

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE
(AHP CZ)



CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)
TRACKING BOOKLET

HEALTH PROMOTION OFFICERS

REQUIRED POINTS

Yearly: 12

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DATE 22 MARCH 2023

INSTRUCTIONS ON HOW TO USE THIS BOOK

The holder of this record book should ensure that all the continuing education hours are recorded and signed immediately after each session

- This record book should be used for continuing education topics relevant to the field of health promotion only
- Every CPD activity needs signature and stamp of organiser to be considered authentic
- Every Health Promotion Practitioner is required to accrue a minimum of 12 points from continuous education activities per year
- It is an offense to present false information in this record book

OVERVIEW

Continuing Professional Development (CPD) is an ongoing, structured combination of learning activities through which Registered Health Promotion Practitioners maintain and extend their knowledge and skills for lifelong professional competence. CPD can take many forms, from short courses to conferences, seminars and lectures.

Engaging in Continuing Professional Development ensures that both academic and practical qualifications do not become out-dated or obsolete; allowing individuals to continually 'up skill' or 're-skill' themselves, regardless of occupation, age or educational level.

In this spirit of dedication to best practice and a desire to act and serve wisely and well, this booklet is designed, issued to and used by all nutritionists who are registered with the Allied Health Professions Council of Zimbabwe to record CPD activities they undertake each year.

Should this professional continue to fail to take part in CPD activities for two consecutive years, they will be removed from the AHPCZ's register.

CPD LEVELS

Level 1 Activities		
Formal meetings and or updates	1 point/meeting	
Case study discussions or journal club	1 point /meeting	
Mentoring/supervision and activities that are specific to the field of HP	1 point /meeting	
Conferences, symposia, refresher courses, short courses	1 point /day	
Level 2 Activities		
Principal Author of a peer reviewed publication or book chapter	10 points	
Co-author/editor of a peer reviewed publication or book chapter	6 points	
Oral presentation at conference, symposium, congress	5 points	
Poster presentation at conference, symposium, congress	3 points	
Co presenter –oral at conference, symposium, congress	3 points	
Interactive skills workshop with an evaluation outcome	3 points	
Guest lecturer at an institution	3 points	
Student supervision	3 points	
External examiner for Master/Doctoral thesis	5 points	
Review of a paper	10 points	
Level 3 Activities		
Postgraduate degrees, certificates and diplomas recognized as additional qualifications by the relevant Professional Board Short courses with formal assessment	Certificate	2 points
	Diploma	3 points
	Undergrad Degree	4 points
	Post grad Degree	5 points
	Short course	2 points
Activities Not Qualifying for CPD points		
<i>Time spent in planning, organizing or facilitating any activity, published conference proceedings, non-refereed letters to editor of journals, written assignments, compilation of student training manuals/course readers for internal use, staff and or administrative meetings, tours and or viewing of exhibits and technological demonstrations membership of professional bodies, professions boards or Associations</i>		

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