

Effectiveness of community-based TURF-reserves in small-scale fisheries

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2 ABSTRACT

3 Coastal marine ecosystems provide livelihoods for small-scale fishers and coastal communities
4 around the world. Small-scale fisheries face great challenges since they are difficult to monitor,
5 enforce, and manage. Combining territorial user rights for fisheries (TURF) with no-take marine
6 reserves to create TURF-reserves can improve the performance of small-scale fisheries by
7 buffering fisheries from environmental variability and management errors, while ensuring that
8 fishers reap the benefits of conservation investments. In the last 12 years, 18 old and new
9 community-based TURF-reserves gained legal recognition thanks to a 2014 regulation; their
10 effectiveness has not been formally evaluated. We combine causal inference techniques and
11 the Social-Ecological Systems framework to provide a holistic evaluation of community-based
12 TURF-reserves in three coastal communities in Mexico. We find that while reserves have not yet
13 achieved their stated goal of increasing the density of lobster and other benthic invertebrates, they
14 continue to receive significant support from the fishing communities. A lack of clear ecological
15 and socioeconomic effects likely results from a combination of factors. First, some of these
16 reserves might be too young for the effects to show. Second, the reserves are not large enough
17 to protect mobile species, like lobster. Third, variable and extreme oceanographic conditions
18 have impacted harvested populations. Fourth, local fisheries are already well managed, and
19 it is unlikely that reserves might have a detectable effect in landings. However, these reserves
20 have shaped small-scale fishers' way of thinking about marine conservation, which can provide
21 a foundation for establishing additional, larger marine reserves needed to effectively conserve
22 mobile species.

23 **Keywords:** TURF-reserves, Causal Inference, Social-Ecological Systems, Marine Protected Areas, Marine Conservation, Small-Scale
24 Fisheries

1 INTRODUCTION

25 Marine ecosystems around the world sustain significant impacts due to overfishing and unsustainable
26 fishing practices (Halpern et al., 2008; Worm et al., 2006; Pauly et al., 2005). In particular, small-scale
27 fisheries face great challenges since they tend to be hard to monitor and enforce (Costello et al., 2012).
28 One of the many important ways to improve the performance of coastal fisheries and health of the local
29 resources is through the implementation of Territorial Use Rights for Fisheries (TURFs) that contain
30 no-take marine reserves within them, thus creating TURF-reserve systems (Costello and Kaffine, 2010;
31 Afflerbach et al., 2014; Lester et al., 2017).

32 TURFs are a fisheries management tool in which a well defined group of fishers have exclusive access to
33 an explicitly delimited portion of the ocean. They promote a sense of stewardship and incentivise resource
34 users to sustainably manage their resources (Gelcich et al., 2008; McCay, 2017). On the other hand, no-take
35 marine reserves (marine reserves from hereinafter) are areas where all extractive activities are off-limits.
36 These can be implemented to protect biodiversity but also as fishery management tools that restrict fishing
37 effort and gears and therefore aid in the recovery of marine stocks. Commonly known as TURF-reserves,
38 the combination of these tools should in theory increase the benefits of spatial access rights allowing the
39 maintenance of healthy resources (Afflerbach et al., 2014; Lester et al., 2017).

40 Research on TURFs has shown that these areas have higher abundance of targeted species than sites operating
41 under open access (Gelcich et al., 2008; McCay et al., 2014; McCay, 2017). Likewise, conservation
42 science has shown how marine reserves lead to increased biomass, species richness, and abundance within
43 the protected regions (Lester et al., 2009; Giakoumi et al., 2017; Sala and Giakoumi, 2017), and that these
44 may have a series of additional benefits like climate change mitigation, protection from environmental
45 variability, and fisheries benefits Roberts et al. (2017); Micheli et al. (2012); Krueck et al. (2017). The
46 benefits resulting from reserves established within TURFs should be captured exclusively by the group of
47 fishers with exclusive access. Although in theory these systems are successful (Costello and Kaffine, 2010;
48 Smallhorn-West et al., 2018), there is little empirical evidence of their effectiveness and the drivers of their
49 success (Afflerbach et al., 2014; Lester et al., 2017).

50 TURF-reserve systems are inherently intricate social-ecological systems, and their effectiveness must
51 depend on how environmental and social factors combine and interact. This is especially important in
52 social-ecological coastal systems dominated by close interactions and feedbacks between people and
53 natural resources (Ostrom, 2009). There is a growing body of literature focusing on the relations between
54 socioeconomic and governance structures and reserve effectiveness (Halpern et al., 2013; López-Angarita
55 et al., 2014; Mascia et al., 2017; Bergseth et al., 2018). However, to our knowledge, no studies exist that
56 evaluate TURF-reserves from both a social and ecological perspective.

57 Moreover, a new Mexican norm was created in 2014 allowing fishers to request the legal recognition of
58 community-based reserves as “Fish Refuges” (*Zona de Refugio Pesquero*; NOM-049-SAG/PESC (2014)).
59 Since 2012, old and new marine reserves have gained legal recognition as Fishing Refuges. Of these, 18
60 were originally implemented as community-based TURF-reserves. However, their effectiveness has not yet
61 been formally evaluated and reported in the scientific literature.

62 Here, we combine causal inference techniques and the Social-Ecological Systems (SES) framework to
63 provide a holistic evaluation of community-based TURF-reserves in three coastal communities in Mexico.
64 These three case studies span a range of ecological and social conditions representative of different regions
65 of Mexico. The objective of this work is twofold. First, to provide a triple bottom line evaluation of the
66 effectiveness of community-based TURF-reserves, which may inform similar processes in other countries.

67 Second, to evaluate the effectiveness of TURF-reserves established as Fish Refuges in Mexico to identify
68 opportunities where improvement or adjustment might lead to increased effectiveness. We draw from
69 lessons learned in these three case studies and provide management recommendations to maximize the
70 effectiveness of community-based marine reserves in small-scale fisheries in Mexico and in other regions
71 around the world where this tool is used to manage and rebuild their coastal fisheries.

2 METHODS

72 Before discussing our data collection methods and describing our analyses, our case studies warrant
73 some more background. TURF-reserves can be created as community-based marine reserves, voluntarily
74 established and enforced by local communities. This bottom-up approach increases compliance and self-
75 enforcement, and reserves can yield benefits similar to systematically-designed reserves (Gelcich and
76 Donlan, 2015; Beger et al., 2004; Smallhorn-West et al., 2018). Community-based spatial closures occur
77 in different contexts, like the *kapu* or *ra’ui* areas in the Pacific Islands (Bohnsack et al., 2004; Johannes,
78 2002). However, marine reserves are difficult to enforce if they are not legally recognized, and fishers rely
79 on the exclusive access granted by the TURF.

80 In an effort to bridge this normative gap, Mexican Civil Society Organizations (CSOs) served as a link
81 between fishers and government, and created a legal framework that solves this governance issue (*i.e.* Fish
82 Refuges; NOM-049-SAG/PESC (2014)). Fish refuges can be implemented as temporal or partial reserves,
83 which can protect one, some, or all resources within their boundaries. One of the ways in which fishing
84 communities have taken advantage of this new tool is by implementing marine reserves within their
85 TURFs. Our work focuses on some of these community-based TURF-reserves that occur in small-scale
86 fisheries.

87 The common setup of community-based TURF-reserves in Mexico is the following. Fishers from a
88 given community are assembled in fishing cooperatives which have exclusive fishing rights over a spatially
89 delimited area (*i.e.* TURFs shown as blue polygons in Fig 1A). Each TURF is exclusively fished by one
90 cooperative, and each community usually hosts no more than one cooperative. Fishing cooperatives
91 interested in implementing marine reserves work with CSOs to implement marine reserves within their
92 TURFs (*i.e.* TURF-reserves). Fishers then ask the government to grant legal recognition to their TURF-
93 reserves under the name of Fish refuges following a series of studies outlined in NOM-049-SAG/PESC
94 (2014).

95 2.1 Study area

96 We evaluate three TURF-reserves in Mexico (Fig 1A). The first one was created by the *Buzos y Pescadores*
97 *de la Baja California* fishing cooperative, located in Isla Natividad in the Baja California Peninsula (Fig
98 1B). The main fishery in the island is the spiny lobster (*Panulirus interruptus*), but other resources like
99 finfish, sea cucumber, red sea urchin, snail, and abalone are also an important source of income. In
100 2006, the community decided to implement two marine reserves within their fishing grounds to protect
101 commercially important invertebrate species; mainly lobster and abalone. While these reserves obtained
102 legal recognition only in 2018 (DOF, 2018b), they have been well enforced since their implementation.

103 The other two TURF-reserves are located in Maria Elena and Punta Herrero, in the Yucatan Peninsula
104 (Fig 1C). In contrast with Isla Natividad, which hosts a well established fishing community, Maria Elena
105 is a fishing camp –visited intermittently during the fishing season– belonging to the *Cozumel* fishing
106 cooperative; Punta Herrero is home to the *José María Azcorra* fishing cooperative, and similar to Isla

107 Natividad hosts a local community. Their main fishery is the Caribbean spiny lobster (*Panulirus argus*), but
108 they also target finfish in the off-season. Maria Elena and Punta Herrero established eight and four marine
109 reserves in 2012 and 2013, respectively. These reserves have been legally recognized as Fishing Refuges
110 since their creation (DOF, 2012b, 2013).

111 These communities are representative of their region in terms of ecology, socioeconomic, and governance
112 aspects. Isla Natividad, for example, is part of a greater group of fishing cooperatives belonging to
113 a Federation of Fishing Cooperatives. This group has been identified as a cohesive group that often
114 cooperates to better manage their resources (?McCay, 2017; Aceves-Bueno et al., 2017). Likewise, Maria
115 Elena and Punta Herrero are representative of fishing cooperatives in the Mexican Caribbean, which are
116 also part of a regional Federation. Together, these three communities provide an accurate representation
117 of other fishing communities in each of their regions. While each region has additional communities
118 that have established community-based TURF-reserves, available data would not allow us to perform the
119 in-depth causal inference analysis that we undertake. Yet, given the similarities among communities and
120 the socioeconomic and governance setting under which they operate, it is safe to cautiously generalize our
121 insights to other similar reserves in Mexico and elsewhere around the world.

122 2.2 Data collection

123 We use three main sources of information to evaluate these reserves across the ecological, socioeconomic,
124 and governance dimensions. Ecological data come from the annual ecological monitoring of reserve
125 and control areas, carried out by members from each community and personnel from the Mexican CSO
126 *Comunidad y Biodiversidad* (COBI). Trained divers record richness and abundances of fish and invertebrate
127 species along replicate transects (30 × 2 m each) at depths 5-20 m in the reserves and control sites (Fulton
128 et al., 2018, 2019; Suman et al., 2010). Size structures are also collected during fish surveys. We define
129 control sites as regions where: i) habitat characteristics are similar to the corresponding reserves, ii)
130 presumably had a similar probability of being selected as reserves during the design phase, and iii) are
131 located within the TURF and therefore fishing occurs. We focus our evaluation on sites where data are
132 available for reserve and control sites, before and after the implementation of the reserve. This provides us
133 with a Before-After-Control-Impact (*i.e.* BACI) sampling design that allows us to capture and control for
134 temporal and spatial dynamics (Stewart-Oaten et al., 1986; De Palma et al., 2018).

135 Socioeconomic data come from landing receipts reported to the National Commission for Aquaculture
136 and Fisheries (*Comisión Nacional de Acuacultura y Pesca*; CONAPESCA). Data contain monthly lobster
137 landings (Kg) and revenues (MXP) for cooperatives with and without marine reserves. Cooperatives
138 incorporated in this analysis belong to larger regional-level Cooperative Federations, and are exposed to
139 the same markets and institutional frameworks, making them plausible controls (McCay, 2017; Ayer et al.,
140 2018). Landings and revenues were aggregated at the cooperative-year level, and revenues were adjusted to
141 represent 2014 values by the Consumer Price Index for Mexico (OECD, 2017).

142 Data for the evaluation of the SES were collected at the community-level from official documents used in
143 the creation and designation of the marine reserves (DOF, 2012b, 2013, 2018b) and based on the authors'
144 experience and knowledge of the communities. These include information on the Resource Systems,
145 Resource Units, Actors, and Governance System (Table 2).

146 2.3 Data analysis

147 BACI designs and causal inference techniques have proven effective to evaluate marine reserves, as
148 they allow us to causally attribute observed changes to the intervention (Francini-Filho and Moura, 2008;

149 Moland et al., 2013; Villaseñor-Derbez et al., 2018). All sites were surveyed annually, and at least once
 150 before implementation of the reserves. We evaluate the effect that marine reserves have had on four
 151 ecological and two socioeconomic indicators (Table 1). Recall that reserves were implemented to protect
 152 lobster and other benthic invertebrates. However, we also use the available fish data to test for associated
 153 co-benefits.

154 We use a difference-in-differences analysis to evaluate these indicators. This approach allows us to
 155 estimate the effect that the reserve had by comparing trends across time and treatments (?Villaseñor-Derbez
 156 et al., 2018). The analysis of ecological indicators is performed with a multiple linear regression of the
 157 form:

$$I_{i,t,j} = \alpha + \gamma_t Year_t + \beta Zone_i + \lambda_t Year_t \times Zone_i + \sigma_j Spp_j + \epsilon_{i,t,j} \quad (1)$$

158 Where year-level fixed effects are represented by $\gamma_t Year_t$, and $\beta Zone_i$ captures the difference between
 159 reserve ($Zone = 1$) and control ($Zone = 0$) sites. The interaction term $\lambda_t Year_t \times Zone_i$ represents the
 160 mean change in the indicator inside the reserve, for year t , with respect to the year of implementation in
 161 the control site. When evaluating biomass and densities of the invertebrate or fish communities, we include
 162 σ_j to control for species-level fixed effects. $\epsilon_{i,t,j}$ represents the error term of the regression.

163 Socioeconomic indicators are evaluated with a similar approach. Due to data constraints, we only
 164 evaluate socioeconomic data for Isla Natividad (2000 - 2014) and Maria Elena (2006 - 2013). Neighboring
 165 communities are used as counterfactuals that allow us to control for unobserved time-invariants. Each focal
 166 community (Isla Natividad and Maria Elena) has three counterfactual communities.

$$I_{i,t,j} = \alpha + \gamma_t Year_t + \beta Treated_i + \lambda_t Year_t \times Treated_i + \sigma_j Com_j + \epsilon_{i,t,j} \quad (2)$$

167 The model interpretation remains as for Eq 1, but in this case the *Treated* dummy variable indicates if
 168 the community has a reserve (*Treated* = 1) or not (*Treated* = 0) and $\sigma_j Com$ captures community-level
 169 fixed-effects. These regression models allow us to establish a causal link between the implementation
 170 of marine reserves and the observed trends by accounting for temporal and spatial dynamics (De Palma
 171 et al., 2018). The effect of the reserve is captured by the λ_t coefficient, and represents the difference
 172 observed between the control site before the implementation of the reserve and the treated sites at time
 173 t after controlling for other time and space variations (i.e. γ_t and β respectively). All model coefficients
 174 were estimated via ordinary least-squares and heteroskedastic-robust standard errors (Zeileis, 2004). All
 175 analyses were performed in R version 3.5.1 (2018-07-02) and R Studio version 1.1.456 (R Core Team,
 176 2018).

177 We use the SES framework to evaluate each community. The use of this framework standardizes our
 178 analysis and allows us to communicate our results in a common language across fields by using a set
 179 of previously defined variables and indicators. We based our variable selection primarily on Leslie et al.
 180 (2015) and Basurto et al. (2013), who operationalized and analyzed Mexican fishing cooperatives using this
 181 framework. We also incorporate other relevant variables known to influence reserve performance following
 182 Di Franco et al. (2016) and Edgar et al. (2014). Table 2 shows the selected variables, their definition and
 183 values.

3 RESULTS

184 The following sections present the effect that marine reserves had on each of the biological and socioe-
185 economic indicators for each coastal community. Results are presented in terms of the difference through
186 time and across sites, relative to the control site on the year of implementation (*i.e.* effect size λ_t). We also
187 provide an overview of the governance settings of each community, and discuss how these might be related
188 to the effectiveness and performance of the reserves.

189 **3.1 Biological effects**

190 Indicators showed ambiguous responses through time for each reserve. Figure 2A shows positive effect
191 sizes for lobster densities in Isla Natividad and Punta Herrero during the first years, but the effect is eroded
192 through time. In the case of Maria Elena, positive changes were observed in the third and fourth year.
193 These effects are in the order of 0.2 extra organisms m⁻² for Isla Natividad and Punta Herrero, and 0.01
194 organisms m⁻² for Maria Elena, but are not significantly different from zero ($p > 0.05$). Likewise, no
195 significant changes were detected in fish biomass or invertebrate and fish densities (Fig. 2B-D), where
196 effect sizes oscillated around zero without clear trends. Full tables with model coefficients are presented in
197 the supplementary materials (S1 Table, S2 Table, S3 Table).

198 **3.2 Socioeconomic effects**

199 Lobster landings and revenue were only available for Isla Natividad and Maria Elena (Fig 3). For all years
200 before implementation, the effect sizes are close to zero, indicating that the control and treatment sites
201 have similar pre-treatment trends, suggesting that these are plausible controls. However, effect sizes do not
202 change after the implementation of the reserve. Interestingly, the negative effect observed for Isla Natividad
203 on year 5 correspond to the 2011 hypoxia events. The only positive change observed in lobster landings is
204 for Isla Natividad in 2014 ($p < 0.1$). The three years of post-implementation data for Maria Elena do not
205 show a significant effect of the reserve. Isla Natividad shows higher revenues after the implementation of
206 the reserve, as compared to the control communities. However, these changes are not significant and are
207 associated with increased variation. Full tables with model coefficients are presented in the supplementary
208 materials (S4 Table, S5 Table).

209 **3.3 Governance**

210 Our analysis of the SES (Table 2) shows that all analyzed communities share similarities known to
211 foster sustainable resource management and increase reserve effectiveness. For example, fishers operate
212 within clearly outlined TURFs (RS2, GS6.1.4.3) that provide exclusive access to resources and reserves.
213 Along with their relatively small groups (A1 - Number of relevant actors), Isolation (A3), Operational
214 rules (GS6.2), Social monitoring (GS9.1), and Graduated sanctions (GS10.1), these fisheries have solid
215 governance structures that enable them to monitor their resources and enforce rules to ensure sustainable
216 management. In general, success of conservation initiatives depends on the incentives of local communities
217 to maintain a healthy status of the resources upon which they depend (Jupiter et al., 2017). Due to the
218 clarity of access rights and isolation, the benefits of conservation directly benefit the members of the fishing
219 cooperatives, which have favored the development of efficient community-based enforcement systems.
220 However, our SES analysis also highlights factors that might hinder reserve performance or mask outcomes.
221 While total reserve size ranges from 0.2% to 3.7% of the TURF area, individual reserves are often small
222 (RS3), and relatively young (RS5). Additionally, fishers harvest healthy stocks (RS4.1), and it's unlikely
223 that marine reserves will result in increased catches.

4 DISCUSSION

Our results indicate that these TURF-reserves have not increased lobster densities. Additionally, no co-benefits were identified when using other ecological indicators aside from the previously reported buffering effect that reserves can have to environmental variability in Isla Natividad (Micheli et al., 2012). The socioeconomic indicators pertaining landings and revenues showed little to no change after reserve implementation. Despite the lack of evidence of the effectiveness of these reserves, most of the communities show a positive perception about their performance and continue to support their presence (Ayer et al., 2018). Understanding the social-ecological context in which these communities and their reserves operate might provide insights as to why this happens.

Some works evaluate marine reserves by performing inside-outside (Guidetti et al., 2014; Friedlander et al., 2017; Rodriguez and Fanning, 2017) or before-after comparisons (Betti et al., 2017). The first approach does not address temporal variability, and the second can not distinguish between the temporal trends in a reserve and the entire system (De Palma et al., 2018). Our approach to evaluate the temporal and spatial changes provides a more robust measure of reserve effectiveness. For example, we capture previously described patterns like the rapid increase observed for lobster densities in Isla Natividad on the sixth year (*i.e.* 2012; Fig. 2A), a year after the hypoxia events described by Micheli et al. (2012), which caused mass mortality of sedentary organisms such as abalone and sea urchins, but not lobster and finfish. Yet, our empirical approach assumes control sites are a plausible counterfactual for treated sites. This implies that treated sites would have followed the same trend as control sites, had the reserves not been implemented. Nonetheless, temporal trends for each site don't show any significant increases (S1 Table, S2 Table, S3 Table), supporting our findings of lack of change in the indicators used.

A first possible explanation for the lack of effectiveness may be the young age of the reserves. Literature shows that age and enforcement are important factors that influence reserve effectiveness (Edgar et al., 2014; Babcock et al., 2010). Isla Natividad has the oldest reserves, and our SES analysis suggests that all communities have a well-established community-based enforcement system. With these characteristics, one would expect the reserves to be effective. Maria Elena and Punta Herrero are relatively young reserves (*i.e.* < 6 years old) and effects may not yet be evident due to the short duration of protection, relative to the life histories of the protected species; community-based marine reserves in tropical ecosystems may take six years or more to show a spillover effect (da Silva et al., 2015).

Another key condition for effectiveness is reserve size (Edgar et al., 2014), and the lack of effectiveness can perhaps be attributed to poor ecological coherence in reserve design (*sensu* Rees et al. (2018)). Previous research has shown that reserves in Isla Natividad yield fishery benefits for the abalone fishery (Rossetto et al., 2015). Abalone are less mobile than lobsters, and perhaps the reserves provide enough protection to these sedentary invertebrates, but not lobsters. Design principles developed by Green et al. (2017) for marine reserves in the Caribbean state that reserves “should be more than twice the size of the home range of adults and juveniles”, and suggest that reserves seeking to protect spiny lobsters should have at least 14 km across. Furthermore, fishers may favor implementation of reserves that pose low fishing costs due to their small size or location. Our analysis of economic data supports this hypothesis, as neither landings nor revenues showed the expected short-term costs associated to the first years of reserve implementation (Ovando et al., 2016).

Even if reserves had appropriate sizes and were placed in optimal locations, there are other plausible explanations for the observed patterns. For instance, marine reserves are only likely to provide fisheries benefits if initial population sizes are low and the fishery is poorly managed (Hilborn et al., 2004, 2006).

266 Both lobster fisheries were certified by the Marine Stewardship Council (Pérez-Ramírez et al., 2016).
267 Additionally, lobster fisheries are managed via species-specific minimum catch sizes, seasonal closures,
268 protection of “berried” females, and escapement windows where traps are allowed (DOF, 1993). It is
269 uncertain whether such a well-managed fishery will experience additional benefits from marine reserves.
270 Furthermore, Gelcich et al. (2008) have shown that TURFs alone can have greater biomass and richness
271 than areas operating under open access. This might reduce the difference between indicators from the
272 TURF and reserve sites, making it difficult to detect such a small change. Further research should focus on
273 evaluating sites in the reserve, TURF, and open access areas or similar Fish Refuges established without
274 the presence of TURFs where the impact of the reserves might be larger.

275 Finally, extreme conditions, including prolonged hypoxia, heat waves, and storms have affected both
276 the Pacific and Caribbean regions, with large negative impacts of coastal marine species and ecosystems
277 (Cavole et al., 2016; Hughes et al., 2018; Breitburg et al., 2018). The coastal ecosystems where these
278 reserves are located have been profoundly affected by these events (Micheli et al., 2012; Woodson et al.,
279 in press). Effects of protection might be eliminated by the mortalities associated with these extreme
280 conditions.

281 While the evaluated reserves have failed to provide fishery benefits up to now, there are a number of
282 additional ecological, fisheries, and social benefits. Marine reserves provide protection to a wider range
283 of species and vulnerable habitat. These sites can serve as an insurance against uncertainty and errors in
284 fisheries management, as well as mild environmental shocks (Micheli et al., 2012; De Leo and Micheli,
285 2015; Roberts et al., 2017; Aalto et al., in press). Self-regulation of fishing effort (*i.e.* reduction in harvest)
286 can serve as a way to compensate for future declines associated to environmental variation (Finkbeiner et al.,
287 2018). Embarking in a marine conservation project can bring the community together, which promotes
288 social cohesion and builds social capital (Fulton et al., 2019). Showing commitment to marine conservation
289 and sustainable fishing practices allows fishers to have greater bargaining power and leverage over fisheries
290 management (Pérez-Ramírez et al., 2012). Furthermore, the lack of effectiveness observed in these reserves
291 should not be generalizable to other reserves established under the same legal framework (*i.e.* Fish Refuges)
292 in Mexico, and future research should aim at evaluating other areas that have also been established as
293 bottom-up processes but without the presence of TURFs (*e.g.* DOF (2012a)), or others established through
294 a top-down process (*i.e.* DOF (2018a)).

295 Community-based marine reserves in small-scale fisheries can be helpful conservation and fishery manage-
296 ment tools when appropriately implemented. Lessons learned from these cases can guide implementation
297 of community-based marine reserves elsewhere. For the particular case of the marine reserves that we
298 evaluate, the possibility of expanding reserves or merging existing polygons into larger areas should be
299 evaluated and proposed to the communities. Community-based marine reserves might have more benefits
300 that result from indirect effects of the reserves, particularly providing resilience to shocks and management
301 errors, and promoting social cohesion, which should be taken into account when evaluating the outcomes
302 of TURF-reserves. Having full community support surely represents an advantage, but it is important that
303 community-based TURF-reserves meet essential design principles such as size and placement so as to
304 maximize their effectiveness.

CONFLICT OF INTEREST STATEMENT

305 The authors declare that the research was conducted in the absence of any commercial or financial
306 relationships that could be construed as a potential conflict of interest.

AUTHOR CONTRIBUTIONS

307 JC and AS conceived the idea. JC and EA analyzed data, discussed the results, and wrote the first draft.
308 FM, SF, AS, JT, and AHV discussed the results and edited the manuscript. All authors provided valuable
309 contributions.

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FIGURE CAPTIONS

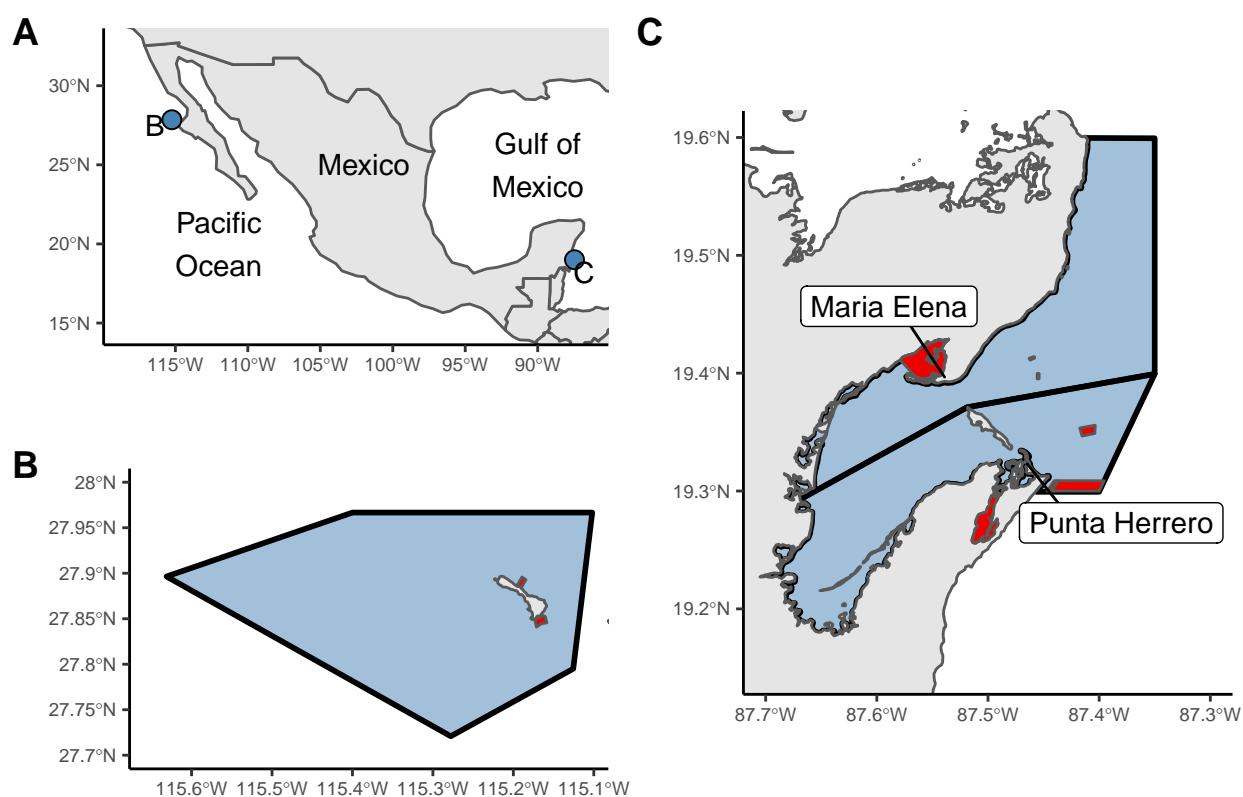


Figure 1. Location of the three coastal communities studied (A). Isla Natividad (B) is located off the Baja California Peninsula, Maria Elena and Punta Herrero (C) are located in the Yucatan Peninsula. Blue polygons represent the TURFs, and red polygons the marine reserves.

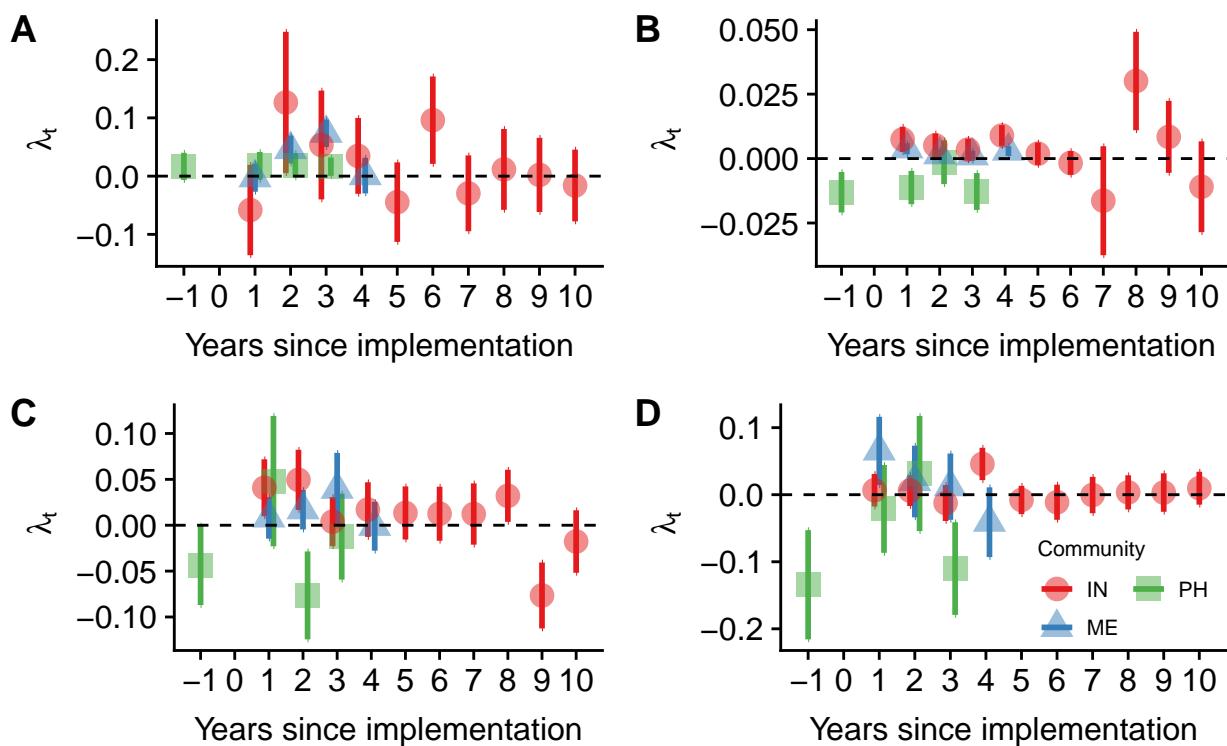


Figure 2. Effect sizes for marine reserves from Isla Natividad (IN; red circles), Maria Elena (ME; blue triangles), and Punta Herrero (PH; green squares) for lobster densities (*Panulirus spp*; A), fish biomass (B), invertebrate densities (C), and fish densities (D). Plots are ordered by survey type (left column: invertebrates; right column: fish). Points are jittered horizontally to avoid overplotting. Points indicate the effect size and standard errors. Years have been centered to year of implementation.

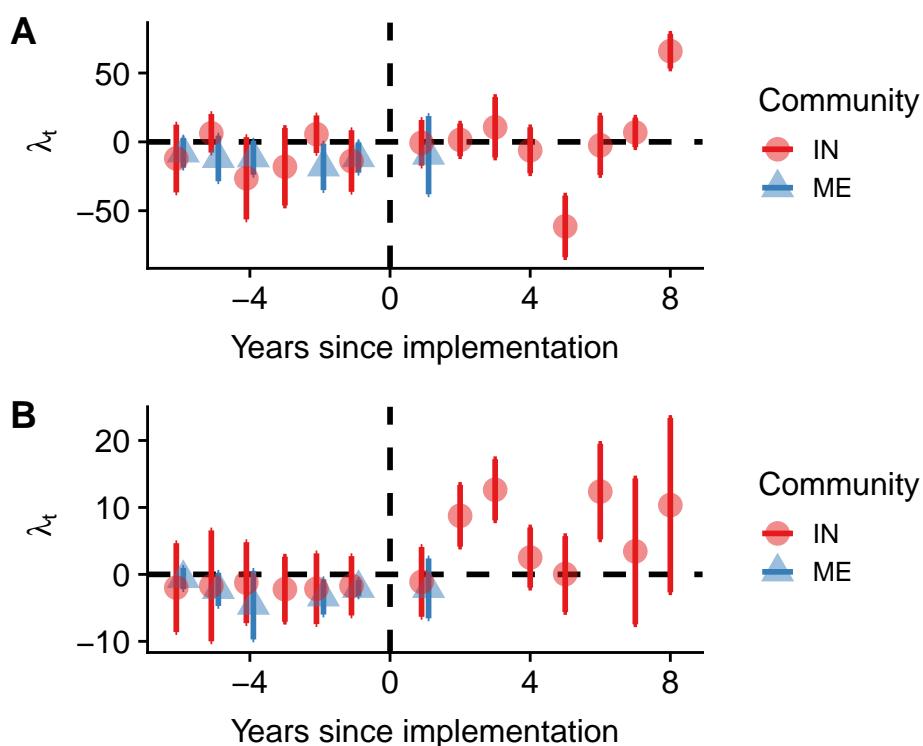


Figure 3. Effect sizes for lobster catches (A) and revenues (B) in at Isla Natividad (IN; red circles) and Maria Elena (ME; blue triangles). Points indicate the effect size and standard errors. Years have been centered to year of implementation.

Table 1. List of indicators used to evaluate the effectiveness of marine reserves, grouped by category.

Indicator	Units
Biological	
Lobster density	org m ⁻²
Invertebrate density	org m ⁻²
Fish density	org m ⁻²
Fish biomass	Kg m ⁻²
Socioeconomic	
Income from target species	M MXP
Landings from target species	Metric Tonnes

Table 2. Variables for the Social-Ecological System analysis (IN = Isla Natividad, ME = Maria Elena, PH = Punta Herrero). Alphanumeric codes follow Basurto et al. (2013); an asterisk (*) denotes variables incorporated based on Di Franco et al. (2016) and Edgar et al. (2014).

Variable	Narrative
Resource System (RS)	
RS2 - Clarity of system boundaries: Clarity of geographical boundaries of TURF and reserves	Individual TURF and reserve boundaries are explicitly outlined in official documents that include maps and coordinates. Reserve placement is decided by the community. Fishers use GPS units and landmarks.
RS3 - Size of resource system: TURF Area (Km ²)	IN = 889.5; ME = 353.1; PH = 299.7
RS3 - Size of resource system: Reserve area (Evaluated reserve area; Km ²)	IN = 2 (1.3); ME = 10.48(0.09); PH = 11.25 (4.37)
RS4.1 - Stock status: Status of the main fishery	Lobster stocks are well managed, and are (IN) or have been (ME, PH) MSC certified.
*RS5 - Age of reserves: Years since reserves were implemented	IN = 12; ME = 6; PH = 5
Resource Unit (RU)	
RU5 - Number of units (catch diversity): Number of targeted species	Lobster is their main fishery of these three communities, but they also target finfish. Additionally, fishers from Isla Natividad target other sedentary benthic invertebrates.
Actors (A)	
A1 - Number of relevant actors: Number of fishers	IN = 98; ME = 80; PH = 21
*A3 - Isolation: Level of isolation of the fishing grounds	Their fishing grounds and reserves are highly isolated and away from dense urban centers.
Governance system (G)	
GS6.1.4.3 - Territorial use communal rights : Presence of institutions that grant exclusive harvesting rights	Each community has exclusive access to harvest benthic resources, including lobster. These take the form of Territorial User Rights for Fisheries granted by the government to fishing cooperatives.
GS6.2 - Operational rules: Rules implemented by individuals atuhorized to partake on collective activities	Fishers have rules in addition to what the legislation mandates. These include larger minimum catch sizes, lower quotas, and assigning fishers to specific fishing grounds within their TURF.
GS9.1 - Social monitoring: Monitoring of the activities performed by cooperative members and external fishers	Fishing cooperatives have a group that monitors and enforces formal and internal rules. They ensure fishers of their fishing cooperative adhere to the established rules, and that foreign vessels do not poach their TURF and reserves.
GS9.2 - Biophysical monitoring: Monitoring of biological resources, including targeted species	Fishers perform annual standardized underwater surveys in the reserves and fishing grounds. Recently, they have installed oceanographic sensors to monitor oceanographic variables.
GS10.1 - Graduated sanctions	Fishers have penalties for breaking collective-choice rules or fishing inside the reserves. These may range from scoldings and warnings to not being allowed to harvest a particular resource or being expelled from the cooperative.