



| Control | Description |
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| Start | Beat Box 31: Lamp post 13874, on Dunston Ln outside Dunston Primary & Nursery Academy. |
| 1 | Beat Box 32: Lamp post 13553, 35 Cranborne Road just outside Newbold C of E Primary School |
| 2 | Beat Box 33: Lamp post outside 123 Peveril Road |
| 3 | Beat Box 36: Lamp post 15084 , Highfield lane, entrance of Highfield Park |
| 4 | Beat Box 40: Lamp post 15112. Highfield Lane before the entrance of Highfield Hall Primary School |
| 5 | Beat Box 39: Lamp post 16519. 21 Newbold Back Lane |
| 6 | Beat Box 57: No Stopping sign at Purbeck Avenue. Entrance of Brockwell Nursery and Infant School and Brockwell Junior School |
| 7 | Beat Box 25: Lamp post 17056 . Loundsley Green near the shops and the bus stop. |
| 8 | Beat Box 56: Signpost at Loundsley Green Park next to the bridge |
| 9 | Beat Box 55: Signpost at the entrance of Holme Brook Valley Exercise Park |
| 10 | Beat Box 54: Lamp post 14392 on the path leading to Green Farm Cl. Holmebrook Valley Park |
| 11 | Beat Box 35: Lamp post 14037 . 28 Ennerdale Cres |
| Finish | Beat Box 31: Lamp post 13874, on Dunston Ln outside Dunston Primary & Nursery Academy. |