```python
class Deque:
    def __init__(self):
        self.items = []

    def isEmpty(self):
        return self.items == []

    def addS1(self, item):
        self.items.append(item)

    def addF1(self, item):
        self.items.insert(0,item)

    def removeS1(self):
        return self.items.pop()

    def removeF1(self):
        return self.items.pop(0)

    def size(self):
        return len(self.items)

d=Deque()
print(d.isEmpty())
d.addF1(4)
d.addF1('mango' )
d.addS1('grapes')
d.addS1(True)
print(d.size())
print(d.isEmpty())
d.addRear(8.4)
print(d.removeF1())
print(d.removeS1())
```