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ZIMBABWE BROADCASTING CORPORATION (PVT) LTD
THE BROADCASTING CENTRE
P.O. Box HG 444
HIGHLANDS
HARARE
ZIMBABWE

06 February 2023

Subject: Confirmation of Participation by Nyarai Bakasa on Mental Health Issues on Power FM Zimbabwe

Dear Sir/Madam

This letter serves to confirm that Nyarai T.M. Bakasa, ID number 24-091992X67, participated on mental health issues that were discussed on Power FM Zimbabwe radio station, as a resource person.

Power FM Zimbabwe is a national broadcasting radio station that is based at Pockets Hill in Highlands, Harare. The station has a midmorning show called The Connexion, which is weekly show hosted from 0900hrs to 1200hrs. From the period of January to March 2023 Nyarai Bakasa would come through once a week for an hour (every Thursday from 1100hrs to 1200hrs) as a resource person to discuss different topics on mental health. These topics include suicide, maternal bereavement, stress management, depression, drug abuse and gender based violence. Her input to the show as a professional managed to help listeners across the country with regards to mental health issues.

If you may require any further information do not hesitate to get in touch with me via email rachel.mwenyeheli@zbc.co.zw or call +263772410150

Regards

Rachel Mwenyeheli

Producer/ Presenter

ZBC Power FM Zimbabwe

Jeveldi



Second Chance Foundation

825 Innovation Hub

3 Anchor house Jason Moyo

Telephone: +263719724111

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Harare, Zimbabwe

Email: secondchancetrustl@gmail.com

Website: www.secondchancefdn.org All correspondence to be addressed to "The

Trustee, Second Chance Foundation Zimbabwe"

15 December 2022

Subject: Confirmation of participation by Nyarai Bakasa on Mental Health Issues on Second Chance

Second Chance works with youth in addressing mental health issues. Nyarai participated with presentations at our three-day boot camp in March and November 2022.

(a) Presentation on "The Self" Introspection.

(b) The Impact of Drugs and Substance abuse to the individual and families affected

(c) Mental health and Suicide prevention.

(d) Relationship and Courtship issues.

The main thrust of the bootcamps is to equip young people with necessary skills to better deal with mental health related issues as well as becoming exceptional mental health advocates within the communities and Universities.

Yours Sincerely

Careen Chikwana

Founder & Director

T. Maranda