



# February 2023 NEWSLETTER

## Life of the Beloved

EXPLORING THE BOOK BY  
HENRI NOUWEN

February 1

BROKEN

February 8

GIVEN

February 15

LIVING AS THE  
BELOVED

February 22

EMBODYING THE  
BELOVED: ASH WEDNESDAY

The Table is set every Wednesday at 5:30 or 6:30pm gathering in Person. Join us at The Lyric for shared food at 5:30 pm {230 W. Yellowstone HWY} or join us for conversation at 6:30 pm



# TABLE Centerpiece

Where The Table's News Rests

**"Let us live in the present where love can touch us." ~ Henri Nouwen**

Being, becoming, living as the Beloved is our daily, momentary invitation. Have you allowed yourself lately to receive and experience your belovedness? Have you breathed in the fresh mercies straight from God's heart — willing your flourishing, advocating for your wholeness?

"A blessing touches the original goodness of the other and calls forth their Belovedness." ~ Henri Nouwen.

My friends: you are good. You are loved. You are worthy. Living presently, touched & enveloped & empowered by love is the call of this month. We are not victims of a world we cannot change, as Henri reminds us, we are capable of living out of our blessed belovedness - bearers of the image of Love, givers of the presence of love, receivers of the compassion of love.

Let us show up to prayerfully be present enough to listen to the blessing, so we can be, become and live from our beloved identity. You are a co-creator with God of Love. How will you gift yourself, neighbor and earth with this love this month?

Curiously Courageous,  
Pastor Libby





# The Table & *Red Clay Abbey* Events



[The Table](#): Join us every Wednesday night downtown at The Lyric for shared food, compassion teachings, exploration, embodied spiritual practice, and community conversation. All are welcome! We share food at 5.30, and a reflective action at 6.30pm.

[Red Clay Abbey](#): Hosts the Lenten journey, beginning February 22nd. to sign up and for more details check out [redclayabbey.org](http://redclayabbey.org)



[Circles of Trust](#): Monthly group of women in professional ministry coming together for support and spiritual nurture. We meet the third Friday of the month at 1 pm .

[3 Spaces](#): is joining forces with Wednesday evening gatherings at The Table this month to present their format for gathering & the content of the month! Join us!

## EVENT HIGHLIGHT -- ASH WEDNESDAY

Ash Wednesday, February 22, 2023, is the beginning of the Lent season, which leads to Easter. Lent reminds us of the wounds, needs and flaws we experience as humans. It honors the death Jesus faced as flawed humans attempted to squash the unlimited love he embodied. This mortality and fragility we face is an invitation to wholeness. We are not tragically wounded without hope. We return to the literal organic materials of our humanity in relationship with earth, God and others: and to come to terms with the miraculous potential of what we uncover. We chose the anointing of ashes on our bodies to remind us of this potential: God has made us of the dust of the earth and stardust of the universe.