



# Neural Mechanisms of Hierarchical Planning during Navigation

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## 1 Introduction

Reinforcement Learning (RL) is a general framework of Machine Learning that also describes mammalian behaviour <sup>1</sup>.

**Hierarchical Reinforcement Learning (HRL)** <sup>2</sup> is an extension of RL for temporal abstraction <sup>3,4</sup>.

To achieve this, HRL exploits the concept of **options** (or contexts), each defined by its **subgoal state**.

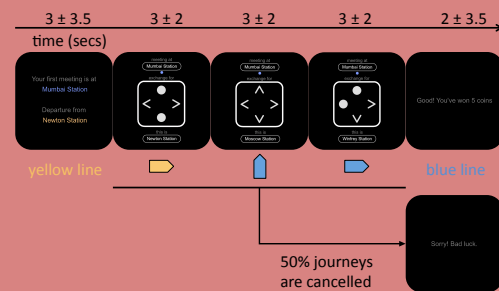
Prediction error signals for interim goals have been observed in the striatum <sup>5</sup>, but it remains unknown whether **representations of context switching** exist in the human brain.

We predicted that subgoal states would be associated with activation in the **dorsal Anterior Cingulate Cortex (dACC)**, a region previously associated with task-switching <sup>6</sup> and tracking the reward value of alternative contexts <sup>7</sup>.

## Methods

**N = 19** participants (age 00±00, 00 males) performed a navigation task while undergoing **fMRI**. There was a preliminary **training session**.

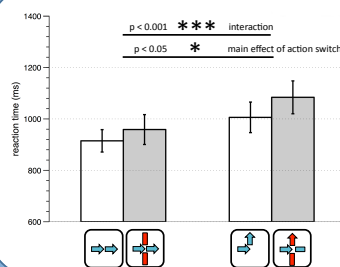
## 2 Design



Participants navigated in a **virtual subway network** (stations and lines) with which they were familiar. The instruction was to minimise the length of their journey. The **map was not shown** during navigation. Possible directions (actions) were North/South/East/West. **Regular, exchange** and **elbow** stations allowed us to disentangle between effects due to number of directions, direction switch and line switch.

## 3 Results

### Behavioural



### Neural

General Linear Model of BOLD signal



main effect

dACC was significantly more activated in **exchange stations** than in regular stations.



interaction

Critically, this activation was strongest when **switching line**.

$x = 14, p < 10^{-3}$

## 4 Conclusions

This results provide evidence that a unique **network is activated when participants reach an interim goal** during navigation. This network bears a striking resemblance to that previously implicated in response inhibition during speeded decisions<sup>8</sup>. **The dACC**, which forms a prominent part of this network, may be key for **switching to a new context** in pursuit of reward<sup>7</sup>.

Our findings suggest that human dACC and/or interconnected structures signal when a subgoal has been reached.

## References

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