## NEVER leave a child alone in a car - even for a minute!

## Almost 50 children died this way last year.

Temperatures inside a car can rise 20 degrees in only 10 minutes. Leaving a window slightly open has no effect on the inside temperature of a vehicle.

Outside Temperature 101°

**Inside Vehicle Temperature**140°

A child's body heats up 3-5 times faster than an adult's body - their internal systems to regulate body temperature are not fully developed and they absorb heat and generate heat under stress more quickly than adults.

When the body temperature reaches 104 degrees, the internal organs start to shut down. When it reaches 107 degrees the person dies. Symptoms can quickly progress from flushed, dry skin and vomiting to seizures, organ failure or death.

Never leave a child unattended in a vehicle, even with the window slightly open.

Place a cell phone, purse, briefcase, backpack, gym bag or something that is needed at your next stop, on the floor, in front of a child in the backseat. This triggers adults to see children when they open the rear door and reach for their belongings.

Set a cell phone reminder to be sure you dropped your child off at day care.

Have a plan that if your child is late for daycare that you will be called within a few minutes. Be especially careful if you change your routine for dropping off little kids at day care.

Dial 911 immediately if you see an unattended child in a car. EMS professionals are trained to determine if a child is in trouble.

## **Prevent Trunk Entrapment**

Teach children not to play in any vehicle.

Lock all vehicle doors and trunk after everyone has exited, especially at home. Keep keys out of children's reach. Cars are not playgrounds or babysitters.

Always check vehicles and trunks FIRST if a child goes missing.



Information provided by SafeKids USA, www.safekids.org/nlyca

