

ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL COUNSELLORS (ZAFTPC)

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHPCZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly:

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Name: CHINUTSI WOMATHEMBA

Registration Number: A/COU_N CO 58

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NAME: CHINUTSI NOMATHEME	211
PHYSICAL ADDRESS: 4511 GWARALANDA P.O.	LUVEVE
BULAVIAYO	
POSTAL ADDRESS: 4511 GWARALANDA P.O.	LUVEYE
BULAWAYO	
TEL: (Home) 0292 523712	
(Cell) 0774778562 073325	8458
(Work) 0292272400 CELL 0712	62930=
ID NUMBER: 08-380036 134	NO INTERES
EMPLOYER CONTROT FAMILY COUNSE	ELLING
CENTRE	
EMPLOYER ADDRESS NO 9 BARBOUR AVENUE	
PARKVIEW BULAWAYS	
SIGNATURE: Moe	SEINATURE
DATE	/ukm

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;

PREAMBLE

Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHPCZ). Below are possible activities to enhance professional development.

- · Lecturing/Attending Lectures
- · Training Workshops
- · Additional qualification (relevant to the profession)
- · Publishing articles in refereed journals
- · Attending and Participating in Conferences
- Supervision
- · Peer reviews
- · Community service
- · Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY	POINTS	MINIMUM	COMMENTS
	AWARDED		
a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are
b. Attending a lecture (students/interns)	2	Day	supposed to confirm the authenticity of the lecture Lectures should be in line with counselling education
Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.
b. Full day	Presenting- 10	Day	Conference should be in line with
c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	continuous counselling education
a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points: Coauthors-share points.
b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
Professional group	Attending- 2	2 hours	Zimbabwe Association of Family
meetings	Presenting- 4		Therapists and Professional Counsellors (ZAFTPC).
Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession
	10	Degree	1
Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
Community Service	10	Activity	Linked to area of specialisation subject to verification
Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gero ntology/Palliative	5	At least two days training	Minimum of two days
	a. Lecturing/ presentation b. Attending a lecture (students/interns) Seminar a. Half-day b. Full day c. Conference/Annual Congress a. Publishing article in a Refereed Journal. b. Review of journal article or research proposal Professional group meetings Achieving an extra relevant qualification Direct mentoring or supervision of interns Community Service Personal psychotherapy for professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gero	a. Lecturing/ presentation b. Attending a lecture (students/interns) Seminar a. Half-day Presenting- 5 b. Full day Presenting- 10 c. Conference/Annual Congress Presenting- 10 a. Publishing article in a Refereed Journal. b. Review of journal article or research proposal Professional group meetings Presenting- 4 Achieving an extra relevant qualification Direct mentoring or supervision of interns Community Service 10 Personal psychotherapy for professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gero ntology/Palliative)	a. Lecturing/ presentation b. Attending a lecture (students/interns) Seminar a. Half-day Seminar Attending- 2 Presenting- 5 b. Full day c. Conference/Annual Congress a. Publishing article in a Refereed Journal. b. Review of journal article or research proposal Professional group meetings Achieving an extra relevant qualification Achieving an extra relevant qualification Community Service Direct mentoring or supervision of interns Community Service Directs mentoring or supervision algrowth Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gero ntology/Palliative) Attending- 2 Day Attending- 10 Day Presenting- 15 Abstracts of 200-250 words 200-250 words Abstracts of 200-250 words Certificate/ Diploma 10 Degree 2 students per semester At least two days training Attending- 10 Activity

Date	CPD	Description	Stamp &	
	Category	•	Signature	11
		, A,		1
21-01-22	4	Counsellors Group		Ø.
		Supervisor meeting 2 hours	32	1
		<u> </u>	, &	-1
		0.11		- !
18-1-22	29	Attended the Careng of the	- MA	
		Carer Coursellor wellness	Addion	
		Seminar		
		Conducted a Community Day		
8-2-22		sensitisation focussing on "	The state of the s	
		Francis I Property Various de	S respons	The same of the same of
		Against Children as well as	D 1-2 4110	er
		THE INELL OF ALLIOS OFF	Ordi "	1
		Substance abuse around six		/
		Bulgways Suburbs flam - High	02 1008	1
	2	SILAWAY	3.0038	1
25-2-22	la	I-andidated by the schools		1
		Heads workshop For Priour 30min	PRIMARY	
	-	Stages in relation to sexual MAN	RY EDUCATION.	
		abuse	RESCURCES	all
		*	FRAN	TELESTON.
4-3-22	10	Facilitation at Pre-school	OCT 0000	Dictional
		teachers workshop topic;	OCT 2822	
	-	Age and Nevelopmental Stages	Ran	
		mrelation to child State Miles	OUP OF ITAM PERMINA	-
16-17		P. O. BOX 5	SS BLU AVIOVO	VE
	9	Participated at the Alt.P.	Justiand	of i
riarch	1	2 day workshop on HIM 4 NOV	2022	
		6 -655146 1551145		-
		Attended Coungellers Care	BULAWAY	
25-3-2	4 4	Attended Coundellors Comp	40	-
		Supervision 2 hours		
			1	
		5 5 5 5 5		
31-3-2	4	Attended Drugand Substance Abuse Counselling Trainings	8	1
	5	Facilitated by Rechabites	10/20	M
1-4-22		Identification of the state of		
		For 2 days		-
9				
	1	10 10 10 10 10 10 10 10 10 10 10 10 10 1	1	_

Date	CPD	Description	Stamp &
	Category		Signature
12-4-2	9	Attended the wertesten	MA
to		capacity building an dealing	
13-4-2	2	as well as Fridings in	
		counselling and life and	
	7	counselling and life and Individual supervision	
	8	Personal The Psychotherapy	M
29-4-2	2 4	Coursellors group case	
		abuse trauma thoughpile	N. S. ISBOK
22-4-2		Protection and management of Child sexual Abust	O Went to
		Presented at a ZRP wardshapper Topic: Age and Stages of Develop ment Thour 30 minutes	2096. BULAN TO
19-05-2	19	Presented at a ZRP warres 1996	21N.BAB.
E	(e)	ment Thour 30 minutes	
27-5-2	z 2b	Aiming to empower separal	GENTRE
		Strategies For premetting	Dahm
8-6-22		Attended a Training on	el: 7240Q fax: 88360
to	q	Planning Monitoring and	1 1816
10-6-22	2	Eugliation System of Contact Counseiling Services using Kabo toolbox for 3 days	M SI
		10.00	HAD
24-6-2	7	Conducted a Child Protection, Careers day sensitisation talk	SMZLLE
		learners. /5001	2022
		PO BOX 7047, IM7	HEAT DWO
		PO BOX AUA IVA	0-200830

Date	CPD	Description	Stamp &
	Category		Signature
29-7-22	4	Coursellors group case	
		inamagement on longer of	
		child sexual abuse	-onles
5-8-22	7	Conducted a community!	CTIAN COMMENS
-		Demaitisation on child semina	THE WALL CO.
		Sensitisation on child see and abuse for children and adolescents organised by 1.1	JEUBU PELANI
		adolescents organised by . 1. N	POPOMA BYO
30-9-22	idea y in	Community Christian Truelio	714 900 101
to	7	Conducted a Conducted	TOURADL AND
1000	700 -	Sensitisation outread SECONDARY	6 DUCATION
-09-22		THE PROPERTY OF THE PROPERTY O	SOURCES
	The state of the s	A buse for 3 days and good	TRAVE
DIST	2301 1000	Ministry of Educations	OCT 202%
GREAT CO. ST. Co. St. St. St. St. St. St. St. St. St. St		The state of the s	OF LOST 1
E OYAWA	LKBAN	DISTRICT HO Presented during a market	
THE PARTY OF THE	16	Presented during a parameter pertensor for caregivers box	ENDI ITAN PROVINCE
202	3 -01- 2	huld sexual abuse	SS BULAVVATO
	1	SHITUIDOTS OF PATERITY	
Q. BOX	erritor to	SHAMS	Belond
MARRIA	gEL	9-5592	in
TC programme to the control of the c	NAME AND PARTY OF	hild counselling PTSD,	101
4-10-22		to ustment aborder.	PSYCHOLOGIST
	F	Inociety and Attachment	
5-10-22	8 1	adividual Supervision	MAR
			1141
	26		
0-10-22		Itte-dual Plan TI	aga .
	L	with children was	11010
	C	Attended Play Therapy	
28-10-	1 1	Paychosocial Support	Ayata:
	-		00000
		or SABY SULVIUSTS	KE 1351
	F	acilitated by Repsel	

Date	CPD Category	Description	Stamp & Signature	
	8			
27-10-2		Attended A. H. P. C. Z		
	140	online meeting		1 4
<u> </u>	/	A PAMER	Allen	UNG
1-10-22	8	Attended the capacity	9 Sarbout Avenue	
		builting building 12 day	P.O. Rox 2558 Parkview, Bulawayo 72400 Fax: 88360	7
alen the exper	Sist Transfer	er their professional lives. This	72400	
8-10-22	. malificati. 8	Attended the capacity	CENTRE	CHAR
		building 1/2 day wasteshop	Dolo	
		CONTACT	72400 TAX BOOK	Amar
6-11-22	713	Participated in the Commensoration	CS COLO	АТИС
State States	entracians	of child sexual Abuse in Comments	2022-2023	
210	CIER	Against GBV.	Primerry	652
015 1810	ABUC!	OLGS	15 Words	
AYO SUSU	NOAN BO	Commenceting of Ibdays of Hotavism Against Gender Busked		
2023	-Ul- 6	the march was from brill Hall. Market, Ciaueataikatike	TIAN GOM	MIIN
4 7	e gul	1000	SIIGO PE	LAN
-lin lin		10	POPOMA B	YO
5/12/22	7	Sensitisation on child ser	/14 Jes	BO
		by Christian Trust Carp		