

CONTINUING EDUCATION RECORD BOOK

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The Registrar
AHPCZ
Number 10 West Wing
Strathaven Plaza
PO Box A14 Avondale
Harare

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INSTRUCTION ON HOW TO USE THIS BOOK

The holder of this record book should ensure that all the continuing education hours are recorded and signed immediately after each session

1. This record book should be used for continuing education topics relevant to the field of nutrition and health only
2. The record book will be presented to ZIMNA CPD committee before recommendation for renewal of the practicing certificate
3. Every nutritionist is required to accrue a minimum of 12 points from continuous education activities per year
4. It is an offense to present false information in this record book

OVERVIEW

Continuing Professional Development (CPD) is an ongoing, structured combination of learning activities through which Registered Nutritionists maintain and extend their knowledge and skills for lifelong professional competence. CPD can take many forms, from short courses to conferences, seminars and lectures.

Engaging in Continuing Professional Development ensures that both academic and practical qualifications do not become out-dated or obsolete; allowing individuals to continually 'up skill' or 're-skill' themselves, regardless of occupation, age or educational level.

In this spirit of dedication to best practice and a desire to act and serve wisely and well, this booklet is designed, issued to and used by all nutritionists who are registered with the Allied Health Professions Council of Zimbabwe to record CPD activities they undertake each year.

Should this professional continue to fail to take part in CPD activities for two consecutive years, they will be removed from the AHPC's register.

DETAILS OF NUTRITIONIST:







1. NAME: Tonderayi Matsungu.....
2. AHPC REG NUM BER:...A/N0100
3. ADDRESS ...DND FS UZ
4. CONTACT NUMBER: ...0783530428
5. EMAIL ADDRESS: ...tmatsungu@gmail.com
6. SIGNATURE OF HOLDER.....


ACTIVITIES AND CEU'S

(Refer to attached separate list)



DATE	DESCRIPTION OF CPD ACTIVITY: ORGANISER/INSTITUTION:	CPD LEVEL	DURATION	POINTS	SIGNATURE of facilitator
	Co Author- .Chopera, Prosper; Mbambo, Sineke Glorious; Matsungo, Tonderayi Matthew; Relationships of depression and anxiety to readmission rates among patients with diabetes from Harare and Parirenyatwa referral hospitals in Zimbabwe (2021) African Health Sciences 21(3)1291-1300	2		6	
	Co Author- Pencil, A., Matsungo, T.M. and Hayami, N., 2021. Determinants of overweight and obesity among adolescents in Zimbabwe: A scoping review. The North African Journal of Food and Nutrition Research, 5(12), pp.112-121.	2		6	
	Co Author- Rikhotso, I.P., Faber, M., Rothman, M., Matsungo, T.M., Lombard, C. and Smuts, C.M., 2021. Nutritional status and psychomotor development in 12–18-month-old children in a post-intervention study. South African Journal of Clinical Nutrition, pp.1-9.	2		6	
Total				18	