

			Summary CPD Points for 2022 Felicity van de Ruit A/PSY0321
Category	Date	Details	Points
11		Total CPD Points from in-service training seminars (see below for further details)	30
	4/02/22	Trauma – The Body Keeps the Score: Brain, Mind & Body in the Healing of Trauma – Dr John Gosling	
	5/02/22	Trauma and the Soul: A Psycho-Spiritual Approach to Human Development and its interruption – Sheila Cowburn	
	6/02/22	The Experience of Trauma in South African Context – Ester Haumann & Renee Ramsden	
	18/03/22	An Archetypal and Developmental Approach: Withdrawing Patter – Schizoid; Counter-dependent; Obsessive-compulsive Character structure	
	19/03/22	Seeking Pattern: Borderline; Dependent narcissistic; hysteric character structures	
	20/03/22:	Antagonistic Pattern: Psychopathic; Alpha Narcissistic;	
	13/05/22:	Passive Aggressive character structures	
	14/05/22:	Contemporary views on gender, sexuality and the concepts of anima & animus.	
	14/05/22:	Sexuality	
	15/05/22:	Ensoulment/Feminist views from somewhere: Post-Jungian themes in feminist theory	
	17/06/22	Contemporary views of the concepts of animus and anima	
	18/06/22	Ethics & termination Alan Fourie	
	19/06/22	Ethics & Termination II Alan Fourie	
	09/09/22	Presentation Ethics & Termination III Alan Fourie	
	10/09/22	The Self & Wholeness Sheila Cowburn	
	10/09/22	Symbols and Play Marian Campbell	
	11/09/22	Active Imagination – Rene Ramsden	
	11/11/22	Music & Analysis – Stephen Bloch	
	12/11/22	The Red Book – Introduction Renee Ramsden	
	12/11/22	Liber Primus – Part One Renee Ramsden	
	12/11/22	Liber Secundus – Part Two -Renee Ramsden	
	12/11/22	Scrutinies – Part Three – Renee Ramsden	
6		Registration with AHPCZ & SAAJA (South African Association of Jungian Analysts) & BPS (British Psychological Society) & RQTU (BPS Register of Qualifications in Test Use) & The Zimbabwean Society of Analytical Psychology	10
8		Supervision work (Natasha Zelow)	4
10	3 January 2022 to 9 December 2022	109 sessions of psychoanalysis with registered Jungian Analyst Fred Borchardt (as part of ongoing training)	12
	See adjoining column for more dates	3; 6; 10; 13; 17; 20; 21; 31 Jan 2; 4; 10; 11; 14; 17; 18; 21; 24; 25; Feb 14; 18; 24; 25 March 4; 7; 8; 11; 14; 21; 22; 25; 28; 29 April 5; 6; 9; 13; 16; 19; 20; 23; 26; 27; 30 May 2; 3; 6; 9; 10; 13; 16; 17; 20; 20; 23; 24; 27; 30 June	

		11; 14; 15; 18; 21; 22; 25; 28; 29 July 1; 4; 5; 8; 11; 8; 11; 12; 15; 18; 19 August 9; 15; 16; 19; 22; 23; 16; 29; 30 September 3; 6; 7; 10; 13; 14; 17; 20; 21; 24; 27; 28; 31 Oct 3; 4; 7; 11; 17; 18; 21; 24; 25; 28 Nov 1; 2; 5; 8; 9 Dec	
4	18 Jan 2022 to 13 Dec 2022. See adjoining column for dates	32 sessions of supervision by registered Jungian Analyst Rene Ramsden (as part of ongoing training) 18; 25 Jan; 8; 15; 22 Feb; 15 March; 5; 12; 19; 26 April; 3; 17; 24; 31 May; 7; 14; 21 June; 19; 26 July; 2; 16 August; 9; 13; 20; 27 Sept; 11; 18; 25 Oct; 1; 8; 22; 29 Nov; 6; 13 Dec.	12
1	22/04/22	Jung & Film "Whale Rider"	2
	7-12/03/22	MBTI Presentation Quest	2
	7-12/03/22	Strong Interest Inventory and Career Workshop	2
1	22/05/22	SAAJA Workshop "Inner Demons"	2
1	09/10/22	Mantis Weekend "Jung on the Birth of the Divine Child"	2
1	15/11/22	"The Ecology of Language" Dr Ian McCallum	2
		Total CPD Points	80

IN SERVICE TRAINING SEMINARS:

Fourth Year Training Programme: 2022

First Training Weekend	Trauma and Jung, including South African context	4 - 7 February 2022
Friday 4 February		
18.00 - 19.30	The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel Van der Kolk, M.D.	John Gosling
Saturday 5 February		
09.00 - 10.30	Trauma and the Soul: A psycho-spiritual approach to human development and its interruption. (Kalsched, D. London: Routledge, 2013)	Sheila Cowburn
10.30 - 11.00	Tea	
11.00 - 12.30	Trauma and the Soul: Continued	Sheila Cowburn
12.30 - 13.30	Lunch	
13.30 - 15.00	Trauma and the Soul: Continued	Sheila Cowburn
15.15 - 16.15	Group	Johann & Marita
Sunday 6 February		
09.30 - 11.00	The experience of trauma in South African context	Ester Haumann & Renee Ramsden
Second Training Weekend	The matrix and meaning of character – An archetypal and developmental approach by Nancy J. Dougherty and Jacqueline J. West.	18 - 20 March 2022
Friday 18 March		
18.00 - 19.30	Withdrawing pattern: Schizoid; counter-dependent; obsessive-compulsive character structures	Johann Graaff & Marita de Wet
Saturday 19 March		
09.00 - 10.30	Withdrawing pattern: Continued	Johann & Marita
10.30 - 11.00	Tea	
11.00 - 12.30	Seeking pattern: Borderline; dependent narcissistic; hysteric character structures	Johann & Marita
12.30 - 13.30	Lunch	
13.30 - 15.00	Seeking pattern continues	Johann & Marita
15.15 - 16.15	Group	Johann & Marita
Sunday 6 February		
09.30 - 10.30	Antagonistic pattern: Psychopathic; alpha narcissistic; passive-aggressive character structures	Johann & Marita

**Third
Training Weekend****Contemporary views on gender, sexuality and the
concepts of anima and animus****13 - 15
May
2022****Friday 13 May 2022**

18.00 - 19.30

Gender

John Gosling &
Marian Campbell**Saturday 14 May**

09.00 - 10.30

Sexuality

John Gosling &
Marian Campbell

10.30 - 11.00

Tea

11.00 - 12.30

Ensoulment: A diverse analysis of the feminine in
Western Culture. Documentary and discussionEster Haumann
Sheila Cowbburn

12.30 - 13.30

Lunch

13.30 - 15.00

Feminist views from somewhere: Post-Jungian
themes in feminist theoryEster Haumann
Sheila Cowburn

15.15 - 16.15

Group

Johann & Marita

Sunday 15 May

09.30 - 11.00

Contemporary views of the concepts of animus and
anima

Fred Borchardt

**Fourth
Training Weekend****Ethics & Termination****17-19
June
2022****Friday 17 June**

18.00 - 19.30

Ethics and termination

Alan Fourie

Saturday 18 June

09.00 - 10.30

Ethics and termination

Alan Fourie

10.30 - 11.00

Tea

11.00 - 12.30

Ethics and termination

Alan Fourie

12.30 - 13.30

Lunch

13.30 - 15.00

Ethics and termination

Alan Fourie

15.15 - 16.15

Group

Johann & Marita

Sunday 19 June

09.30 - 11.00

Ethics and Termination

Alan Fourie

**Fifth
Training Weekend**

Wholeness, creativity and play

**9 – 11
September
2022**

Friday 9 September

18.00 - 19.30	The Self and Wholeness	Sheila Cowburn
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Saturday 10 September

09.00 - 10.30	Symbols and play	Marian Campbell
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10.30 - 11.00	Tea	
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11.00 - 12.30	Active Imagination	Renee Ramsden
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12.30 - 13.30	Lunch	
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13.30 - 15.00	Active imagination	Renee Ramsden
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15.15 - 16.15	Group	Johann & Marita
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Sunday 11 September

09.30 - 11.00	Music and analysis	Stephen Bloch
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**Sixth
Training Weekend**

The Red Book

**11 – 13
November
2022**

Friday 11 November

18.00 - 19.30	Introduction	Renee Ramsden
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Saturday 12 November

09.00 - 10.30	Liber Primus - Part One	Renee Ramsden
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10.30 - 11.00	Tea	
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11.00 - 12.30	Liber Secundus - Part Two	Renee Ramsden
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12.30 - 13.30	Lunch	
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13.30 - 15.00	Scrutinies - Part Three	Renee Ramsden
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Sunday 13 November

9h30 - 11h00	Closure	Johann & Marita
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11h00 - 12h30	End of formal training. Lunch with SAAJA members – in recognition of completion of formal training	All Candidates and SAAJA members
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SUPERVISOR		SUPERVISEE	
NAME: Renee Ramsden		NAME: Felicity van der Ruit	
HPCSA # PS0015520		HPCSA # <u>AP540321</u>	
Date	Signature	Date	Signature
11/10/22	R Ramsden	11/10/22	F van der Ruit
18/10/22	R Ramsden	18/10/22	F van der Ruit
25/10/22	R Ramsden	25/10/22	F van der Ruit
1/11/22	R Ramsden	1/11/22	F van der Ruit
8/11/22	R Ramsden	8/11/22	F van der Ruit
22/11/22	R Ramsden	22/11/22	F van der Ruit
29/11/22	R Ramsden	29/11/22	F van der Ruit
6/12/22	R Ramsden	6/12/22	F van der Ruit
13/12/22	R Ramsden	13/12/22	F van der Ruit
Total = 32 points			



SOUTHERN AFRICAN ASSOCIATION OF JUNGIAN ANALYSTS
JUNG & FILM SERIES



Jung & Film Online 22 April 2022

Presented by John Gosling, Renee Ramsden & Grace Reid

Dear Jung & Film Friends,

You are warmly invited to attend our next film evening on Friday 22 April, for a viewing and discussion of ***Whale Rider*** (run time 1 hour 41 minutes). ***Whale Rider*** is an exquisite portrayal of the Maori mythology around whales, and their intimate relationship with these magnificent creatures. It is also

an exploration of the challenge of keeping ancient beliefs and traditions alive in a Westernized world, which requires creative solutions. This movie is based on the novella, *The Whale Rider*, by Witi Ihimaera, the first Maori writer to be published in New Zealand. He explores Maori culture in contemporary New Zealand, specifically the challenge to the old order, when a girl turns out to be the true leader of her community, and not a boy, as expected by tradition. Koro (the grandfather) and Pai (his gifted granddaughter) are represented without sentimentality, as fully fleshed out characters with emotional depth. Their conflict is a sincere portrait of a young girl coming to terms with her family and culture, while never losing sight of their humanity. ***Whale Rider*** lends itself to reflections on mythological themes of death and rebirth, sociological themes of gender bias, intergenerational conflicts and humans' relationship with the natural world.

Online Participation Format

The movie is not readily available online. We have a purchased copy, which we will be sharing with you online on the evening.

The fee for the film evenings has been increased to R150 for 2022. Please make payment through our convenient online booking facilities. Bookings close at 14:30 on the day of the event, and the Zoom link will be distributed at 15:00.

Library: Everyone is invited to visit our [website](#), where you can access our [library online](#). In addition, the library is now open Tuesdays 10:00-14:00 and Thursdays 14:00-19:00, with all Covid-19 protocols in place. For more information on this, contact Debra at saajalibrary@outlook.com

We hope to see you on Zoom and look forward to continuing our stimulating film discussions.

Warm regards

Renee, John and Grace



SOUTHERN AFRICAN ASSOCIATION OF JUNGIAN ANALYSTS
ANALYTICAL PSYCHOLOGY LECTURE SERIES

FROM INNER DEMONS TO RESOURCEFUL ALLIES

- A Journey Into Right Relationship With All Aspects of Self -

Presented by: Tracy Brownlee

Tuesday, 17 May 2022 at 7.30 pm



Artwork by Tracy Brownlee

We all have them. One part wants us to do this, the other part wants that. Something triggers us, and in an instant our inner rebellious teen jumps into the control room of our consciousness and takes over. Some of these parts collude against others. Some are vocal, driving and persistent, others are quiet and almost imperceptible – all living together within the inner system of our personal unconscious.

CJ Jung called them complexes and identified a complex as a set of impulses with a common emotional tone that exert a strong influence on our attitudes and behaviour. Many systems throughout the world and across time have recognised the multiple mind and proposed ways to work with these aspects of self. From the Buddhist practice of Chüd dating back thousands of years, to Dr Richard Schwartz Internal Family Systems (IFS) we learn that through recognising and building loving and compassionate relationship with all of who we are, we can transform even our most difficult parts.

In this talk, we will explore the concept of Parts - or Complexes – what they are, how they impact us, and how to come into right relationship with them. Every part is trying to be helpful in some way. Our goal should be to meet our own unique cast of internal characters and provide them the opportunity to evolve into allies.

Book Now

EVENT DETAILS

LIVE INTERACTIVE LECTURE VIA ZOOM

ADVANCED BOOKING ESSENTIAL

Registration Fee R150.

Bookings close at 14:30 on Tuesday 17th May 2022.

Book Now

The Zoom link will be distributed at 15:00 on the day of the event.

More about the Presenter:

Tracy Brownlee is a transpersonal coach, colour therapist and Organisational Change practitioner. She is trained in NLP, Authentic-Self Empowerment (ASE), Organisational and Relationship Systems Coaching (ORSC), Theory U, Clarity4D psychometric and Fine Art. She is Internal Family System-informed and influenced by the work of CJ Jung, specifically in working with dreams, symbols and archetypal energies. She uses visual journey-work and the portals of Colour Mirrors to help clients access their inner wisdom and Self energy. She believes that we can all access a Self that is resourceful, compassionate, courageous and whole. Tracy keeps her inner creative happy by sketching images of her own aspects, and is an aspiring cat-whisperer. www.brownlee.co.za

For more information, please contact SAAJA at (021) 689-6090 or Email saaja@mweb.co.za or visit our website. Follow us on Facebook and Instagram for more stimulating content.

Jung on the birth of the divine child: Phanes

For Jung, the birth of the divine child was a lived experience, which he recorded in his Red Book. He says: 'When a summit of life is reached, when the bud unfolds and from the lesser the greater emerges, then, as Nietzsche says, "One becomes Two," and the greater figure, which one always was but which remained invisible, appears to the lesser personality with the force of a revelation.' (Red Book, p. 217)

This seminar will delve into Jung's personal experience of individuation through the birth of Phanes, the divine child. He explains further: '...the "child" paves the way for a future change of personality. In the individuation process, it anticipates the figure that comes from the synthesis of conscious and unconscious elements in the personality. It is therefore a symbol which unites the opposites; a mediator, bringer of healing, that is, one who makes whole.' (CWV9.i, par 278)

More about the Presenter

Renee Ramsden has been working in private practice in Cape Town for almost 40 years. She is a founder member of the Southern African Association for Jungian Analysts (SAAJA) and a training analyst. She specialises in dream-analysis and has been teaching alchemy and psychology as presented by C.G. Jung to SAAJA candidates, the wider professional group and interested members of the public for 28 years. She is currently serving on SAAJA's Executive Committee as Vice-President. She is also co-facilitator of SAAJA's Jung and Film events, and chair of SAAJA's Media Committee.

Cost

R300

Booking Information | Advanced Booking Essential

We are in the process of resolving the ticket booking function issue. We ask that you please book your virtual seat by emailing saaja@mweb.co.za.

BANKING DETAILS

SAAJA | Standard Bank | Account No.: 072975059 | Bank Code: 025-009

Bank Reference = *SURNAME* + Phanes

saaja@mweb.co.za

CARD PAYMENTS

Should you wish to pay by card, please request a **PayFast** invoice in your email.

Bookings close at 12:00 on Friday, 7 October 2022. The Zoom link will be distributed on Friday, 7 October prior to the event.

THE ECOLOGY OF LANGUAGE

Presented by: Dr Ian McCallum

Tuesday, 15 November 2022 at 7.30 pm



"In the beginning was the word...." St. John 1:1

To me, depth psychology and deep ecology are two sides of the same coin, two lenses for exploring and embracing the deeper, mostly hidden connections and dynamics of life, more especially, the myriad ways in which it is expressed. As disciplines, both appreciate the difference between shallowness and depth. It is in this light, that the historical reference to analysis (and by extension, to any form of psychodynamic therapy) as a "talking cure" is a shallow definition. It fails to appreciate the vast difference between an individual's speech and that same individual's voice. While both are significant to the definition of spoken language, speech is mostly shallow. Voice is always deep. It is grounded, Earth-bound and poetic. It resonates. You know this when you hear it. In this presentation I will explore the relevance of the historical ecology of spoken language to analytical work.

Key concepts: psyche, soul, engagement, participation, reciprocity, relationship, responsibility.

Book Online Now

Our convenient online booking facility is back. We welcome you to place your order using various payment options.

Thank you for your patience and continued support.

LIVE INTERACTIVE LECTURE VIA ZOOM

ADVANCED BOOKING ESSENTIAL

Registration Fee R150.

Bookings close at 14:00 on Tuesday 15th November 2022.

Book Now

The Zoom link will be distributed at 14:30 on the day of the event.

More about the Presenter:

Ian McCallum is a psychiatrist, analytical psychologist, and a foundation member of SAAJA. He is an adjunct professor at the Nelson Mandela University Graduate School of Business in Port Elizabeth and an honorary lecturer in the Department of Psychiatry at the University of Cape Town. His interests focus on evolutionary biology, conservation psychology and environmental ethics. He is the author of two anthologies of wilderness poems: *Wild Gifts* (1999), *Untamed* (2012). He was the writer/poet for the Mail and Guardian award winning 'UNTAMED' exhibition at Kirstenbosch Botanical Gardens (2010-2012). His book *Ecological Intelligence – Rediscovering Ourselves in Nature* won the Wild Literary Award at the World Wilderness Congress in Mexico 2009. He is a co-founder of the International League of Conservation Writers (www.ilcwriters.org), a specialist wilderness guide and trustee of the Cape Leopard Trust and a founding partner of safari organisation Invent Africa (www.inventafrica.co.za).