To Mr. Nick,

One day, Nick decides that he's hungry for a snack. He collects the following ingredients:

1. All-purpose flour
2. Baking powder
3. Granulated sugar
4. Salt
5. Unsalted butter
6. Buttermilk

After mixing, cutting and baking at 425 F for 12 minutes, he is left with 6 servings of a wonderful baked good.

What is it?

HINT TWO -- The dough is laminated.

Sincerely,

Old School Still Cool