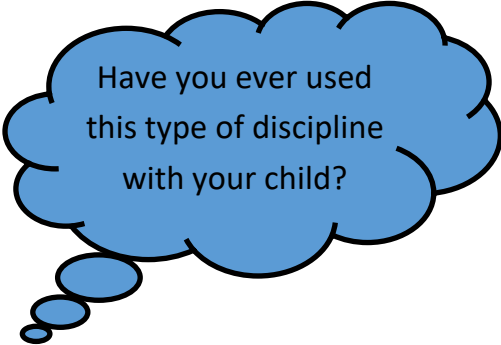


Discipline Strategies That Work


- **Natural Consequence:** Allow your child to learn on their own. Your child will start to see what will take place if he/she does not behave. When using this plan, do not give in and save your child.
- **Time-Out:** A discipline strategy that involves putting children in a boring place for a few minutes after bad behaviors. Time-out means time away from any attention.
- **Logical Consequence:** With this process you will need to step in and create a consequence. For example, Tell your child that if he/she does not pick up his/her toys, you will put them away for the rest of the day. It is essential to mean what you say and follow through right away. Be strong and reply in a calm way.
- **Taking Away Privileges:** A child will have to give up something he or she likes if that are not being good. A few hints; do not take away things your child needs. Rather, take away something your child likes. Make sure to take away privileges right away rather than waiting to take it away.



Have you ever used this type of discipline with your child?

Helpful Reminders!

- **Remember the Purpose of Discipline.** Discipline guides your child into adulthood.
- **Successful discipline is geared towards the child's developmental stage.** Do not expect a child of any age to perform something he or she is not ready for.
- **Children need positive reinforcement.** Reward your child for doing right with smiles, hugs, attention, and praise.
- **Never hit or shake a child.** This is not a useful technique and may cause physical harm to a child.
- **Discipline is best taught by example.** The lessons you teach your child come from what your child sees you do.
- **If what you are doing is not working, change it.** Your best efforts, even those that worked in the past, may stop working. Establish a new plan which will work for your child.



What is an appropriate privilege to take away?