



**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL
COUNSELLORS (ZAFTPC)**

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly: 50

Name: PRISCILLA NDLOVU

Registration Number: A/COU 0227

NAME: PRISCILLA NDLOVU

PHYSICAL
ADDRESS: PBL RED CARPET SUITE
8th AVENUE / FORT STREET

POSTAL
ADDRESS: 33244 ENTUMBANG P.O. ENTUMBANG
BULAWAYO.

TEL: (Home) 029401226

(Cell) 0772755747

(Work) -

ID
NUMBER: 08-065305K56

EMPLOYER N/A

EMPLOYER
ADDRESS N/A

SIGNATURE: PA

DATE 27/03/23

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and ☐ It is an offence to falsify information in this booklet.

PREAMBLE

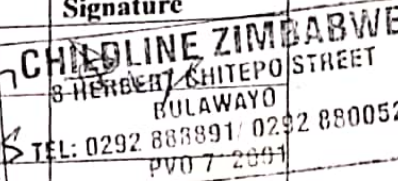
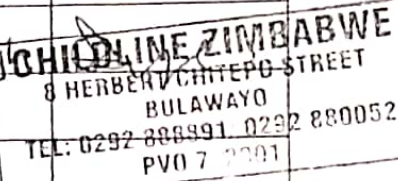
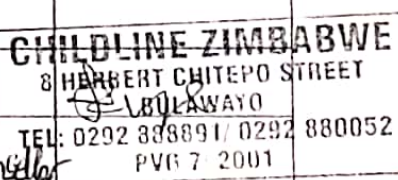
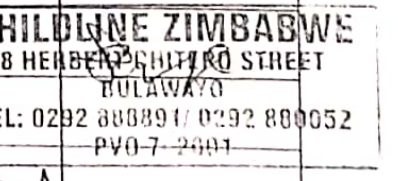
Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHP CZ). Below are possible activities to enhance professional development.

- Lecturing/Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with counselling education
	b. Attending a lecture (students/interns)	2	Day	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.
	b. Full day	Attending- 5 Presenting- 10	Day	Conference should be in line with continuous counselling education
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points. Co-authors share points.
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
4	Professional group meetings	Attending- 2	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
		Presenting- 4		
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession
		10	Degree	
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
7	Community Service	10	Activity	Linked to area of specialisation subject to verification
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gerontology/Palliative Training, etc.)	5	At least two days training	Minimum of two days

Date	CPD Category	Description	Stamp & Signature
02/02/22	7	CBT counselling for OVC's (children	 CHILDLINE ZIMBABWE 8 HERBERT CHITEPO STREET BULAWAYO TEL: 0292 888891 / 0292 880052 PVO 7 2001
04/02/22	7	10-17 years) for Childline Pathways	
08/02/22	7	in the community after	
15/02/22	7	identifying those for CBT for	
19/02/22	7	February month.	
3/3/22	2a	Working with awareness on high	 CHILDLINE ZIMBABWE 8 HERBERT CHITEPO STREET BULAWAYO TEL: 0292 888891 / 0292 880052 PVO 7 2001
11/03/22	2a	viral load, adherence, reviews	
17/03/22	2a	and defaults.	
23/03/22	4	Supervision/debriefing on line	
		virtual session by CBT officer	
19/04/22	2a	Therapeutic Groups shared	 CHILDLINE ZIMBABWE 8 HERBERT CHITEPO STREET BULAWAYO TEL: 0292 888891 / 0292 880052 PVO 7 2001
21/04/22	2a	similar problems under Counselor	
23/04/22	2a	after counselling 2 groups	
25/04/22	2a	of six each. Question and answer sessions included.	
02/05/22	7	CBT counselling of children	 CHILDLINE ZIMBABWE 8 HERBERT CHITEPO STREET BULAWAYO TEL: 0292 888891 / 0292 880052 PVO 7 2001
05/05/22	7	Conflict with the law and	
13/05/22	7	co-ordinated joining of ward	
27/05/22	7	support group.	

Date	CPD Category	Description	CHILDLINE ZIMBABWE 8 HERBERT CHITEPO STREET BULAWAYO TEL: 0292 888891 0292 880052 PVO 7 2001
30/5/22	2b	Virtual supervision / debrief	Signature
02/06/22	2b	Dealing with GBV and Bullying	CHILDLINE ZIMBABWE 8 HERBERT CHITEPO STREET BULAWAYO TEL: 0292 888891 0292 880052 PVO 7 2001
15/06/22	2b	awareness and reporting	
16/06/22	2b	mechanisms.	
24/06/22	2b	Mentorship and support meeting dealing with milestones and challenges experienced during case management. (Presented quarterly success stories written. Attendance Registers attached for children in the data base for relevant months include mentoring per month).	Signature
01/08/22	2b	Dealing with explanation of termination of sessions	Signature
02/08/22	2b	Close off meeting for end of programme all meeting invites sent through phone /whatsapp.	CHILDLINE ZIMBABWE 8 HERBERT CHITEPO STREET BULAWAYO TEL: 0292 888891 0292 880052 PVO 7 2001

