



Don't Wait Another Day To
Take Control of Your Aging!

- ✓ Experiencing lower energy?
- ✓ Reduced focus and concentration?
- ✓ Stiff achy joints?
- ✓ Are you overweight?
- ✓ Concerned about your heart?



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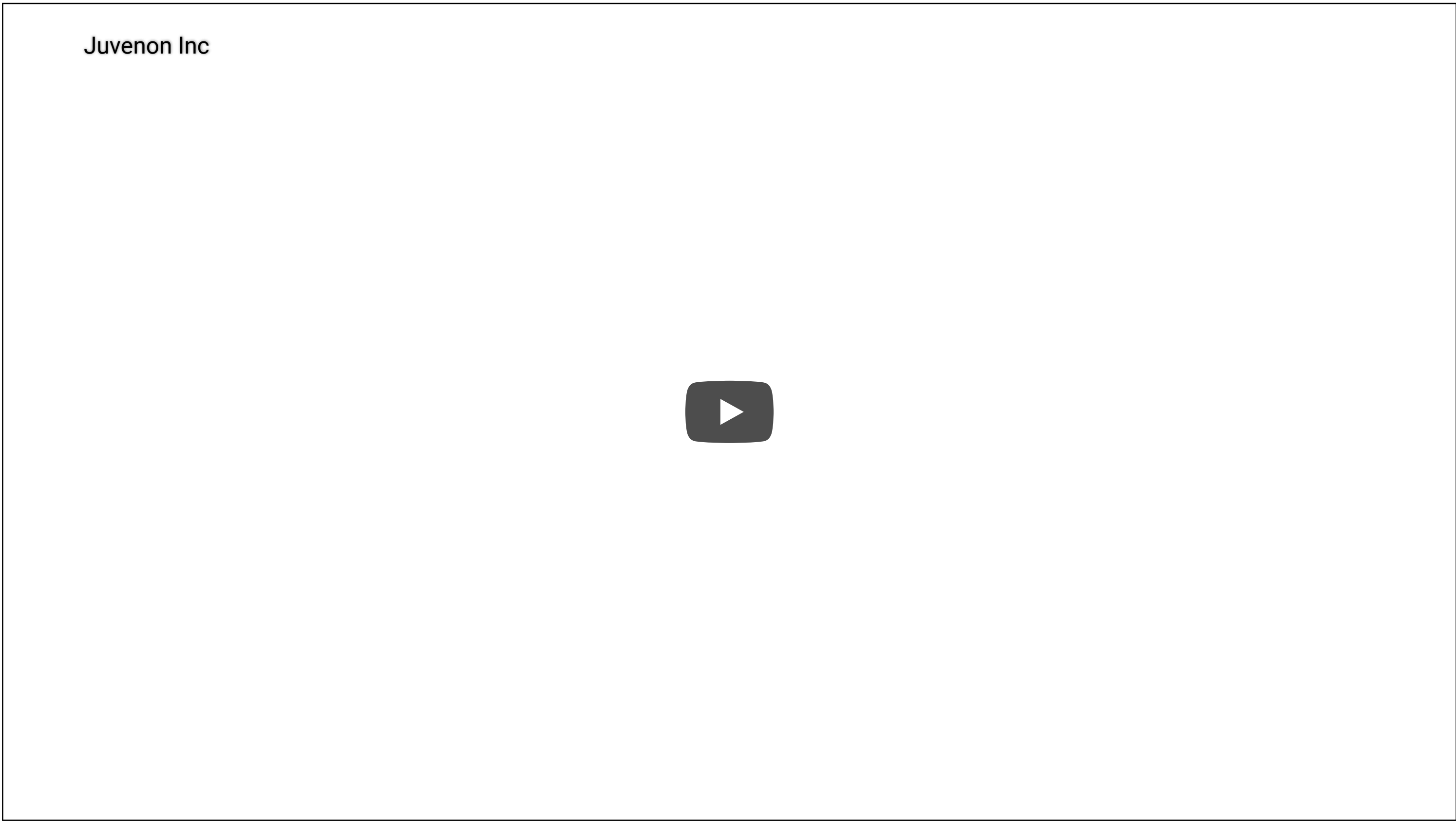
Now you can unlock the secret to youthful living with the latest proven de-aging science.

- ✓ Unstoppable energy
- ✓ Boost brain power
- ✓ Activate longevity genes
- ✓ Retain joint mobility
- ✓ Keep your heart strong
- ✓ Support healthy blood pressure
- ✓ Maintain healthy weight
- ✓ Safeguard your health

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250,000+ customers hail Juvenon as ...
The finest anti-aging formulation on the market!



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Is ALA The New Silver
Bullet Of Weight Loss?

While American contends with a growing obesity epidemic, there is also a growing body of scientific research dedicated to finding a solution. A recent study, published in the journal Obesity, suggests that along with calorie reduction, the dietary supplement alpha-lipoic acid is a safe and effective aid in weight loss efforts.

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Avoid a Thanksgiving
Food Coma This Year With
These Healthy Eating
Strategies

Thanksgiving is no holiday for deprivation, but there are a few easy ways to make it through the meal without overdoing it. Here are some words of wisdom from our friends at realsimple.com. No one ever said Thanksgiving dinner was healthy. But there are certain tricks to make it a little healthier—and to avoid riding out an uncomfortable turkey-and-stuffing-induced food

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How To Get Rid Of
Bloating Fast And
Naturally

You know that “I can’t believe I ate the whole thing” feeling? Perhaps you’ve been eating sensibly, but somehow you feel puffy and uncomfortable? This temporary abdominal distension is commonly known as belly bloat and it is different than the extra weight that many wrestle with.

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Reduce Dementia Risk By
Avoiding Anticholinergic
Toxicity

Anticholinergic drugs are dementia medications to avoid if you want to lower your risk of toxicity. Learn more about what these drugs are and how they can negatively affect your brain health. RELATED: Swedish Study: Dementia Skips Fit Folks! In this article: What Is Dementia? What Causes Dementia? What Are the Symptoms of Dementia? Anticholinergic Toxicity Increases Dementia Risk How

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Vitamin D3 Benefits: Not
Just For Strong Bones
Anymore

Depending on who you talk to, you may hear different opinions on taking vitamins. However, recent research indicates at least some of us, especially as we get older, may need more nutrition than our diet is providing. Certain vitamins may also help protect us from health concerns associated with aging. Take vitamin D3, for example, and its potential benefits related to type 2 diabetes.

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Aging Skin & Free Radical
Theory | Do Free Radicals
Cause Aging?

The familiar adage “beauty comes from within” has been bandied about since time in memoriam. However, now there is a growing body of scientific evidence supporting the theory that youthful, beautiful skin is, indeed, a reflection of what is going on inside your body at the cellular level.

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