

**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL  
COUNSELLORS (ZAFTPC)**

**In collaboration with**

**ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)**

**CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)**

**TRACKING BOOKLET**

**COUNSELLORS**

**Counsellors and Family Therapists**

**REQUIRED POINTS**

**Yearly:**

**50**

**Name:** SHAPIKA ZEBRON

**Registration Number: A/COU 0007**



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EMPLOYER: ZIMBABWE OPEN UNIVERSITY

EMPLOYER ADDRESS: Box 1119 Mt Pleasant

SIGNATURE: Hare / CORNER HOUSE  
Bebren

DATE: 18/08/2022

CORNER HOUSE  
CNR L. TAKALIA & SAMORA HRE

CPD points Guide Chart.

CDP CATEGORY	POINTS AWARDED	MINIMUM	COMMENTS
1	<div>a. Lecturing/ presentation</div> <div>b. Attending a lecture (students/interns)</div>	<div>One hour</div> <div>Day</div>	<div>Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture</div> <div>Lectures should be in line with counselling education</div>
2	<div>Seminar</div> <div>a. Half-day</div> <div>b. Full day</div> <div>c. Conference/Annual Congress</div>	<div>Attending- 2</div> <div>Attending- 5</div> <div>Attending- 10</div> <div>Attending- 15</div>	<div>Seminar should be in line with continuous counselling education.</div> <div>Conference should be in line with continuous counselling education</div>
3	<div>a. Publishing article in a Refereed Journal.</div> <div>b. Review of journal article or research proposal</div>	<div>Abstracts of 200-250 words</div> <div>Abstracts of 200-250 words</div>	<div>Single author gets 10 points. Co-authors share points.</div>
4	<div>Professional group meetings</div>	<div>Attending- 2</div> <div>Presenting- 4</div>	<div>Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).</div>
5	<div>Achieving an extra relevant qualification</div>	<div>Certificate/ Diploma</div> <div>Degree</div>	<div>The qualification should be relevant to the counselling profession</div>
6	<div>Direct mentoring or supervision of interns</div>	<div>2 students per semester</div>	<div>The mentoring should be linked to the counselling profession</div>
7	<div>Community Service</div>	<div>Activity</div>	<div>Linked to area of specialisation subject to verification</div>
8	<div>Personal psychotherapy for professional growth</div>	<div>Session</div>	<div>Minimum 10 sessions (compulsory)</div>
9	<div>Professionally related training activities that are specific to each discipline (e.g. CBT/Trauma/Gero nology/Palliative Training, etc.)</div>	<div>At least two days training</div>	<div>Minimum of two days</div>

Date	CPD Category	Description	Stamp & Signature
0830-1700	Lecturing	Basic Counselling Skills Community (Zimbabwe North) 4 days	
0830-1700	Lecturing	Basic Counselling Skills Community (Zimbabwe East) 5 days	
0830-1700	Lecturing	Basic Group Selling Skills Community (Zimbabwe South) 3 days	
1000-1400	1/2 day Seminars	Understanding personality disorders and demonstration 1/2 day	
0830-1100	Presenting	Drug and Substance Abuse: Kicking out the drug & illicit substances	
27/08/22	Workshop	Resource Manual for Health Workers TECHNICAL CONSULTATION ON CREATION OF RESOURCE MANUAL FOR HEALTH WORKERS	
27/10/22	VIRTUAL ATTENDANCE	PRESENTING ON CLARIFICATION OF CPD POINTS	
19/09/22	Suicide Awareness Activities	ORGANISING & CREATING SUICIDE AWARENESS ACTIVITIES FOR SUICIDE RISK AREAS	
12/10/22	Book Form 3 Reader on G & C Published By Secondary Books Press	Counselor Initiated and presented at	To attend image of copy program attachment
28/10/22	Retreat	Counselors Retreat	Image of copy program attachment
30/10/22	Retreat	Counselors Retreat	Image of copy program attachment
21/11/22	Facilitator's Workshop	Facilitating discussion of Youth Guidance workshop (CAP Chinyo)	Programme attached
12/12/22	Counsel Presenting	Career guidance & sexuality conference at Councils Conference	Programme attached
13/12/22	Counsel Presenting	Presenting a paper of Midland Assoc of Counselors Conference	Program attached