

Saturday

- **2:00 - 3:00 pm – Orienting yourself**
Welcome, introduction to the place, and overview of the retreat
Camping set-up
 - **3:30 - 5:00 pm – Thinking (while Walking - optional)**
“Prompt”, concept, or short text launching reflexive conversation
(Optional: Walk through the property/ on Summit Road)
 - **5:00 pm – Imagining & Creating**
Small-group or individual practice (drawing, writing, photography) inspired by the walk and the place
Finish the Camping set-up
Jump in the pond if weather allows!
 - **6:00 pm – Philosophical Workshop**
Concept explorations (see below)
Readings, and open conversation
 - **7:00 pm – Gathering around a Meal**
Simple communal dinner
(Fires might be prohibited depending on the season)
Opening night conversation, reflections, readings
- After dinner, music and dance may occur - see also list of activities below!

Sunday

- **7:30 am – Absorbing Sunrise**
Optional morning walk, with or without “prompt”
Journaling, contemplating, meditating in silence, alone or in groups
- **9:00 am – Coffee/ Tea/ Light Breakfast**
- **10:00 am – Philosophy & Arts Workshop**
Guided session weaving together philosophical dialogue and artistic expression around a central concept (e.g., “Attention,” “Imagination,” “Silence”... See below for more examples).
- **11:00 am – Wrapping up**
Collective remarks, critical assessment and future possibilities... **Farewells!**