



**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL
COUNSELLORS (ZAFTPC)**

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly:

50

Yearly:

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CONTACT FAMILY COUNSELLING
CENTRE

EMPLOYER

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SIGNATURE: MPhiri

DATE 21/01/22

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and ☐ It is an offence to falsify information in this booklet.

PREAMBLE

Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHPCZ). Below are possible activities to enhance professional development.

- Lecturing/Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with counselling education
	b. Attending a lecture (students/interns)	2	Day	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.
	b. Full day	Attending- 5 Presenting- 10	Day	Conference should be in line with continuous counselling education
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points. Coauthors share points.
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
4	Professional group meetings	Attending- 2	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
		Presenting- 4		
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession
		10	Degree	
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
7	Community Service	10	Activity	Linked to area of specialisation subject to verification
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gero ntology/Palliative Training, etc.)	5	At least two days training	Minimum of two days

Date	CPD Category	Description	Stamp & Signature
21/01/22	4	Counsellor Group Supervision Meeting	
28/01/22		Attended a Caring for the Carer/Counsellor	
18/02/22		Wellness Seminar	
18/02/22	7	Conducted a Community Sensitisation focusing on Sexual Gender Based Violence Against Children as well as Drugs and Substance Abuse	
23/02/22	1a	Presented during a School Head management of Child Sexual Abuse Workshop on psychosocial implications of Child Sexual Abuse	
2/03/22	1a	Presented during a Pre-school teachers on the management of Child Sexual Abuse workshop on psychological implications of Child Sexual Abuse	
16-17/03/22	9	Participated during the HIV emerging issues facilitated by AHA	
25/03/22	4	Attended Counsellor Group Supervision meeting	
31/03/22 to 1/04/22	5	Attended Drug and Substance abuse counselling Training facilitated by Rehabites	
12/04/22	9	Attended staff capacity building on dealing with Anxiety and Burnout as well as Endings in counselling and life Personal Psychotherapy	J Manala
14/04/22	8	Personal Psychotherapy	J Manala
29/04/22	4	Counsellor Group Case Management	J Manala

Date	CPD Category	Description	Stamp & Signature
		Meeting on Child Sexual Abuse Trauma	
22/04/22	2b	Attended a seminar on Child Protection and management of Child Sexual Abuse	
27/05/22	2b	Presented during a workshop for CSA survivors on Empowering Regies for promoting recovery and healing for sexual abuse	
20/05/22	-01-a2	Presented to ZRP-VFU on Psycho-social implications of child sexual abuse	
20/05/22	4	Attended a training on Planning Monitoring and Evaluation system of CONTACT counselling services using Kobotoolbox (3day training)	
24/06/22	7	Conducted a Child Protection and Careers Day Sensitisation Talk to Sobukwe High School pupils	
29/07/22	4	Counsellor Group Case Management on Child Sexual abuse issues	
31/08/22	7	Conducted a Community Sensitisation on Sexual Abuse for children and adolescents organised by Christian Trust	
30/09/22 to 1/10/22	7	Conducted a Community Sensitisation Outreach Child Protection and Child Sexual Abuse organised by Ministry of Education for 2 districts in Bulawayo	

