

| Control | Description  |
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| Start   | Beat Box 92: On lamp post on the left corner outside Duckmanton          |
|         | Primary School   |
| 1       | Beat Box 91: Lamp post 75925, 47 South Cres                              |
| 2       | Beat Box 73: Lamp post, Inkersall Green road. Opposite to entrance to    |
|         | Elliot Drive.  |
| 3       | Beat Box 75: Sign with directions on the Traspenine trail off Bamford Rd |
| 4       | Beat Box 74: Lamp post 75129 On Elliott Drive before entering Curbar     |
|         | Curve  |
| 5       | Beat Box 76: Sign with directions on path off Dovedale Avenue.           |
| 6       | Beat Box 72: Lamp post 135285, 75 Stanley Ave                            |
| 7       | Beat Box 71: Lamp post 75359, Inkersall Green Rd. Near the entrance of   |
|         | Inkersall Primary School   |
| 8       | Beat Box 70: Lamp post 76126 at Westwood avenue                          |
| 9       | Beat Box 69: Lamp post 74665, 3 Calver Cres Near the entrance to St      |
|         | Joseph's Catholic & C Of E Primary School                                |
| 10      | Beat Box 68: Lamp post 74901 35 College Avenue                           |
| 11      | Beat Box 67: Corner of Lime Avenue (75 or in front of 60 Lime Avenue)    |
| 12      | Beat Box 97: Sign with directions on the path near the car park off      |
|         | Cemetery lane  |
| 13      | Beat Box 95: Signpost end of Staveley road                               |
| 14      | Beat Box 94: Lamp post 96164, Cottage CI, in front of Poolsbrook         |
|         | Primary School   |
| Finish  | Beat Box 92: On lamp post on the left corner outside Duckmanton          |
|         | Primary School   |