

| Control | Description |
|---------|--|
| Start | Beat Box 89: Lamp post 12830 Broomfield Avenue near the entrance to |
| | Hasland Junior School |
| 1 | Beat Box 90: Lamp post 136255, 40 Rempstone Drive |
| 2 | Beat Box 86: Signpost on Storforth Lane at the beginning of the path |
| 3 | Beat Box 1: Lamp post 15663. Second lamp post as you enter Langer |
| | Field Avenue from Langer Ln. |
| 4 | Beat Box 2: Lamp post on Kingsley avenue, in front of n 23. |
| 5 | Beat Box 3: Lamp post on Kingsley avenue, just outside Spire Infant |
| | School |
| 6 | Beat Box 87: Lamp post at Eyre St E , near the entrance of Hasland |
| | Infant School |
| 7 | Beat Box 88: Hasland Park, on the map by the entrance |
| Finish | Beat Box 89: Lamp post 12830 Broomfield Avenue near the entrance to |
| | Hasland Junior School |