

JUNE

NEWSLETTER 2023

JULY

THE SOUL OF A PILGRIM

EIGHT PRACTICES FOR THE JOURNEY WITHIN
EXPLORING THE BOOK BY CHRISTINE VALTERS PAINTNER



JUNE

- June 7** - The Practice of Hearing The Call and Responding * Picnic at the Circle
- June 10** - Casper PRIDE Fest
- June 14** - The Practice of Packing Lightly
- June 21** - The Practice of Crossing the Threshold
- June 28** - The Practice of Making The Way By Walking

The Table is set every Wednesday. Join us at The Lyric for shared food at 5:30 pm or join us for conversation at 6:30 pm {230 W. Yellowstone HWY}

- July 5** - The Practice of Being Uncomfortable * Picnic at the Circle
- July 12** - The Practice of Beginning Again
- July 19** - The Practice of Embracing the Unknown
- July 26** - The Practice of Coming Home





THE TABLE Centerpiece

Where The Table's News Rests

St Augustine, Confessions

"People travel to wonder the height of mountains at huge waves of the sea, at long course of rivers, at the vast compass of the ocean, at the circular motion of the stars... and they pass by themselves without wondering."

Dearly Beloved,

What is your offering, your true self, your original medicine that the world needs?

According to the author of this summer's book study - "we all have an inner pilgrim that calls us out of our comfortable lives into something holy and true. We have an inner monk as well, a part of ourselves that is rooted in ancient practices of listening for another voice to be heard."

The linked arms of The Table and the Red Clay Abbey are much like the linked arms of the inner pilgrim (compassion) and the inner monk (restoration). We often refer to our inward journey as it mirrors our outward journey and vice versa. The mission and ministry of these two new worshipping communities allows us the opportunity to embody these two archetypes.

Ani Wisdom Awakens, aka Jessika, and myself are so grateful to continue to explore how to offer this two step rhythm of our individual and collective healing.

Are you ready for the journey within? I am so looking forward to paying close attention to our soul pilgrimage together!

With love,
Pastor Libby

Reflections

CHRISTINE VALTERS PAINTER



"We are brought into the world with what many indigenous cultures call, 'original medicine.' This means we are unique creations. We've never been in the past and won't be in the future. No one carries the same combination of gifts, talents, resources, opportunities, and challenges. This unique alchemy is our 'original medicine.' St. Ignatius of Loyola, a sixteens-century mystic, said the deepest desires of our heart are planted by God."

'Medicine' is not just referring to a healing balm or potion. Our Unique abilities contain our power to act in the world. They enable us to explore, discover, express and heal. Our original medicine emerges from our 'true self.'"

~ Christine Valters Painter



The Table & *Red Clay Abbey* Events



The Table: Join us every Wednesday night downtown at The Lyric for shared food, compassion teachings, exploration, embodied spiritual practice, and community conversation. All are welcome! We share food at 5:30, and a reflective action at 6:30pm.

Dearly Beloved Podcast: Letters from God & to God.

Episodes Most Friday | “A nun and a priest walk into a podcast” | to keep up to date with the podcast scan the QR code.



The Table Picnic

First Wednesday of the month: 5:30 pm for shared food & gathering at 6:30 pm around the Bark Rae Learning circle in Amoco Park

Red Clay Abbey: The Red Clay Abbey is settling into its new home at 900 N. Grant. We will be looking for volunteer investment in many ways. Connect with Jessika, Ani Wa, for ways to serve.

EVENT HIGHLIGHT

Casper PRIDE 2023

For eight years The Table has been sponsoring CASPER PRIDE showing our deep roots of radical inclusion of all people. When we say there is always room for one more around The Table, we mean it quite literally. It has been our honor to create healing space for folks of all queer persuasions to find healing & restoration of their painful past experiences with religion.