Git is a system, often used by programmers, for tracking changes to files and coordinating changes between multiple people. In order to facilitate coordination between multiple people, git repositories (git's term for main folder) must be hosted on a server accessible to everyone working on the project. The most famous and widely used public git server is known as GitHub.

Using github.io (GitHub's included web hosting service) starts with a git repository hosted on GitHub. Following links on GitHub's site, an account can be easily made. After you are signed in you will be able to create a repository and download the Github Desktop application (a convenient interface for git). From Github Desktop sign in and clone your newly created repository and then simply place your folders in the new folder it creates and commit (update the changelog) and push (publish) your changes to the repository.

Now that your website has been added to your repository, you must go into the repositories settings online and enable Github Pages and set its source branch (a single repository can contain several independent file structures) to master. It will then present a URL from which your website can be accessed.