4 Aberdeen Ct. Cambridge, MA 02138

Birth date: 1/12/2011 Grade level: 8th Grade 2024 - 2025



Cambridge Friends School 5 Cadbury Road Cambridge, MA 02140 617.354.3880 cambridgefriendsschool.org

Attendance		Grading Legend:
Category	Count	4 = Student is exceeding grade level expectations 3 = Student is achieving grade level expectations
Absent Excused	1	2 = Student is working at or near grade level expectations
Absent Excused	ı	1 = Student is working below grade level expectations
Tardy Excused	3	N/A = Not Applicable this term Note: As a school policy, all narratives are intentionally written without pronouns.
		Classes meeting once a week include a subject description but not individualized benchmarks or narrative reports.

Grades

8th Grade Homeroom/Advisory - Christopher Gandolfo-Lucia

	Gr 8 Fall
Personal and Social Skills	•
Engages actively in homeroom routines	3
Makes transitions independently, arriving on time and ready to learn with necessary materials	3
Actively seeks ways to lead by example and model positive community citizenship	3
Has a positive attitude toward school and learning	3
Participates in the care and organization of the classroom environment	4
Seeks adult help when needed	3
Interacts with adults in a positive and productive manner	3
Accepts responsibility and respectfully responds to feedback.	2
Enters school on time, prepared, and ready to learn	3
Organizes cubby and work materials	3
Accepts responsibility for own actions	3
Respects the rights, feelings, and opinions of others	3

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8th Grade Homeroom/Advisory - Christopher Gandolfo-Lucia

G	Gr 8 Fall
Comments	
Subject description	

In order to be successful in and out of school, students need to learn a set of social and emotional competencies—cooperation, assertiveness, responsibility, empathy, and self-control—and a set of academic competencies—academic mindset, perseverance, learning strategies, and academic behaviors. The eighth-grade advisory is designed to help students develop these skills through discussions, reflections, and project-based opportunities for community building and engagement. In addition to these social, emotional, and academic skills, the eighth-grade advisory also guides and supports students through the secondary school application and selection process.

Narrative 2024-2025

Mason has been an energetic and kind-hearted member of the eighth-grade cohort this semester. With focus and a strong work ethic, Mason has developed an effective set of organizational skills and has typically arrived at class punctual and prepared. While Mason has often preferred to work in a quieter space, such as the hallways outside the classroom, this environment has occasionally led to distractions, either initiated by peers passing by or by Mason engaging with them. Despite these moments, though, Mason has made significant progress in the goal of staying focused, demonstrating clear growth in both organizational and work habits. In general, Mason has displayed increasing engagement and dedication to schoolwork this semester.

Socially, Mason has been incredibly well-liked and appreciated throughout the eighth grade. Mason's enthusiasm for sports has made a significant impact on the class, and Mason has taken on a leadership role in organizing and facilitating games before school and during recess periods. While Mason has sometimes gotten carried away with jokes and playful moments with friends, Mason has been responsive to teacher feedback and has been working to consistently demonstrate accountability in these moments. Overall, Mason has been a positive, engaging, and well-respected presence in the eighth grade this semester.

8th Grade Humanities - Christopher Gandolfo-Lucia

	Gr 8 Fall
English	
Determines a theme or central idea of a text and analyzes its development over the course of the text, including its relationship to the characters, setting and plot	3
Analyzes how particular lines of dialogue or incidents in a story or drama propel the action, reveal aspects of a character, or provoke a decision	3
Makes inferences about setting, plot, characters, and events, and supports them with evidence from the text	3
Uses evidence from texts effectively to strengthen arguments and prove a thesis in an essay	3
Organizes ideas in writing in a way that makes sense of their purpose. Essays may include an effective rebuttal to anticipated counter claims.	3
Writes with a clear voice and style appropriate for the piece of writing	3
Accepts and incorporates peer and teacher feedback to improve writing pieces	3
Applies revision and editing techniques to polish writing pieces effectively	3
Employs proper use of punctuation	2
Uses effective techniques, relevant descriptive details, and well-structured event sequences to capture experiences in personal essay	3
Engages thoughtfully with independent reading	3
Uses precise words and phrases to capture and convey experiences and information	3

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8th Grade Humanities - Christopher Gandolfo-Lucia

	Gr 8 Fall
History	
Understands and is able to analyze a text for bias and subjectivity	3
Constructs a historical argument and uses evidence to support it	N/A
Explains causes and effects of historical events	N/A
Analyzes primary source documents for purpose, audience, and message	N/A
Understands the difference between primary and secondary sources	N/A
Examines current events through a historical lens	3
Explains the historical attitudes and treatment of marginalized communities in the U.S. and the major events, leaders, and changes in the rights of those groups over time.	3
Understands the relationship between economic, political, and social change, as well as the ways in which they intersect.	N/A
Analyzes and interprets geographic information	N/A
Analyzes and explains the meaning and context of visuals	N/A
Describes the United States' form and structure of government	N/A
Uses comparative techniques to describe the form and structure of non-US governments	N/A
Research	
Perseveres through the inquiry process, including the development of appropriately rigorous research questions	N/A
Identifies and uses credible sources when conducting research	3
Presents research in an organized, coherent, and polished manner	N/A

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8th Grade Humanities - Christopher Gandolfo-Lucia

	Gr 8 Fall
Work Habits	
Practices the skills and habits of citizenship, community, and scholarship in order to be a successful independent and collaborative learner	3
Completes assignments in a timely and thoughtful manner	4
Demonstrates appropriate effort.	4
Participates in class actively by making contributions, asking questions, and engaging with classmates in the work	2
Listens actively to teachers and classmates	3
Seeks assistance when needed	3
Accepts responsibility and respectfully responds to feedback.	3
Respects the rights, feelings, and opinions of others	3
Makes transitions independently, arriving on time and ready to learn with necessary materials	3
Interacts with peers in a positive and productive manner	3
Takes effective notes that summarize relevant information concisely	3
Discusses social issues thoughtfully and respectfully	3
Interacts with adults in a positive and productive manner	3

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8th Grade Humanities - Christopher Gandolfo-Lucia

2024 - 2025

Gr 8 Fall

Comments

Subject description

This course investigates the categories that make up "identity" as understood in contemporary culture and politics. We invited students to think widely about the terms they use to define themselves; this focus helps to forge a classroom community where students feel comfortable and encouraged to share personal experiences and perspectives. Students read independent reading books featuring diverse voices and think collaboratively about the importance of representation in literature, film, and television. The first half of the CFS Eighth Grade Humanities course focuses entirely on essay writing. Students practice a complete writing process involving planning/prewriting, drafting, revising, editing, and proofreading/publishing. Via this practice, each student crafts a personalized writing process that emphasizes their strengths and supports areas of challenges. Throughout all essay units, students engage in the process of self-editing, learning the art of taking constructive feedback from both peers and teachers. For each essay, students submit a rough draft and have a 15-minute conference with their Humanities teacher to discuss specific revision points regarding mechanics, punctuation, organization, support, clarity of writing, and flow of argument. This conference-based writing workshop allows each student an opportunity to practice specific skills and areas for growth that are uniquely relevant to their profile as a writer. This fall semester, students practiced three distinct forms of essay writing: persuasive essay, personal essay, and literary analysis essay. Through a unit studying casting processes and minority representation in film, students practiced crafting persuasive arguments regarding the moral, social, and economic considerations that casting directors should evaluate when casting for roles with marginalized identities. Following this unit, students interrogated their own beliefs by writing personal essays. In this unit, students had the choice between supporting their beliefs with narrative essays and expository evidence drawn from history, culture, science, and personal experience. To conclude the semester, students practiced literary analysis essays through an Ursula K. Le Guin author study, during which students read and analyzed the themes of the following stories: "The Wife's Tale," "The Ones Who Walk Away From Omelas," and "The Author of the Acacia Seeds' and Other Extracts from the Journal of the Association of Therolinguistics."In addition to this primary focus on essay writing, students have maintained an independent reading routine that involves 45 minutes of independent reading in class each week. Independent reading is evaluated through oral presentations at an interval of 8-10 weeks. In the second half of the year, students will practice research and oral presentation skills through a variety of independent and collaborative project-based assignments. These projects are openended and encourage students to employ a variety of interdisciplinary skills: in addition to relying on brainstorming skills and a complete writing process, for these projects, students will make use of data analysis skills, performing and visual arts skills, production design skills, creative writing skills, and other multi-disciplinary skills.

Narrative 2024-2025

This semester, Mason has approached humanities class with focus, attention to detail, and a dedication to completing assignments thoroughly. During working sessions, Mason has preferred to work independently in a quiet space when given the choice and has worked effectively in this context. Although writing has been an area of challenge for Mason in the past, Mason has confidently crafted clear, well-organized essays with the support of a multi-step writing process and sessions with a learning specialist. Structured class time for revising and editing has given Mason the opportunity to practice these skills, and a primary goal for Mason as a writer over the coming semester will be to continue developing more independent tactics for revising, editing, and proofreading. Across both independent and whole-class reading assignments, Mason has demonstrated increased stamina and confidence as well as a willingness to explore teacher book recommendations. Mason has been an attentive listener during class discussions, and a secondary goal for Mason over the coming semester will be to contribute comments and questions to these discussions more consistently. Overall, Mason has been a solid student in humanities class this semester.

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8th Grade Math - Karen Harvey

	Gr 8 Fall
Math Skills	
Able to use distributive property when solving equations or simplifying expressions.	3
Able to set up proportions	3
Able to perform all operations on real numbers.	2
Able to graph quadratic functions	N/A
Able to solve equations with variable on both sides.	3
Able to solve multi-step linear equations.	3
Able to analyze linear equations that contain two variables, and how these can be represented by graphical lines and tables of values	3
Able to graph linear equations and functions	3
Able to identify unique characteristics of, and graph horizontal and vertical lines.	3
Able to find slope of a linear function visually from a graph (rise over run) or calculate from a table $(m = y2-y1/x2-x1)$.	3
Able to solve various word problems that involve real world relationships that can be represented by linear equations or functions	3
Able to write and equation in standard form $(Ax + By = C)$ from a graph or from a linear equation in non-standard form.	3
Able to write linear equations in slope intercept form (y=mx+b) from graphs, tables and word problems.	3
Able to graph linear inequalities and compound linear inequalities	N/A
Able to identify the number of solutions of a linear system of equations.	N/A
Able to interpret systems of inequalities (multiple inequalities at the same time) and use them to describe real-world situations	N/A
Able to solve systems of simple linear inequalities by creating graphs.	N/A
Able to construct, analyze, graph, and interpret basic exponential functions of the form $f(x)=a(r^{x})$	N/A
Able to identify exponential functions using graphs and/or tables.	N/A
Able to apply exponent properties involving products, powers of a power, and quotients.	N/A
Able to add and subtract polynomial expressions	N/A
Able to multiply polynomial expressions	N/A
Able to differentiate between monomials, binomials and polynomials, identify the degree of polynomial and leading coefficient.	N/A
Able to solve quadratic equations using square roots.	N/A
Able to identify quadratic functions in equation and graph form, and state their properties (vertex, axis of symmetry, relationship to parent quadratic function).	N/A
Able to use the discriminant to determine the number of solutions to a quadratic equation.	N/A
Able to simplify radicals without and with variables.	N/A

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8th Grade Math - Karen Harvey

	Gr 8 Fall
Identify, Solve, Simplify Linear equations, Quadratic Equations and Factor Polynomials	
Able to solve systems of linear equations using algebraic methods	N/A
Able to visualize linear systems and systems of linear inequalities using graphing calculator technology	N/A
Able to solve quadratic equations using the quadratic formula	N/A
Able to identify and combine like terms	3
Able to distinguish between expressions and equations	3
Able to simplify expressions	2
Able to identify, define, and determine opposites and absolute values of integers	3
Able to evaluate, graph, analyze, and create various types of functions	3
Able to solve linear inequalities	N/A
Able to write linear equations in point-slope form $(y - y1) = m(x - x1)$ from graphs and tables; given a point-slope equation, able to graph it.	3
Able to solve compound linear inequalities	N/A
Able to solve one-step linear equations	3
Math Work Habits	
Comes to class prepared and on time	3
Takes notes and uses notes successfully on open book tests	3
Completes homework assignments on time	3
Thoroughly completes class and homework assignments	3
Participates cooperatively and actively (volunteers, asks questions, engages with concepts and materials) in class	3
Advocates for support when needed	3
Demonstrates attentive and positive attitude	3

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8th Grade Math - Karen Harvey

	Gr 8 Fall
Comments	

Subject description

In 8th grade math, students have engaged with a range of topics that build critical algebraic and statistical skills. The year began with graphing linear equations, where students learned to plot points and understand the relationships represented by linear graphs. They progressed to writing equations and expressions derived from real-world problems and data tables, enhancing their ability to translate between different representations of mathematical relationships. Next, students explored graphing inequalities and solving systems of equations and inequalities, developing strategies to find solutions and interpret their meaning in various contexts. Additionally, the class analyzed two-way data tables, gaining the ability to interpret and organize categorical data effectively. To round out their statistical understanding, students examined correlation coefficients and lines of best fit, learning to interpret statistical relationships and trends within data sets. This comprehensive approach has provided a strong foundation for advanced mathematical concepts and real-world applications.

Narrative 2024-2025

The class has made great strides this semester, covering a wide range of mathematical topics. We started by exploring one-variable statistics, where students learned how to represent data graphically, classify different types of distributions, and interpret data to determine the most appropriate measures of center and spread, such as the mean, median, Mean Absolute Deviation, and Interquartile Range. After that, we began our in-depth study of linear equations and inequalities, concentrating on the first portion of this extensive unit. Students have focused on writing equations from word problems, simplifying expressions, solving equations using balancing rules, interpreting graphs, and generating their own graphs of linear equations.

Mason has demonstrated a fantastic attitude towards math this year, consistently showing a strong desire to work hard and succeed. Mason did well during our one-variable statistics unit, particularly in choosing the appropriate measure of center (mean and median) and measures of variability (mean, absolute deviation, and interquartile range) to interpret data accurately. Additionally, Mason has shown strong skills in solving linear functions for multiple variables and converting equations to slope-intercept form from other forms (such as standard form and point-slope form), which has greatly aided in Mason's ability to graph linear equations.

An area for growth is for Mason to slow down and take extra care in fully understanding what each question is asking. At times, moving too quickly can lead to small computational errors or missing parts of a question. Taking a moment to double-check work and think through each step will help reduce these mistakes. It has been wonderful to see Mason's confidence in math grow this year, and it will be exciting to see how that confidence continues to build moving forward.

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8th Grade Science - Carolyn Sohn

	Gr 8 Fall
Science Skills	
Constructs and records close observations of the natural world, and able to asks questions about what is unknown	3
Can independently use the scientific method to answer scientific questions through investigation	3
Organizes data in appropriate form for interpretation and recognizes patterns in data	3
Includes reason and/or evidence to support scientific arguments or conclusions	3
Systems thinking: understands specific information in the context of large scale natural systems, patterns, and cycles	3
Uses class time constructively and works in a focused manner	3
Communicates original findings and understanding through writing, speech, and project work, tailoring communication to specific audiences	3
Demonstrates understanding of concepts, facts and vocabulary during class discussions	3
Demonstrates understanding of concepts, facts, and vocabulary in written work and projects	3
Awareness of individual level of comprehension and uses available resources to further their learning	3
Participates actively and engages in an appropriate manner in lessons and activities	3
Approaches work with curiosity, openness to new experiences, and demonstrates a growth mindset	3
Perseveres on difficult tasks and in problem solving	4
Engages in self-directed learning: setting goals, striving to meet them, and evaluating progress	3
Completes homework thoroughly and on time	4
Records and communicates observations and thinking to others	3
Demonstrates cooperative learning by supporting intellectual risk-taking, actively listening, and participating positively in group work	3

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8th Grade Science - Carolyn Sohn

2024 - 2025

	Gr 8 Fall
Comments	
Subject description	

Eighth-grade science begins with an exploration of chemistry. In the first unit, "Properties and States of Matter," students gain an understanding of the molecular motion of matter and how scientists classify matter. In this unit, students explore the first inquiry investigation in which they write and implement their own lab procedure to answer the investigation question: "What happens at a molecular level when thermal energy is added to a substance?"

Students then explore the foundational elements of chemistry: atomic structure and the periodic table. Students are then introduced to the basic structure of atoms and the properties of subatomic particles, then take time to explore the periodic table once they understand how to interpret terms like "atomic mass." The periodic table is taught using both digital and physical exploration activities as a tool for understanding chemistry and how elements behave.

Students each do a deep dive into one element through the "Element Baby Book" project, in which they "adopt" an element and create a scrapbook-style "baby book" using research they do on that element's history, properties, and uses. By the end of this project, students demonstrated a deeper understanding of an element's structure and properties, as well as connected that element to similar elements on the periodic table.

The next unit covers atomic bonding and chemical reactions. Students start by learning different types of bonding through a variety of digital simulations and physical activities. Once the bonding concepts are mastered, students learn more about how breaking and forming bonds connect with chemical reactions. Chemical reactions are brought to life through teacher demonstrations and hands-on labs. The unit includes the lab investigation: "Conservation of Mass: How Does the Total Mass of the Substances Formed as a result of a Chemical Change Compare With the Total Mass of the Original Substances?" This investigation brings to life paper-and-pencil chemical equations by giving students the opportunity to carry out several chemical reactions.

Students tackle the final chemistry unit, acids and bases, after winter break. This unit pushes students to build upon their understanding of chemical reactions by adding on the concept of acid-base reactions. This unit incorporates inquiry activities and focused lab investigations, such as a cabbage juice pH lab. In the cabbage juice lab, students classify known household substances such as vinegar and soap as strong/weak acids or bases by using the juice of a red cabbage. Students create and test their own cabbage juice color pH scale, then test the scale using substances with known pH values.

Narrative 2024-2025

Mason typically comes to class ready to focus on the content, though afternoon classes can require more effort to focus on. Mason frequently asks to complete classwork in the hallway outside the classroom whenever possible; this helps Mason stay focused and avoid distractions from peers. Mason is diligent about homework and completes all assignments on time and thoroughly. Mason has enjoyed the more mathrelated chemistry concepts this term, such as balancing equations. Mason has been most successful in labs when Mason is confident with the underlying concepts; when the background for a lab isn't fully understood, Mason tends to become unmoored and struggles to stay engaged. When Mason is comfortable with a subject, Mason is able to take a leadership role within a lab group. Mason will likely enjoy the math-forward physics content coming up in the second half of the year and is encouraged to show leadership more often in the physics labs.

8th Grade Drama - Jennifer Salvucci Bent

	Gr 8 Fall
Drama Skills	
Listens closely to directions	3
Demonstrates respect for the stage	3
Works independently, focusing attention on tasks at hand	3
Challenges themselves in text analysis and character building (does not merely do the bare minimum)	N/A
Encourages their peers onstage and works together to ensure the growth and connection of the ensemble	3

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8th Grade Drama - Jennifer Salvucci Bent

	Gr 8 Fall
Comments	

Subject description

Eighth grade is essential to the culminating study of the dramatic arts. Drama is intellectual growth, learning to trust your instincts, working with your ensemble, creating safe environments, and risk-taking onstage. It is confidence in making mistakes and it is about the process over time. At the start of the academic term students engage in the first unit of study: Interviewing 101. Because eighth grade is a year of new possibilities and development before transitioning to secondary schools, students begin the process of next school selection, and interviewing has been incorporated into the drama curriculum. This essential skill is not only used for secondary school preparation, but for college and job interviewing as well. Students are lead through a series of interview questions, enhancing their oral presentation skills as progress toward mock interviews. Students begin to realize how like physicality is extremely important in our stage productions, their physical self is used as a marker in interviews. Posture, a firm handshake, eye contact, and culture serve as essential factors in the final interview. The eighth graders also learn the importance of dress in connection with specific situations, and how they should always remain true to who they are as a person: that their thoughts, instincts and reflections on life thus far, is a voice that needs to be heard. Though they will move on to connecting with a different ensemble, students are able to reflect on everything that has brought them to this point in their lives and how their time at Cambridge Friends School has shaped their views on the world. Once the interview unit has concluded, students change course and begin the journey of piecing together a culminating stage production. Using every one of the skills sets incorporated into the first three years of the Cambridge Friends School Drama curriculum, this year's eighth graders will be performing Newsies, JR.! The beginning steps of this process is for the students to identify the through-line of the play, the symbolism and the themes behind it, and then begin the process of text analysis for their individual character(s). From there, we will begin the blocking process, as well as lighting and sound along the way. Looking forward to our final adventure together!

Narrative 2024-2025

Mason has grown tremendously over the past year, both as an actor and as a person, speaking up more readily during our group discussions and demonstrating an extremely dedicated work ethic when getting invested in a project. Though Mason is committed to going to public high school, Mason realized the value of our Next Schools unit. Learning that the tools being taught were life skills necessary for college and the professional world, Mason asked thoughtful questions to learn the best strategies for leaving a positive impression during interviews. Mason has been actively working on not letting peers be a source of distraction and is just beginning to physically move away from the peer pressure. Mason has been hesitant about the eighth-grade musical but has slowly started warming up to the idea.

8th Grade Visual Art - Sami Martasian

8th Grade Visual Art - Sami Martasian	
	Gr 8 Fall
Visual Art Skills	
Follows art studio procedures and meets art studio expectations for behavior	3
Demonstrates respect for classmates	3
Actively listens and is attentive during instructions and demonstrations	3
Demonstrates persistence working on projects and asks for help when needed	4
Communicates knowledge, emotions, and understanding using a range of mediums and materials	4
Experiments and explores a variety of materials and tools	3
Works cooperatively and collaboratively on visual arts projects and displays	3
Uses studio process on major projects, brainstorming, rough drafts, editing, and final drafts	3
Demonstrates independent work habits while supporting classmates	3
Reflects on personal history and completed work developing an understanding of personal process or growth	4
Communicates and gives feedback in a number of critique situations including one on one, small group, whole class, and public presentation	3

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8th Grade Visual Art - Sami Martasian

Gr 8 Fall

Comments

Subject description

Eighth-grade has spent this semester honing personal style and practicing useful techniques to carry into their future art making. Each student began the school year by making a talking piece to be used in Restorative justice circles and community time. These were made with care and consideration of their connection to indigenous cultures that inform our understanding of Restorative Justice. Eighth-grade students then participated in making Alebrijes to be displayed on our Day of the Dead Ofrenda along with the rest of the middle school. All grades participating in the project first studied the life and work of Pedro Lienares Lopez, who is credited with beginning the tradition. Though this is a yearly project, students approach it each year with different materials; this year the medium was colorful air dry clay and paint markers. Eighth-grade students then began their Surrealist self portrait project. Students began this unit by considering work by Leonora Carrington, Frida Khalo, and Kehinde Wiley, three artists whose work is very different from one another but each keen on using surreal elements to better express the emotional reality of their subjects. Face drawing techniques, both by measuring out the face using a classic figure drawing method and by observation in a mirror helped students begin their planning, which then developed into including expressive elements of their own. Students chose symbols, animals, backgrounds, or changes to their appearance to express their identities and inner emotional landscapes. Our next steps were to study shadow and highlight and paint mixing and application to finish these fabulous pieces. Eighth-grade students are currently concluding a linoleum printmaking unit. Students created a square design that is made in such a way that it creates a larger image when printed. Many students carved their linoleum to be 1/4th of an image, so that once rotated, a complete flower, planet, or shape is formed. Students experimented with different colorways and printed on both fabric

Narrative 2024-2025

Mason exhibits strong instincts, creative curiosity, and stylistic confidence in the art room. Mason met the eighth-grade surrealist self-portrait project with grace; although many adjustments to the painting were made, each one spoke to a thoughtful vision. Initially, Mason's plan was to paint the entire canvas black and then paint a self-portrait in white lines to create an inverse image. When this didn't work out in practice as Mason had hoped, a new, equally creative plan was born, which involved placing stickers over a layer of paint and then adding a figure over those. Mason makes great use of each moment in the art room and is content with experimenting with styles and materials, with a preference for illustration and drawing.

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8th Grade Physical Education - Angelo Valle

2024 - 2025

	Gr 8 Fall
Physical Education Skills	
Comes to class prepared and ready to participate	3
Comes to class positive and cooperative	3
Listens attentively and follows directions	2
Demonstrates safe, responsible behavior that respects self and others.	3
Able to run and find their own pace	3
Demonstrates flexibility and coordination	3
Demonstrates developing throwing skills	4
Demonstrates developing catching skills	4
Demonstrates developing striking skills	4
Contributes to group and team initiatives	3
Demonstrates tactical understanding during team games	4
Demonstrates abilities to perform skills relating to specific team units	4
Understands specific terminology related to skills, positioning, and game play	3
Understands sportsmanship as a critical component of physical education	2
Demonstrates sportsmanship during gameplay	2
Able to accept game outcomes	3
Understands the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.	3
Receptive to teacher feedback	3
Comments	

Comments

Subject description

In the first semester of Grade 8 Physical Education, we began each class period with a pace run to warm up for the ensuing activities while developing conditioning and endurance. The focus then turned to coordination and flexibility through dynamic movements and stretches to prepare the muscles for activity. Through cooperative games and team-building activities, we focused on team cooperative skills before moving on to the competitive team games of soccer, football, and basketball. Throughout the semester, we worked on developing good sportsmanship and building the physical fitness skills involved in those sports, including kicking, receiving, passing, dribbling, shooting, throwing, catching, changing direction, and responding and reacting.

Narrative 2024-2025

Mason has had a very good start to the year. Always arriving prepared to participate and with a positive attitude, Mason brings lots of good energy to the class and is usually a positive leader. Though sometimes distracted by peers during instruction, Mason responds well to reminders to focus. Mason usually puts forth good effort into following classroom routines, starting with the pace run and continuing with the ensuing dynamic stretches, and has demonstrated the desire to improve fitness and skills. During the main activities of the class, Mason demonstrates outstanding athletic ability and tactical understanding. Mason has also admirably helped coach some classmates individually on how to perform certain skills better. Sometimes, during competition, though, Mason can get carried away with overexuberant celebration and taunting, which then requires a reminder about sportsmanship and respect for everyone in the game. Some goals for Mason would be to remember to be supportive and encouraging of all classmates who may not have the same level of skill and ability and to strive to be a person of character whom everyone would want to cheer on.

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