



**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL
COUNSELLORS (ZAFTPC)**

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly:

50

Name: ELWITA MLILO

Registration Number: A/COUN 10059

NAME: ELLITA MLILO

PHYSICAL
ADDRESS: 71797 LOBENGULA WEST
P.O. MAGWESWE BULAWAYO

POSTAL
ADDRESS: 71797 LOBENGULA WEST
P.O. MAGWESWE BULAWAYO

TEL: (Home) 530626

(Cell) 0773208784

(Work) 72400

ID
NUMBER: 08-254867 F39

EMPLOYER CONTACT FAMILY COUNSELLING CENTER

EMPLOYER
ADDRESS Nº 9 BARBOUR AVE PARKVIEW
BULAWAYO

SIGNATURE: Emhlo

DATE _____

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and ☐ It is an offence to falsify information in this booklet.

PREAMBLE

Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHP CZ). Below are possible activities to enhance professional development.

- Lecturing/Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.





CPD points Guide Chart.

CDP CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with counselling education
	b. Attending a lecture (students/interns)	2	Day	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.
	b. Full day	Attending- 5 Presenting- 10	Day	Conference should be in line with continuous counselling education
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points. Coauthors share points.
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
4	Professional group meetings	Attending- 2 Presenting- 4	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession
		10	Degree	
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
7	Community Service	10	Activity	Linked to area of specialisation subject to verification
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gerontology/Palliative Training, etc.)	5	At least two days training	Minimum of two days

Date	CPD Category	Description	Stamp & Signature
21/01/22	4	Attended group counselling	
	2 pts	supervision	
28/01/22	2a	Attended a presentation on Caring for the Carers Counsellors Wellbeing	
18/02/22	7	Held Community sensitisation on Sexual Gender Based Violence Against children, Drug and substance abuse in one suburb Sidgwick Bulawayo	
	10pts		
25/02/22	4	Counselling group supervision	
	2pts	staff development 2 hrs	
3/03/22	1a	Presented at Preschool seminar on Communicating with children sexual abuse	
		1hr 30 mins	
16/03/22	9	Attended presentation on HIV Update on emerging issues	
17/03/22	5pts		

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Date	CPD Category	Description	Stamp & Signature
25/03/22	4	Attended group counselling	
	2pts	Supervision 2 hrs	
31/03/22	9	Attended substance abuse	
01/04/22	5pts	counselling Training for 2 days	
29/04/22		Attended case management meeting sexual abuse 2 hrs	
22/04/22	2b	Attended full day Seminar child protection & management of sexual abuse	
27/05/22	2b	Empowering strategies for promoting recovery and healing for sexual abused survivors	
		Half day Seminar	
2/06/22	7	Provided Trauma group counselling for victims of Robbery in Bulawayo Harare	
	10pts		
6/06/22		Training on Planning, monitoring	
10/06/22		Evaluation system of counselling services using Kobo tool	

Date	CPD Category	Description	Stamp & Signature
24/06/22	7	box 3 day in attendance Presented and facilitated 10pts on child protection and Counselling Careers day sensitisation talks at Sobukhazini High School in Bulawayo	
2/08/22	7	Rescue Attended to miners team	
3/08/22	10pts	traumatised by the recovery of seven bodies in one of the mines in Gwada Vumbachikwe mine	
26/08/22	4	Attended staff supervision 2pts on individual management of client	
2/09/22	7	Facilitated on Community 10pts sensitisation of children sexual abused organised by Christian Community Trust	

Date	CPD Category	Description	Stamp & Signature
3/10/22	9	Attended Capacity building on Child Counselling PTSD Adjustment disorder, Anxiety and attachment 2 days	J Manala
5/10/22	8	Attended Personal supervision, psychotherapy for professional growth	J Manala
5/10/22	9	Attended play therapy children under the age of 5 years for 2 days	J Manala Psychologist South Africa
	26	Attended workshop on	
27/10/22	5pts	Psychosocial support for SSBV survivors facilitated by REPSSI for 4 hrs	Alyson REPSSI
5/08/22		Conducted community sensitisation outreach on child protection and child sexual abuse Organised by mining	

