

HEALTH APP... WITH A TWIST

What sets us apart is our focus on **anonymity and privacy**. Our app also leverages **generative AI to create customized workouts** for each user!

Background

Hello, we are some computer science students tackling our **COMP6000 Third Year Project**. 2023 was a pivotal year for AI, and we couldn't be more thrilled to get our hands on it. We saw a chance to use it and **decided to implement some AI magic in our project!**

Key Ideas

- Innovative Health App, featuring **AI integration for select functions**
 - Customized workouts designed with **ChatGPT**
- **Emphasis on Anonymity and Privacy**
 - **Anonymous mode available**, enabling users to enjoy the app offline without logging in or transmitting data to us
 - While offline, AI is unavailable.

Anonymity

In today's world, anonymity is a hotly debated topic. The constant collection, sale, and analysis of people's data has created unease. In response, we have developed an anonymous mode in our app. This feature provides users with access to most of the functionality while remaining fully incognito.

AI

Our app has a dedicated workouts page where users can select from a collection of pre-made workouts, or **answer a few questions to allow the AI to create a personalized workout tailored to their goals**. We've accomplished the ladder by integrating chatGPT's API, which is fed the answers to the questions.

Our Team

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