



| Control | Description |
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| Start | Beat Box 62: On one of the wooden posts from the sign at Bluebank Pools. Chesterfield Canal. |
| 1 | Beat Box 112: Signpost at the end of Cow lane |
| 2 | Beat Box 113: On parking sign on the left of Thistle Park entrance |
| 3 | Beat Box 53: Signpost beginning of path at the end of N Moor View |
| 4 | Beat Box 84: Lamp post 7803 near the entrance of Brimington Manor Infant and Nursery School |
| 5 | Beat Box 85: Signpost at the beginning of the path at Lodge close in front of new houses |
| 6 | Beat Box 76: Sign with directions on path off Dovedale Avenue. |
| 7 | Beat Box 74: Lamp post 75129 On Elliott Drive before entering Curbar Curve |
| 8 | Beat Box 72: Lamp post 135285, 75 Stanley Ave |
| 9 | Beat Box 73: Lamp post, Inkersall Green road. Opposite to entrance to Elliot Drive. |
| 10 | Beat Box 71: Lamp post 75359, Inkersall Green Rd. Near the entrance of Inkersall Primary School |
| 11 | Beat Box 70: Lamp post 76126 at Westwood avenue |
| 12 | Beat Box 69: Lamp post 74665, 3 Calver Cres Near the entrance to St Joseph's Catholic & C Of E Primary School |
| 13 | Beat Box 97: Sign with directions on the path near the car park off Cemetery lane |
| 14 | Beat Box 67: Corner of Lime Avenue (75 or in front of 60 Lime Avenue) |
| 15 | Beat Box 68: Lamp post 74901 35 College Avenue |
| 16 | Beat Box 65: Sign with directions crossing the bridge at the other end of Mill Green |
| 17 | Beat Box 64: Wooden post at Chesterfield Canal |
| 18 | Beat Box 63: Sign with directions at Hollingwood Hub |
| 19 | Beat Box 116: Lamp post , on the right of the entrance of Hollingwood Primary, in front of 36 Lilac St |
| 20 | Beat Box 118: Wooden post at the barrier of Ringwood Park |
| 21 | Beat Box 117: Lamp post 3273, Elm street |
| 22 | Beat Box 115: Lamp post 75995, 125 Station road |
| Finish | Beat Box 62: On one of the wooden posts from the sign at Bluebank Pools. Chesterfield Canal. |