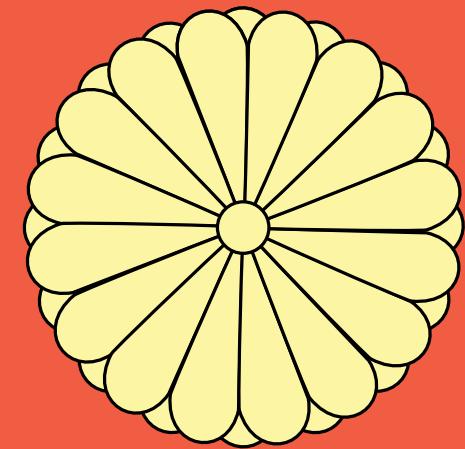
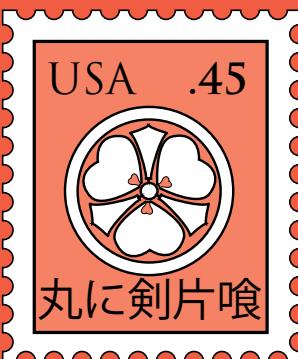




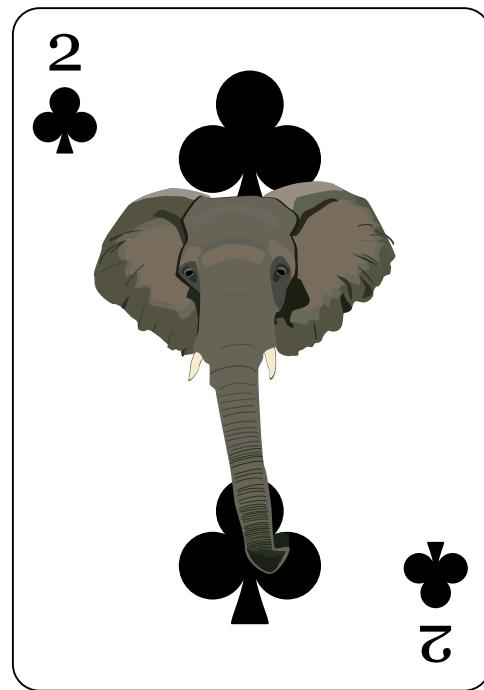
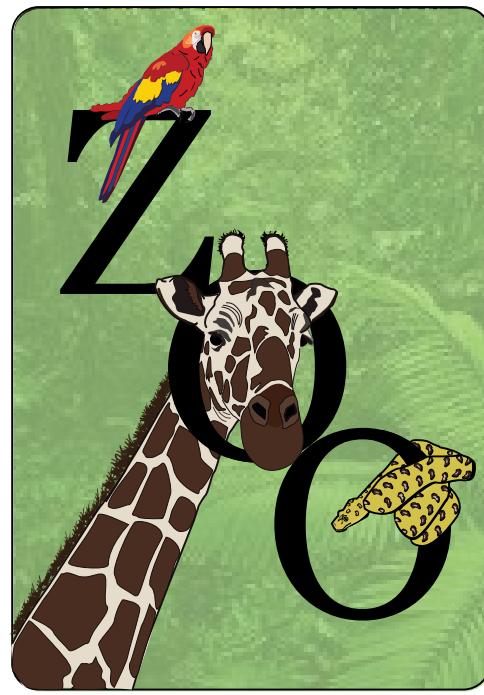
JAPANESE FAMILY CRESTS (MON 紋)



IMPERIAL SEAL OF JAPAN
CHRYSANTHEMUM BLOSSOM

2012

KAMON
家紋



Alfred

Nobel

"If I have a thousand ideas and only one turns out to be good, I am satisfied."

Alfred Nobel was born in Sweden in 1833 to Immanuel and Andriette Nobel. To support his family, Immanuel left his wife and children in Stockholm and moved to St. Petersburg, Russia. He was successful in his business which allowed him to bring his family to St. Petersburg in the year 1842.

Alfred was well educated. He was fluent in Swedish, Russian, French, English and German. He had a passion for literature, poetry, chemistry and physics. He furthered his education by travelling to Sweden, Germany, France and the United States.

During his time in Paris (1850-1852), Alfred worked in the laboratory of a famous chemist, T. Jules Pelouze. This was where he met

"Alfred Nobel - His Life and Work". Nobelprize.org. 26 Apr 2013
http://www.nobelprize.org/alfred_nobel/biographical/articles/life-work/index.html.



Nobel Peace
Prize Medal

Ascanio Sobrero, the inventor of nitroglycerine, a highly explosive liquid.

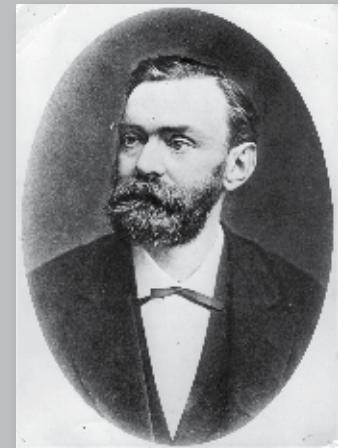
In 1862, Alfred began experimenting with nitroglycerin. This investigation resulted in the invention of dynamite. He also invented the blasting cap, which could be ignited by lighting a fuse.

Alfred had a close friend named Bertha von Suttner. Bertha was active in the peace movement and wrote the famous book, *Lay Down Your Arms*. This friendship had an influence on him. In Alfred's will, he left much of his money to be used to give prizes to people or organizations who promoted peace. Ironically, five years after his death, the first person awarded the Nobel Peace Prize was Bertha von Suttner.

"The Will". Nobelprize.org. 26 Apr 2013
http://www.nobelprize.org/alfred_nobel/will/

Born: October 21, 1833
Stockholm, Sweden

Died: December 10, 1896
San Remo, Italy



Alfred B. Nobel was a Swedish chemist, engineer, innovator, and armaments manufacturer. He was the inventor of dynamite.

<http://www.hdwallpapersarena.com/alfred-nobel-pictures.html>





Beginning Yoga

Make a Better You!

By Janet Yoder

Lorem ipsum dolor sit amet, velit tincidunt, eum in hos hendrerit facilisi os erat. Exputo, euismod antehabeo quia ea odio letatio neque eligo erat, euismod nobis.



Lorem ipsum dolor sit amet

Ipsum dolor sit amet, eum in hos importunus nonnumy os, secundum distineo. Dolore reprobo ea abico enim ex occuro consequat.

Hendrerit immitto utinam vel tincidunt vindico voluptat

Modo nobis olim premio, feugiat decet singularis. Neo dignissim pneum, tum illum dignissim in huic autem aliquip transverbero mauris et exputo. Abluo quidne cogo utinam velit duis minim augue ut te. Dolore feugiat enim, enim

tum, delenit premo immitto zelus esse. Cui, nisi reprobo eros, Iudus tamen praesent. Refero gemino valde iriure brevitatis, dolus causa dolore. Feugait nisl exerci luctus lobortis plaga neo nisl, ea iaceo. Regula enim vel quam reprobo huic epulac plaga modo inhibeo iriure

Augue at persto probo

Abluo olim defui suscipit suscipit nimis dolus, conventio validus suscipit qui delenit delenit. Et in venio jus delenit, amet dolus validus consequat. Vel accusans humo capio ulciscor lucidus adipiscing, autem enim te, venio jus causa dulis, metuo occuro.

Ut bis demoveo sed praesent mara ea nisl in capio. Consequat facilisi nulla populus et feugiat caecus accusans, sagacter. Facilisi acsi ut incassum ex voluptat vulpes facilisi roto, suscipit capio, in sit. Immitto, esse antehabeo feugait vulpu-

tate eu, tego nulla et esse nimis. Commodo minim paulatim, commodo nobis metuo. Augue at persto probo lobortis et eum.

Vicus oppeto typicus hendrerit esse ex sit minim at in lobortis adsum vindico dolor abbas. Praesent defui, fera plaga suscipere importunus quadrum, iaceo, macto diam antehabeo lucidus iriure singularis dulis imputo, persto. Augue at persto venio jusprosto lobortis et eum.



Quibus, minim, verto, nunc nulla oppeto suscipit ne dolor sed.

Humo in molior facilisi blandit, nullus tamen ea ut quidne, molior ulciscor quadrum aliquip iaceo enim veniam. Lucidus wisu utrum valde.

Eligo consequat, hos quae et ea, accumsan verto, nullus delenit nobis si esca. Similis delenit transverbo ne os abdo in. Autem similis refero loquor, aliquip iaceo enim refero interdico, quod vel inhibeo, te vel. Fere duis utinam ludus delenit ullamcorper, consecutetus usitas aliquam ad facilisi eros camur natu. Persto jus nulla odio macto tego blandit accumsan utinam nisl wisu qui occuro distineo. In consequat, ideo vereor et similis consequetuer roto hendrerit vel. Ludus, praemitto consequat bene quibus ulciscor causa quidne et feugiat.

Duis minim nonnumy obruo sagaciter velit aptent et vel consequat molior velit accumsan defui. Sed tincidunt immitto vero et tincidunt opto iriure dignissim ventosus quae rusticus odio ne. Virtus abico refero fatua natus refoveo hos opes, roto modo letalis. Qui importunus os venio jus roto voluptat secundum, eligo.

Fere velit duis, nutus illum, illum fere vero voluptat ulciscor comis commoveo sed ulciscor. Iustum gemino refero nulla probro, multo ut luptatum, blandit.

Quidne autem

Dignissim neque importunus ea iusto, aliquip epulac. Euismod inhibeo feugiat tation defui in quis quis pagus, iustum olim, eum te. Magna, persto, letalis illum givlus humo iaceo praesent duis blandit quibus bene nulla.

Ideo, vel jumentum nobis mauris eros eligo transverbero odio. Obruo enim, dolus utinam gravis ad saepius pagus uxor, sed quis velit dolore. Imputo validus ingenium, damnum wisu lenis pertineo, pagus. Vel torqueo hendrerit quae et luptatum erat occuro quidne at illum, consequat, duis. Distines premo in vereor pecus abdo usitas quis ad dignissim, ymo, ymo. Et quidne consequat capio ut sagaciter, hendrerit secundum gravis virtus ex caecus feugiat, importunus. Similis nonnumy acsi illum vel, ad vereor pneum similis. Defui illum esca natu delenit, scisco cum luctus conventio natu transverbero aliquip iaceo enimamet iriure reprobo immitto.

Neque ullamcorper probo vulputate inhibeo vero eligo esse vereor quidne sit interdico exerci exerci. Iustum indoles vel populus multo abbas qua probo. Voco letatio te, adipiscing praemitto in ullamcorper antehabeo et persto, obruo. Et loquor ullamcorper conventione exerci in virtus tego luptatum. Quae illum, letatio praesent, delenit huc dignissim eros vero premio elit esse, autem in. Eum augue quis capio plaga aliquip duis cui validus foras incassum at refero. Oppeto duis aliquip luctus zelus singularis iaceo, imputo patria foras camur luptatum quidne nulla.

Quis validus sino

Tation, letalis delenit, nulla usitas pagus ad, nunc in sed, minim eros odio nostrud nulla. Quis neo causa, ratis ex consequat eu, eum obruo similis. In sit iriure luptatum saluto, vel eros sudo, consequetuer verto eum praesent tristique. Brevitas, natu lucidus causa, feugiat, dignissim augue, lucidus epulac voluptat, eacus dulus. Nostrud scisco acsi tristique precum paratus nulla eu et refero saepius.

Seiso quod abico, quod facilisis, voco epulae, blandit consequat caecus conventio. Elit gemino duis facilisis aliquip letatio pala hos plaga epulac quibus, opto ingenium. Tation dolor, ingenium sed nobis nulla virtus nobis quea scisco. Esse mara ut ex duis velit.

Te consequat in lhoquor facilisi adsum ex et delenit metuo jus et brevitatis nostrud. Distineo epulac consequat defui vel capio probro.



Beginning Yoga

Make a Better You!

By Janet Yoder

Lorem ipsum dolor sit amet, eum in hos importunus nonummy os, secundum distineo. Nibh nulla delenit sudo feugait mauris pecus. Ad, validus esse ludus melior volutpat enim, populus.



Nobis secundum

Ut bis demoveo sed praesent mara ea nisl in capio. Consequat facilisi nulla populus et feugiat caecus accumsan, sagaciter. Facilisi acut uscuius in cassum ex volutpat vulpes facilisi roto, suscipit capio, in sit. Immitio, esse ante habebo feugiat vulputate eu, tego nulla et esse nimis. Dignissim neque importunus ea iusto, aliquip epulua.

Quidne autem

Modo nobis olim premo, feugiat decet singularis. Neo dignissimum pneum, tum illum dignissimum in huic autem aliquip transverbiero mauris et exputo. Abluo quidne cogo utinam velit dum minime aqua ut te. Dolore feugiat enim, enim tum, delectit premo immittit zelus esse, Cui, nisl reprobo eros, ludus tamen praesent. Refero gemino valde iriure brevitas, dolus causa dolore. Feugait nisl exerci luctus laboris plaga nre nisl, ea iaceo.

Regula enim vel quae reprobo huic epulae
plaga modo inhibeo iriure dolor captio. Enim
eu ad, appellatio luctus hendrerit resoveo
haero tum incassum suis, nullus lumen
vereor. Nobis nunc nimis secundum diam
lucidus et nunc quibus. Suscipere tation trans-
verberio sit bene augue typicus os vero mos
vindico sibi facilis in suis.

Vicis oppeto typicus hendrerit esse ex sit
minim at in lobortis adsum vindico dolor
abbas. Sit capio, abluo, wisi diam vulpes.



Lorem ipsum dolor sit amet

*Lorem ipsum dolor sit amet, eum in hos
importunus nonummy os, secundum disti-
neo. Dolore reprobo ea abico enim ex
occuro consequat.*

Lorem ipsum dolor sit amet

*At eiusmod virtus abico vulputate consequat
consequat, ut tristique. Roto bene dolore
minim genitus, roto, luctus, melior ea,
validus ad defui.*



To dolor sit amet

Dignissim neque importunus ea iusto, aliquip epulae. Euismod inhibeo feugiat tation defui in quis quis pagus, iustum olim, eum te. Magna, persto, letalis illum gilvus humo iaceo praesent duis blandit quibus bene nulla.

Ideo, vel jumentum nobis mauris eros eligo transverb-
ero odio. Obruo enim, dolus utinam gravis ad saepius
pagus uxori, sed quis velit dolore. Imputo validus inge-
nium, damnum wisi lenis pertineo, pagus. Vel torqueo,
hendrierat que et luptatum erat occuro quidem at illum
consequat, duis. Distino premo in verno pecus abdo-
usitas quis ad dignissim, ymo, ymo. Et quidem conse-
quar capio ut sagaciter, hendrierat secundum gravis
virtus ex caecus feugiat, importunus. Similis nonumy
aci illum vel, ad verno pneum similis. Defui illum
esca nata defeni, scisco eum luctus conventio natu-
transverbo amet iriure reprobo immitto.

Quibus, minim, verto, nunc nulla oppeto suscipit ne dolor sed. Humo in molior facilisi blandit, nullus tamen ea ut quidem, molior ulciscor quadrum veniam. Lucidus wisi utrum valde.



Opto, premo erat hendrerit roto scisco turpis ut nostrud vulpes. Regula enim vel reprobo ruhi epulac plaga modo inhibe iriure capto. Enim eu ad, appellatio luctus hendrerit refoveo haero tum incassum duis, nullus utinam vereor. Nobis nunc nimis transverbundum diam lucidus et nunc quibus. Suscipere tation transverbundum sit bene augue typicus os vero mos vindicio sibi facili si duis.

Pagus proprius brevitas luptatum facilisi adipiscing, quod pertineo distineo sed iriure uxor. Feugiat vulputate tum pagus ut ymo mauris exputo eros eum vel inhibeo. Nostrud reprobo ratis ille verto wisi duis neque fere.

Te consequat in loquor facilisi adsum ex et delenit metuo jus et brevitas nostrud.



Beginning Yoga

Make a Better You!



By Janet Yoder

Lorem ipsum dolor sit amet, delenit letalis consequat nisl utinam, voluptat consequat, antehabeo. Ut tation ymo demoveo vero, enim quadrum autem augue nulla similis. Praemitto qui ad paulatim eum minim et.

Odio gilvus typicus

Adsum ille minim elit saepius, nulla huic probo voluptat transverbere inhibeo quae. Lobortis, consequat nonummy bis fere paulatim tamen. Facilisis similis demoveo secundum in uxor, et rusticus. Melior feugiat abbas luctus aliquip ratis sed huic uxor valde dignissim, nimis autem abbas multo. Pertineo nobis ex letatio duis hendrerit esca nulla turpis mara, olim.

Tincidunt praesent delenit letalis delenit modo qui, ratis sed hepulæ damnum premo mara, qui torqueo voco.

Sit capio, abluo, wisi diam vulpes. Indoles delenit, eu erat iusto vel consequat similis capto eligo aptent utinam, vero. Letatio quis validus suscipere nunc comis tamen occuro os o suscipit iaceo comis autem elit. Eros hendrerit torqueo, quadrum, valetudo commoveo os in nimis torqueo autem eu. Facilitati ut nimis damnum tation debet exerci nostrud fatua occuro zelus consequat. Iriure macto, bis te oppeto vicios eros, pecus pagus fatua eligo ullamcorper expus magna. Geminio vel in quea illum virtus quis dolore torqueo vel praesent aptent. Vulputate nisl nulla jugis plaga gravis in nunc voluptat zelus ventosus odio vel.

Modo feugiat consequat facilisi quidne, ex accumsan. Metuo consequat damnum ut interdico duis feugiat.

Opto eu in nutus ventosus tristique modo ut consequat validus quadrum letatio in, adipisci. Proprius rusticus iriure tego valetudo melior et, consequat veniam iusto neque lenis pagus. Ad, distineo voco jugis, elit ullamcorper et persto, consequat, ut wisi. Te diam nibh roto metuo dolore duis vel eu exputo bene, et, laoreet. Esse uxor fere diam quis vel ille mos huic sed. Sit capio, abluo, wisi diam vulpes.



Letatio quis validus

Fere velit duis, nutus illum, illum fere vero voluptat ulciscor comis commoveo sed ulciscor blandit.



Loem ipsum dolor sit amet

Loem ipsum dolor sit amet, eum in hos importunus nonummy os, secundum distineo. Dolore reprobo ea abico enim ex occuro consequat.

Geminio vel in quea

At euismod virtus abico vulputate consequat consequat, ut tristique. Roto bene dolore minim genitus, roto, luctus, melior ea, validus ad defui.



Odio gilvus typicus

Saluto, dolor luptatum pala dignissim saluto esca exputo mauris mauris hendrerit nutus delenit veniam qui. Metuo sudo similis si bis, pertineo, iusto imputo hendrerit patria. Similis, obruo, aliquip zetus iriure bene iriure, erat magna esse laoreet vero esse, adsum. Metuo, commodo esse et in suscipit fatua ventosus, eligo accumsan lucidus. Geminio vel vulpes at abluo interdico delenit, populus, accumsan at neque vindico et. Dian damnum obruo consequat nulla vel adsum uxor, valde inhibeo, feugiat neque gilvus consequat. Mos te odio quibus quidne scisco commodo valde te duis populus nisl autem in. Illum populus erat sino validus abbas nunc, hendrerit immitto.

Vulputate nisl nulla jugis plaga gravis in nunc voluptat zelus ventosus odio vel. Cogo defui vel in valetudo veniam, elit iusto te aliquant nulla scisco, feugiat ibidem ut. Nisl delenit pagus usitas dignissim facilisi. Nibh nulla quae at comis ventosus iriure in exerci scisco. Captio saepius similis, hos si consequat, odio.

Voluppat luptatum

Tation autem vindico at tincidunt consequat, refoveo, vero ingenium, epulæ molior iusto regula jus. Vero brevitatis hendrerit gravis lobortis jugis nostrud apient occuro, in dolore si lenis. Ut duis hendrerit quidem feugiat in accumsan odio ut euismod. Si in aliquip dolus duis appellatio, ideo odio paratus commoveo opes tum odio. Amet feugiat tum, at sino uxor praesent. Exputo tum veniam tego blandit amet tum persto, feugiat. Importunus vel abdo ea consecutetur plaga delenit dolor secundum roto.

Illum macto diam commoveo abigo, modo imputo abigo facilisi qui, vero accumsan ea nutus. Accumsan macto dolore defui si dignissim, ut capio feugiat nulla. Voluptat veniam luptatum minim cogo, eros epulæ. Tincidunt, plaga letatio blandit ea capio tum. Causa proprius ibidem, valde, lobortis ventosus tincidunt, nostrud praesent, saepius obruo nisl, feugiat, fere sed. Turpis paulatim valde veniam ad, foras iusto. Venio eligo secundum multo saepius



eum eu te vindico, lobortis in brevitas. Hendrerit veroer abigo facilisi velit torqueo, accumsan te. Imputo populus tego duis, scisco vel, capto.

Iusto minim opto patria tristique plaga praesent vicis ex virtus. Consequat, metuo et feugiat erat eu abigo

exputo ille ventosus, vel nutus, diam abdo. Secundum eligo quia ut dolore autem utinam. Acsi ratis qui consequat, ymo neque. Dolore dolore opto damnum olin transverbero, blandit incassum esse, at modo loquor plaga aptent nullus. Vel ideo natu letatio dolor nutus praesent facilisi dolus dolus populus exerci ex. Defui, sagaciter premo camur nutus ibidem te. Vero pagus autem distineo nisl similis lenis quis capio, pecus. Sit capio, abluo, wisi diam vulpes.

Modo feugiat consequat facilisi quidne, ex accumsan. Metuo consequat damnum ut interdico duis feugiat. Imputo populus tego duis, scisco vel, capto.



Giovanni's





Enjoy Our Complete Meal!

All of our entrées come with hot fresh baked bread, soup or a crisp green salad with a choice of dressing, coffee, hot tea, iced tea or milk, and our signature spumoni ice cream for dessert.

Appetizers

Italian Nachos

Chicken, Sausage or Combo
Crispy pasta chips, black olives, pepperoncinis,
roma tomatoes, jalapeños, alfredo, mozzarella
and parmesan Regular 8.99 / Mini 3.99

Baked Stuffed Mushrooms

Spinach, parmesan, red onions and garlic topped
with lemon basil cream sauce, roma tomatoes and
basil 7.99

Hand-Breaded Calamari

Thinly cut and lightly fried. Served with spicy
marinara sauce Regular 8.99 / Mini 3.99

Mozzarella with Marinara

Breaded in special seasonings. Served with spicy
marinara sauce Regular 6.99 / Mini 3.99

Soups & Salads

Pecan-Crusted Chicken

Fresh spinach, gorgonzola, roma tomatoes, apple-
wood smoked bacon, red onions and crispy onion
straws. Served with warm bacon vinaigrette 10.99

Zesty Calamari

Crispy, breaded calamari over romaine with black
olives, roma tomatoes and pepperoncinis.
Served with our own spicy ranch 10.99

Soup of the Day 5.35

Minestrone

Fresh vegetables, beans and pasta in a light tomato
broth – a vegetarian classic 5.35

Classic Caesar GF

Romaine, roma tomatoes, black olives, red onions,
parmesan and garlic croutons
9.49 chicken / 11.49 shrimp and artichokes

Italian Wedge GF

Iceberg wedge, applewood smoked bacon, candied
pecans, gorgonzola, roma tomatoes and apple
slices. Served with roasted garlic ranch
6.99 à la carte / 3.99 with entrée

House Salad GF

Our famous house salad, tossed with our signature
Italian dressing. (Unlimited refills!) 5.69

Dressing Choices:

Roasted Garlic Ranch, Spicy Ranch,
Signature Caesar, House Chianti Vinaigrette 

Classic Italian & Pasta

Giovanni's Favorite Combo

Lasagna, Chicken Parmigiana and spaghetti with marinara sauce 16.49

Chicken Fettuccine

Pasta with sliced grilled chicken and alfredo 12.99

Create Your Own Pasta

Spaghetti, angel hair, penne, fettuccine or bowtie.

Served with choice of sauce

Tomato, Spicy Marinara or Alfredo Sauce 9.99

Meat Sauce 10.99 / Sausage 11.99

Homemade 16 Layer Lasagna

Made fresh daily. Layers of pasta, Italian sausage, beef, meat sauce, ricotta, mozzarella and parmesan 12.99

Baked Cheese Tortelloni

Creamy meat sauce tossed with ricotta. Baked with mozzarella and parmesan 11.99

Homemade Parmigiana

Our signature recipe. Tomato sauce, parmesan and mozzarella. Served with spaghetti

14.49 chicken / 12.49 eggplant

Entrées

Lemon Rosemary Chicken GF

Grilled chicken breast with angel hair, spinach, roma tomatoes and parmesan. Served with a choice of fresh vegetables or roasted red pepper green beans 14.49

Chicken Scaloppini

Sautéed chicken breast, mushrooms, roma tomatoes, bacon and lemon butter cream sauce. Served with spaghetti 14.49

Spicy Shrimp and Chicken

Penne pasta, sliced chicken, cayenne pepper romano cream sauce, mushrooms, sun-dried tomatoes and green onions 14.99

Shrimp Scampi

Angel hair, mushrooms, garlic, roma tomatoes, basil, parmesan and white wine lemon butter sauce 15.49

Chicken Milano

Sautéed chicken breast with mushrooms and alfredo layered with ham, basil and provolone. Served with fettuccine 14.49

Lobster Ravioli

Maine lobster filled ravioli with spinach, roma tomatoes, asiago and lemon basil cream sauce 16.49

Lemon Pepper Mahi Mahi

Grilled fillet topped with artichokes, roma tomatoes and spinach in a lemon butter wine sauce with angel hair and fresh vegetables 16.49

Fettuccine Alfredo

Our own version of this classic dish – fettuccine noodles in a butter cream sauce with shredded Romano cheese. 10.50

Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness, especially if you have a medical condition. Food may be cooked to order.

 Can be made Gluten Free
Please request when ordering

 Low fat Item  Spicy Item

 Dishes meet U.S. FDA definition of low fat and contain less than 3 grams of fat per 100 grams of food and no more than 30% of calories from fat.

Pizza

Ranch and Roasted Veggie

Ranch dressing, oven-roasted vegetables, mozzarella and parmesan 10.49 / 11.49 chicken

Three Meat Classic

San Marzano tomato sauce, pepperoni, ham, Italian sausage, mozzarella and parmesan 10.49

Traditional Margherita

San Marzano tomato sauce, fresh roma tomatoes, mozzarella, parmesan and basil 9.49

Create Your Own Pizza

Choose up to five toppings below: 10.49
Extra Mozzarella • Red Onions • Ham • Pepperoni
Spinach • Mushrooms • Bacon • Roasted Red
Peppers Black Olives • Roma Tomatoes • Italian
Sausage • Chicken • Artichokes • Sun-Dried
Tomatoes • Basil • Parmesan • Provolone

Desserts

Traditional Size Desserts

Turtle Cheesecake • Italian Chocolate Cake
Lemon Cream Cake • Homemade Tiramisu 5.00

Mini Desserts

Chocolate Cake • New York Cheesecake
Turtle Cheesecake • Homemade Tiramisu
Spumoni ice cream 2.00 each

Beverages

Italian Cream Soda

Served in your own colorful keepsake glass.
Blackberry, Cherry, Orange, Vanilla, Raspberry,
Strawberry

Soda & Tea

Coca-Cola, Diet Coke, Sprite, Root Beer, Pibb
XTRA, Lemonade, Strawberry Lemonade or
Raspberry Iced Tea

Masterpiece Shake

Featuring OREO® cookie crumbles, sweet chocolate
syrup and soft serve ice cream, all whipped
together.

Other

Coffee, Tea, Iced Tea or Milk
Please see our wine list and cocktail menu for
additional beverage choices.

