Here is a Python program that uses the **haralyzer** library to extract data from a HAR (HTTP Archive) file and write it to a CSV file:

```
import haralyzer
import csv
# File path for the HAR file
file path = "path\\to\\file.har"
# Create a har parser object
har parser = haralyzer.HarParser(file path)
# Extract the data from the HAR file
har data = har parser.har data()
# Create a list to store the extracted data
data = []
# Iterate through the entries in the HAR file
for entry in har data["log"]["entries"]:
    # Extract the relevant data for each entry
    url = entry["request"]["url"]
    status = entry["response"]["status"]
    time = entry["time"]
    # Append the extracted data to the list
    data.append([url, status, time])
# File path for the CSV file
csv path = "path\\to\\file.csv"
# Open the CSV file and create a CSV writer object
with open(csv path, "w", newline="") as f:
    writer = csv.writer(f)
    # Write the header row
    writer.writerow(["URL", "Status", "Time"])
    # Write the data to the CSV file
    for row in data:
        writer.writerow(row)
print("Data written to CSV file successfully")
```

This program assumes that you have the haralyzer library installed. If not, you can install it using the command pip install haralyzer

It also assumes that you have the CSV file to be written in the path specified in the csv_path variable.

You can customize the code to extract the specific data you're interested in from the HAR file and write it to the CSV file as per your requirement.