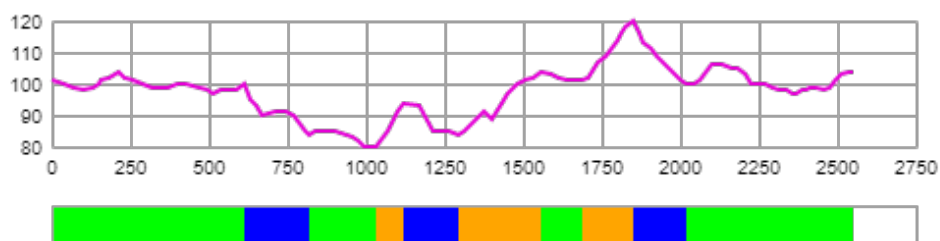


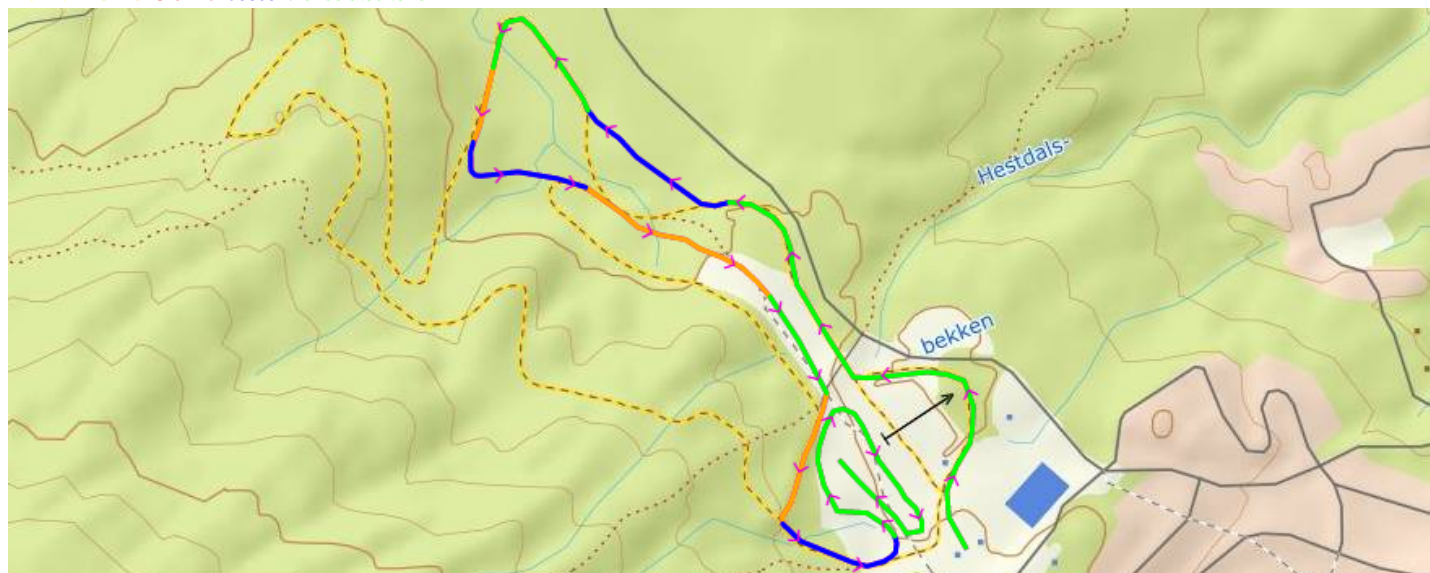
# CERTIFICATE OF FIS HOMOLOGATED CROSS-COUNTRY COURSE FIS CROSS-COUNTRY COMMITTEE

(1) Registration number: (2) Name of the competition site: (3) Name of city/region: (4) Organizer: (5) National ski association: (6) Contact person in the organizing committee: (7) Homologation inspector: (8) Name of course: (9) Competition level for course	<div style="font-size: 1.2em; font-weight: bold;">19/122.03/2.5</div> Skillevollen Mo i Rana Skillevollen Idrettspark Norwegian Ski Federation Rune Larsen Hermod Bjørkestøl 2,548m COC
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Course length:	2,548m	Height difference (HD):	40m	Lowest point:	80m
Course category:	D	Maximum climb (MC):	22m	Highest point:	120m
		Total climb (TC):	81m		



A-climb B-climb C-climb descent undulated terrain



FIS Office

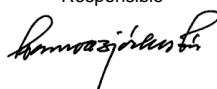


Mignerey, Pierre  
 FIS International Ski Federation  
 Blochstrasse 2 / Postfach  
 CH - 3653 Oberhofen

FIS Stamp



FIS Homologation  
 Responsible



Bjørkestøl, Hermod

Date of Issue

26.11.2019

Valid until

30.06.2024

(10) Overview of the uphill:

	No.	PTC	% of TC
- shorter climbs	3	55	67.9
- descents	3	1	1.2
- undulated terrain	4	25	30.9

(11) Stadium area:

Fixed stadium area	yes	Indoor working room:	Timekeeping	yes
Fixed building	yes		Announcer	yes
Temporary stadium	no		Jury	yes
Temporary building	no		Race office	yes
Good infrastructure (access, parking, media, etc.)	yes			
Skiteasting area along course/near stadium	yes			
Warm up track near the stadium	no			

(12) Category for the stadium and course layout:

	Interval	Sprint	Skiathlon	Relay	Mass start
Stadium suitable for following competition formats	yes	yes	yes	yes	yes
Course suitable for following competition formats with					
a) Classssical technique	yes		yes	yes	yes
b) Free technique	yes		yes	yes	yes
Course suitable for relay and skiathlon competition					
a) On same course			yes		
b) Combined on different courses (C+D or D+D)					

(13) Possibility of snow making:

(14) Map Material:

Good

(15) Source of accurate elevation data:

Norwegian Mapping Authority

(16) Safety considerations:

OK





(17) General remarks:

With enough snow category E can be achieved

(18) Date of first inspection: 2016/9/19

(19) Date of final inspection: 2019/9/23

(20) Summary of terrain characteristics

	#	at m	PHD (m)	PTC (m)	grad. (%)	avg. grad.(%)	
A-climb		total		0			0.0% part of TC
B-climb		1	1,030	14	14	13.6 - 17.2	15.4
		2	1,295	20	22	-7.2 - 16.5	7.8
		3	1,685	19	19	5.4 - 15.2	11.5
		total		55			67.9% part of TC
C-climb		total		0			0.0% part of TC
undulated terrain		total		25			30.9% part of TC
		total climb		81			