### Multiple Regression

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#### **Topics**

#### Single-level Regression:

- Week 1 Linear Regression (G&H: 3,4)
- Week 2 Multiple Regression
- Week 3 Violation of Assumptions
- Week 4 Logistic Regression and GLM (G&H: 5, 6)
- Week 5 Model comparison, Over-fitting, Information Criteria (McE: 6)
- Week 6 Regression inference via simulations (G&H: 7-10)

#### Multilevel Regression:

- Week 7 Multilevel Linear Models (G&H: 11-13)
- Week 8 Multilevel Generalized Models (G&H: 14, 15)
- Week 9 Bayesian Inference (G&H: 18 / McE: 1, 2, 3)
- Week 10 Fitting Models in Stan and brms (G&H: 16, 17 / McE: 11)

#### Overview

#### Tuesday:

- Goodness of fit
- 2 Suppression
- 3 Polynomial Models

#### Thursday:

- 4 Linear Transformations
- 5 Nonlinear Transformations

#### Multiple Regression: Example and Data

Table: Data from the Longitudinal Aging Study Amsterdam

Person	1	2	3	4	5	6	7	8	9	10
$x_1$ : Age	56	57	58	61	63	72	73	75	76	83
$x_2$ : Education <sup>†</sup>	9	13	11	9	12	8	10	8	11	12
y: PS <sup>‡</sup>	25	34	31	19	38	21	23	16	18	17

<sup>&</sup>lt;sup>†</sup>Years in school <sup>‡</sup>Processing speed.

```
lm(formula = PS ~ age + Education)
```

```
Estimate Std. Error t value Pr(>|t|)
(Intercept) 35.8551 14.6944 2.440 0.0448 *
age -0.5108 0.1594 -3.204 0.0150 *
Education 2.2109 0.8581 2.576 0.0367 *
```

Residual standard error: 4.523 on 7 degrees of freedom Multiple R-squared: 0.7296, Adjusted R-squared: 0.6524

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# Goodness of Fit: Variance Explained $(R^2)$

- How good is our prediction of y given  $x_1$  and  $x_2$ ?
- Analogous to the simple linear regression, variance explained is defined as:

$$R^{2} = \frac{\hat{\mathbf{y}}^{*'}\hat{\mathbf{y}}^{*}}{\mathbf{y}^{*'}\mathbf{y}^{*}} = 1 - \frac{\hat{\boldsymbol{\epsilon}}'\hat{\boldsymbol{\epsilon}}}{\mathbf{y}^{*'}\mathbf{y}^{*}}.$$

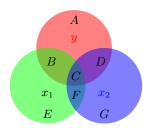
If we use our values from the example we obtain

$$R^2 = \frac{386.42}{529.60} = 1 - \frac{143.18}{529.60} = 0.7296 \approx 73\%.$$

■ Age and education explain 73% of the variance in processing speed.

### Goodness of Fit: Variance Decomposition

- How much variance do age and education explain by themselves?
- Problem: Strictly speaking "by-themselves" does not exist in multiple regression.
- Venn-diagram (cf. Cohen et al., 2003)



■ The circles represent the (unit) variances of y,  $x_1$  and  $x_2$ .

#### Goodness of Fit: Variance decomposition

■ Hence, the total variance explained in y by  $x_1$  and  $x_2$  is

$$R_T^2 = \frac{B+C+D}{A+B+C+D}.$$

■ By  $x_1$  alone explained variance is

$$R_{x_1}^2 = \frac{B}{A + B + C + D}.$$

lacktriangle Accordingly, the variance explained of  $x_2$  alone is

$$R_{x_2}^2 = \frac{D}{A + B + C + D}.$$

lacktriangle The amount of variance which is explained by both,  $x_1$  and  $x_2$  is

$$R_{x_1,x_2}^2 = \frac{C}{A+B+C+D}.$$

## Goodness of Fit: Variance decomposition

- Given these definitions it follows that the
  - lacktriangle variance explained by  $x_1$  in a simple linear regression corresponds to

$$R_1^2 = \frac{B+C}{A+B+C+D}.$$

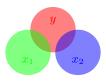
 $lue{}$  variance explained by  $x_2$  in a simple linear regression corresponds to

$$R_2^2 = \frac{C+D}{A+B+C+D}.$$

Note C is the part which is explained by both  $x_1$  and  $x_2$ . Hence, the total variance explained of the multiple regression model is smaller than the sum of variance explained from simple regression models based on  $x_1$  and  $x_2$  alone.

### Goodness of Fit: Orthogonality

■ The Venn-diagram can be used to visualize what happens when predictor variables are independent (orthogonal) from each other.



- If  $x_1$  and  $x_2$  are independent from each other then C=0 and F=0.
- In this case the total variance explained in a multiple regression corresponds exactly to the sum of explained variances in a simple regression.
- It holds:  $R_T^2 = R_1^2 + R_2^2$  (only if  $x_1 \perp x_2$ ).

### Goodness of Fit: Multicollinearity

■ The opposite is the case if we have **multicollinearity**, that is if two (or more) predictors are highly correlated among each other. In that case, a Venn-diagram might look like this:



- In this case the proportion C is so large in comparison to B and D that it is difficult to describe what unique contribution either  $x_1$  or  $x_2$  have on y.
- In other words: One of the predictors  $x_1$  or  $x_2$  is practically redundant.

### Goodness of Fit: Commonality Analysis

- The common and unique amounts of variance can be obtained by means of commonality analysis.
- Approach for two predictor variables<sup>†</sup>
  - Step 1: Compute total variance explained  $(R_T^2)$  in a multiple regression.
  - Step 2: Compute variance explained only for  $x_1$   $(R_1^2)$  in a simple linear regression.
  - Step 3: Compute variance explained only for  $x_2$   $(R_2^2)$  in a simple linear Regression.
  - Then  $B = R_T^2 R_2^2 = 73\% 33\% = 40\%$ .
  - Then  $D = R_T^{\overline{2}} R_1^2 = 73\% 47\% = 26\%$ .
  - Then  $C = R_1^2 + R_2^2 R_T^2 = 47\% + 33\% 73\% = 7\%$ .

<sup>†</sup>For the approach in the case of more than two predictor variables see e.g. Seibold, D. R. & McPhee, R. D. (1979). Commonality analysis: A method for decomposing explained variance in multiple regression analysis. *Human Communication Research*, 5, 355-365.

#### Suppression

- lacktriangle Explained variance in a multivariate model typically does not exceed the sum of the single  $R^2$ 's
- This is not always the case
- Suppression:
  - Suppression variables increase predictive validity of another variable by its inclusion into a regression.
  - The omission of suppressors or confounders will lead to either an underestimation or an overestimation of the effect of X on Y.

## Goodness of Fit: Three Cases of Suppression, Overview

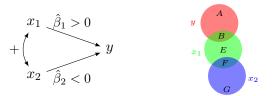
- Three variables, the dependent y, and two predictors  $x_1, x_2$ .
- Assumption 1:  $x_2$  is the suppressor variable.
- Assumption 2:  $r_{yx_1} \ge r_{yx_2}$ , that is, the criterion is more closely related to the first predictor.

Table: Types of Suppression

$r_{x_1x_2}$	$r_{yx_2}$	Туре
$ \neq 0 \\ > 0 \\ < 0 $	$ = 0  0 < r_{yx_2} < r_{yx_1} r_{x_1 x_2}  > 0 $	Classical Suppression Net Suppression Cooperative Suppression

Indication of presence of suppression:  $R_T^2 > r_{yx_1}^2 + r_{yx_2}^2$ 

#### 1. Classical Suppression



- y is independent of the suppressor variable  $x_2$   $(r_{yx_2} = 0$ , right graph).
- $x_1$  and  $x_2$  are connected positively (curved arrow).
- Then a negative regression weight is created for  $x_2$  (left graph)!
- The same applies to the inverse relation.
- $x_2$  suppresses irrelevant variance in  $x_1$  for the prediction of y (area F in the graph).

- 1. Classical Suppression: Example
- y: Grade in stats class
- x<sub>1</sub>: Stats-quiz (time-limited)
- $\blacksquare x_2$ : Reading speed (suppressor)
- Relations:  $r_{ux_1} = .38, r_{ux_2} = 0, r_{x_1x_2} = .45.$
- Regression models

  - Model 1:  $R_{y \cdot x_1}^2 = r_{yx_1}^2 = .144$  Model 2:  $R_{y \cdot x_2}^2 = r_{yx_2}^2 = 0$  Model 3:  $R_{y \cdot x_1, x_2}^2 = \frac{r_{yx_1}^2 + r_{yx_2}^2 2r_{yx_1}r_{yx_2}r_{x_1x_2}}{1 r_{x_1x_2}^2} = \frac{r_{yx_1}^2}{1 r_{x_1x_2}^2} = .181$
- The reading speed suppresses the proportion of the variance in the stats-quiz, which is irrelevant for the grade.

#### 2. Net suppression

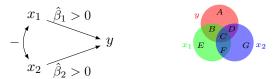


- y correlates positively with  $x_1$  and  $x_2$ , with  $r_{x_1x_2} > 0$  and  $0 < r_{ux_2} < r_{ux_1}r_{x_1x_2}$ .
- Then the regression from y to  $x_2$  is negative and  $x_2$  is a suppressor variable.
- The same applies to inverse relation.
- Again,  $x_2$  suppresses those variance parts in  $x_1$  that are irrelevant for predicting y.

- 2. Net suppression: Example
- y: Degree of damage
- $\blacksquare x_1$ : Severity of fire
- $\mathbf{x}_2$ : Number of fire fighters in action (suppressor)
- Relations:  $r_{ux_1} = .65, r_{ux_2} = .25, r_{x_1x_2} = .70.$
- It holds:  $0 < r_{ux_2} < r_{ux_1} r_{x_1x_2}$ , because 0 < .25 < .455.
- Regression models

  - Model 1:  $R_{y \cdot x_1}^2 = r_{yx_1}^2 = .42$  Model 2:  $R_{y \cdot x_2}^2 = r_{yx_2}^2 = .0625$
  - Model 3:  $R_{y \cdot x_1, x_2}^2 = \frac{r_{yx_1}^2 + r_{yx_2}^2 2r_{yx_1}r_{yx_2}r_{x_1x_2}}{1 r^2} = .505$
- If we keep the severity of the fire constant, then a higher number of firefighters in action will reduce the damage.

#### 3. Cooperative suppression



- y correlates positively with  $x_1$  and positively with  $x_2$ .
- $\blacksquare$   $x_1$  and  $x_2$  correlate negatively.
- The same applies to inverse relations.
- Now,  $x_1$  and  $x_2$  in the other variable suppress those variance parts that are irrelevant for a y prediction.
- Both variables  $x_1$  and  $x_2$  are then suppressor variables.

- 3. Cooperative suppression: Example
- y: Grade in stats class
- $\mathbf{z}_1$ : Statistics knowledge of instructor
- $\blacksquare x_2$ : Comprehensibility of instructor
- Relations:  $r_{ux_1} = .30, r_{ux_2} = .25, r_{x_1x_2} = -.35.$
- Regression models

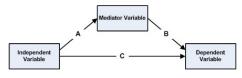
  - $\begin{array}{l} \bullet \quad \text{Model 1:} \ R_{y \cdot x_1}^2 = r_{yx_1}^2 = .09 \\ \bullet \quad \text{Model 2:} \ R_{y \cdot x_2}^2 = r_{yx_2}^2 = .0625 \\ \bullet \quad \text{Model 3:} \ R_{y \cdot x_1, x_2}^2 = \frac{r_{yx_1}^2 + r_{yx_2}^2 2r_{yx_1} r_{yx_2} r_{x_1x_2}}{1 r_{x_1x_2}^2} = .234 \end{array}$
- If the statistics knowledge of the instructor is kept constant, comprehensibility gains in importance. If the comprehensibility is kept constant, the statistical knowledge becomes more important.

#### To summarize

- Suppression variables increase the predictive validity of another variable by its inclusion into a regression equation.
- Three types of suppression
  - Classical suppression
  - Net suppression
  - Cooperative suppression
- Omitting suppressor variables either reduces or artificially inflates the magnitude of a relationship between two variables.

#### Mediation

Models in which a the influence of a variable on the outcome is mediated via another variable are termed mediation models.



- In the figure, the influence of the independent variable  $x_1$  on outcome y is mediated by variable the mediator variable  $x_2$ .
- We can quantify the amount of mediation, i.e., whether the effect of  $x_1$  on y is *completely* or only *partially* mediated by  $x_2$ . We now have two causal levels.
- See: http://davidakenny.net/cm/mediate.htm

#### Mediation: Approach

- Practical approach to test mediation
- Step 1: Show that the causal variable is correlated with the outcome: Via regression analysis, show that  $x_1$  has effect on y (estimate test path c, total effect of  $x_1$ ).
- Step 2: Show that the causal variable is correlated with the mediator: Via regression analysis, show that  $x_1$  has effect on  $x_2$  (estimate and test path a).
- Step 3: Show that the mediator affects the outcome variable. Via regression analysis, show that  $x_1$  and  $x_2$  have an effect on y (estimate and test path b and c').
- For our example (slide 4) we obtain for the variables  $y = \mathsf{PS}, \ x_1 = \mathsf{Age}$  und  $x_2 = \mathsf{Education}.$
- Step 1:  $\beta_c = -0.55^*$ .
- Step 2:  $\beta_a = -0.02$ .
- Step 3:  $\beta_b = 2.21^*$ ,  $\beta_{c'} = -0.51^*$ .
  - The effect of mediation is  $\frac{c-c'}{c} = .072 \approx 7\%$ .
  - Approximately 7% of the age effect on PS are mediated by education.

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#### **Predictors**

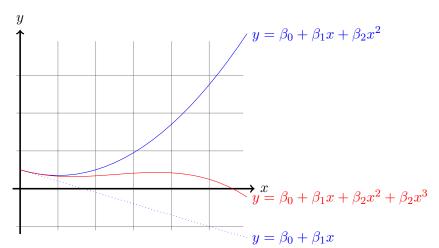
#### Curvilinear Relations

- Polynomials
- "Construction" of curvilinear functions
- Interpretation of parameters
- Nonlinear transformations
- Outlook on alternative measures

#### Linear Model: Curvilinear Outcome

- A model is said to be linear when it is linear in *its parameters*.
- e.g. The model  $y=\beta_0+\beta_1x+\beta_2x^2+\epsilon$  and  $y=\beta_0+\beta_1x_1+\beta_2x_2+\beta_3x_1^2+\beta_4x_2^2+\beta_5x_1x_2+\epsilon$  are linear in their parameters.
- i.e. Predictors are simply multiplied by regression coefficient.
  - Term with highest exponent is referred to as the *leading term* or *highest order term*.
  - Leading term determines the overall shape of regression function
  - Outcome "looks" curved

#### Linear Model: Curvilinear Outcome



#### Linear Model: Curvilinear Outcome

Different solutions to the "problem" of non-linearity

- Polynomial regression
- Monotonic nonlinear transformation
- Nonlinear regression
- nonparametric regression
- Polynomial models can be used in those situations where the relationship between study and explanatory variables is curvilinear
- Sometimes a nonlinear relationship in a small range of explanatory variable can also be modeled by polynomials

## Polynomial models in one variable

- The  $k^{th}$  order polynomial model in one variable is given by  $y = \beta_0 + \beta_1 x + \beta_2 x^2 + ... + \beta_k x^k + \epsilon$
- If  $x_j = x_j$ , j = 1, ..., k, then the model is a multiple linear regressions model with k explanatory variables  $x_1, x_2, ..., x_k$  but with onle one predictor x.
- lacktriangle Essentially,  $x^k$  is an interaction of x with k times itself.
- lacktriangle We can also write  $\mathbf{y} = \mathbf{X} \boldsymbol{\beta} + \boldsymbol{\epsilon}$
- The linear regression model includes the polynomial regression model.
- Techniques for fitting linear regression model can be used for fitting the polynomial regression model.

## Polynomial models in one variable

#### For example

$$y_i = \beta_0 + \beta_1 x_i + \beta_2 x_i^2 + \epsilon_i$$

In matrix notation:

$$\hat{\mathbf{y}} = \mathbf{X}\hat{\boldsymbol{\beta}}$$

with elements

$$\begin{bmatrix} y_1 \\ y_2 \\ \vdots \\ y_N \end{bmatrix} = \begin{bmatrix} 1 & x_1 & x_1^2 \\ 1 & x_2 & x_2^2 \\ \vdots & \vdots & \vdots \\ 1 & x_n & x_N^2 \end{bmatrix} \begin{bmatrix} \beta_0 \\ \beta_1 \\ \beta_2 \end{bmatrix}$$

and estimator  $(\mathbf{X}'\mathbf{X})^{-1}\mathbf{X}'\mathbf{y}$  for  $\hat{\boldsymbol{\beta}}$ 

■ These models can be conveniently estimated via the OLS approach

#### Polynomial Models: What Order?

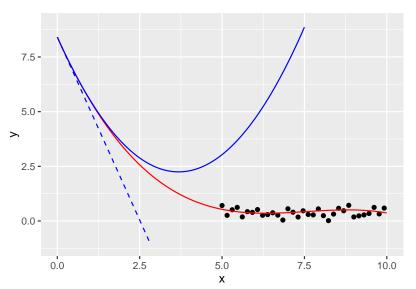
- We can fit up to a polynomial of oder (q-1) for a variable whose scale contains q distinct values.
- Selection process should be ideally theoretically guided
- Polynomials of higher order are difficult to interpret
- Polynomial equations may approximate non-linear relationships

#### Interpretation of Parameters

- The interpretation of parameter  $\beta_0$  (intercept) may not be useful.
- Given that we usually don't extrapolate from polynomial models, all parameters outside the data range may not be interpreted.
- If we wish to interpret, e.g. intercept, we need to "pull" it into the observed data range.
- $\blacksquare$  Centering  $x_i \bar{X}$  shifts the y-axis into the data range and  $\beta_0$  may be interpreted.
  - If we mean-center, the slope  $\beta_1$  gives us the average slope
  - Centering at different places along the x-axis may be used to address substantive questions

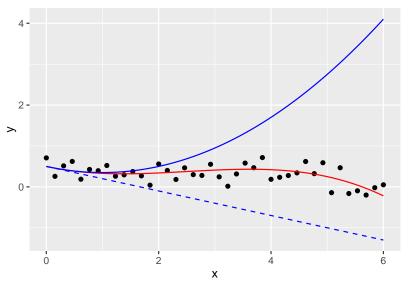
## Interpretation of Parameters: Example

Intercept is outside of data range:



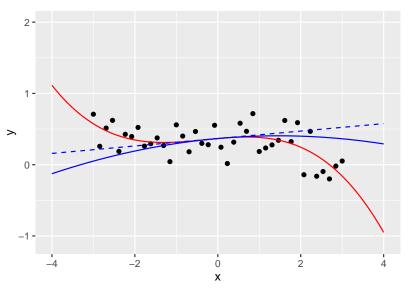
## Interpretation of Parameters: Example

Intercept is at the beginning of data range



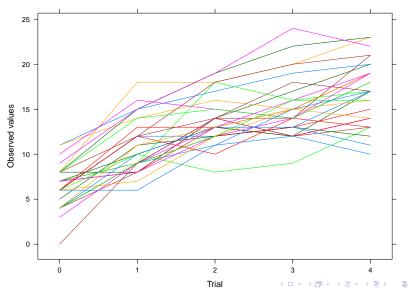
## Interpretation of Parameters: Example

Intercept is at the mean  $\bar{x}$ 



# Effects of Centering

Example: Verbal learning across five trials



## Illustration of Centering

E.g. In higher order longitudinal models ( $\hat{y} = \beta_0 + \beta_1 t + \beta_2 t^2$ ) re-centering of time (t) yields different models/estimates/significance for lower order terms:

Time coded as: 0, 1, 2, 3, 4

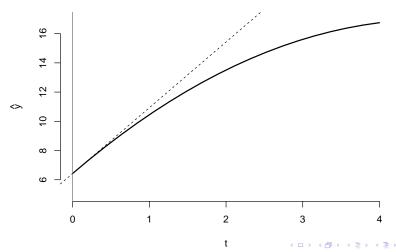
	Value	Std.Error	DF	t-value	p-value
Intercept	6.43	0.21	1342.00	30.59	0.00
Time	4.50	0.13	1342.00	35.74	0.00
$Time^2$	-0.48	0.03	1342.00	-15.86	0.00

Time coded as: -4, -3, -2, -1, 0

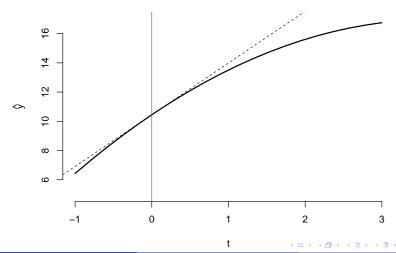
	Value	Std.Error	DF	t-value	p-value
Intercept	16.78	0.21	1342.00	79.83	0.00
Time	0.67	0.13	1342.00	5.34	0.00
$Time^2$	-0.48	0.03	1342.00	-15.86	0.00

# Simple slope or Instantaneous Rate of Change

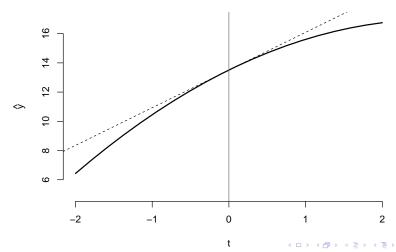
Example: 
$$\frac{\partial \hat{y}}{\partial t}=\beta_1+2\beta_2t=4.50+2(-0.48)t=4.50$$



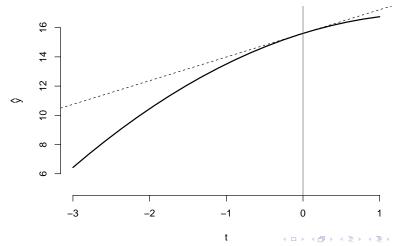
Example: 
$$\frac{\partial \hat{y}}{\partial t} = \beta_1 + 2\beta_2 t = 4.50 + 2(-0.48)t = 3.54$$



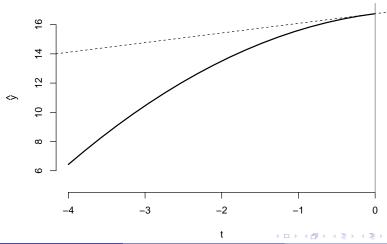
Example: 
$$\frac{\partial \hat{y}}{\partial t}=\beta_1+2\beta_2t=4.50+2(-0.48)t=2.58$$



Example: 
$$\frac{\partial \hat{y}}{\partial t} = \beta_1 + 2\beta_2 t = 4.50 + 2(-0.48)t = 1.62$$



Example: 
$$\frac{\partial \hat{y}}{\partial t} = \beta_1 + 2\beta_2 t = 4.50 + 2(-0.48)t = 0.66$$



- $lue{}$  Simple slopes are essentially tangent lines at a particular value of x
- We can obtain these slopes by either re-centering x to that given value, or
- lacktriangle we can obtain these slopes by calculating the partial derivatives with respect of x for a given regression function and then enter the given value of x to obtain the slope of the tangent

## Multimorbidity: Example from Clinical Research

Multimorbidity: Co-occurrence of medical conditions in same individual

Investigation of multimorbidity and aging

- High prevalence
  - Over 65 year, 65% report at least one and 50% report two or more medical conditions
- Complex, multi-variate
- Highly intertwined
  - Aging-related changes in physical and cognitive capabilities and mental health
  - Known to affect psychological distress and quality of life
  - Presence of psychological distress increases with severity of multimorbidity / number of medical conditions

Aim: Understand how the effects of chronic conditions evolve over time relative to aging-related and end of life changes

## Breaking Down Complexity

Identification of periods in time where multimorbidity impacts particular outcomes, such as depressive symptoms, versus periods of time where this is not the case

- Reduce complexity of the phenomenon
- Identify regions of significance
- ▶ When does it matter?
- Methodological counterpart
  - Johnson-Neyman (J-N) Technique / direct regression for rates of change
  - Probe moderators and identify regions of statistical significance
  - In context of a curvilinear longitudinal model with higher-order terms

## J-N Technique

- Originally developed in ANCOVA framework.
  - Determine significance of difference among two groups on one variable while holding constant two other variables
- Extend to longitudinal modeling
- Exact computation of conditions and boundary values where moderator elicits statistically significant slopes

## Health and Retirement Study

#### HRS:

- Longitudinal Study
- N = 2526 who died in the period between 1994 to 2006 and who were between 50 and 90 years of age at their death
  - 51% female
  - Age at death M=76, SD=9
  - Average time-to-death was 7.9 years (SD = 2.58 years).
- Measurement interval: 2 years

#### Variables of Interest

#### Depressive Symptoms

- Short version of the Center for Epidemiological Studies Depression Scale (CES-D)
- Range: 0-8

#### Multimorbidity

- Comprises: Hypertension, diabetes, CVD, stroke, and cancer (present = 0, not present = 1)
- Summed across conditions to obtain Multimorbidity Index
- MMI: M=1.4, SD=1.1, ranging from 0 to 5 MMa average multimorbidity across study MMc wave-specific multimorbidity, person centered
- Time scaled as time-to-death
- Age-at-Death

#### Statistical Model

#### Curvilinear model

- Polynomial model
- Interactions and quadratic effects
- Main Effects:
  - Time-to-death (TD), Age-at-death (AD), MMc, and MMa
  - 13 interaction terms
- Lower order terms are dependent on highest order interactions:
  - $\blacksquare AD \times MMa \times TD^2$
  - $\blacksquare AD \times MMc \times TD^2$
- J-N technique
- Mixed Effect model with focus on fixed effects

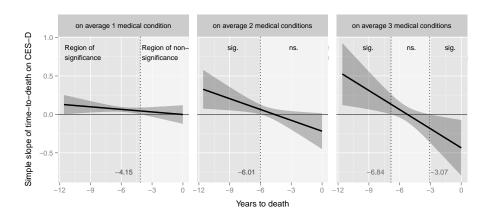
#### Results

#### Selected fixed effects estimates for CES-D

	Interce	ot at d	eath	5 years prior to death				
	Estimate	$S.E.\ t ext{-}Value$		Estimate	S.E.	$\overline{t}$ -Value		
Intercept	2.14**	0.14	15.34	1.38**	0.07	19.03		
TD	0.22**	0.05	3.99	0.09**	0.02	5.67		
MMc	0.39**	0.11	3.59	0.07	0.04	1.65		
MMa	0.15	0.19	0.80	0.79**	0.09	8.61		
:	:	:	:	:	:	:		
$TD {\times} MMc$	0.08	0.04	1.94	0.05**	0.01	3.43		
$TD {\times} MMa$	-0.22**	0.07	-3.15	-0.04	0.02	-1.91		
$AD{ imes}MMa$	0.02	0.02	1.27	-0.02**	0.01	-2.98		
$AD \times MMc \times TD^2$	0.00	0.00	0.55	0.00	0.00	0.55		

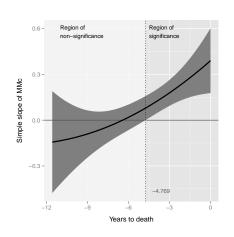
## Changes in Multimorbidity: MMa

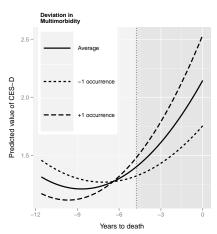
 Instantaneous rates of change of CES-D along the time-to-death axis across three conditions of average multimorbidity (MMa)



# Changes in Multimorbidity: MMc

- Differing effect of MMc on CES-D across time
- One-unit change in MMc impacts changes in CES-D differently.
- From 4.8 years prior to death changes are significant.





## Effect of Age at Death: Animation across Age Band

Animation

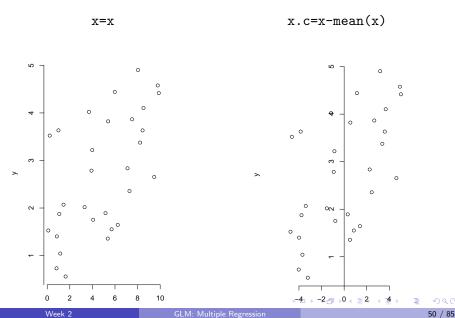
## Example: Concluding Remarks

- Multimorbidity reveals different facets:
  - Increase in average MM shows opposite effect of increases within persons
  - Might explain different findings in the past in these regards
- Multivariate: Type of MM, Proximity to death and age-at-death have all different effects on well-being
- J-N technique is useful to continuously probe moderating effects
- ▶ Identify when certain effects are or are not statistically significant
- In the context of multimorbidity
- Particularly useful for interpreting the complex interactions across time and identify regions of significance

#### Linear Transformations

- Transformations that maintain the scale and interval
- Centering
  - Grand-mean centering:  $x_i \bar{x}$
  - Centering to specific value, eg. 5:  $x_i 5$
- Multiplication: Unit changes
  - 1 year (×12) 12 months (×4.3) 52 weeks...
  - Height in mm, cm, m etc.
- Standardization to a metric: z, T, etc.

# Centering



### Centering

Adjusted R^2: 0.3133

#### Alternatively

Adjusted R^2: 0.3133

- Using a conventional centering point
  - Center based on an understandable reference point

### Rescaling

■ Changing units (eg. x/10)

```
lm(formula = y \sim x)
coef.est coef.se
(Intercept) 4.73 0.39
x 0.22 0.07
n = 30, k = 2
residual sd = 1.15, R-Squared = 0.25
> x2 <- x/10
lm(formula = y \sim x2)
coef.est coef.se
(Intercept) 4.73 0.39
x2 2.19 0.71
n = 30, k = 2
residual sd = 1.15, R-Squared = 0.25
```

52 / 85

#### Standardization

So far:

- (Re-)centered
- Rescaling

Combination of both approaches

- Re-centering and rescaling:
  - $e.g. \ Standardizing$

- The parameters in vector  $\hat{\boldsymbol{\beta}}$  indicate by how many units the dependent variable changes with respect to changes in the independent variable.
- The advantage of these raw scores is that corresponding parameters from different studies can be compared across different samples.
- Example: In our data we obtained  $\hat{\beta}_1 = -.51$  and  $\hat{\beta}_2 = 2.21$  for the influence of age and education on PS.
  - In another, independent study, we may obtain  $\hat{\beta}_1 = -.66$  and  $\hat{\beta}_2 = 3.01$  for the same variables.
  - We can now compare these estimates directly: The estimates for the  $\beta$ -parameter in the second study are larger compared to the first study.

<sup>†</sup> Whether they are significantly different i.e., whether their respective populations differ would have to be tested.

- To compare the relative influence of independent variables within a sample the  $\hat{\beta}$ -parameters are not useful unless they are all on the exact same metric.
- For meaningful comparisons we need to *standardize* the  $\hat{\beta}$ -parameters.
- We can achieve this in two ways:
  - $lue{}$  Either by standardizing the dependent and independent variables (e.g. via z-standardization). And then running the regression.
  - Or we multiply the  $\hat{\beta}$ -parameter of the independent variable j with the ratio  $s_j/s_y$  (the ratio of the standard deviations).

```
age = c(56, 57, 58, 61, 63, 72, 73, 75, 76, 83)
Education = c( 9, 13, 11,  9, 12,  8, 10,  8, 11, 12)
PS = c(25, 34, 31, 19, 38, 21, 23, 16, 18, 17)
age.z <- (age - mean(age))/sd(age)
age.z <- scale(age)
educ.z <- scale(Education)</pre>
```

Table: Data from the Longitudinal Aging Study Amsterdam (z-stand.)

Person	1	2	3	4	5	6	7	8	9	10
1 0	-1.19									
$x_2$ : Education <sup>†</sup>	-0.73	1.53	0.39	-0.73	0.96	-1.30	-0.17	-1.30	0.39	0.96
y: PS <sup>‡</sup>	25	34	31	19	38	21	23	16	18	17

<sup>&</sup>lt;sup>†</sup>Number of school years <sup>‡</sup>Processing speed.

- The unit change is now 1 SD.
- $\sigma_{\rm age} = 9.51$
- Equivalent as age/9.51

#### Interpretation

- After z-standardizing the different variables are on a comparable metric – with a study. One unit corresponds to on standard deviation.
- We can now interpret the z-standardized  $\beta$ -parameters:
  - Coefficient of age (-4.86) is larger than education (3.91)
  - Change in one age SD is associated with a decrease in PS of 4.86 seconds
  - Change in one education SD is associated with an increase in PS of 3.91 seconds

```
age = c(56, 57, 58, 61, 63, 72, 73, 75, 76, 83)
Education = c( 9, 13, 11,  9, 12,  8, 10,  8, 11, 12)
PS = c(25, 34, 31, 19, 38, 21, 23, 16, 18, 17)
(age - mean(age))/sd(age)
age.z <- scale(age)
educ.z <- scale(Education)
ps.z <- scale(PS)</pre>
```

Table: Data from the Longitudinal Aging Study Amsterdam (z-stand.)

Person	1	2	3	4	5	6	7	8	9	10
$x_1$ : Age	-1.19	-1.09	-0.98	-0.67	-0.46	0.48	0.59	0.79	0.90	1.64
$x_2$ : Education <sup>†</sup>	-0.73	1.53	0.39	-0.73	0.96	-1.30	-0.17	-1.30	0.39	0.96
y: PS <sup>‡</sup>	0.10	1.28	0.88	-0.68	1.79	-0.42	-0.15	-1.07	-0.81	-0.94

<sup>&</sup>lt;sup>†</sup>Number of school years <sup>‡</sup>Processing speed.

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No need to estimate the intercept

- The z-standardized  $\hat{\beta}$ -parameters are denoted by the superscript z.
- The computation for the second approach uses the standard deviations:  $(SD_x/SD_y) \beta_x = \beta_x^z$

$$\hat{\pmb{\beta}}^z = \frac{1}{s_y} \begin{bmatrix} \sqrt{s_{x_1}^2} & 0 \\ 0 & \sqrt{s_{x_2}^2} \end{bmatrix} \hat{\pmb{\beta}} = \frac{1}{7.277} \begin{bmatrix} 9.024 & 0 \\ 0 & 1.6763 \end{bmatrix} \begin{bmatrix} -.51 \\ 2.21 \end{bmatrix} = \begin{bmatrix} -0.633 \\ 0.509 \end{bmatrix}.$$

#### Interpretation:

- For one additional standard deviation in chronological age we predict a reduction of 0.633 standard deviations in PS (and vice versa for a reduction in age)
- For one additional standard deviation in years of education we predict slower processing speed of .509 standard deviations.

Note: The standardized parameters are highly dependent on the standard deviation of the respective parameters in the sample. Comparing these parameters *across* different samples is typically not recommended!

#### Some thoughts

- Standardized  $\beta$ -parameters are strongly affected by bounded data (which limit magnitude of variance, see Cohen & Cohen, 1983).
- Standardized regression coefficients mostly find application as effect sizes in regression analyses.
- Standardized regression coefficients can be useful to facilitate computations
  - Especially in Bayesian applications, computation can be greatly facilitated

### Regression to the Mean

- If both x and y are standardized, then the regression intercept is zero and the slope is simply the correlation between x and y (for the univariate case)
- Slope of a regression of two standardized variables must always be between -1 and 1
- ightharpoonup In general, the slope of a regression with one predictor is  $eta = 
  ho \sigma_y \sigma_x$ , where ho is the correlation between the two variables and  $\sigma_x$  and  $\sigma_y$  are standard deviations of x and y.

### Regression to the Mean

```
lm(formula = y \sim x)
coef.est coef.se
(Intercept) 1.15 0.44
x 0.10 0.07
n = 30, k = 2
residual sd = 1.12, R-Squared = 0.07
lm(formula = scale(y) ~ scale(x))
coef.est coef.se
(Intercept) 0.00 0.18
scale(x) 0.26 0.18
> cor(x,y)
[1] 0.2616495
```

### Regression to the Mean

- Hence, when x and y are standardized, regression slope is always less than 1.
- When x is 1 standard deviations above the mean, the predicted value of y is somewhere between 0 and 1 standard deviations above the mean.
- y is predicted to be closer to the mean (in standard-deviation units) than x
- ▶ Regression to the mean

Example: If a woman is 10 inches taller than the average for her sex, and the correlation of mothers' and (adult) sons' heights is 0.5, then her son's predicted height is 5 inches taller than the average for men. He is expected to be taller than average, but not so much taller—thus a "regression" (in the nonstatistical sense) to the average. (cf. Gelman & Hill, 2006)

#### Nonlinear Transformations

- Assumption: Linearity and additivity
- $\triangleright y = X'\beta$
- Sometimes these are not reasonable assumptions
- Scale is not maintained
- Parameters will obtain different values
  - lacksquare eta parameters change
  - Consequently, interpretation will be affected

## Transformations of x and/or y

- Transformations may be made on
  - Predictor x
  - Dependent variable y
- Goals of transformations
  - Simplify relationship
  - Typically linearize
  - Eliminate heteroscedasticity
  - Change variance structure
  - Normalize residuals
  - Make distribution of residuals "normal"

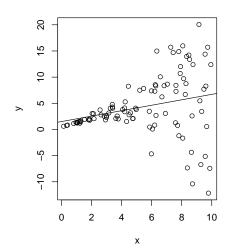
## Rationale for Transforming

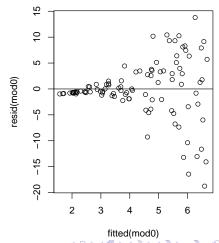
- Transformations should be taken only after careful consideration
- Nonlinearity may arise from outliers
- Diagnostic plots
  - Residual vs.  $\hat{y}$
  - Density plots
- Consequence of transformation may not always work
- Danger of fixing one problem but creating another
  - Possible introduction of outliers

## Example: Heteroskedasticity

plot(x,y)
abline(coefficients(mod0))

plot(fitted(mod0), resid(mod0))
abline(h=0)



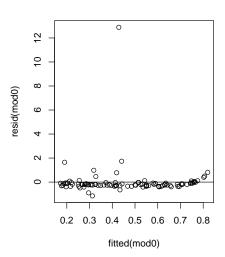


# Example: Heteroskedasticity

- Fan spread
- "penalize" large values

e.g. 
$$1/y$$

plot(fitted(mod0),
 resid(mod0))
abline(h=0)



## Logarithms and Exponents

- lacktriangle Transformations often involve log and e
- lacksquare  $\log_m(x)$  logarithm of value x to the base m
- e.g.  $\log_{10}(1000) = 3$  since  $10^3 = 1000$ 
  - Natural logarithm  $ln_e(x)$
- e.g  $x = \exp(\ln_e(x)) = e^{\ln_e(x)}$ , hence,  $\exp()$  is called the antilog of  $\ln_e(x)$ 
  - The antilog returns the original number
    - Important for returning to original metric after transformation
  - Some transformations have no solution (e.g.  $\ln_e(-10)$ )

## Logarithmic transformations

 A linear model on the logarithmic scale corresponds to a multiplicative model on the original scale

$$\log y_i = \beta_0 + \beta_1 X_{i1} + \beta_2 X_{i2} + \dots + \epsilon_i$$

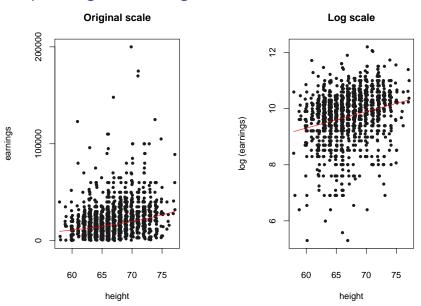
■ Exponentiating both sides yields

$$y_i = \exp(\beta_0 + \beta_1 X_{i1} + \beta_2 X_{i2} + \dots + \epsilon_i)$$
  
=  $B_0 \times B_1^{X_{i1}} \times B_2^{X_{i2}} \dots E_i$ 

- $\triangleright B_0 = e^{\beta_0}, B_1 = e^{\beta_1}, B_2 = e^{\beta_2}, \dots$  are exponentiated regression coefficients (all positive)
- $\triangleright$   $E_i = e^{\epsilon_1}$  is the exponentiated error term
- On the scale of the original data  $y_i$ , the predictors  $X_{i1}, X_{i2}, \ldots$  come in *multiplicatively*.

4D > 4B > 4B > 4B > 900

## Example: Logarithmic regression



## Example: Logarithmic regression

■ Predicting earnings from height

■ Estimated coefficient  $\beta_1 = 0.06$  implies that a difference of 1 inch in height corresponds to an expected positive difference of 0.06 in log(earnings)

## Example: Logarithmic regression

- Earnings are multiplied by exp(0.06)
- $\triangleright \exp(0.06) \approx 1.06$
- Difference of 1 in the predictor corresponds to an expected positive difference of about 6% in the outcome variable
- Similarly, if  $\beta_1$  were -0.06, then a positive difference of 1 inch of height would correspond to an expected negative difference of about 6% in earnings.

#### Natural log vs log-base-10

- In, or natural log yields % change in y for one unit in x
- Coefficients on In scale are directly interpretable as approximate proportional differences.
- $\blacksquare$  The actual transformed value is hard to understand  $\log_{10}$
- $\blacksquare$  The advantage of  $\log_{10}$  is that the predicted values themselves are easier to interpret
- $\log_{10}(1,000) = 3 \text{ or } \log_{10}(100,000) = 5$
- Coefficients are harder to interpret

## Intrinsically Linear vs. Intrinsically Nonlinear

It's not always clear whether a function is linear or nonlinear.

- Intrinsically linear
- Elements can be transformed to make function linear
- How does the error  $\epsilon$  enter the model?
- Multiplicative errors: Error increases with increasing y  $y = \beta_0 x_1^{\beta_1} x_2^{\beta_2} \exp(\epsilon)$  can be linearized with rules  $\log(bX) = \log b + \log X$  and  $\log(X^b) = b\log(X)$  to  $\log y = \log \beta_0 + \beta_1 \log x_1 + \beta_2 \log x_2 + \epsilon$
- This model can now be solved via OLS

# Intrinsically Linear vs. Intrinsically Nonlinear

- Intrinsically nonlinear
- Elements can *not* be transformed to make function linear
- How does the error  $\epsilon$  enter the model?
- Additive errors: Error variance is constant  $u = \beta_0 x_1^{\beta_1} x_2^{\beta_2} + \epsilon$

■ Problem: 
$$\log(a+b) = \log(a(1+b/a)) = \log a + \log(1+b/a)$$
  
 $\log y = \log(\beta_0 x_1^{\beta_1} x_2^{\beta_2} (1+\beta_0 x_1^{\beta_1} x_2^{\beta_2} \frac{1}{\epsilon}))$ 

- Error is now multiplied!
- Intrinsically nonlinear
- Nonlinear regression instead of OLS

# Linearizing Based on Theory

Some models are used to linearize certain type of data

- Learning data tend to be nonlinear with a bend and an asymptote
- e.g. Michaelis Menten (diminishing returns model)
- Typical approach is to take data and linearize according to that model
- After linearizion, add error term, to keep it additive
- Implies multiplicative error terms in non linearized form
- There are a number of transformations based on models that can be linearized
- There are also a number of transformations ( $\log$ , e, ratio etc.) are typically used in certain fields and/or for certain data.

# Linearizing Based on Theory

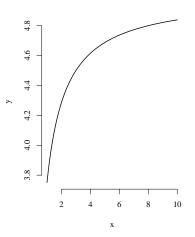
Asymptotic function (Michaelis-Menten or diminishing returns model):

$$y = \frac{ax}{1 + bx}.$$

Linearize with reciprocal transformation:

$$\frac{1}{y} = \frac{1+bx}{ax}$$

$$\frac{1}{y} = \frac{1}{ax} + \frac{bx}{ax} = \frac{1}{ax} + \frac{b}{a}$$



With y=1/y; x=1/x; A=1/a: C=b/a we obtain the linear model:

$$y = AX + C$$

And now we can add error term:  $y = AX + C + \epsilon_0 + \epsilon_$ 

Week 2

#### Convenient Linearization Methods

Some methods to linearize are not founded in theory but are convenient

- logarithmic transformations
- e.g.  $\mathbf{y} = [1, 10, 100, 1000, 10, 000]'$  can be transformed to  $\log_{10}(\mathbf{y}) = [0, 1, 2, 3, 4]'$
- Reciprocal transformations
  - Common in reaction time data and interpreted as rates
  - Reduces variance due to large numbers

## **Empirical Transformation Methods**

#### Some methods are completely data driven

- Goal is to linearize and normalize data
- Typically
  - Attempt to undo all unfavorable conditions in data
  - Power transformations:  $y*=y^{\lambda}$
  - Linearizing one-bend data
  - Logit and Probit transformations
  - Linearizing two-bend data
- Target may be x, y or both variables
  - Problem: Data may be bent, but homoscedastic
  - Transformation would reduce bend but introduce heteroscedasticity
  - $\triangleright$  Error variance is affected by transformations of y
  - ightharpoonup Nonlinearity is affected by transformations of x

# **Empirical Transformation Methods**

- How to choose λ
  - Iterative methods
  - Most common: Box-Cox transformation (in R: boxcox())
- Considered to be "old school"
- Modern approach is to use generalize linear model

## Nonlinear Regression

#### Some models can not be linearized

- Intrinsically nonlinear
- Arises with additive errors

e.g. 
$$y = c^{(\exp(\beta x))} + \epsilon$$

- OLS will not work as there is not an analytic solution to our minimization problem.
- Iterative methods using maximum likelihood
  - Starting with parameter configurations and approaching best solution step by step

#### Summary

- Power polynomials are very flexible and can fit almost any shape given sufficient polynomials
  - We typically prefer interpretability over best fit and cubic terms may be the highest order polynomial we see in psychological research
- Nonlinear transformations
  - Change relative spacing on scores of a scale to either
  - □ address curvature and/or
  - heteroscedasticity and/or
  - non-normality of residual distribution
  - Transformations can be based on theoretical models, on convenience, or be empirically determined by the data.
- Nonlinear regression
  - Regression that is base on an intrinsically (or inherently) nonlinear model