



The Downtowner

<http://rotaryclintoncountypa.org/downtownLH/>



Rotary Club of Downtown LH
Meets Tuesdays, 5:15 PM at
KcNet (Keystone Community
Network) 18 East Main Street
Lock Haven PA
District 7370 Club 61484

Editor, Diane Whitaker

May 11, 2010

Club Announcements

1. May 18 - Clinton County Housing Coalition, Benjamin Lins
2. May 25 - Jeanne Baker, Classification Talk
3. SPCA Pet Walk - June 5; contact Wendy if you can help.



Cindy Love spoke about her trip to Thailand at the May 11 meeting.



Care basket given to Clinton County Women's Center

downtown Selinsgrove.
www.selinsgrove.net.

DISTRICT NEWS
<http://www.rotary7370.org/>

**District 7370
Assembly, Muncy
PA May 22, 2010
Cost \$11.00
payable at the
door. So far
Jerri, Jeanne and
Diane are
attending.**

You are cordially
invited to the
installation of
Constance M. Wydra as
Governor of District
7370 for the Rotary
year 2010 - 2011
Sun June 13,
2:00 p.m. -
Registration and Social
Hour (cash bar)
3:00 p.m. - Dinner
Fountain Springs
Country Inn 52 Country
Club Road Ashland, PA
Cost: \$25 per person
Make checks payable to
"Ashland Area Rotary
Club"

Dinner will be roast
beef and stuffed
chicken, served
family-style.

Special dietary
concerns will be
handled upon request at
time of RSVP.

**Please RSVP by June 3,
2010 to Ashland Area
Rotary Club
P.O. Box 71
Ashland, PA 17921**

Selinsgrove Rotary is co-
sponsoring Savor Selinsgrove
on May 15th as a fund raiser
for RI's international relief work
as well as the transformation of
the Selinsgrove Commons
(i.e., a community park) in

May 11 meeting by Jeanne Baker

Speaker Cindy Love, Women's Center Director and Lock Haven Rotary member gave a very interesting PowerPoint presentation of her GSE Thailand trip with four other U.S. Rotarians and a statistical overview of the Women's Center usage.

In Thailand, Cindy felt very honored to carry the American flag into the District Conference to the music of "It's a Small World" and relived her Romanian experience 37 years earlier when she carried our flag as a drill team member participating in Ambassadors for Friendship. She said that Thailand's motto is "the land of a thousand smiles," that the culture is exquisite, and the sights very beautiful. In addition, the lotus flower is not only Thailand's national flower but also the symbol of the Women's Center.

They visited many places in several provinces in Northeast Thailand, including Buddhist temples, schools, an Air Force base, a park where the "ling" (that is, monkeys) run freely, a facility like SusqueView, a hospital, and a Rotary Club that sponsors computers at a boys center. They learned some dance moves from school students, basket weaving in a village shop, and that being a Rotarian is considered very prestigious. In addition, our Rotarians met the governor of a province and went to a TV station where they wore purple mascara and white facial makeup.

Cindy has adopted a water filtration project and is raising money for a poor school that will also allow the community's residents to use the filtered water. Of the \$1,500 needed for one water project, \$750 has been raised to date.

Regarding the Women's Center, Cindy said that 816 men, women, and children went through their door in 2008, which was 3% of Clinton County's population. In addition, 67 sheltered people represented 591 shelter days.

Shirene Karstetter Bolink, also from the Women's Center, added that their hotline usually receives 80 calls per month, but during January 2010 there were more than 100. Also, the Center can "sleep" 14 adults and children daily, and all rooms were full in February 2010.

Bottom Line: Do you wear your Rotary pin daily? Why should you?

Answer: *Rotarians around the world say:* "I feel strongly about the value of wearing the pin every day. Whether you are at the grocery store, at work, or anywhere, you never know when a stranger is going to notice and you have an opportunity to explain Rotary to them."

"Your Rotary pin says - 'You can rely on me, I am dependable, I am reliable, I give more than I take, and I am available.' I can't think of a better reason to wear it at all times."

"Wearing the Rotary Pin everyday gives me a feeling of being a part of an organisation which is in the foremost of providing service to humanity. I have a variety of these pins, and I keep changing them everyday, depending on the occasion."

(www.rotary.org)

News from Mackenzie Gray

Day +48 1st Transplant

Day+15 2nd Transplant

Well McKenzie got to go out of her room to walk for the first time since March 15, the day she was admitted on the BMT Floor. What an awesome day she had with taking a stroll down the hall and talking to all the nurses outside her room. She never even got up this morning until 10:45 and she had to be ready for OT at 11:00. Once OT got her out of her room she didn't want to come back in for anything. She made a couple of loops around the floor and then needed to take a break and rest. After that long walk I pushed her around in the wheelchair with her IV pole attached. She seemed to like that except I couldn't go very fast with her pole and she wanted me to go fast.

Still no fever and she only threw up once tonight and that was because she started drinking a full glass of water and just had gotten some of her night medicine and was stilled clamped.

Daddy had sent to us some chips from Pa. and she was craving chips so she sat and licked the BBQ off some and thought that tasted pretty good. I ordered her a ham/cheese sandwich and she took one bite and said it didn't taste good so I am hoping those taste buds will make a turnaround real soon.

Last night we played a game of Uno with one of her nurses that she really likes on nights. Then after the game of Uno she was ready to hit the sack after a long day of walking. You don't

*realize how much it
takes out of her to
even just walk
around her room
since she has been*

Next Weeks

*Question: What is
Rotary's biggest event
and where is this year's
event held?*

*Answer: In next
week's Downtowner.*

*Have news for The
Downtowner?
E-mail
misssmarple19@
yahoo.com.*

*down for so long. Each day will be a new day
for her and we will take one day at a time.*

*Yesterday she got rid of another antibiotic so
each day we are making progress with getting
her off some more medicines and then they are
starting to get her to take a ton of meds thru
the g-tube. She now is off her pain med that
was running all the time and if she has pain
then she has to ask for some to go thru the IV
line. Thursday night they are going to start her
on her feeds again during the night at a real
slow rate to see if her tummy can even tolerate
the feeds again. McKenzie's last night of g-
tube feed was the week of March 25th. So
that is a long time with only TPN for feeds
going thru her IV. We will see how it all goes
with her feeds tonight for her.*

*Thank you for all your continued love & support.
McKenzie is really starting to miss home more &
more the past few days. She gets upset when
we talk about anything in PA right now. I don't
think she thought about it before when she was
feeling so miserable, but now she talks about it
every day. I hope this gets better for her
because, I know that once we leave the hospital
we get to go to the RMH, and we have to come
to clinic every day until all her counts are good
enough for us to come home...*