

CERTIFICATE OF FIS HOMOLOGATED CROSS-COUNTRY COURSE FIS CROSS-COUNTRY COMMITTEE

- (1) Registration number:
- (2) Name of the competition site:
- (3) Name of city/region:
- (4) Organizer:
- (5) National ski association:
- (6) Contact person in the organizing committee:
- (7) Homologation inspector:
- (8) Name of course:
- (9) Competition level for course

20/16.07/7.5

Tolga

Tolga/Hedmark Skikrets

Tolga Idrettslag

Norwegian Ski Federation

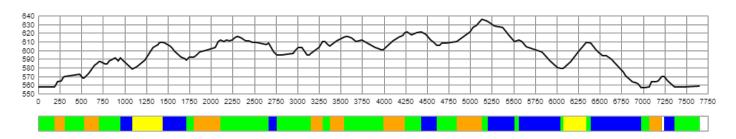
Paul Brennmoen

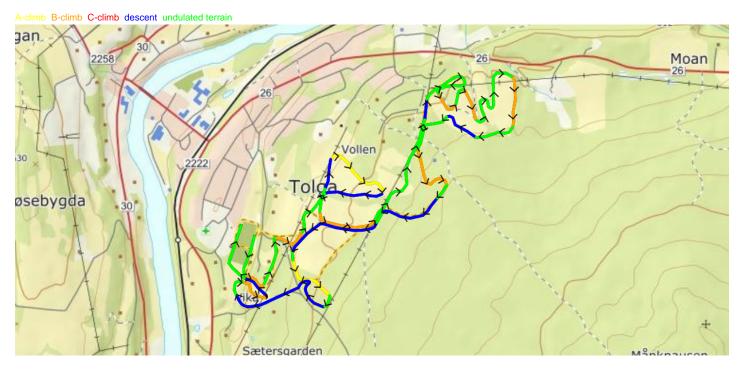
John Aalberg

7,5 km

COC

Course length:	7,654m	Height difference (HD):	79m	Lowest point:	557m
Course category:	D	Maximum climb (MC):	31m	Highest point:	636m
		Total climb (TC):	240m		





FIS Office

Mignerey, Pierre FIS International Ski Federation Blochstrasse 2 / Postfach CH - 3653 Oberhofen



FIS Homologation Responsible

Bjørkestøl, Hermod

Date of Issue 09.04.2020 Valid until 30.06.2025

(10) Overview of the uphills:

	No.	PIC	% of TC
- major climbs	2	61	25.4
- shorter climbs	8	132	55.0
- descents	8	0	0.0
- undulated terrain	16	47	19.6

(11) Stadium area: Indoor working room:

1) Stadium area.		ilidool working room.	
Fixed stadium area	yes	Timekeeping	yes
Fixed building	yes	Announcer	yes
Temporary stadium	no	Jury	yes
Temporary building	no	Race office	yes
Good infrastructure (access, parking, media, etc.)	ves		

Good infrastructure (access, parking, media, etc.) yes Skitesting area along course/near stadium yes Warm up track near the stadium yes

(12) Category for the stadium and course layout:

	Interval	Sprint	Skiathlon	Relay	Mass start
Stadium suitable for following competition formats	yes	yes	yes	yes	yes
Course suitable for following competition formats with					
a) Classsical technique	yes				yes
b) Free technique	yes				yes
Course suitable for following competition formats with a) Classsical technique	yes	- 1			yes

Course suitable for relay and skiathlon competition

- a) On same course
- b) Combined on different courses (C+D or D+D)

(13) Possibility of snow making:

No, but can bring in snow from local ski jump venue

(14) Map Material:

Good

(15) Source of accurate elevation data:

Norwegian Government maps plus GPS measurements

(16) Safety considerations:

Corner at bottom of long downhill 700 meter before finish should be fenced on left hand side

(17) General remarks:

Long parts of course are on open fields, and width of course is flexible

(18) Date of first inspection: 2020/3/10

(19) Date of final inspection: 2020/3/10

(20) Summary of terrain characteristics

	#	at m	PHD (m)	PTC (m)	grad. (%)	avg. grad.(%)			
A-climb	1	1,091	31	31	0.0 - 14.9	8.9			
	2	6,075	30	30	9.2 - 12.9	11.3			
	total			61			25.4%	part of TC	
B-climb	1	193	12		2.1 - 24.8	10.4			
	2	533	19		6.3 - 17.1	11.2			
	3	1,803	20		2.7 - 23.6	6.5			
	4	-,	14		7.7 - 15.0	10.1			
	5	-,	10		3.7 - 7.5	6.1			
	6	3,999	19		4.4 - 11.6	7.8			
	7	4,844	26		6.1 - 17.4	9.0			
	8	7,072	12	12	3.3 - 19.9	8.4			
	total			132				part of TC	
C-climb	total			0				part of TC	
undulated terrain	total			47			19.6%	part of TC	
	total climb		240						