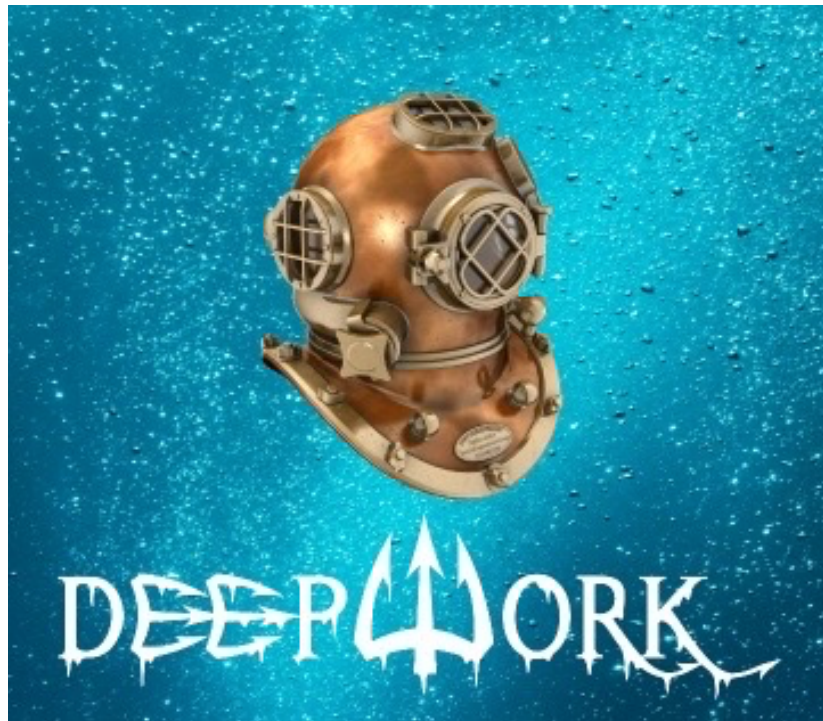# User Guide

Team India: Deep Work App

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Deep Work is an application that allows the user to record their time spent during productivity sessions. Once productive time is completed, Deep Work gives the user their own progress results based on how much the user has been working.
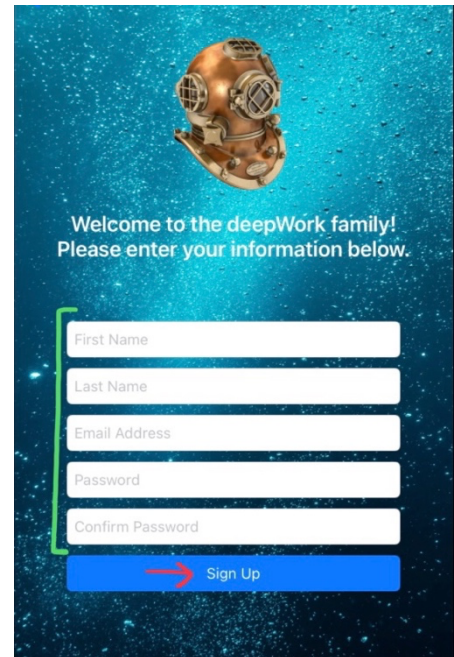
Setup Instructions

When starting out with Deep Work, the user will be prompted to enter an email and password. If the user is new to Deep Work, at the bottom of the page, there is a button called 'Sign Me UP!', denoted by the pink arrow, which will redirect the user to a sign-up page.

On this page, the user will create an account where they will be asked for a first name, a last name, an email address, a password the user prefers to use, and to confirm their password.

After entering the correct information, the user can click a button that reads 'Sign Up' (red arrow) which will take the user to the Deep Work home page.
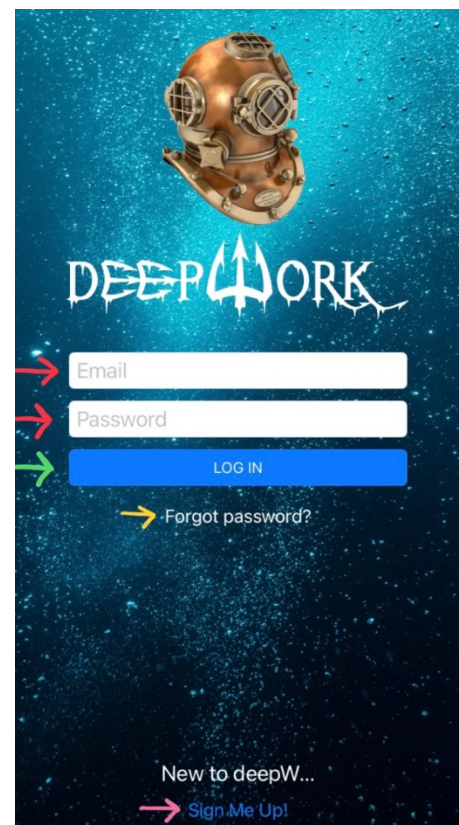

How to register/ sign-in

Registration information can be found in the Setup Instructions section. For signing into Deep Work after creating an account, the user can enter his/her email and password on the login screen when asked for 'Email' and 'Password', denoted by the red arrows.

The user can then click the 'LOG IN' button (denoted by the green arrow), and they will be redirected to the Deep Work home page.

If the user forgets his/her password there is a 'Forgot password?' button, (denoted by the yellow arrow) on the login screen below the login option.
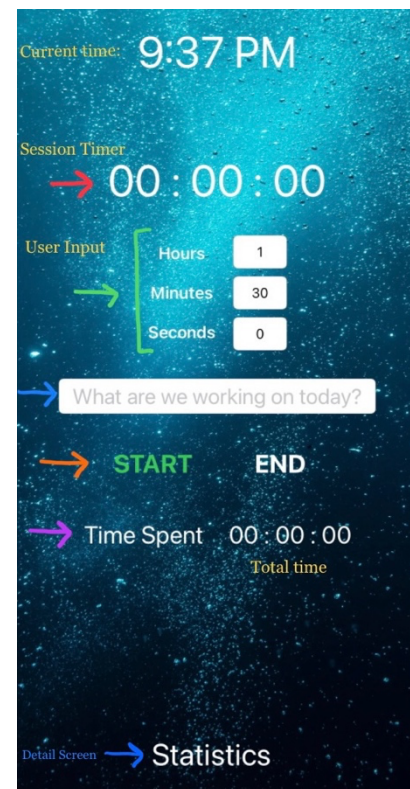
Home Screen

On the home screen of Deep Work, once the user is successfully logged in, the user is shown the current time, the productivity timer, the 'START' and 'END' buttons (orange arrow), the user's time spent (purple arrow), and a 'Statistics' button at the bottom of the page (blue arrow). This page is important for recording the user's sessions.

Below the productivity timer the user can input an amount of hours, minutes, and seconds for the timer (green arrow). Below the timer input there is a text box that reads 'What are we working on today?' (green arrow), here, the user can tell Deep Work what they did while the clock is running. This does not affect the statistics or the timer, it is for the users benefit only. To start the timer, the user will click the 'START' button (orange arrow) and when the user is done with their session, they will click the 'END' button (orange arrow). After a session Deep Work will record the user's progress and the time spent will be shown in the 'Time Spent' timer (purple arrow).

Statistics Screen

The 'Statistics' button at the bottom of the home screen (blue arrow) redirects the user to a more detailed screen to view their progress.

The user choses a start date (underlined in green), end date (underlined in red), and between a bar and line graph (blue arrow) to view their progress.

Frequently asked questions

What if I forget my password?
There is a 'Forgot password?' option below the user login so the user can reset their password.

How can I view my progress?
On the home screen, there is a 'Statistics' option at the bottom of the page which redirects the user to a more detailed screen where the user can choose how to view his/her progress.

Will my progress save if I leave the app?
Users' have the ability to leave Deep Work and return without losing their progress.

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