



**ZIMBABWE ASSOCIATION OF FAMILY THERAPISTS AND PROFESSIONAL
COUNSELLORS (ZAFTPC)**

In collaboration with

ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE (AHP CZ)

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

TRACKING BOOKLET

COUNSELLORS

Counsellors and Family Therapists

REQUIRED POINTS

Yearly: 50

Name: Beata Lubimbi

Registration Number: A/COUN0054

NAME: BEATA LUBIMBI

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EMPLOYER CONTACT FAMILY COUNSELLING EMPLOYER
CENTRE

EMPLOYER
ADDRESS 9 BARBOUR AVE. PARK VIEW
BULAWAYO

SIGNATURE: Beata SIGNATURE

DATE 17-02-22. DATE

INSTRUCTION ON HOW TO USE THIS BOOKLET

The holder of this booklet should ensure that all the continuous professional development (CPD) hours are recorded and signed immediately after each activity.

- This CPD booklet should be used for continuous professional development activities that are relevant to the counselling profession only;
- The CPD booklet will be presented to ZAFTPC Education and Liaison Committee for recommendation for renewal of the practicing certificate; and ☐ It is an offence to falsify information in this booklet.

PREAMBLE

Continuing Professional Development (CPD) is the means by which members of the profession (therein known as counsellors) broaden the expertise required in their professional lives. This serves to ensure that both academic and practical qualifications do not become obsolete and redundant, thus allowing them to continuously upgrade. This booklet shall be legal property of Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC) in collaboration with the Allied Health Professions Council of Zimbabwe (AHP CZ). Below are possible activities to enhance professional development.

- Lecturing/Attending Lectures
- Training Workshops
- Additional qualification (relevant to the profession)
- Publishing articles in refereed journals
- Attending and Participating in Conferences
- Supervision
- Peer reviews
- Community service
- Professional growth

The minimum CPD points will be fifty (50) per year to facilitate transition, registration and renewal of practicing certificates.

CPD points Guide Chart.

CDP CATEGORY		POINTS AWARDED	MINIMUM	COMMENTS
1	a. Lecturing/ presentation	5	One hour	Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture. Lectures should be in line with counselling education
	b. Attending a lecture (students/interns)	2	Day	
2	Seminar a. Half-day	Attending- 2 Presenting- 5	Half-day	Seminar should be in line with continuous counselling education.
	b. Full day	Attending- 5 Presenting- 10	Day	Conference should be in line with continuous counselling education
	c. Conference/Annual Congress	Attending- 10 Presenting- 15	Day	
3	a. Publishing article in a Refereed Journal.	10	Abstracts of 200-250 words	Single author gets 10 points. Coauthors share points.
	b. Review of journal article or research proposal	5	Abstracts of 200-250 words	
4	Professional group meetings	Attending- 2	2 hours	Zimbabwe Association of Family Therapists and Professional Counsellors (ZAFTPC).
		Presenting- 4		
5	Achieving an extra relevant qualification	5	Certificate/ Diploma	The qualification should be relevant to the counselling profession
		10	Degree	
6	Direct mentoring or supervision of interns	5	2 students per semester	The mentoring should be linked to the counselling profession
7	Community Service	10	Activity	Linked to area of specialisation subject to verification
8	Personal psychotherapy for professional growth	2	Session	Minimum 10 sessions (compulsory)
9	Professionally related training activities that are specific to each discipline (e.g.CBT/Trauma/Gerontology/Palliative Training, etc.)	5	At least two days training	Minimum of two days

Date	CPD Category	Description	Stamp & Signature
18-01-22	1A	1/2 day presentation on work place sexual abuse prevention.	Stamp: GIRLS' COLLEGE VICE PRINCIPAL Signature: [Signature] DATE: 18/01/22 SIGNATURE: [Signature]
21-01-22	4	Counsellor group supervision	[Signature]
28-01-22	1A	Counselling - caring for the career presentation seminar	[Signature]
18-02-22	7	Presentation on G.BV and Drug abuse sensitization at Mabhweni & Iningela	[Signature]
25-02-22	4	Counsellor group supervision	[Signature]
16-17-03-22	9	Attended HIV emerging issues workshop.	[Signature]
23-03-22	9	Presented on HIV effects in families for MASCA	Stamp: MEDICAL AID SOCIETY OF CENTRAL AFRICA 23 MAR 2022 P.O. BOX 1776 BULAWAYO TEL: 09-63274
25-03-22		Counsellor group supervision	[Signature]

Date	CPD Category	Description	Stamp & Signature
31-03-22 ↓ 01-04-22	9	Attended Drug & Substance abuse counselling Training	[Signature]
12-04-22 ↓ 13-04-22	9	Attended workshop in "Dealing with anxiety & burnout, and also "Endings in counselling & Life"	J. Manala Psychologist South Africa
14-04-22	8	Group supervision by external supervisors.	J. Manala
29-04-22	4	Counsellor group supervision	[Signature]
27-05-22	4	Counsellor group supervision	[Signature]
8-06-22 ↓ 10-06-22	9	Attended a 3 day workshop on Monitoring & Evaluation of counselling services using Kobo tool	[Signature]
29-07-22	4	Counsellor group supervision	[Signature]

Date	CPD Category	Description	Stamp & Signature
02-08-22			
03-08-22	7	Trauma counselling for mine rescue team in Vimbachigwe (Gwanda)	<i>[Signature]</i>
11-08-22	7	Trauma counselling for THE GURUS HOLDINGS (PVT) LTD. t/a FREDA MINE 23 G. SIKUNDIKA ST./CORNER BROTHERS P.O. BOX FM 348 FAMONA (L.F. FREDA) TEL: 9829188312 Email: info@gurus.co.zw	<i>[Signature]</i>
03-10-22	9	child counselling PTSD	J Manala
04-10-22		"Adjustment disorder, Anxiety & Attachment. (Attended workshop.	
05-10-22	8	Personal psychotherapy for personal growth. (Individual supervision by external supervisor.	J Manala
10-10-22	2b	Play therapy with children under 5 years	J Manala Psychologist South Africa
27-10-22			

Date	CPD Category	Description	Stamp & Signature
14-11-22	1a	Developmental stages abuse	<i>[Signature]</i>
15-11-22	1a	Developmental stages Dating.	<i>[Signature]</i>
11-11-22	9	Counselling Ethics	<i>[Signature]</i>
18-11-22	9	Organizational Ethics	<i>[Signature]</i>
02/06/22		Provided Trauma counselling to armed robbers	<i>[Signature]</i>

