

## CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Continuing Professional Development (CPD) is the means by which members of the profession broaden the expertise required in their professional lives. Below are possible activities to enhance professional development.

The minimum CPD points will be 50 per year. To facilitate transition, the registration, renewal certificates for Practising Psychologists and Interns would require that these practitioners accrue a **minimum of 30 points** in 2016, then 40 in 2017 and 50 from 2018 onwards. NB: One cannot accumulate **more than 40%** of their points from the same category.

Below is the CPD points Guide Chart.

CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Psychological lecture/ Presentation to the public	2	1 Hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with psychological education
	b. Lecturing	2	Semester	
2	a. Morning/afternoon seminar	1/hour	1/hour	Seminar should be in line with continuous psychological education.  Conference should be in line with continuous psychological education
	b. Psychology Conference/Annual Congress	Attending- 5 Presenting- 10	2 Days	
3	a. Publishing in Peer reviewed Journal.	20		First author gets 20 points. Other listed authors get 10 points. Lecturers should not claim points from reviewing proposals of their students which is part of their everyday job
	b. Review of journal article or research proposal	5		
4	a. Professional group meetings	Attending- 2 Presenting- 4	2 hours	e.g. Therapist Support Group (TSG) e.g. ZPA, IPMZ
	b. Attending professional board meetings/functions	2	1 Hour	
5	Achieving an extra Psychology qualification	5 10	Certificate Degree	The qualification should be in line with continuous psychological education
6	Registration with a professional board e.g. ZPA, AHPCZ, PAPU, IPMZ, TSG	2		
7	Participation in external consultation, e.g., external examination/ evaluations/	2		

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	assessments			
8	Direct mentoring or supervision of interns on register with AHPCZ	33 per student per year		A point for each for each student's quarterly supervision report submitted to AHPCZ
9	Community Service	2	per service	
10	Personal psychotherapy for professional growth	2	Session	At least six sessions, compulsory for interns.
12	In-service training activities that are specific to each discipline ( e.g. MMPI Training, EMDR training)	5		At least two days

<u>Date</u>	<u>CME Category</u>	<u>Topic</u>	<u>Stamped/Signed by</u>
07/04/22	5	Psychology Certificate	Attached
20/05/22	9	Women Mental Health	Attached
05/08/22	9	Employee Wellness	Attached
09/09/22	9	Suicide Awareness and Prevention	Attached
17/09/22	2a	Seminar	Attached
15/10/22	9	PFA Training	Attached
11/11/22	9	Psycho-education-DV	Attached
28/11/22	9	Parenting Initiative	Attached
17-18/11/22	2b	ZPA Annual Conference	Attached
23/02/23	9	Teenagers and Drug/Substance Use	Attached
23/02/23	4b+2	ZPA Council Meetings	Attached
12/03/2023	9	Women and Depression	Attached

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<b>15/03/23</b>	<b>10 by 6</b>	<b>Personal Psychotherapy</b>	<b>Attached</b>
<b>29/03/23</b>	<b>1b</b>	<b>MSUAS Lectureship</b>	<b>Attached</b>
<b>23/03/23</b>	<b>9</b>	<b>How to keep Fire burning in Marriage</b>	<b>Attached</b>

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