

ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL COUNSELLORS (ZAFTPC)

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHPCZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly: 50 Yearly:

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Registration Number: A/COU NO 105

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EMPLOYER_ CENTR	CONTACT FAMILY COUMSELL	IMGOVER
EMPLOYER ADDRESS	NO. 4 BARBOUR AVENUE	
	PARKYIEW BULAYVATO	
SIGNATURE:	MRori	SIGNATUR
DATE	21/01/22	DATE

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;

PREAMBLE

Continuing Professional Development (CPD) is the means by which members of the profession. Occasional Development (therein known as counsellors) broaden the expertise required in their professional lives. This own as counsellor serves to ensure that both academic and practical qualifications do not become obsolete and near that both a redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHPCZ). Below are possible activities to enhance professional development.

- · Lecturing/Attending Lectures
- · Training Workshops
- · Additional qualification (relevant to the profession)
- · Publishing articles in refereed journals
- · Attending and Participating in Conferences
- Supervision
- · Peer reviews
- · Community service
- · Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and not CPD points or renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY		points Guide Chart. ATEGORY POINTS AWARDED		COMMENTS	
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter The education and liaison committee are supposed to confirm the authenticity o	
	b. Attending a lecture (students/interns)	2	Day	the lecture Lectures should be in line with counselling education	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.	
	b. Full day	Attending- 5 Presenting- 10	Day	Conference should be in line wi	
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	v ongense	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points: Coauthors share points.	
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	i I. Environdenment	
4	Professional group	Attending- 2	2 hours	Zimbabwe Association of Family	
	meetings	Presenting- 4		Therapists and Professional Counsellors (ZAFTPC).	
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession	
	Toto valle quality	10	Degree		
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession	
7	Community Service	10	Activity	Linked to area of specialisation subject to verification	
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)	
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gero ntology/Palliative Training, etc.)	5	At least two days training	Minimum of two days	

Date	CPD Category	Description	Stamp & COU Signature	NS
21/01/22	4	Counsellor Group Supervision Meeting	TELO BOLL	Av
28/01/22		Caring for the Carer/Counsellor	Didlon.	law e: 8
i i de piko a		Welchess Seminar		
18/02/22	7	Community Sensitisation focusing	are Office	eTv
		on Sexual Sender Based Violence	Pade	
		Brugs and substance Abuse		
23/02/22	1a	Presented during a School Head	22 7 1098.	
4		management of theid Sexual Abuse Workshop on Psychosocial	LOUY	-
		Abyse	MYDON	
2/03/22	1a	Presented during a fre-school		
10 000		Trachers on the management of Child Sexual Abuse workshop on	April	
		Psychological implications 8 20 Child Saval Abuse	Thav.	
6-17/3/22	9		TAN PROVINCE	The same of
		HIN emerging issues regulations facilitated by AHF [2 charge]	8815922 BLA WA IN	The state of the s
25/03/22	4	Attended Counsellor Group Supervision	SWE &	application.
		meeting		
3103122	9	Attended Drug and Substance	Desce	7
104/22	5	abuse counselling Training facility by Rechabites	9	
2/04/22	9	Attended stall conscitus building	J Manala	
		on dealing with Anxiety and Burnout assert as Endings in		
+104/22	8		THanala	
9/04/22	4	Counsellor Group Case Management	JManula	

Date	CPD Category	Description	Stamp & Signature
		Meeting on Child Sexual Abuse Trauma	
22/04/22	26	Attended a seminar on Child	व
	*	Protection and management of	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
27/05/22	26	Presented during a Morkshop	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
DISTRI	CT CLEF	for CSA sunivors on Empowering	Data
WAYO SUS	JRBAN D	for CSA survivors on Empowering portogress for promoting recovery	0
		Procented to ZRP-VFU on Psucha.	Estado
	20.03	Social emplications of child sexual abuse. Attended a small HAZIHIGH SE	
BBIO FOOLS	19.0	Banking on Manning Hroni Corena	HOOL
The second second	T-SURE TO SEE	and Roalyation system of contact	Along
		pox codad tracting	
24/06/22	7	Child Projection and Carreers Dag	AZI, PYO. 1
		Senschisation Talk to Sobukazi, Hugh School pupils	Mushy
29/07/22	4	Counsellor Group Case Management	-onles
	14.	on Child Sexual abuse issues	YTIMUMM
=108/22	7	Community Sensitisating or 1180d	ELANDABA
A SATE	\$	Sexual Abuse for children and adolescents organistic Man	BOX00
		Christian Trust? ZL:0714 90	437
30 09 22	7	Communic Conducted of Community	
1109/22	K	Sensitisation outred in matter of the Child Protection and Child Protection and Child Child	TAMA
*		Abuse organised by Ministry of Education for 2 diestricts in	
		Bulawayo -500	T 2022

BULAWAYO METROPOLITAN PROVINCE P. O. BOX 555 BULAWAYO TEL, 09-888147

Date	CPD Category	Description	Stamp & Signature
28/09/22		Presented during a paventing	
1		Presented during a parenting workshop held for child Sexual Abuse survivors caregivers I parents on Child Sexual Abuse Overview	onles.
		on Child Sexual Abuse Overview	
5-4/10/22	9	Attended capacity building Child	TManula
	13 3	Attended capacity building Child Counselling & PTSD, Adjustment disorders, Anxiety & Attachment	
5/10/2	8	Personal Psychotherapy	RH
10/10/22	26	Play Therapy with under	Manaly
		five-aged children capacity	
		building workshop	
28/10/22	2 a	Psychosocial Support for SSBV syrvivors facilitated	Alyate
	ē.	53BV syrvivors facilitated	REPSSI
		by REPSSI	
27/10/22		Altended A. H. P. C. Z virtual	
T I Sal	1,416	meeting	
of the	154 6	MUD HAIRT-	MUNICA
14/12/22	7		
		awaveness to adorescents.	40
		awareness to adonescents at CCT Pelandaba on child	
		sexual abuse 8 drugs 8	
	\	Sybstance abuse.	

		and the second s	D. T. Ann			
Date	CPD Category	Description	Stamp & Signature	OSA		
26-11-2	7	Participated in the child social	MISSIONER OF	OATHS		
		abuse commemoration in	WAYO, CITY C	OUNCE		
	2	Tshabalala in conjuction with	CANTANA MARKATANA	MAN.		
		the 16t days of Activism				
		the 16th days of Activitim against Gender based Violence				
	v. a. o con a con					
	10					
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