



ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE

CPD/CME  
TRACKING BOOKLET

### INTERN PSYCHOLOGISTS

Clinical, Community, Counselling, Educational, Engineering, Forensic,  
Neuro, Occupational, Industrial, Research.

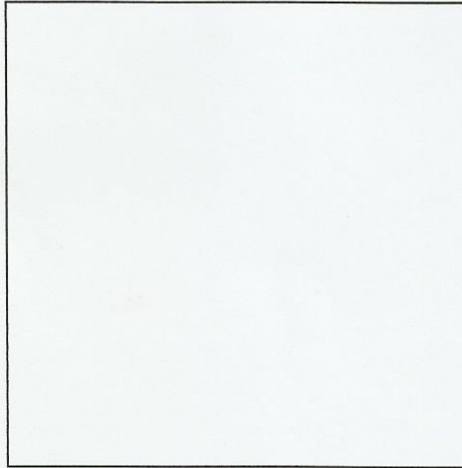
#### REQUIRED POINTS

Year 2016:	25
Year 2017:	30
Year 2018 and onwards:	40

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PROFESSION: OCCUPATIONAL PSYCHOLOGIST

REG NO: A/PSY0598

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SIGNATURE: [Signature] DATE: 13th JANUARY, 2023

## CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Continuing Professional Development (CPD) is the means by which members of the profession broaden the expertise required in their professional lives. Below are possible activities to enhance professional development.

The minimum CPD points will be 50 per year. To facilitate transition, the registration, renewal certificates for Practising Psychologists and Interns would require that these practitioners accrue a **minimum of 30 points** in 2016, then 40 in 2017 and 50 from 2018 onwards. NB: One cannot accumulate **more than 40%** of their points from the same category.



Below is the CPD points Guide Chart.

CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Psychological lecture/ Presentation to the public	2	1 Hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture
	b. Lecturing	2	Semester	Lectures should be in line with psychological education
2	a. Morning/afternoon seminar	1/hour	1/hour	Seminar should be in line with continuous psychological education.
	b. Psychology Conference/Annual Congress	Attending- 5 Presenting- 10	2 Days	Conference should be in line with continuous psychological education
3	a. Publishing in Peer reviewed Journal.	20		First author gets 20 points. Other listed authors get 10 points.
	b. Review of journal article or research proposal	5		Lecturers should not claim points from reviewing proposals of their students which is part of their everyday job
4	a. Professional group meetings	Attending- 2 Presenting- 4	2 hours	e.g. Therapist Support Group (TSG) e.g. ZPA, IPMZ
	b. Attending professional board meetings/functions	2	1 Hour	
5	Achieving an extra Psychology qualification	5 10	Certificate Degree	The qualification should be in line with continuous psychological education
6	Registration with a professional board e.g. ZPA, AHPCZ, PAPU, IPMZ, TSG, REMTA	2		Maximum of 2 external boards
7	Participation in external consultation, e.g., external examination/ evaluations/ assessments	2		
8	Community Service	2	per service	
9	Personal psychotherapy for professional growth	2	Session	At least six sessions, compulsory for interns.
10	In-service training activities that are specific to each discipline ( e.g. MMPI Training, EMDR training)	5		At least two days
11	Internship Reports (Compulsory)	1	Per quarter	

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Date	CME Category	Topic	Stamped/Signed by
11.01.22	1a	Resolutions AND Mental Hygiene	Rethika
19.01.22	2a	EQ - COACHING	A - gpal.
23.01.22	4a	ZPA TRAINING DEPARTMENT	A - gpal.
01.02.22	7	PSYCHOMETRICS & TRAINING CLIENT MEETINGS & PRESENTATION	B - gpal.
03.02.22	7	Recruitment Exercise	Rethika
10.02.22	4a	HOW TO HANDLE GOSSIP IN THE WORKPLACE	A - gpal.
18.02.22	7	INTERNSHIP PLACEMENTS	A - gpal.
07.03.22	1a	OPTIMISING YOUR WORKPLACE FOR HEALTHY PRODUCTIVITY	B - gpal.
07.03.22		<a href="https://www.2broketwinbos.com/2bt-podcast/2022/3/7/mental-wellness-mondays-optimising-your-workplace-for-healthy-productivity-dm-corina-van-gaal">https://www.2broketwinbos.com/2bt-podcast/2022/3/7/mental-wellness-mondays-optimising-your-workplace-for-healthy-productivity-dm-corina-van-gaal</a>	
03.03.22	2a	Re-inventing Disaster Studies: Four challenges for a more MEANINGFUL FUTURE	A - gpal.
16.03.22	6a	AMPC2 REGISTRATION	Rethika
23.03.22	7	Recruitment - PA/Marketing Post	Rethika
22.04.22	7a	Customer Relations TRAINING	A - gpal.
21.04.22	7	OD EXERCISE	A - gpal.
09.05.22	7	CV WRITING	Rethika
13.05.22	7	CANDIDATE PROFILING	Rethika

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Date	CME Category	Topic	Stamped/Signed by
06.07.22	7	Cancer Counselling	Relatara
		First Session	
11.07.22	7	Job Growth Presentation	Relatara
11.07.22	7	Candidate Screening	Relatara
27.08.22	7	Performance Measurement	Relatara
		Council Meeting	
03.08.22	7	Recruitment - Project Manager	
11.07.22	6	ZPA Membership	Relatara
20.08.22	8	Wellness Event Participation	Relatara
23.08.22	7	Cancer Counselling	Relatara
		Second Session	
26.08.22	4b	Beyond Psychometrics	Relatara
06.08.22	7	Partnership Council Meeting	Relatara
08.10.22	1a	Career Guidance Presentation	Relatara
10.10.22	8	Mental Health Awareness	Relatara
11.10.22	7	Candidate Screening	Relatara
25.10.22	7	Council Meeting: Business Development	
14.11.22	7	CV Writing	Relatara
12.11.22	8	Disability Awareness	Relatara
		Saint Duncans Fundraising	Relatara
25.11.22	4a	Beyond Psychometrics	Relatara

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