



**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL
COUNSELLORS (ZAFTPC)**

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly: 50

Name: ERICA CHAKAWA

Registration Number: A/COU 0259

NAME: ERICA CHAIKAWA

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ID
NUMBER: SE-099305 567

EMPLOYER ZAOGA FIF MINISTRIES

EMPLOYER
ADDRESS 43 Jason Moyo | 3rd Avenue - Bulawayo

SIGNATURE: EMA

DATE 27-03-2023

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and □ It is an offence to falsify information in this booklet.

PREAMBLE

Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHPCZ). Below are possible activities to enhance professional development.

- Lecturing/Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with counselling education
	b. Attending a lecture (students/interns)	2	Day	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.
	b. Full day	Attending- 5 Presenting- 10	Day	Conference should be in line with continuous counselling education
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points. Co-authors share points.
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
4	Professional group meetings	Attending- 2	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
		Presenting- 4		
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession
		10	Degree	
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
7	Community Service	10	Activity	Linked to area of specialisation subject to verification
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gerontology/Palliative Training, etc.)	5	At least two days training	Minimum of two days

Date	CPD Category	Description	Stamp & Signature
	1a	Lecturing Bible School Students in counselling;	28 MAR 2023 ZAOGA CITY TABERNACLE 43 JASON MOYO/3rd AVE TEL: 0292-880154 E: tab@gmall.com
21 and 28-1-23		Term 1: Jan'23 2 hrs every Saturday started mid January ie 4 hrs	28 MAR 2023 ZAOGA CITY TABERNACLE 43 JASON MOYO/3rd AVE
4,11,18,25-2-23		Feb'23 lectured for 8 hrs	<i>[Signature]</i>
4,11,18,25-2-23		March 23 lectured for 8 hrs; <u>Total 20hrs</u>	<i>[Signature]</i>
	b.	Executive Certificate in HIV & AIDS management	see Certified copy attached.
		<u>Community Services</u>	
	7.	Have offered Counselling to church members of our Province and home	
Jan-March 23		Visitations to the sick and caregivers	<i>[Signature]</i>
"		- Counselling the bereaved	<i>[Signature]</i>
"		- Youth Counselling on Career guidance	<i>[Signature]</i>
Jan-March 23		Also Counselling members of the community in marriage problems.	see Affidavit attached
"		- Youth drug abuse and alcoholism	<i>[Signature]</i>
"		- Conflict resolution	
"		- HIV & AIDS Patient and	
"		terminally ill patients	
		I do counselling on daily basis	



UNIVERSITY OF ZIMBABWE



HIV & AIDS CENTRE

EXECUTIVE CERTIFICATE IN HIV & AIDS MANAGEMENT

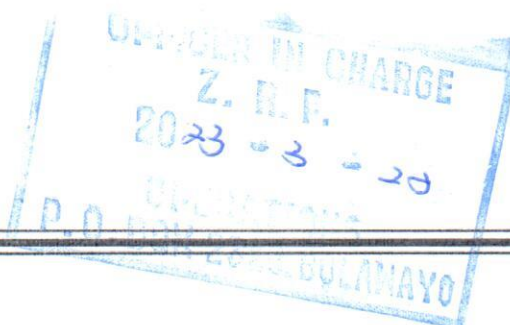
WE HEREBY CERTIFY THAT MTSAMBIWA ERICA

having completed an approved programme and having satisfied the Examiners has this day been awarded the Executive Certificate in HIV & AIDS Management in the **CREDIT** category.

Director

Coordinator

Date: 30th October 2020



CERTIFIED TRUE COPY
OF THE ORIGINAL
No. 000082

AFFIDAVIT

I, ERICA CHAKAWA N.R 55-099305 S 67
(FULL NAMES AND NATIONAL REGISTRATION NUMBERS)

residing at: 1649 OLD LUNEVE, BULAWAYO
do hereby solemnly and sincerely swear and declare the following:

- ① I am a true bearer of the above particulars.
- ② I am a qualified counsellor duly registered with the Allied Health practitioners council of Zimbabwe (AHPCLZ) my registration number being A/cow 0254
- ③ I offer community counselling services which includes career guidance; drug & substance abuse; marriage counselling & family counselling.
- ④ I also offer conflict resolution to the need.
- ⑤ The services I offer also encompass counselling care given to the sick.

I make the above statement, conscientiously believing the same to be true.

Signed: Erica

ZRP Bulawayo Central
Signed before me at:

this 28th day of March 2023
(Date) (Month) (Year)

Signed: [Signature]
(COMMISSIONER OF OATHS)

