

Predicting risky choices from brain activity patterns

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Previous research has implicated a large network of brain regions in the processing of risk during decision making. However, it has not yet been determined if activity in these regions is predictive of choices on future risky decisions. Here, we examined functional MRI data from a large sample of healthy subjects performing a naturalistic risk-taking task and used a classification analysis approach to predict whether individuals would choose risky or safe options on upcoming trials. We were able to predict choice category successfully in 71.8% of cases. Searchlight analysis revealed a network of brain regions where activity patterns were reliably predictive of subsequent risk-taking behavior, including a number of regions known to play a role in control processes. Searchlights with significant predictive accuracy were primarily located in regions more active when preparing to avoid a risk than when preparing to engage in one, suggesting that risk taking may be due, in part, to a failure of the control systems necessary to initiate a safe choice. Additional analyses revealed that subject choice can be successfully predicted with minimal decrements in accuracy using highly condensed data, suggesting that information relevant for risky choice behavior is encoded in coarse global patterns of activation as well as within highly local activation within searchlights.

fMRI | machine learning | decision-making

In daily life, we are regularly confronted with decisions that require choosing between a risky option and a safe one. The safe option typically has a single known outcome, whereas the risky option has multiple possible outcomes, some positive and some negative. Some of these decisions, such as choosing whether to drive while intoxicated or experiment with drugs, can have serious consequences for health and well-being, yet it is poorly understood what leads us to choose these risky courses of action over their safer alternatives.

Although many studies have examined the neural correlates of risk taking (1–4), most, but not all (5, 6), have used experimental paradigms that utilize the economic definition of risk as variance in outcomes. As has been observed elsewhere (7), lay people generally conceive of risk not as variance in outcomes but as exposure to negative outcomes, and real-world risk-taking behavior is only weakly related to performance on variance-based risk-taking tasks (7, 8).

To examine the cognitive processes at work while making risky decisions in a way that relates to real-world risk taking, we used the Balloon Analog Risk Task (BART) (9), in which subjects receive points as they pump up balloons but risk losing those points should the balloon explode before they choose to stop pumping and “cash out.” Each pump opportunity is a risky decision, where subjects must choose whether to pump again to gain more points or to cash out to secure those points already accrued. The structure of the task, where subjects make sequential risky choices with feedback, is common to many real-world risk-taking situations (10) and matches both the economic and lay definition of risk, in that each successive pump opportunity for a given balloon has both greater variance in possible outcomes and increased exposure to loss. Performance on this

task has also been shown, in numerous behavioral studies, to relate to self-reported sensation seeking (9, 11) and to naturalistic risk-taking behaviors, such as smoking, drug use, sexual risk-taking, and unsafe driving behaviors (9, 11–14). Because performance on this task consistently correlates with naturalistic risk-taking behaviors, the cognitive processes at work during the task are likely to be comparable to those used during real-world risky decision making.

In addition to the focus on the neural correlates of economic risk, much previous research has emphasized how brain activity changes when levels of risk or related constructs, such as ambiguity, uncertainty, or variance, are manipulated. A large network of regions that are sensitive to risk has been identified, including the insula, frontal cortices, striatum, cingulate cortex, thalamus, and parietal lobes (1–6, 15–18). However, these studies have left a related question largely unaddressed: When confronted with a decision with a given amount of risk, what key differences in neural activity predict whether the subject will go on to make the risky or safe choice? Identifying the regions that differentiate between these two outcomes when the objective amount of risk is the same is critical to understanding risky decision making, because these regions are the ones where the information encoded is most likely to influence the decision-making process. By examining the functionality of these regions, we can then infer the types of information and cognitive processes most likely to shape the outcome of the risky decision. Previous studies (15, 19–23) have examined differences in activation on trials where subjects made either risky or safe choices; however, due to the tight temporal coupling between the making of the decision and the subsequent anticipation of its outcome, it is difficult to determine whether those differences precede and influence the decision or, instead, reflect differences in anticipation of the outcomes of risky or safe choices that occur after the decision has been made.

Significance

Previous studies have examined the neural correlates of risk, but it is unknown if patterns of brain activity can predict choices in risky decision-making. We used functional MRI data to predict choice behavior in subjects while they performed a naturalistic risk-taking task. We found choices on subsequent trials could be predicted with high accuracy when condensing each individual's brain activity to two values, indicating that choice behavior is encoded even in coarse activation patterns. A searchlight analysis demonstrated that choices can also be predicted based on localized activity patterns within neural networks involved in cognitive control. These regions show greater activation prior to safe choices than risky choices, suggesting that control systems play a key role in inhibiting risky choices.

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To determine the brain regions where neural activity is directly related to the subsequent choice to take or abstain from risk, we performed a classification analysis on functional MRI data from trials immediately preceding either risky or safe choices to determine whether a machine-learning algorithm could use the data successfully to learn to predict the category to which a given data sample belonged. We used data from trials preceding either risky or safe choices, rather than data from risky or safe choice trials themselves, because trials preceding both risky and safe choices were always successful risky choices due to the structure of the BART task. Because subjects made identical choices and received identical outcomes on trials preceding both risky and safe choices, using data from these trials ensured that any effects of motoric response or anticipation of outcome would be identical for both conditions, allowing us to determine which brain regions encode information that is predictive of the upcoming decision. To ensure that any predictive validity held across individuals, we collected data from a large number of subjects and used a between-subject cross-validation strategy in which safe and risky choice trials were matched on the amount of risk and potential loss. Our goal was first to establish whether neural encoding on trials preceding either a risky or safe choice was sufficiently distinctive that it could be used to predict subsequent subject behavior. After establishing this was the case, our second goal was to determine which regions of the brain encoded information that was most predictive of choice, using a searchlight analysis. Third, we wanted to establish whether prediction relied exclusively on information from local clusters of highly informative voxels that could be identified in searchlight analyses or if a coarse encoding of information across large portions of the brain was also sufficient to predict subject choice. To test this, we extracted mean activation from regions that were more active before a cash out than before a pump and mean activation from regions more active before a pump than before a cash out, and used these two averaged values alone to predict subject choice.

Results

Behavioral Data. One hundred eight participants completed an average of 18.03 experimental balloons ($SD = 3.02$) and, of those, cashed out on 11.01 ($SD = 3.44$). They pumped an average of 3.889 times ($SD = 0.958$) per balloon across all experimental balloons and 4.438 times ($SD = 1.375$) on balloons that ended in a cash out. Only those pump events preceding a cash out that could be matched with a pump event preceding another pump at the same level of risk were included in the classification analyses, yielding an average of 7.519 ($SD = 2.797$) useable pre-cash out events per subject. For those events included, reaction times were 689.2 ms ($SD = 547.6$ ms) for pre-cash out events and 546.3 ms ($SD = 252.9$ ms) for prepump events (significant difference: $t_{107} = 3.08$, $P = 0.003$).

Functional MRI Data. Our first objective was to identify whether the brain states preceding risky and safe choices were sufficiently unique to be discriminable. To that end, we trained a support vector machine classification algorithm using sixfold cross-validation to classify between mean activation maps for trials that immediately preceded a decision to cash out (i.e., safe choices) vs. maps for trials that immediately preceded a decision to continue inflating the balloon (i.e., risky choices) (Fig. 1). Cross-validation was performed across individuals; the classifier was trained on five-sixths of the subjects (90 of 108) and then applied to the remaining subjects to discriminate between trials that preceded risky vs. safe choices. To ensure against variability due to fold assignment, this was performed 50 times with random fold assignment and the results were averaged. We used trials that immediately preceded the decision rather than the decision-making trial itself to ensure that the classifier would not be able to discriminate between trials based on motor or reward effects,

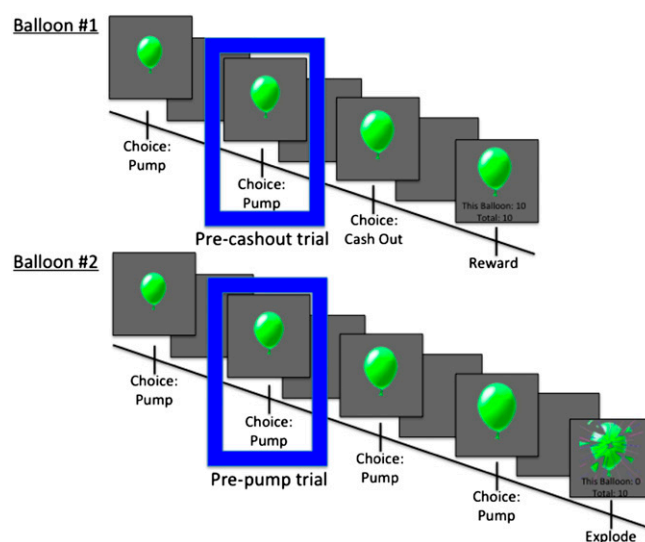


Fig. 1. Sample trials from the BART task. On each balloon, subjects made successive choices about whether to pump or cash out. They earned five points for each pump made before cashing out; however, if the balloon exploded before they cashed out, no points were earned for that balloon. Thus, each pump opportunity represented a risky decision where the subject could choose a certain, safe option (cash out) or an uncertain, risky option (pump). Trials boxed in blue indicate trials suitable for classification analysis; trials are matched for level of risk and subject choice on the trial but differ on subject choice on the subsequent trial. Note that although many “pre-pump” trials are present in the figure, only the boxed prepump trial was selected because it has the same level of risk as the paired “pre-cash out” trial.

which differ at the time of the actual decision. Trials in each category were matched for the number of pumps the subject had made on that balloon before the trial of interest, so that all variables were equated across choice conditions. Prepump and pre-cash out events were modeled with variable epoch regressors to control for effects of reaction time differences between the two conditions (24). Thus, any differences seen between trials preceding risky and safe choices could only be attributed to subjects’ cognitive processing on these trials, rather than to differences in the objective features of the trials themselves or the length of time spent engaging in cognitive processing.

Overall, the classifier was effective at discriminating between maps associated with risky (preceding a pump) and safe (preceding a cash out) trials: Using a whole-brain classifier, we were able to classify activation maps correctly as either risky or safe 71.8% of the time. The statistical significance of this accuracy was assessed nonparametrically by randomizing labels within subjects and performing the analysis 500 times to obtain an empirical null distribution. The maximum accuracy across all runs included in the null distribution was 67%; thus, the observed accuracy of the classification was significant at $P < 0.002$.

Next, we identified the regions of the brain where activity was most predictive of risky vs. safe choices. To identify these regions, we conducted a searchlight analysis (25), which revealed several regions where classification ability was significantly better than chance, including bilateral parietal and motor regions, anterior cingulate cortex, bilateral insula, and bilateral lateral orbito-frontal cortex (OFC) (Fig. 2 and Table 1). To establish the cognitive functions in which these regions were most involved, we conducted a formal reverse inference analysis using NeuroSynth (26), correlating our searchlight map with the neural activation maps for each term in the NeuroSynth database. Results (Table 2) revealed that the regions identified in searchlight analyses are involved in control processes, indicating that control networks function in systematically different ways before risky vs. safe choices.



Table 2. Pearson correlations between searchlight classification map and NeuroSynth term-based reverse inference activation maps

Term	Correlation (<i>r</i>)
Control	0.1451
Working	0.1159
Numerical	0.1157
Letter	0.1081
Attention	0.1062
Correct	0.1060
Cue	0.0995
Preparatory	0.0970
Load	0.0959
Hand	0.0924

The 10 most highly correlated terms are listed.

Although our low-resolution analysis indicated that broadly distributed patterns of activation are sufficient to predict choice, our searchlight analyses indicated that local activation in a specific network of regions, namely, bilateral parietal and motor regions, the anterior cingulate cortex, bilateral insula, and bilateral lateral OFCs, show highly discriminable patterns of activation before risky choice and are also sufficient to predict risky choice. Together, these findings suggest that the neural computations underlying risky choices are reflected both in highly local signals and in coarse, broadly distributed patterns of activation, and they highlight the utility of highly engaging decision-making tasks that reliably correlate with real-world risk-taking behavior, such as the BART (7), in combination with approaches that allow us to answer targeted questions with these tasks.

The regions found to classify significantly between risky and safe choice in our searchlight analysis are highly consistent with regions found to be active in previous risk-taking studies, including the cingulate cortex, insula, parietal cortices, and striatum (1–6, 15–18). Of note, an analysis examining the overlap between regions identified in the searchlight analysis and regions used in the coarse-encoding analysis indicated that most of the identified searchlights were more active before a safe choice than before a risky choice. Nevertheless, the level of mean activation in regions more active before a risky choice alone was sufficient to predict choice significantly in the reduced-encoding analysis and provided significant predictive power beyond the mean activation in regions associated with risk avoidance. These results suggest that focusing analyses exclusively on regions with high local power causes us to overlook large networks that contain relevant, albeit coarsely encoded, information.

In addition to our use of a multivariate approach, our study differs from most previous risk research in its use of a paradigm that has strong external validity when it comes to real-world, health-relevant risk-taking behaviors. A major challenge when conducting risk-taking research is finding an appropriate way to operationalize risk, particularly given that economists define risk as the amount of variance in outcomes, whereas lay persons define risk as exposure to potential loss (7). Because the risky option in the BART has both greater variance in outcome and greater exposure to loss than the safe option, we managed to side step this issue by operationalizing risk in a way that encompasses both definitions. Most importantly, performance on the BART is highly correlated with real-world, public health-relevant risk taking, such as smoking, drug use, sexual risk taking, and unsafe driving behaviors (9, 11–14), suggesting that the cognitive processes engaged in the BART are comparable to those engaged in real-world risk taking. Many have shied away from the use of such complex tasks due to the possibility for confounds between different aspects of risk taking, but using the present analytical

approach allows us to take advantage of the validity of the BART while avoiding its potential complications.

Our searchlight analysis was designed to identify the regions, and thus the types of information encoding or cognitive processing, that best predict, and thus are most likely to influence, the outcome of a subsequent risky decision. The regions found to be active in searchlight analysis, and thus to provide the greatest local predictive information regarding risk taking, were shown in our reverse inference analysis to be regions typically involved in functions such as control, working memory, and attention. These regions were more active before safe choices in the univariate analysis, suggesting that successfully engaging executive processes may play a key role in initiating a safe choice. This role for executive control in initiating safe choices may be particularly pronounced due to the nature of the BART, where individuals typically make a series of increasingly risky choices before having to change their course of action to make a safe choice. However, many health-relevant risky decisions share this same structure, such as when deciding how many alcoholic beverages to drink before driving home or how much one can experiment with drugs or cigarettes before developing an addiction. Indeed, this characteristic of the BART may partially explain its strong external validity, and control structures may be critical for making the transition from engaging in mild risks to stopping when the risk becomes too great, both in the task and in real life.

In summary, the present study uses data from a large sample of subjects performing a naturalistic risk-taking task to determine whether blood-oxygen-level dependent data can be used successfully to predict choice behavior in subsequent risky decisions. We find that choice behavior can be predicted with a high level of accuracy and that the regions where activation patterns most successfully predict choice are areas known to be involved in executive functions, such as control, working memory, and attention, including the anterior cingulate cortex, bilateral insula, and parietal cortices. Choice can also be predicted with high accuracy using only estimates of mean activation across two large

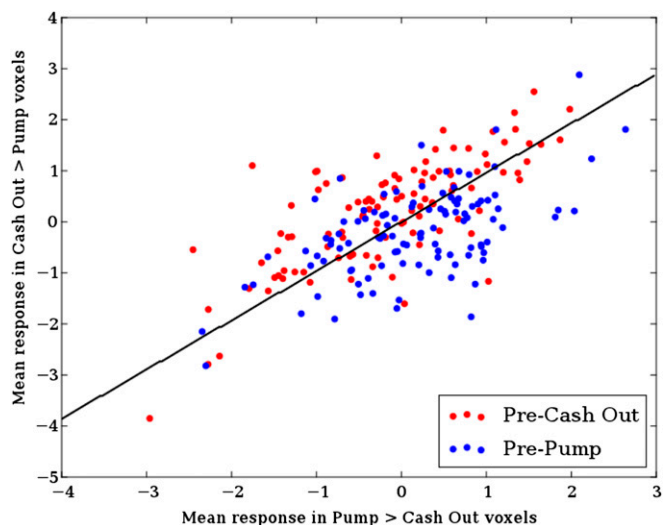


Fig. 3. Plot of sample values for the two parameters in the two-parameter classification. The x-axis values indicate mean Z-statistic values for the contrast between prepump and pre-cash out activity in regions where prepump activation is greater than pre-cash out activation ($t > 2.0$). The y-axis values indicate the same for regions where pre-cash out activation is greater than prepump activation. In each case, voxels were selected using independent training set data. Blue indicates prepump samples, and red indicates pre-cash out samples. The black line reflects the logistic regression classification boundary; this classifier was able to separate prepump and pre-cash out trials successfully (67% success rate).



cash out trials). The prepump trials were randomly chosen from the pools of appropriate trials using Python's `random.sample` function. All prepump and pre-cash out trials that could not be matched in this way were not included in the prepump and pre-cash out regressors. Thus, the distribution of risk (i.e., amount of points that could be lost and likelihood of explosion) for the prepump and pre-cash out regressors was identical. The selected prepump and pre-cash out trials were then included as regressors in the linear regression model. To control for differences in reaction time between prepump trials and pre-cash out trials, we used a variable epoch regressor, where the duration of each regressor was the length of the subject's reaction time on that trial (24). In addition to these regressors, all pump and cash out trials were modeled with two regressors: one with a fixed amplitude and a fixed duration equivalent to the average reaction time (RT) for all pump opportunities and one with a fixed amplitude and duration equivalent to the actual RT on that pump opportunity. All control balloon pump trials were modeled with two analogous regressors. Six motion parameters and their temporal derivatives were also included as regressors of no interest. Beta-weights from each subject for the prepump and pre-cash out regressors were then used as inputs for the machine-learning algorithm. Whole-brain and searchlight (25) classifications were conducted using a linear support vector machine classifier in PyMVPA (28). Classification was cross-subject, with subjects divided into six folds, with classification of the subjects in each fold predicted based on classification of subjects in the other five folds. For whole-brain analysis, this process was repeated 50 times with subjects randomly assigned to a fold each time. Searchlight results were thresholded at a classification rate of 60%, and a random permutation procedure was then used to determine the appropriate cluster size for correction at $P = 0.05$. Searchlight maps were then correlated with term-based maps in NeuroSynth (26) to determine the cognitive processes most strongly associated with searchlight regions.

After searchlight analyses, we conducted a follow-up analysis examining classification using coarse measures of activation in regions where activation

differed substantially between pre-cash out and prepump conditions. To do this, we used only training samples (five-sixths of the total data) to again determine voxels where the difference in activation between cash out and pump trials was $t > 2.0$ (prepump > pre-cash out) or $t < -2.0$ (pre-cash out > prepump). For each training sample, we then calculated the mean activation across the $t > 2.0$ voxels and the mean activation across the $t < -2.0$ voxels, reducing the information in each training sample to two values. We fed these two values into a logistic classifier, which we then used to classify test samples based on the mean activation from the same two sets of voxels. We repeated this process 50 times with subjects randomly assigned to folds on each iteration and then determined statistical significance via random permutation.

We then examined whether searchlights that enabled significant classification were located primarily in regions that showed greater activation before cash out or in regions that showed greater activation before pumps. To do this, we used the same prepump and pre-cash out regressors used in the classification analysis and calculated univariate contrast maps, with per-voxel thresholds of $t > 2.0$ (prepump > pre-cash out) and $t < -2.0$ (pre-cash out > prepump), this time using data from all subjects. We then calculated the number of voxels significant in the searchlight analyses that overlapped with each map.

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