

CERTIFICATE OF FIS HOMOLOGATED CROSS-COUNTRY COURSE FIS CROSS-COUNTRY COMMITTEE

- (1) Registration number:
- (2) Name of the competition site:
- (3) Name of city/region:
- (4) Organizer:
- (5) National ski association:
- (6) Contact person in the organizing committee:
- (7) Homologation inspector:
- (8) Name of course:
- (9) Competition level for course

19/122.04/3.3

Skillevollen

Mo i Rana

Skillevollen Idrettspark

Norwegian Ski Federation

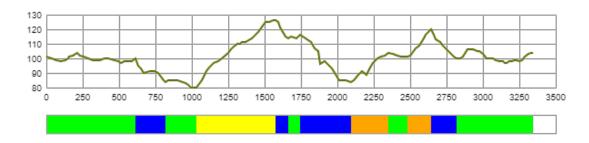
Rune Larsen

Hermod Bjørkestøl

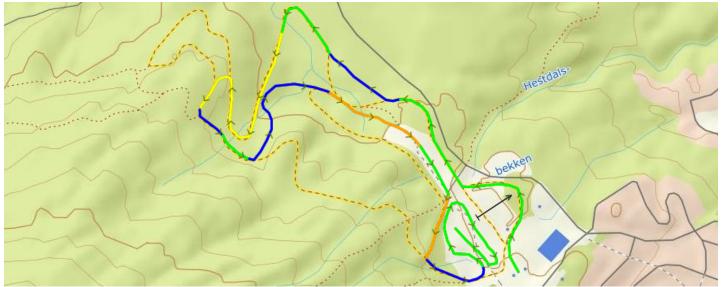
3,345m

COC

Course length:	3,345m	Height difference (HD):	46m	Lowest point:	80m
Course category:	D	Maximum climb (MC):	46m	Highest point:	126m
		Total climb (TC):	118m		







FIS Office

Mignerey, Pierre FIS International Ski Federation Blochstrasse 2 / Postfach CH - 3653 Oberhofen



FIS Homologation Responsible

Bjørkestøl, Hermod

Date of Issue 26.11.2019 Valid until 30.06.2024 (10) Overview of the uphills:

	No.	PTC	% of TC
- major climbs	1	46	39.0
- shorter climbs	2	41	34.7
- descents	4	3	2.5
- undulated terrain	5	28	23.7

(11) Stadium area: Indoor working room:

1) Stadium area.		indoor working room.		
Fixed stadium area	yes	Timekeeping	yes	
Fixed building	yes	Announcer	yes	
Temporary stadium	no	Jury	yes	
Temporary building	no	Race office	yes	

Good infrastructure (access, parking, media, etc.) yes Skitesting area along course/near stadium yes Warm up track near the stadium yes

(12) Category for the stadium and course layout:

	Interval	Sprint	Skiathlon	Relay	Mass start
Stadium suitable for following competition formats	yes	yes	yes	yes	yes
Course suitable for following competition formats with					
a) Classsical technique	yes		yes	yes	yes
b) Free technique	yes		yes	yes	yes
Course suitable for relay and skiathlon competition					
a) On same course			yes		

b) Combined on different courses (C+D or D+D)

(13) Possibility of snow making:

(14) Map Material:

Good

(15) Source of accurate elevation data:

Norwegian Mapping Authority

(16) Safety considerations:

OK

(17) General remarks:

With enough snow category E can be achieved

(18) Date of first inspection: 2016/9/19

(19) Date of final inspection: 2019/9/23

(20) Summary of terrain characteristics

	#	at m	PHD (m)	PTC (m)	grad. (%)	avg. grad.(%)			
A-climb	1	1,030	46	46	0.0 - 17.2	8.4			
	total			46		-	39.0%	part of TC	
B-climb	1	2,092	20	22	-7.2 - 16.5	7.8			
	2	2,482	19	19	5.4 - 15.2	11.5			
	total			41			34.7%	part of TC	
C-climb	total			0			0.0%	part of TC	
undulated terrain	total			28			23.7%	part of TC	
	total climb		118						