



# PROSPECT DEVELOPMENT PIPELINE ATHLETIC ASSESSMENT

## AGILITY & COGNITIVE ASSESSMENTS

### MAN IN THE BOX (MITB)



CAPTURE THE GREEN BOX    CAPTURE THE GREEN 3

DIFFERENCE (G3-GB)    PERCENTAGE CHANGE

### SPEED OF PROCESSING - HAWKEYE



SPEED OF PROCESSING TIME

THE LOWER THE NUMBER, THE BETTER



## COUNTER MOVEMENT JUMPS ASSESSMENT



JUMP HEIGHT

POWER GENERATED

GROUND CONTACT TIME



## 2D DRIFT PROTOCOL ASSESSMENT

LEFT LEG

RIGHT LEG

	JUMP HEIGHT	GROUND CONTACT TIME	POWER GENERATED	Avg FLIGHT TIME	AREA USED
LEFT LEG					
RIGHT LEG					
DELTA %					





## DYNAMIC BROAD JUMP ASSESSMENT



DISTANCE JUMPED

JUMP POWER

GROUND CONTACT TIME



## 30 YARD SPRINT ASSESSMENT

REACTION TO GO

10 YARD SPLIT

TOTAL 30 YARD

