

| Control | Description |
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| Start | Beat Box 28: Lamp post 8764. Scarsdale Road, opposite Gilbert |
| | Heathcote Nursery and Infant School on cycle/pedestrian lane |
| 1 | Beat Box 34: Signpost on 1866 Sheffield Rd near entrance to Stadium |
| | car park |
| 2 | Beat Box 41: Signpost at 52 Tapton View, near the entrance of Christ |
| | Church CE Primary School |
| 3 | Beat Box 40: Lamp post 15112. Highfield Lane before the entrance of |
| | Highfield Hall Primary School |
| 4 | Beat Box 36: Lamp post 15084, Highfield lane, entrance of Highfield |
| | Park |
| 5 | Beat Box 33: Lamp post outside 123 Peveril Road |
| 6 | Beat Box 32: Lamp post 13553, 35 Cranborne Road just outside Newbold |
| | C of E Primary School |
| 7 | Beat Box 29: Signpost outside 79 Racecourse Road, around the corner of |
| | Cavendish Junior School |
| Finish | Beat Box 28: Lamp post 8764. Scarsdale Road, opposite Gilbert |
| | Heathcote Nursery and Infant School on cycle/pedestrian lane |