



**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL
COUNSELLORS (ZAFTPC)**

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly:

50

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SIGNATURE: Kee SIGNATURE

DATE DATE

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and ☐ It is an offence to falsify information in this booklet.

PREAMBLE


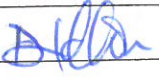

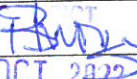

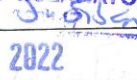


Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHP CZ). Below are possible activities to enhance professional development.





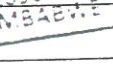
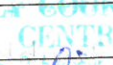
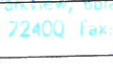

- Lecturing/Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with counselling education
	b. Attending a lecture (students/interns)	2	Day	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.
	b. Full day	Attending- 5 Presenting- 10	Day	Conference should be in line with continuous counselling education
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points. Coauthors share points. <i>Refereed Journal</i>
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
4	Professional group meetings	Attending- 2	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
		Presenting- 4		
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession
		10	Degree	
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
7	Community Service	10	Activity	Linked to area of specialisation subject to verification
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gerontology/Palliative Training, etc.)	5	At least two days training	Minimum of two days

Date	CPD Category	Description	Stamp & Signature
21-01-22	4	Counsellors Group Supervision meeting 2 hours	
28-1-22	2a	Attended the Careng of the Carer Counsellor wellness Seminar	
18-2-22	7	Conducted a Community Sensitisation Focussing on Sexual Based Violence Against Children as well as as well as drugs and substance abuse around six Bulawayo Suburbs Nam - 4pm	
25-2-22	1a	Facilitated at the Schools Heads workshop for 1 hour 30 minutes Topic: Age and Developmental Stages in relation to sexual abuse	
4-3-22	1a	Facilitation at Pre-school teachers workshop Topic: Age and Developmental Stages in relation to child sexual abuse	
16-17 March	9	Participated at the A.I.P. 2 day workshop on HIV emerging issues	
25-3-22	4	Attended Counsellors Supervision 2 hours	
31-3-22 to 1-4-22	9	Attended Drug and Substance Abuse Counselling Trainings Facilitated by Rehabites for 2 days	

Date	CPD Category	Description	Stamp & Signature
12-4-22 to 13-4-22	9	Attended the workshop capacity building on dealing with anxiety and burnout as well as Findings in counselling and life and individual supervision	
	3	Personal The Psychotherapy	
29-4-22	4	Counsellors group case management on child sexual abuse trauma 2 hours	
22-4-22	2b	Attended a seminar on Child Protection and management of child sexual abuse	
19-05-22	1a	Presented at a ZRP workshop Topic: Age and Stages of Development 1 hour 30 minutes	
27-5-22	2b	Presented at a CYP workshop Aiming to empower sexual abused survivors with strategies for promoting recovery and healing	
8-6-22 to 10-6-22	9	Attended a Training on Planning Monitoring and Evaluation System of Contact Counselling Services using Kobo toolbox for 3 days	
24-6-22	7	Conducted a child Protection Careers day sensitisation talk to Sabukazi High School learners.	

Date	CPD Category	Description	Stamp & Signature
29-7-22	4	Counsellors group case management on issues of child sexual abuse	<i>enke</i>
5-9-22	7	Conducted a community sensitisation on child sexual abuse for children and adolescents organised by Christian Community Trust, Sibso Pelandaba	
30-9-22 to 1-10-22	7	Conducted a community sensitisation outreach child protection - Child Abuse for 3 days and 3 education districts organised by Ministry of Education	
2023-01-26	2b	Presented during a parenting workshop for caregivers of child sexual abuse survivors on parenting	<i>Bubanda</i>
4-10-22	9	Attended capacity building child counselling, PTSD, Adjustment disorder, Anxiety and Attachment	<i>RA</i>
5-10-22	8	Individual Supervision	<i>RA</i>
10-10-22	2b	Attended Play Therapy with children under 5 Capacity building	<i>RA</i>
28-10-22	1	Psychosocial Support For SGBV survivors Facilitated by Repssi	<i>Ayate</i> REPSI

Date	CPD Category	Description	Stamp & Signature
27-10-22	8	Attended A.H.P.C.Z online meeting	
11-10-22	8	Attended the capacity building building 1/2 day workshop on Emiss	<i>Adon</i>
18-10-22	8	Attended the capacity building 1/2 day workshop	<i>Adon</i>
26-11-22	7	Participated in the Commemoration of child sexual Abuse in Tshabalala in conjunction with Commemoration of 16 days Against GBV	<i>Adon</i>
30-11-22	7	Participated in the march Commemorating of 16 days of Activism Against Gender Based Violence organised by ZRP the march was from Drill Hall Market, Ciawataket	<i>Adon</i>
15/12/22	7	Conducted a Community Sensitisation on child sexual Abuse for children and adolescent conducted by Christian Trust Care	