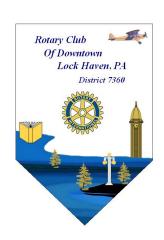


The Downtowner

http://rotaryclintoncountypa.org

Rotary of Downtown Lock Haven
Meets Tuesdays, 5:15 PM at
KCnet (Keystone Community Network)
18 East Main Street
Lock Haven PA 17745

District 7360 Club 61484



CLUB ANNOUNCEMENTS

October Program Coordinator - Gail Nestlerode

Oct 2 - TBA watch for e-mails

Oct 9 - Club Assembly 5:15pm KCNET

Oct 16 – Village Tavern 5:15pm 525 E Bald Eagle St LH

Oct 23 – 5:15pm KCnet - Gayle Miller –Gayle's Cookless Cuisine

Oct 30 - TBA

Sep 25 - KCnet - Lori Masser Lycoming County- PSU Cooperative Extension Program & Ethel Emfield: Super Cupboard Snacks were from recipes used in the program. Held in the spring and fall at Covenant Church in Lock Haven, the Super Cupboard help families, single parents, male & female, gain respect for self, learn self esteem, and life skills such as nutrition, planning meals, food preparation, importance of eating fruits and vegetables, child rearing and more. Child care is provided for this 930-1130 am program. They learn to prepare a meal and all sit down to lunch with the participants cleaning up before they leave for the day. For more information contact Rev. Nancy Goff at Covenant Church Lock Haven 748-6481.

Please visit these sites regularly:

District 7360: http://www.district7360.org/

DT LH website:

http://www.rotaryclintoncountypa.org/index.html

DT LH Facebook: Rotary Club of Downtown Lock

Haven

Pres. Jerri's saying for the week:

Since light travels faster than sound, some people appear bright until you hear them speak.

Bottom Line: What is one example of how Rotarians are working to improve sanitation and access to clean water?

Answer: Rotarians in Mozambique recently provided a water tank and bathroom facilities for a primary school outside Maputo. It's just one example of how Rotarians are working to improve sanitation and access to clean water. For more information visit www.rotary.org

Next Week's Question: Who helped charter the Rotary Club of Kyiv, the first in Ukraine?

Answer in next week's The Downtowner!



Your contribution to **Every Rotarian**, **Every Year** makes humanitarian projects possible.