

	Continuous Educational Categories	Points Awarded	
1.	1hr educational lecture	1	2 points will be awarded to presenter. The education liaison committee are supposed to confirm the authenticity of the lecture.
2.	1 day seminar	8	
3.	Publishing an article	20	First author gets 20 points Other listed authors get 10 points
4.	Annual Congress	8	Presenter gets 16 points
5.	Morning Seminar	5	The morning is defined at 8am to 12 noon
6.	Afternoon Seminar	3	The afternoon is defined from 2pm to 4/5pm
7.	Achieving an extra qualification	20	The qualification should be in line with continuous health education
8.	Presenting a paper at a workshop or seminar	10	Seminar should be in line with continuous health education
9.	Review of journal article or research proposal	10	Lecturer should not claim points from reviewing proposals of their students which is part of their job
10.	Participation in examinations/evaluations/assessments	10	Same as in 9. One can claim points only if they are invited as a guest to evaluate or assess students other than those they teach.
11.	Direct mentoring or supervision of students	1	The points are allocated per day so it is 1 point/day

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