



ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL  
COUNSELLORS (ZAFTPC)

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP/Z)  
CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)  
TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly: 50

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EMPLOYER: WATERSED COLLEGE

EMPLOYER ADDRESS:

SIGNATURE: C. Mpandi  
DATE

# INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and ☐ It is an offence to falsify information in this booklet.

## PREAMBLE

Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHP CZ). Below are possible activities to enhance professional development.

- Lecturing Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

# CPD points Guide Chart.

CDP CATEGORY	POINTS AWARDED	MINIMUM	COMMENTS
1	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture.
a. Lecturing/ presentation	2	Day	Lectures should be in line with counselling education.
b. Attending a lecture (students interns)	2	Day	Seminar should be in line with counselling education.
2	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with counselling education.
a. Half-day	Attending- 5 Presenting- 10	Day	Conference should be in line with continuous counselling education.
b. Full day	Attending- 10 Presenting- 15	Day	Single author gets 10 points. Co-authors share points.
c. Conference Annual Congress	10	Abstracts of 200-250 words	
a. Publishing article in a Refereed Journal	5	Abstracts of 200-250 words	
b. Review of journal article or research proposal	2	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
4	Attending- 2 Presenting- 4	2 hours	
5	5	Certificate Diploma Degree	The qualification should be relevant to the counselling profession.
Achieving an extra relevant qualification	10	2 students per semester	The mentoring should be linked to the counselling profession.
6	5	Activity	Linked to area of specialisation subject to verification.
7	2	Session	Minimum 10 sessions (compulsory).
8	5	At least two days training	Minimum of two days.
9			
Professionally related training activities that are specific to each discipline (e.g CBT Trauma Gerontology Palliative Training, etc.)			

Date	CPD Category	Description	Stamp & Signature
21.01.22		Virtual Residential week.	WATERSHED COLLEGE
14.02.22		Counselling Weekday	31 JAN 2022
15.02.22		Mindfulness in counselling	P. BAG 3718 MARONDERA
14.4.22		Addressee's health & wellness	
08.4.22		Virtual Residential	
06.04.22		Intervener life in an interconnected world	
08		Proble building in a Post pandemic	WATERSHED COLLEGE
2		Personal growth	06 FEB 2022
		Psychotherapy	P. BAG 3718 MARONDERA
01.01.22	10	Community Service	
		Multidisciplinary Training	
07.03.22	5	Counselling Case Supervision at WATERSHED COLLEGE	WATERSHED COLLEGE
01.03.22		College and Career	07 FEB 2022
		Counselling Professionalism	P. BAG 3718 MARONDERA
08.21	5	Training Professional and Counselling Techniques	
		Programme Training	