

| Control | Description  |
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| Start   | Beat Box 87: Lamp post at Eyre St E , near the entrance of Hasland   |
|         | Infant School  |
| 1       | Beat Box 3: Lamp post on Kingsley avenue, just outside Spire Infant  |
|         | School   |
| 2       | Beat Box 2: Lamp post on Kingsley avenue, in front of n 23.          |
| 3       | Beat Box 1: Lamp post 15663. Second lamp post as you enter Langer    |
|         | Field Avenue from Langer Ln.   |
| 4       | Beat Box 86: Signpost on Storforth Lane at the beginning of the path |
| 5       | Beat Box 90: Lamp post 136255, 40 Rempstone Drive                    |
| 6       | Beat Box 89: Lamp post 12830 Broomfield Avenue near the entrance to  |
|         | Hasland Junior School  |
| 7       | Beat Box 88: Hasland Park, on the map by the entrance                |
| Finish  | Beat Box 87: Lamp post at Eyre St E , near the entrance of Hasland   |
|         | Infant School  |