



## **Complying With The New Mental Health Parity Rules**

## Tuesday, March 9, 2010 - 2 p.m. ET / 11 a.m. PT

Now that the federal agencies charged with enforcing the Mental Health Parity and Addiction Equity Act (MHPAEA) have finally issued regulations in this area, sponsors of employer group health plans will want to turn their attention to complying with the regulatory requirements. The MHPAEA not only broadened the scope of the 1996 Mental Health Parity Act -- for instance, by prohibiting virtually any differential in coverage between mental health benefits and medical/surgical benefits -- but also applied the new parity rules to substance use disorder benefits.

The MHPAEA's provisions have already become effective for calendar-year plans. This webinar will help sponsors and their advisors review and, if necessary, amend their plans to come into compliance. We'll emphasize ways in which this can be done without spending more money on actuaries than will ever be saved through coverage limitations. We'll also include a number of examples that should make the compliance options easier to understand -- and to explain to the decision makers.

## **PRESENTERS**

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