\_\_\_\_

1. Important social, occupational or recreational activities are given up or reduced because of substance use

List substances: \_\_\_\_\_

1. The substance use is continued despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by the substance

List substances: \_\_\_\_\_

### DSM-IV Operational Criteria for Substance Abuse

• A maladaptive pattern of substance use leading to clinically significant impairment or distress, as manifested by one or more of the following occurring within a 12-month period:

1. Recurrent substance use resulting in a failure to fulfill major role obligations at work, school, or home

List substances: \_\_\_\_\_

1. Recurrent substance use in situations in which it is physically hazardous

List substances: \_\_\_\_\_

1. Recurrent substance-related legal problems

List substances: \_\_\_\_\_

1. Continued substance use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of the substance

List substances: \_\_\_\_\_

- The symptoms have never met the criteria for Substance Dependence for this class of substance.

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Client Log # Client Signature Date Counselor Signature Date