

Scientific Method

Pseudoscience

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Science

Mental Health


## Is psychology a pseudoscience?

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Dimitrios Michmizos, Neuroscientist, PhD on Learning & Memory  
Updated Sep 28

No, psychology is not a pseudoscience - but it does find itself in constant peril of becoming one. And currently is in a very dire crisis.

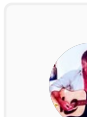
The progression of scientific certainty (and predictive ability) goes as follows:

**Mathematics>>>>Physics>>>Chemistry>>>Biology>>>>>>>>>Psychology**

Somewhere at the end of Biology, predictability all but evaporates. It is all tenuous and nebulous after that. **So, the main flaw of Psychology as a Science is its inability to make accurate predictions.** NASA scientists can fire a rocket into the sky and have its payload land on Mars - the equivalent of kicking a ...[\(more\)](#)

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John Hyland  
Totally correct!

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Terry Constanti, Dream analyst & Teacher, Student of Shaolin & Chan Buddhism  
Answered Sep 20, 2018

Let us define our terms.

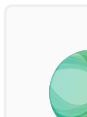
**science** *ˈsaɪəns/ noun*

- the intellectual and practical activity encompassing the systematic study of the structure and behaviour of the physical and natural world through observation and experiment."*the world of science and technology"*****synonyms: branch of knowledge, body of knowledge/information/facts, area of study, discipline, field"*the science of criminology**
- "a particular area of science.plural noun: sciences" veterinary science"***
- a systematically organized body of knowledge on a particular subject."*the science of criminology"**

So here we have three dictionary definitions ...[\(more\)](#)

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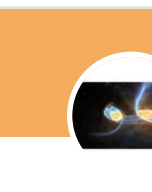
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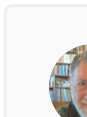
Mark Dunn, experimenter/experimentee/experi-mental  
Updated Jun 23, 2018

**No, but some institutions and persons try to sell it as pseudoscience.**

Psychology, like psychiatry, is not a science and would be academically and practically stunting itself to claim the mantle of being scientific. Of course, it can still *appeal* to science, and to principles and research which apply the scientific method. There is enrichment to be found in incorporating contemporary scientific theories with psychosocial practices such as psychology and psychiatry. However, that does not mean psychology is *itself* scientific or that theories which incorporate scientific ideas are magically tr...[\(more\)](#)

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John Freeman  
I did neuro-biological research (at Harvard, MIT, and Vanderbilt Medical School) before re...

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