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ID NUMBER: 37-029100-1-43  
PROFESSION: MESSENGER  
REG NO: A/AT 3386  
PRACTICE NUMBER: A HPC2 0116  
EXPIRY DATE: 31.12.18  
SIGNATURE: [Signature]  
DATE: 01.01.18

CPD/CME TRACKING

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	Continuous Educational Categories	Points Awarded
1.	Reflective Journal/Case Study	5
2.	Presenting a project	5
3.	1 day Seminar/lecture	10
4.	½ day seminar/lecture	5
5.	Annual Congress	10
6.	Achieving an extra qualification:	Certificate: 10 Diploma: 15 Degree: 30
7.	Presenting a lecture or workshop	10
8.	Attending a 1-2 hr lecture or workshop	5
9.	Review of journal article or research proposal	10
10.	Participation in examinations/evaluations/assessments	10
11.	Direct mentoring or supervision of students	1 per day
12.	Instructors successfully completing a course	1 per course

Date	Category	Topic	Stamped/Signed by
3/21/22	3	Refresher Course AT	
17/3/22		Workers Committee Training	
12/5/22	10	10m exams	
19/7/22	10	Presenting lecture on HIV	
21/09/22	3	First Aid	
14/11/22	3	COVID-19 awareness	