CERTIFICATE



OF FIS HOMOLOGATED CROSS-COUNTRY COURSE FIS CROSS-COUNTRY COMMITTEE



(1) Registration Number:

(2) Location of the competition site:

(3) Organizer:

(4) National Ski Association:

(5) Contact person in the organizing committee:

(6) Homologation inspector:

(7) Name of course:

(8) Description of course:

16/38.05/05

Liatoppen, ÅL

Ål IL - Ski

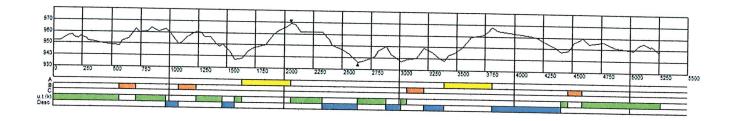
Norwegian Ski Federation

Kåre Hagen

Hermod Bjørkestøl

Liatoppen 5 km blue

| Course length: Category Competition Level: | 5264 m D | Height Difference (HD): Maximum Climb (MC): | 33 m 31 m | Lowest point: Highest point | 936 m 969 m |
|--|-------------|---|--------------|--------------------------------|----------------|
| Competition Level: | COC | Total Climb (TC): | 152 m | | |





FIS Office

Pierre Mignerey

FIS Stamp

FIS Homologation Responsible

Internat. Ski Verband FIS Blochstrasse 2 / Postfach CH-3653 Oberhofen Hermod Bjørkestøl

Date of Issue 26.10.2016 Valid until 30.06.2021



(17) Date of the FIS-License:

FIS CROSS COUNTRY COMMITTEE Subcommittee for Rules and Control



| DOCUMENTATION OF HOMOLOGATE | ED CROSS COUNTRY COURSES |
|-----------------------------|--------------------------|
|-----------------------------|--------------------------|

| (1) | Registration Number: | | | | | | | | |
|------|---|---|-------------------|--|------------------|---|---------|-----------------|--|
| (2) | Location of the competition site: | | Liatopp | en, ÅL | | | | | |
| (3) | Organizer: | | ÅI IL - S | Ski | | | | | |
| (4) | National Ski Association: | | Norwe | gian Ski Fede | ration | | | | |
| (5) | Contact person in the organizing com | mittee: | Kåre H | | | | | | |
| (6) | Homologation inspector: | Hermo | Hermod Bjørkestøl | | | | | | |
| (7) | • 0.0 20 20 20 20 20 20 20 20 20 20 20 20 20 | | | en 5 km blue | 1 | | | | |
| (8) | B) Description of course: | | | | | | | | |
| | Course length: 5264m | Hoight Diffe | (LID) | | | | | | |
| | Category: D | Height Differ | | | Lowest p | | 936m | | |
| | Competition Level: COC/FIS | Maximum Cl | | 31m | Highest | point: | 969m | | |
| | Competition Level. COC/FIS | Total Climb (| (TC): | 152m | | | | | |
| (9) | Overview of the uphills | No. | PTC | % of TC | ı | | | | |
| ` ' | - major uphills | 2 | 61 | 40.13 | | | | | |
| | - shorter uphills | 4 | 48 | 31.58 | | | | | |
| | - undulated terrain | u.t. | 43 | | | | | | |
| | and diagram | u.t. | 43 | 28.29 | | | | | |
| (10) | Stadium area | | | | | | | | |
| ` ' | - fixed stadium | | | indoor workin | a room for | | | | |
| | - fixed building | ••••••••• | | indoor workin | - | | | / | |
| | - temporary stadium | •••••••• | | - timekeeping | | •••••• | | ······ | |
| | - temporary building | • | | - calculation | | ••••• | | ·····. Y | |
| | - good infrastructure (access, parking | modia eta \ | | announcer. | | ••••• | | Y | |
| | - skitesting area near the stadium | , media, etc.). | | - media | ••••••••• | •••••• | | | |
| | - warm up track near the stadium | •••••• | | · jury | ••••••• | • | | | |
| | warm up track floar the stadium | ••••••••• | | others | | | | | |
| (11) | Category for the stadium and course I | avout | | Individual | Sprint | Pursuit | Polov | Moostori | |
| | Stadium: suitable for following starting | procedures | | To the same of the | Sprint Sprint | I disuit | Relay | Masstar | |
| | Course: suitable for following competition | ion formats wi | ith | | | | | | |
| | a) classical technique | | | | П | | | | |
| | b) free technique | | | | H | | | | |
| | suitable for mixed relay and pursuit co | mnetition | | | | | | | |
| | a) on the same course | inpetition | | | | | | | |
| | a) on the same course b) combined with a separat cou | ırea | | ••••••• | ••••••• | •••••• | | | |
| | Category: | | •••••• | •••••••••• | ••••••• | | | ⊻ | |
| | 0 , | *************************************** | •••••• | ••••• | ************** | | | D | |
| (12) | Possibility of snow making | | | | | | | | |
| | Stadium area | | 🗆 (| Course | | | | | |
| | | | | Jourso | ••••• | | ••••••• | | |
| (13) | Substitute course avaliable | | ***************** | | | | | | |
| | | | | *************************************** | ••••••• | •••••• | •••••• | •••••• | |
| 14) | Map material in accordance to art 313 | .4.3 ICR | | | | | | | |
| | very good | | S | sufficient | | | | | |
| | _ | | ********* | | | | | | |
| 15) | Date of the final inspection: | | | | | | | | |
| 401 | Obstantia in the second | | | | | | | | |
| 16) | Closing of the homologation procedure | e: | | | | | | | |
| | | | | | | | | | |

Data of the course profile



| Name of the course Competition distance Number and length of the laps Height difference (HD) | 5264 | ppen 5 kr m | n blue | | | | the inspector | | |
|---|-------|----------------|--------|-----|------------|---------------------|--------------------------|--|--|
| Number and length of the laps Height difference (HD) | | m | | | | | | | |
| Height difference (HD) | 00 | | 5264 m | | | | | | |
| | 00 | | | | | | | | |
| | 33 m | | | | | | | | |
| Maximum climb (MC) | 31 m | | | | | | | | |
| Total climb (TC) | 152 m | | | | | | | | |
| Lowest point | 936 m | | | | | | | | |
| Highest point | 969 m | | | | | | | | |
| A | 1000 | at m | PHD | [p | | | | | |
| major uphills with: | | | | PTC | gradient | average gradient | Remarks of the inspector | | |
| and Ø | 1. | 1634 | 31 | 31 | 2.75-12.86 | 7.33 | | | |
| 6.00 - 12.00% gradient | 2. | 3390 | 30 | 30 | 1.98-12.90 | 7.18 | | | |
| in accordance to ICR 313.1 | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| _ | | | | | | | | | |
| _ | | | | | | | | | |
| total | | | | | | | 40.13% part of TC | | |
| В | 1. | 565 | 15 | 15 | 3.64-16.00 | 10.20 | 40.13% part of TC | | |
| shorter uphills with: | 2. | 1078 | 11 | 11 | 3.85- 9.80 | 6.92 | | | |
| 10 m - 29 m MP | 3. | 3063 | 10 | 10 | 1.22-13.79 | 6.54 | | | |
| and Ø | 4. | 4465 | 12 | 12 | 5.36-16.67 | | | | |
| <18.00% gradient | | 1100 | 12 | 12 | 3.30-10.07 | 10.00 | | | |
| in accordance to ICR 313.1 | | | | | | | | | |
| _ | | | | | | | | | |
| _ | | | | | | | | | |
| _ | | | - | | | | | | |
| - | | | | | | | | | |
| otal _ | | | | | | | | | |
| С | | | | | | | 31.58% part of TC | | |
| steep uphills with | | | | | | | | | |
| Dist. <= 30 m | | | | | | | | | |
| and Ø | | | | | | | | | |
| > 18.00% gradient | | | | | | | | | |
| in accordance to ICR 313.1 | | | | | | | | | |
| in accordance to ICR 313.1 | | | | | | | | | |
| Indulated townin | | | | | | | | | |
| undulated terrain | | | | 43 | | | | | |
| otal | | | | 43 | | | 28.29% part of TC | | |
| | | | | | | | | | |
| otal climb | | | | | | | 100.00 | | |