

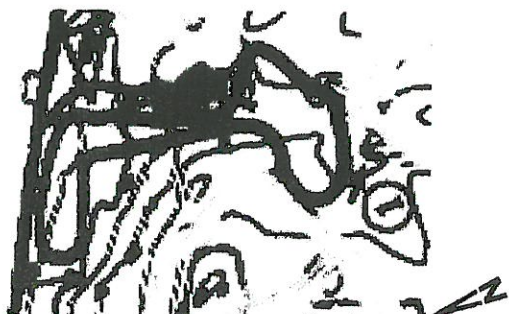


# CERTIFICATE

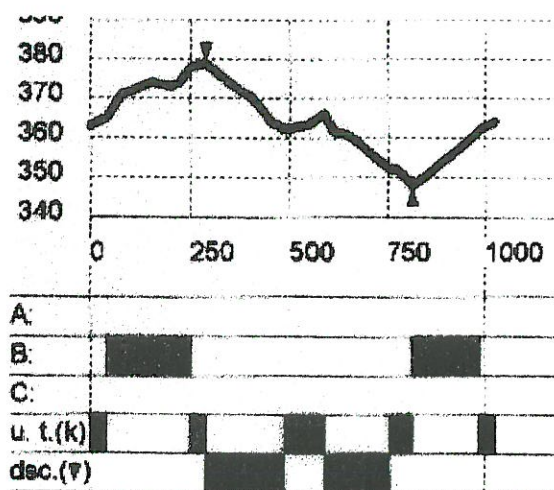
## OF FIS HOMOLOGATED CROSS-COUNTRY COURSE FIS CROSS-COUNTRY COMMITTEE



(1) Registration Number: 00/09.01/01  
(2) Location of the Competition site: Henningvola, 7711 Steinkjer  
(3) Organizer: Henning IL  
(4) National Ski Association: Norwegian Ski Federation  
(5) Contact person in the Organizing Committee: Fridtjof Rannem  
(6) Homologation Inspector: Eiliv Grut  
(7) Name of Course: Henningvola 1 km



0 0,5 km



Comp level	Distance	Category	TC	MC	HD	Lowest point	Highest point
COC	1 km	D	37 m	10 m	31 m	348 m	379 m
FIS Office B E Bengtsson Signature			Internationaler Skiverband FIS Stamp Blochstrasse 2 CH-3653 Oberhofen Thunersee			FIS Homologation Responsible Hermod A Bjørkestøl Signature	
						Date issued 0909 2000 Valid until 30 June 2005	

# FIS CROSS COUNTRY COMMITTEE

## Subcommittee for Rules and Control



### DOCUMENTATION OF HOMOLOGATED CROSS COUNTRY COURSES

- (1) Registration Number: 00/09.01/01  
 (2) Location of the competition site: Nord Trøndelag  
 (3) Organizer: Henning IL  
 (4) National ski association: NSF  
 (5) Contact person in the organizing committee: Fridtjof Rannem  
 (6) Homologation inspector: Eilif Grut  
 (7) Name of course: Henningvola skistadion  
 (8) Description of course:

Distance of the course m	Laps		HD m	MM m	MT m	lowest point m	highest point m
	No.	m					
1000	0	0	31	10	37	348	379

- (9) Overview of different uphill  
 major uphill  
 shorter uphill  
 steep uphill plus undulated terrain

No.	MP	% of MT
0	0	0.00
2	28	75.68
0 + u.t.	9	24.32

- (10) Stadium area  
 fixed stadium ☒  
 fixed building ☒  
 indoor working room for  
 temporary stadium ☐  
 temporary building ☐  
 timekeeping ☐  
 calculation ☐  
 others ☐  
 enough space for mass starts ☒  
 good infrastructure (access, parking, media) ☐  
 skitesting area near the stadium ☒  
 warm up track near the stadium ☐

- (11) Category of the course  
 Individual Relay Pursuit-start  
 Competitions in the classical technique ☒ ☒ ☒  
 Competitions in the free technique ☒ ☒ ☒  
 Possible combination with a course for mixed relay category ☒  
 Category ☐

- (12) Possibility of snow making  
 Stadium area ☐ Part of course ☐

- (13) Substitute course available ☐

- (14) Map material accordance to art 313.2 ICR  
 very good ☐ sufficient ☒

- (15) Date of the final inspection: 04.07.98

- (16) Closing of the homologation procedure: 07.08.00

- (17) Date of the FIS-License:

## 2. Data of the course profile

		Data				Remarks of the inspector	
Name of the course		Henningvola skistadion					
Competition distance		1000 m					
Number and length of the laps							
Height difference (HD)		31 m					
Maximum climb (MM)		14 m 10					
Total climb (MT)		37 m					
Lowest point		348 m					
Highest point		379 m					
<div>A</div> major uphill with: 30 m - 50 m MP and Ø 6.00 - 12.00% gradient in accordance to ICR 312.5		at m	HD	MP	gradient	average gradient	Remarks of the inspector
total				0			0.00% part of MT
<div>B</div> shorter uphill with: 10 m - 29 m MP and Ø <18.00% gradient in accordance to ICR 312.5		1. 42	13	14	4.00-15.38	6.19	
		2. 816	14	14	6.67- 9.52	8.19	
total				28			75.68% part of MT
<div>C</div> steep uphill with Dist. <= 30 m and Ø > 18.00% gradient gradient							
undulated terrain				9			
total				9			24.32% part of MT
total climb				37		100.00	0