

Personal Medication Report for John Smith

DISCLAIMER: The following is medical information, not advice. Please review any questions these comments raise with your doctor and DO NOT alter your medication regimen without checking with your personal doctor first.

Report Summary	
Total Prescriptions Graded	8
Peer Comparison	60th percentile*
Serious Alerts	3
Duplication Alerts	1
Serious Interaction Alerts	3
Potentially Unncessary Medications	3
Potentially Cheaper Alternatives	1
Potential cost savings per year if unnecessary medications are stopped and cheaper alternatives are substituted.	\$400 – \$600

*You take more medicine than 60 percent of people your age.

Medication Report Card

Medication	Effectiveness	Safety	Value
Acyclovir (Valtrex) Used for cold sores, herpes, shingles	A	A	A
Bupropion (Wellbutrin) Used for depression, smoking cessation	A	B	A
Clonazepam (Klonopin) Used for anxiety, restless legs	A-	B-	A
Warfarin (Coumadin) Used to treat or prevent blood clots, strokes	A	C	A
Lisinopril (Zestril, Prinivil) Used for high blood pressure and heart failure	A	A-	A
Pramipexole (Mirapex) Used for Parkinsons, restless legs	B	B	B
Proventil (Albuterol) Used for asthma, COPD	B	B	B
Q-Var (XXX) Used for asthma, COPD	A-	A	B
Singulair (montelukast) Used for asthma, allergies	A-	A	B
Wellbutrin (bupropion) Used for depression, smoking cessation	A	B	A
Nystatin-triamcinolone (Mycolog) Used for yeast infections, itch	A-	A-	A

Overall Grades: A B- B

Medication Report Card Alerts

Medication	Possible Duplicate	Significant Side Effects	Interaction Risk	Possible Unnecessary	Cheaper Alternative
Acyclovir (Valtrex) Used for cold sores, herpes, shingles				X	
Bupropion (Wellbutrin) Used for depression, smoking cessation	X		X		
Clonazepam (Klonopin) Used for anxiety, restless legs		X	X	X	
Warfarin (Coumadin) Used to treat or prevent blood clots, strokes		X	X		
Lisinopril (Zestril, Prinivil) Used for high blood pressure and heart failure					
Pramipexole (Mirapex) Used for Parkinsons, restless legs				X	
Proventil (Albuterol) Used for asthma, COPD					
Q-Var (XXX) Used for asthma, COPD					X
Pramipexole (Mirapex) Used for Parkinsons, restless legs					
Wellbutrin (bupropion) Used for depression, smoking cessation	X				
Nystatin-triamcinolone (Mycolog) Used for yeast infections, itch				X	

Notes & Alerts

Bupropion earns a B for safety due to its interaction with a commonly used pain medicine, tramadol. Together, these medications can induce seizures or serotonin syndrome, both potentially life-threatening complications. Avoid tramadol, and Bupropion is a good medication.

Clonazepam earns a B- for safety because of it has potential to affect balance and cognition. In small doses however it can be used safely, but caution should be taken if you are vulnerable to falls or cognitive side effects or if you take other medications that have similar side effects. Caution is also advised in people with addiction tendencies as this class of medications can be misused.

Warfarin is highly effective and inexpensive but earns a C for safety due to the fact that it increases the risk of bleeding and can be affected by diet changes and many different medications. Safe use of warfarin requires a consistent diet, regular blood testing, and caution with new medications – always check with your doctor. Also, like other “blood-thinning” medications, combination with aspirin, anti-inflammatory medicines like ibuprofen, and naproxen is usually not recommended.

Pramipexole earns Bs due to the fact that it is no longer first choice of most neurologists for Parkinson’s disease or restless legs. Consider asking your doctor if this is really the best drug for you.

Proventil is OK for occasional use but if you find you are having to use it regularly, you are probably not treating your asthma right. Talk to your doctor about the next steps.

Q-var earns a C for value because there are cheaper, equally effective medications in this family of inhaled corticosteroids. Ask your pharmacist or your doctor about less expensive alternatives.

Nystatin-triamcinolone contains a topical steroid that is OK for short term use but should not usually be used for more than two consecutive weeks due to the potential to damage skin.

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