



**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL
COUNSELLORS (ZAFTPC)**

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly: 50

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NUMBER: 08 - 785264219 NUMBER: _____

EMPLOYER: CONTACT FAMILY COUNSELLING CENTRE

EMPLOYER
ADDRESS: 9 BARBOUR AVE, PARKVIEW, BULAWAYO

SIGNATURE:  SIGNATURE: _____

DATE _____ DATE: _____

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and ☐ It is an offence to falsify information in this booklet.

PREAMBLE


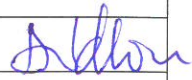


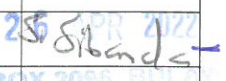

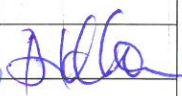


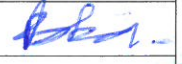

Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHPCZ). Below are possible activities to enhance professional development.

- Lecturing/Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

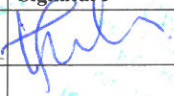


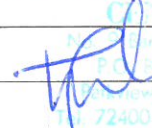
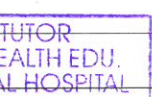

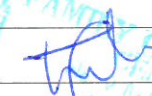
The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture. Lectures should be in line with counselling education
	b. Attending a lecture (students/interns)	2	Day	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.
	b. Full day	Attending- 5 Presenting- 10	Day	Conference should be in line with continuous counselling education
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points. Coauthors share points. <small>a Refereed Journal</small>
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
4	Professional group meetings	Attending- 2 Presenting- 4	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession <small>of qualification</small>
		10	Degree	
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
7	Community Service	10	Activity	Linked to area of specialisation subject to verification
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gerontology/Palliative Training, etc.)	5	At least two days training	Minimum of two days

Date	CPD Category	Description	Stamp & Signature
21/1/22	4	Attended Counsellor Group Supervision (2 hrs)	
28/1/22	2a	Attended Caring for the Caring Counsellor Wellness Seminar	
18/2/22	7	Community sensitization of GBV, Drug + Substance Abuse at Embabweni + Umungelo Suburbs	
25/2/22	4	Attended Counsellor Group Supervision (2 hrs)	
16-17/3/22	9	Attended HIV Emerging Issues workshop	
25/3/22	4	Presented Counsellor Group Supervision (2 hrs)	
31/3/22 to 1/4/22	9	Attended Drug + Substance Abuse Counselling Training	
12-13/4/22	9	Attended Dealing with Anxiety + Burnout & Ending in Counselling	
14/4/22	1a	Attended Personal Psychotherapy	
26/4/22	1a	Presented on Crisis Counselling + Principles of Counselling	
27/4/22	4	Presented on Group Case management meeting - Sexual Abuse case (2 hrs)	

THE PRINCIPAL TUTOR
DEPT. OF MENTAL HEALTH EDUC.
INGUSHEM CENTRAL HOSPITAL
P.O. BOX 8363, BELMONT
BULAWAYO, ZIMBABWE
26 APR 2022

Date	CPD Category	Description	Stamp & Signature
27/5/22	2b	Presented on Empowering Strategies for promoting healing for survivors of Sexual Abuse (Half-day)	
2/6/22	7	Provided trauma crisis counselling for survivors/victims of armed robbery in Bp company Harare	
8-10/6/22	9	Attended Planning, Monitoring, Reporting & Evaluation capacity building workshop for counsellors	
29/7/22	4	Attended Group Case management meeting for child Sexual Abuse cases	
2-3/8/22	7	Provided Trauma Counselling for mine rescue team (2 days)	
7/9/22	1a	Presented on mental at mpilo medical school (2 hours)	
16/9/22	1a	Made a family day commemorative presentation for beneficiaries at CONTACT FCC. (2 hrs)	

THE PRINCIPAL TUTOR
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19 SEP 2022
P.O. BOX 8363, BELMONT
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