

CERTIFICATE OF FIS HOMOLOGATED CROSS-COUNTRY COURSE FIS CROSS-COUNTRY COMMITTEE

- (1) Registration number:
- (2) Name of the competition site:
- (3) Name of city/region:
- (4) Organizer:
- (5) National ski association:
- (6) Contact person in the organizing committee:
- (7) Homologation inspector:
- (8) Name of course:
- (9) Competition level for course

19/105.01/2.5

Rena Idrettspark

Rena/Hedmark

Rena IL - Ski

Norwegian Ski Federation

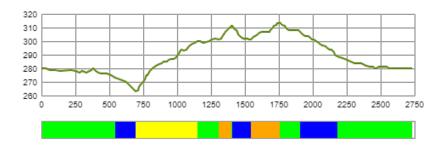
Jan Olav Andersen

John Aalberg

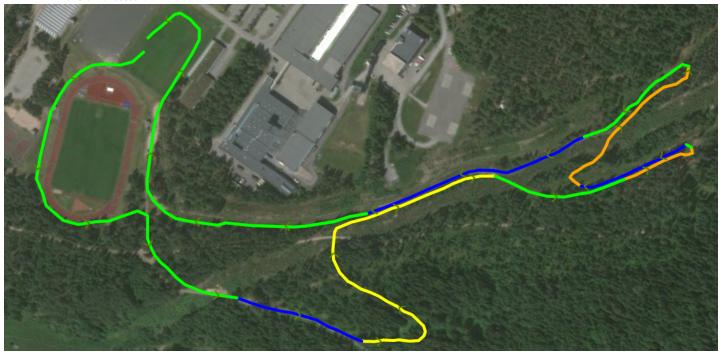
NC 2.5 km

COC

Course length:	2,733m	Height difference (HD):	51m	Lowest point:	263m
Course category:	D	Maximum climb (MC): 38m		Highest point:	314m
		Total climb (TC):	70m		



A-climb B-climb C-climb descent undulated terrain



FIS Office

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FIS International Ski Federation
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CH - 3653 Oberhofen

FIS Stamp

FIS Homologation Responsible

/ Bjørkestøl, Hermod Date of Issue 25.09.2019 Valid until 30.06.2024

(10) Overview of the uphills:

	No.	PIC	% of TC
- major climbs	1	38	54.3
- shorter climbs	2	23	32.9
- descents	3	0	0.0
- undulated terrain	5	9	12.9

(11) Stadium area: Indoor working room:

	ilidool working room.	
yes	Timekeeping	no
no	Announcer	no
no	Jury	yes
yes	Race office	yes
yes		
	no no yes	yes Timekeeping no Announcer no Jury yes Race office

Skitesting area along course/near stadium yes
Warm up track near the stadium yes

(12) Category for the stadium and course layout:

	Interval	Sprint	Skiathlon	Relay	Mass start
Stadium suitable for following competition formats	yes	yes		yes	yes
Course suitable for following competition formats with					
a) Classsical technique	yes			yes	yes
b) Free technique	yes			yes	yes

Course suitable for relay and skiathlon competition

- a) On same course
- b) Combined on different courses (C+D or D+D)

(13) Possibility of snow making:

No

(14) Map Material:

Good

(15) Source of accurate elevation data:

Norwegian government data

(16) Safety considerations:

(17) General remarks:

This course is certified for Nordic Combined competitions. It does not meet the FIS Cross-Country requirements 100%, but is acceptable.

(18) Date of first inspection: 2017/10/15

(19) Date of final inspection: 2019/9/20

(20) Summary of terrain characteristics

	#	at m	PHD (m)	PTC (m)	grad. (%)	avg. grad.(%)		
A-climb	1	696	37	38	-5.6 - 23.9	8.1		
	total	-		38			54.3%	part of TC
B-climb	1	1,308	10	10	14.2 - 16.1	10.8		
	2	1,542	13	13	7.4 - 14.8	6.1		
	total	-		23			32.9%	part of TC
C-climb	total			0			0.0%	part of TC
undulated terrain	total			9			12.9%	part of TC
	total	climb		70				_