



**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL
COUNSELLORS (ZAFTPC)**

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly: 50

Name: SAKALA JOSEPHINE

Registration Number: A/COUN0232

NAME: SAKALA JOSEPHINE

PHYSICAL

ADDRESS: 737 PELANDABA WEST

P.O. PUMULA, BULAKWAYO

POSTAL

ADDRESS: 737 PELANDABA WEST

P.O. PUMULA, BULAKWAYO

TEL: (Home) _____

(Cell) 071 2543 906

(Work) 0284 22965

ID

NUMBER: 28-101900 528

EMPLOYER ZIMBABWE OPEN UNIVERSITY

ZIMBABWE OPEN UNIVERSITY MAT. SOUTH
EMPLOYER 429 SOUDAN STREET, GWANDA
ADDRESS _____

SIGNATURE: _____

J. Sakala

DATE _____

27/03/2023

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and □ It is an offence to falsify information in this booklet.

PREAMBLE

Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHPCZ). Below are possible activities to enhance professional development.

- Lecturing/Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with counselling education
	b. Attending a lecture (students/interns)	2	Day	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education. Conference should be in line with continuous counselling education
	b. Full day	Attending- 5 Presenting- 10	Day	
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points. Co-authors share points.
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
4	Professional group meetings	Attending- 2	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
		Presenting- 4		
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession
		10	Degree	
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
7	Community Service	10	Activity	Linked to area of specialisation subject to verification
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gerontology/Palliative Training, etc.)	5	At least two days training	Minimum of two days

Date	CPD Category	Description	Stamp & Signature
03-07 JAN 2022	9	Training in Basic Sign Language Disability management by Nkomwa Foundation met & Sunrise Sign Language Academy	NKOMWA FOUNDATION TRUST Rmng 21 FEB 2022
03-07 JAN '22	5	Certificate in Sign Language Sunrise Sign Language Academy	Stand 9A, 2nd Avenue, Gwanda Tel: 0842820006/0842820043 Rmng Rmng
7-10 FEB 2022	7	COVID-19 sensitization, management contact interviews & counselled	HEALTH TRAINING OFFICER MULTI DISCIPLINARY SCHOOL GWANDA PROVINCIAL HOSPITAL 21 FEB 2022 #hasvamp
Week 14-18 March 2022	7	COVID-19 Risk communication activities	P.O. BOX 125 GWANDA TEL: 0284 2822568 #hasvamp
21/07/22	7	Career guidance and counselling at Mzimuni High school for Gwanda North schools.	MIM OF PUPILS, YOUTH & SS 2003-03-2
23/07/22	7	Career guidance and counselling in Plumtree for Bulclima & Mangwe schools	
Week 22-25/8/22	7	Vaccination awareness activities myths in the community, community engagement	HEALTH TRAINING OFFICER MULTI DISCIPLINARY SCHOOL GWANDA PROVINCIAL HOSPITAL 2 SEP 2022 #hasvamp
14-18/03/22	7	Facilitator for ZOU & Angel of Hope foundation community engagement programme (1) Basic counselling	
14-18/03/22	7	Skills and (2) Disability management and Sign Language.	2 #Acala
JAN-JUNE 2022 SEMESTER	1a	Tutoring ZOU Counselling students (1) Substance and Person Abuse (2) Counselling of people living with HIV and AIDS. (January-June 2022)	
12 & 13 NOV 2022	1a	(3) Ethics in counselling (2hrs) (4) Counselling of special population (2hrs) (August-December 2022) face to face tutorials.	#Acala
July 2022	5	Certificate - Advancing mental Health, eliminating stigma and promoting inclusion. by World Health Organization. Quality Rights e-training.	Online

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